

MAEER's Physiotherapy College, Talegaon Dabhade

Activities /Camps by different departments of Physiotherapy - 2021

Sr. No.	Date	Activity /Camps	Venue	Programme details	Audience	No of Patients/ Participants
1	16/01/2021	A family health survey	Community Activity	A family health survey	2nd Year Students, Teaching Staff MAEER's Physiotherapy College	2 students allotted per family
2	03/02/2021 - 28/02/2021	Free Camp	Neuro physiotherapy OPD, MAEERS Physiotherapy college, OPD bldg, 2nd floor, Talegaon, Dabhade	Physiotherapy assessment and management for variety of neurological conditions including Adults and Paediatrics was offered. Patients with Stroke, Parkinson's, Cerebral Palsy and its variants, GBS, Delayed milestones etc. received supervised rehabilitation programme. There was also a focus on education of disease, precautions and maintenance of functional capacity. Patients needing assistive devices were also addressed to orthotics and prosthetic unit.	Patients of all age groups diagnosed with neurological conditions requiring Physiotherapy interventions were enrolled for the camp	20 PATIENTS (10 Adults and 10 paediatrics)
3	03/02/2021 - 28/02/2021	Free Camp	Cardiovascular and respiratory physiotherapy OPD, MAEERS Physiotherapy college, OPD bldg, 2nd floor, Talegaon, Dabhade	Physiotherapy management of various medical and surgical conditions like Post-surgical (MRM, Abdominal surgeries) conditions, Acute and Chronic Respiratory conditions, Hypertension, Type 2 Diabetes mellitus with and without other complications, IHD, Cardiomyopathy, Heart failure etc. using various exercise prescription modalities. There was also a focus on education for disease prevention and maintenance of good health.	Patients of all age groups diagnosed with medical or surgical conditions requiring physiotherapy interventions were enrolled for the camp	9 PATIENTS
4	03/02/2021 - 28/02/2021	Free Camp	Musculoskeletal Physiotherapy OPD, MAEERS Physiotherapy college, OPD bldg, 2nd floor, Talegaon, Dabhade	Physiotherapy assessment and management for variety musculoskeletal conditions including Neck pain, Back pain, Knee pain, Sciatica, Fractures of upper and lower extremity, Joint related pain and Joint replacement surgery patients.	Patients of all age groups diagnosed with musculoskeletal conditions requiring Physiotherapy interventions were enrolled for the camp	1282
5	08/03/2021 - 09/03/2021	International Women's Day Celebration	Musculoskeletal Physiotherapy OPD, MAEERS Physiotherapy college, OPD bldg	On the occasion of International Women's Day, Department of Orthopaedics & Biochemistry in association with MAEER's Physiotherapy College conducted a 'Bone Health Program for Women' above 35 years. A comprehensive osteoporosis detection camp was conducted wherein investigations like Serum Vit. D, various bone minerals, BMD, Physiotherapy exercises for bone health	Female age above 35 years patients or Employees of MIMER medical college and MAEERS Physiotherapy College	67

