

MAEER's Physiotherapy College, Talegaon Dabhade

Activities /Camps by different departments of Physiotherapy

Sr No	Name Of the Activity	Nature of activity	Organizing Dept.	Date and Time	Venue	No of Days	No Of Participants	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)
1	Awareness of Urinary incontinence in Geriatric population	Health Talk	Community Physiotherapy department	25/01/2023	Shejar jyestha nagrik foundation Yashwant nagar , Talegaon Dhabhade	01	22	<p>The department of community physiotherapy of MAEER's physiotherapy college and MIMER Medical college organized a program to create awareness regarding urinary incontinence in the geriatric population. By PG students & Interns of community physiotherapy speech were delivered.</p> <p>The main aim was to make awareness in people about the Physiotherapy treatment and management of urinary incontinence in the young old, middle-old population of 60 to 85 years of age.</p> <p>We educated them about the Different Types of urinary incontinence, Their causes, complications, & how to manage such problems in day-to-day life. At the end of the lecture, the Participants were made aware of urinary incontinence and its importance on the Quality of life.</p>

2	Republic day celebration-2023	Flag Hosting Ceremony 2023	Admin & NSS	26/01/2023	MIMER Medical College, Flag hoisting ground, Talegaon Dabhade		UG, Interns & PG students, Staff 40 NSS Volunteer	NSS Unit of MAEER's Physiotherapy College participated in Republic day celebration on 26th January 2023. Total 40 NSS Volunteers participated in this program. The flag was unfurled by Miss. Harshada Theredesai Final year topper from Physiotherapy college. Salute to National flag "Tiranga" was given and National anthem was sung by the NSS Volunteers. Speeches were given by the dignitaries on the dais. At the end of program NSS Volunteers gathered to take group photograph. Sweets were distributed at the venue and all the participants dispersed at around 10:30 am.
3	Lecture on Awareness and Importance Of Voting For Youth In Community	Lecture	Neuro-physiotherapy Department	30/01/2023	MAEERS Physiotherapy college, Talegaon Dabhade. Final year class room.		81 students 16 staff members	Awareness lecture on importance of voting for youth in community was conducted at MAEERS physiotherapy college. The lecture included benefits, process and application of voting for youth, also the downgrowing statistics of youth voters were portrayed and hence they were motivated to understand the power of a single vote and apply for the voters ID and Vote as a responsible youth of our Democracy.
4	Maha aarogya shibir 2023	Health camp	MAEER MIT Pune's Physiotherapy college (Dept. of cardiovascular & Respiratory physiotherapy	30/01/2023 To 12/02/2023	Cardiovascular and Respiratory physiotherapy OPD	14	37 Patients	On account of honourable Dr Vishwanath Karad sir's birthday, MAEER MIT Pune's Physiotherapy College organised a 14 day health camp for the patients. For 14 days, the patients benefitted with free consultation and free treatment. Totally 37 patients benefitted from the camp with total 96 sessions.