				etc. was done for free of charge.		
6	08/03/2021	Women's Day Celebration	Rural Health Centre, Sudumbare	Health talk was given on issues faced by women during menopause and postmenopausal age, self assessment, treatment and coping strategies were explained	24 patients, 2 staff member from RHC, 1 staff member from MAEER's physiotherapy college, 1 pg student, 2 interns	24
7	08/03/2021	Women's Day Celebration	Urban Health Centre	Health talk was given on issues faced by women during menopause and postmenopausal age, self assessment, treatment and coping strategies were explained	23 patients, 2 UHC staff member, 1 staff member from MAEER's Physiotherapy college, 1 PG student, 2 interns	23
8	20/03/2021	Nanoli Village Project Camp	Nanoli Tarf Chakan Village Maval Taluka	20 first B.P.Th Students attend the camp and adopted the families . 14 patients reported to Physiotherapy OPD at the camp	NA	14
9	03/04/2021	Nanoli Village Project Camp	Nanoli Tarf Chakan Village Maval Taluka	23 first B.P.Th Students and 2 Interns attend the camp and adopted the families . 08 patients reported to Physiotherapy OPD at the camp	NA	8 patients
10	11/04/2021	World Parkinson's Day	awareness video	An awareness video was made which included many key points as in <ul style="list-style-type: none"> • What is Parkinson's Disease • Risk factors • Signs and symptoms of Parkinson's Disease • Role of Neuro Physiotherapy and rehabilitation 	This video was circulated amongst the common public thru various social media platforms like Facebook, Instagram, whatsapp msg	NA
11	16/04/2021 & 17/04/2021	Oncology rehabilitation – Metastasis Physiotherapy	E-Conference	Scientific paper presentation in junior and senior category on 16 th April 2021 EUREKA – Innovation Presentations and Lecture series on 17 th April 2021	Physiotherapists	225 Participants
12	14/06/2021	Campus Interview – Healyos Pune	Online interview via zoom	Dr. Shagun Gala introduced their organization and one to one interview of interns batch 2016-17	Interns Batch 2016-17	29
13	21/06/2021	Yoga Day Celebration	Rural Health Centre, Sudumbare	All patient were introduced to yoga therapy, its benefits and different yoga positions were explained and demonstrated	10 patients, 2 staff member from RHC, 1 staff member from MAEER's Physiotherapy college, 1 PG student, 1 intern	10
14	2/8/ 2021	Breast Feeding Week Celebration	Urban health centre	Health talk was given on Ideal methods of Breast feeding with demonstration & Ergonomic advice for nappy changing positions, Different methods of expression of the milk.	17 patients, 2 staff member from UHC, 1 staff member from MAEER'S Physiotherapy College,	17

					3 PG students	
15	3/8/2021	Breast Feeding Week Celebration	Rural health centre, Sudumbare	Health talk was given on Ideal methods of Breast feeding with demonstration & Ergonomic advice for nappy changing positions, Different methods of expression of the milk.	20 patients, 2 RHC staff member, 1 staff member from MAEER'S Physiotherapy College, 4 PG students	20
16	6/8/2021	Breast Feeding Week Celebration	PNC Ward - 106	Health talk was given on Ideal methods of Breast feeding with demonstration & Ergonomic advice for nappy changing positions, Different methods of expression of the milk.	23 patients, 1 staff member from MAEER'S Physiotherapy College, 3 PG students	23
17	7/8/2021	Breast Feeding Week Celebration	Zhilla Parishad Primary School, Nanoli	Health talk was given on Ideal methods of Breast feeding with demonstration & Ergonomic advice for nappy changing positions, Different methods of expression of the milk.	29 patients, 4 staff member from PSM Department, 2 staff member from MAEER'S Physiotherapy College, 2 PG students	29
18	4/8/2021	Bone and Joint Day	Sushrut hall, OPD complex, First floor, BSTRH Hospital.	Bone and Joint Day workshop for Class 3 and 4 officers A comprehensive talk was given by eminent speakers on anatomy of bone and joint, diet and food supplement, yoga in day to day life and ergonomic advice on lifting, carrying and handling patients, exercise prescription to improve bone health	300 participants, 5 speakers, 5 staff members from MAEER's Physiotherapy College	300
19	8/09/2021	World Physiotherapy day	MAEER'S Physiotherapy College, Talegaon Dabhade	Arts club organized E-poster and Manual Poster making competition. Sports club organized a Cycle Rally for creating awareness regarding 'Climate change and health' 'Social awareness club organized a skit on "Vaccination and its negligence" for patients.	All the students, teaching, non teaching staff of MAEER's Physiotherapy College	