5	Maha aarogya shibir 2023	Health camp	MAEER MIT Pune's Physiotherapy college (Dept. of Musculoskeletal physiotherapy)	30/01/2023 To 12/02/2023	Muskuloskeletal physiotherapy OPD	14	1107 Patients	MAEER MIT PUNE's Physiotherapy college- Musculoskeletal department has screened, treated patients with exercises & modalities for pain relief, mobility exercises, strengthening exercises, ergonomic advices & home exercise program in the camp, which was conducted from 30 th January 2023 to 12 th February 2023. Total 1107 patients have participated in the camp with musculoskeletalconditions like degenerative joint conditions, fracture, soft tissue injuries. The patients whohave enrolled in the camp period (between 30 th Jan to 12 th Feb) have been advised physiotherapy treatment on OPD basis, will be provided free of charge treatment till 12 th March 2023.
6	Maha aarogya shibir 2023	Health camp	MAEER MIT Pune's Physiotherapy college (Dept. of Community physiotherapy)	30/01/2023 To 12/02/2023	Community physiotherapy OPD	14	126 Patients	On account of honourable Dr Vishwanath Karad sir's birthday, MAEER MIT Pune's Physiotherapy College organised a 14 day health camp for the patients. For 14 days, the patients benefitted with free consultation and free treatment. Totally 126 patients benefittedfrom the camp & 25 patients are turned up onregular basis for Fitness.
7	Maha aarogya shibir 2023	Health camp	MAEER MIT Pune's Physiotherapy college (Dept. of Neuro-physiotherapy)	30/01/2023 To 12/02/2023	Neuro-physiotherapy OPD	14	Total 27 patients benefitted through the camp. 14 New cases were assessed during the camp.	On the occasion of birthday celebration of Vishwadharmee Professor. Dr. Vishwanath Karad sir MAEER MIT PUNE's Physiotherapy College and Dr. Bhausaeheb sirdesai Talegaon Government Hospital organised a free Medical check up and Physiotherapy camp from 30 th January 2023To 12 th February 2023; Time: 9.00 am To 4.00 pm.Total 14 New cases were assessed and treated during the camp ,27 patients were benefitted through the camp.During 14 days ofthis camp total 242 patients were treated. By analysing the patients responses during the camp it was decided to continue till 12 th March 2023.

8	World Cancer Awareness Day-2023	Cancer awareness skit and rally	Community Physiotherapy& NSS	04/02/2023	MIMER Medical College Campus, Talegaon Dabhade	01	76 UG Students & 24 PG students	MAEER's Physiotherapy College organised skit and rally for cancer awareness on 4th February 2023. Total 76 third & final B.P.Th students & 24 PG students participated in this program. A skit on awareness of cancer was presented in front of patients visiting BSTR hospital and their relatives at OPD Porch, Near blood bank and in passage of OPD. After the skit rally was organised from OPD gate to Medical college campus. The students were holding slogans on awareness of cancer and they were repeating these slogans in the rally. At the end point of the rally photos were taken and the students were asked to disperse for their clinical postings.
9	Chatrapati Shivaji Maharaj Jayanti	Cultural Program	College Annual Events Committee	19/02/2023	MIT MIMER medical College porch	01	80	On occasion of Chhatrapati Shivaji Maharaj Jayanti, the students of Maeer's Physiotherapy college in association with Mimer medical college were a part of cultural program organized in the medical college porch. The program started with the aarti which was done by the teachers Dr Sumitra Sakhwalkar and Dr Ramya Shetty. The students gave speeches, sang songs on the great king Chhatrapati Shivaji Maharaj and the greatness of his work. Powada was performed by the students which depicted the great wit and power of Shivaji Maharaj. The program end on great note and everyone went home with the heart filled with respect and pride.

10	Marathi Bhasha Gaurav Divas	Cultural Programme	College Annual Events Committee	27/02/2023	Electrotherapy Core lab, MAEER MIT Pune's Physiotherapy College	01	90	On occasion of Marathi Bhasha Gaurav Divas, the college Annual events committee planned and organised a cultural programme to celebrate the greatness of Marathi language under the guidance of Dr Snehal Ghodey Ma'am and Dr Sayli Paldhikar ma'am. The students of 1 st year Bpth performed gave speech on the importance of Marathi Language, its history and the greatness of it in the field of arts, poetry, drama, history etc. The students of 3 rd year Bpth performed a Maharashtrian dance form named laavni. The students and the teachers were an active part of this short programme. The programme ended with a song by 3 rd year Bpth students. The students council were an integral part of the event all throughout. The event was a huge success.
11	Visit to Artificial Limb Centre (ALC)	Educational visit	Community Physiotherapy	3/03/2023 10.30am to 1.00pm	Artificial Limb Centre, Pune	01	36 Final year Students & 17 PG students	MAEER MIT PUNE's Physiotherapy College Talegaon Dabhade Department of Community Physiotherapy had conducted an Educational visit to Artificial Limb Centre Pune on 3rd March 2023. Visit attended by Final year MPT and BPTH students. Total 42 BPTH and 16 MPT Final year students along with 1 faculty Dr Divyangana Rawane visited at 10.30 am to Artificial Limb Centre, Pune. A physiotherapist from ALC Mrs. Nita Mishra guided all the students about the orthosis and prosthesis. She also explained about the Gait lab and prosthetic gait training. There was no permission for photography within the centre. All the students gathered information about prosthesis fitting and gait rehabilitation. Educational visit got over at 1 pm and at 2.30pm all the students reached to the college.