NEURO PHYSIOTHERAPY DEPARTMENT CAMP



MUSCULOSKELETAL DEPARTMENT CAMP



INTERNATIONAL WOMENS DAY CAMP – MUSCULOSKELETAL DEPARTMENT



RHC WOMEN'S DAY CELEBRATION



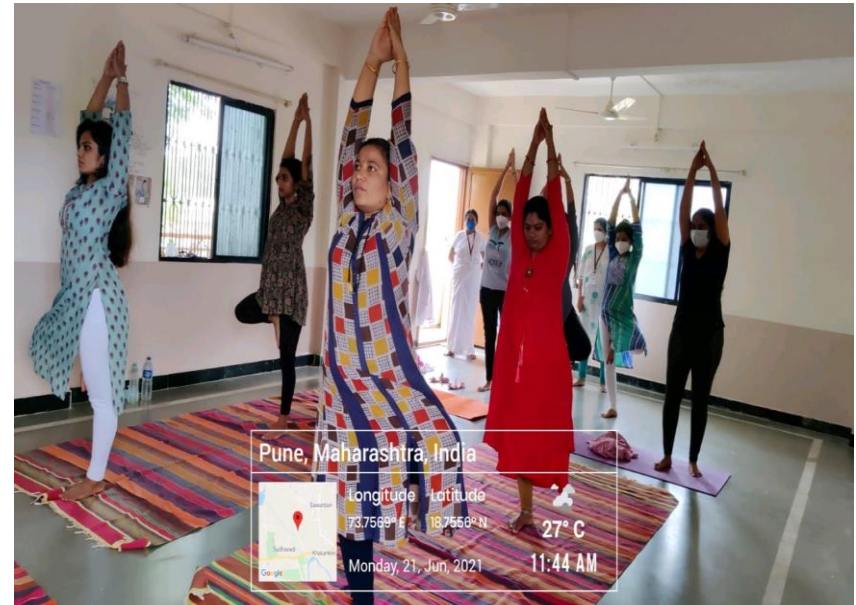
WOMEN'S DAY CELEBRATION



NANOLI VILLAGE PROJECT CAMP



YOGA DAY CELEBRATION



BREAST FEEDING WEEK CELEBRATION AT URBAN HEALTH CENTRE



BREAST FEEDING WEEK CELEBRATION AT PNC WARD, BSTR HOSPITAL, TALEGAON DABHADE



BREAST FEEDING WEEK CELEBRATION AT RURAL HEALTH CENTRE



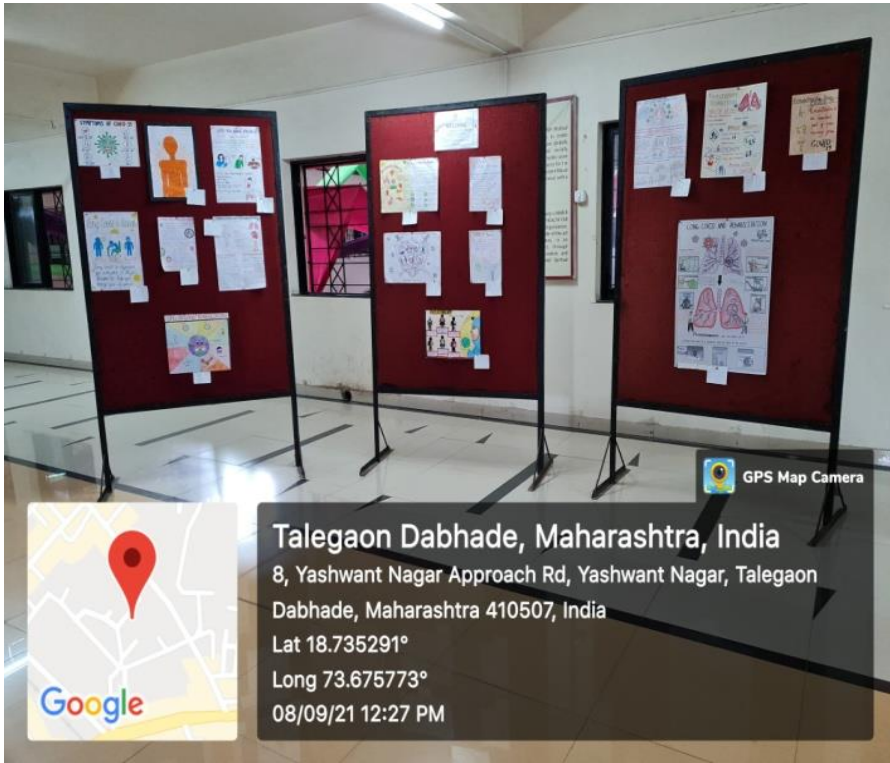
BREAST FEEDING WEEK CELEBRATION AT ZHILLA PARISHAD PRIMARY SCHOOL, NANOLI



BONE AND JOINT DAY CELEBRATION



WORLD PHYSIOTHERAPY DAY (ARTS CLUB ACTIVITY)



WORLD PHYSIOTHERAPY DAY (SPORTS CLUB ACTIVITY)