12	Physical Fitness Assessment Camp	Health Camp	Community Physiotherapy	04/03/2023	Community Physiotherapy OPD	01	37	MAEER MIT PUNE's Physiotherapy College Talegaon Dabhade Department of Community Physiotherapy had conducted physical fitness camp on the occasion of World Obesity Day, On 4 th march 2023. In this camp Anthropometric measurements were evaluated of Staff/Faculty & patients. They have explained the importance of fitness& General mobility exercises along with ergonomic/ workstation exercise Format. Total 37 participants have been evaluated.
13	Breast Cancer Awareness Rally	Posters and slogans on Breast Cancer Awareness in rally	Dept. of Community Physiotherapy, MAEER's Physiotherapy College, Talegaon Dabhade	08/03/2023	MIMER Medical College & BSTR Hospital Campus	01	106 (II year, III year IV year B.P.Th Students including NSS volunteers)	Dept. of Community Physiotherapy, MAEER MIT PUNE's Physiotherapy college organized rally on Breast Cancer Awareness on 8 th March 2023 (International Women's Day). More than 100 students participated in this rally. The rally was organised from OPD main gate (starting point) to BSTR Hospital gate to medical college campus and back to OPD main gate (end point). The students were holding posters and banners and repeating slogans on breast cancer awareness in the rally. At the end point of the rally photos were taken and the students were asked to disperse for their clinical postings.
14	NSS RALLY ON Breast Cancer Awareness	Posters and slogans on Breast Cancer Awareness in rally	NSS Unit, in collaboration with Dept. of Community Physiotherapy MAEER's Physiotherapy College, Talegaon Dabhade	08/03/2023	College Campus, MIT MAEER Pune's Physiotherapy College, Talegaon Dabhade	01		NSS Unit of MAEER's Physiotherapy College organized rally on Breast Cancer Awareness on 8 th March 2023 (International Women's Day). More than 100 students participated, including 40 NSS Volunteers in this rally. The rally was organized from OPD main gate (starting point) to BSTR Hospital gate to Medical college campus and back to OPD main gate (end point). The students were holding posters and banners and repeating slogans on breast cancer awareness in the rally. At the end point of the rally photos were taken and the students were asked to disperse for their clinical postings.

15	Health Talk on Breast Cancer Awareness & Self Breast Examination	Breast Cancer Awareness & Self Breast Examination for 6 th - 8 th std girls	Community Physiotherapy	08/03/2023	Sar Senapati Primary School, Jijamata Chowk, Talegaon Dabhade	01	60	Dept. of Community Physiotherapy, MAEER MIT Pune's Physiotherapy College conducted Breast Cancer Awareness Camp and Self Examination of Breast for girls of St 6-8 at Sarsenapati Umabai Dabhade, Primary Girls School, Talegaon Dabhade on the occasion of International Women's Day on 8 th March 2023. Total 60 participants at School were given a Health Talk on breast cancer awareness by Dr.Sonal and self examination of breast was shown by Dr.Ekta Makwana.
16	Health Talk on Breast Cancer Awareness & Self Breast Examination	Health talk on Breast Cancer Awareness and Physical fitness assessment of women	Community Physiotherapy	08/03/2023	RHC, Sudumbre, Talegaon Dabhade	01	Physical fitness assessment- 13 Health Talk- 50	Dept. of Community Physiotherapy, MAEER MIT PUNE's Physiotherapy college conducted Health talk on Breast Cancer Awareness and Physical fitness assessment camp for women at Rural Health Centre, Sadumbre on 8 th March 2023 (International Women's Day). Total 13 participants were assessed for physical fitness and appropriate exercise prescription was given to them. A Health talk on Breast Cancer Awareness was given by Dr. Sunaina Rao (PG Student) in which around 50 participants attended the program and self examination of breast for lumps was demonstrated to them.
17	Health Talk on Breast Cancer Awareness & Self Breast Examination	Breast Cancer Awareness & Self Breast Examination	Community Physiotherapy	08/03/2023	UHC, Near Ganesh Temple, Talegaon Dabhade	01	24	Dept. of Community Physiotherapy, MAEER MIT Pune's Physiotherapy College conducted Breast Cancer Awareness Camp and Self Examination of Breast for Talegaon Dabhade on the occasion of International Women's Day on 8 th March 2023. Total 24 participants at UHC given a Health Talk on breast cancer awareness by Dr.Sonal and self examination of breast was shown by Dr.Ekta Makwana.

18	Breast Cancer Awareness Programme	Health talk on Breast Cancer Awareness for postmenopausal women	Community Physiotherapy	09/03/2023	Meera Ghar Geriatric Home	01	20	<p>Dept. of Community Physiotherapy, MAEER MIT PUNE's Physiotherapy college conducted Health talk on Breast Cancer Awareness for postmenopausal women at Mira Ghar Senior citizen home Kanhe on 9th March 2023 to celebrate International Women's Day. Total 20 participants were present for the program.</p> <p>A Health talk on Breast Cancer Awareness was given by Dr. Uzma Shaikh (PG Student) and self examination of breast for lumps was demonstrated to them. After that some playful activities were organized for the senior citizens.</p>
19	World Down's Syndrome Day	Art Competition for DOWN syndrome students	Neuro-physiotherapy Department of MAEER MIT PUNE'S Physiotherapy College	21/03/2023	Jai Vakeel school in need of special care, Talegaon Dabhade	01	11	<p>World Down's Syndrome Day was celebrated On 21st March 2023 in MAEER'S Physiotherapy College Talegaon Dabhade. Interns who posted in Neuro-physiotherapy Department were went to Jai Vakeel school in need of special care for conducting Arts Competition on 20th March 2023. Total 11 Downs syndrome students were participated in the competition. Students were asked to draw a pair of socks and fill it with the combination of blue and yellow colour. Students were instructed to draw and fill the colours properly within the dimension of the socks. All the students enjoyed the event. Interns were asked to help the students in whole event. On 21st March 2023 those all the drawing posters were displayed on the standy in MAEER'S Physiotherapy College, Talegaon Dabhade and the day was concluded.</p>

19	World Down's Syndrome Day	Art Competition for DOWN syndrome students	Neurophysiotherapy Department of MAEER MIT PUNE'S Physiotherapy College	21/03/2023	Jai Vakeel school in need of special care, Talegaon Dabhade	01	11	World Down's Syndrome day was celebrated On 21 st March 2023 in MAEER'S Physiotherapy College Talegaon Dabhade. Interns who posted in Neurophysiotherapy Department were went to Jai Vakeel school in need of special care for conducting Arts Competition on 20 th March 2023. Total 11 Downs syndrome students were participated in the competition. Students were asked to draw a pair of socks and fill it with the combination of blue and yellow colour. Students were instructed to draw and fill the colours properly within the dimension of the socks. All the students enjoyed the event. Interns were asked to help the students in whole event. On 21 st March 2023 those all the drawing posters were displayed on the standy in MAEER'S Physiotherapy College, Talegaon Dabhade and the day was concluded.
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20	Tuberculosis Awareness Rally on 24/03/2023	Posters and slogans on Tuberculosis Awareness in rally. MUHS FUNDED ACTIVITY ON OCCASION OF MUHS SILVER JUBILEE	NSS Unit of MAEER's Physiotherapy College, Talegaon Dabhade	24/03/2023	MIMER Medical College Main Gate, Talegaon Dabhade	01	More than 300 Students including 40 NSS Volunteers from MAEER's Physiotherapy college and 100 Volunteers from MIMER Medical College, Talegaon Dabhade	NSS Unit of MAEER's Physiotherapy College in collaboration with NSS Unit of MIMER Medical College and Nursing College, Talegaon Dabhade organized Tuberculosis awareness rally on 24th March 2023 to observe World Tuberculosis Day. On this occasion Dr. Swati Belsare Principal, MIMER Medical college and Dr. Snehal Ghodey Principal, MAEER's Physiotherapy college were present who inaugurated the rally. Prior Police station permission was taken for the rally so Constable Mr. Sachin Munde was present from the beginning for smooth conduct of the rally. The students and NSS volunteers were holding banners and posters and they were repeating slogans on Tuberculosis awareness. The rally began from main gate of MIMER Medical College to Railway Station road to Shivaji Chowk to Bhausaheb Sardesai Rural Hospital OPD Gate and the rally ended at MIMER Medical college porch. All the students and NSS Volunteers dispersed at around 12:30 pm.
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21	Bhagwan Mahavir Jayanti	Cultural Programme	Student Council	4/4/2023 at 10 am	MIMER Medical College porch, Talegaon Dabhade.	01	64	On occasion of Bhagwan Mahavir Jayanti, the students of MAEER MIT Pune's Physiotherapy College in association with MIMER Medical College were a part of cultural programme organised in the medical college porch. The programme started with the puja which was done by the teachers. Students perform a small drama on Bhagwan Mahavir's essence of Dharma to the world. The "Live and Let Live" message was taken by all the students. The programme ends with Navkar Mantra recitation.
22	World health day 7 th April 2023 – Guest Lecture & Physiotherapy Health talk	Guest lecture in the form of Live Seminar by Dr Pramod Lokhande Physiotherapy Health Talk by Dr Snehalata Tembhurne	Orthopaedic Department & Musculoskeletal Physiotherapy department	7/04/2023 from 2pm to 3.30pm	Sushrut Hall, 1 st floor, OPD building, MIMER MEDICAL College & BSTRH Hospital	1	45-50 doctors from Physiotherapy, Orthopaedics & other departments	A Guest lecture by the department of Orthopaedics along with a Physiotherapy Health talk was jointly conducted by the department of Orthopaedics & Musculoskeletal Physiotherapy Department to celebrate World Health Day on 7 th April 2023. Dr Pramod Lokhande, renowned Endoscopic Spine Surgeon delivered a lecture on "Endoscopic Spine Surgery & Its Clinical Application" & Dr Snehalata Tembhurne, Assistant Professor, MSK Dept delivered a Health talk on "Ergonomics in Neck & Back Pain". The event was well conducted and received a great response from all the doctors attending the same. At the end of the session certain positive feedback from the audience & Doubts were effectively answered by the speakers. It created a good insight on the newer techniques through Endoscopy in Spinal Surgeries and also gave a good insight on the low back & Neck Ergonomics to be followed to prevent Musculoskeletal injuries.

23	Health Talk on Organ Donation	Health Talk	Community Physiotherapy	10/04/2023	Meera Ghar Geriatric Home	1		Community Physiotherapy department in collaboration with NSS has organised Ahealth talk on organ donation in geriatric home, total 15 candidates were present throughout the event.
24	Industrial Visit	Educational Visit for students	Community Physiotherapy	21/04/2023	Sant Tukaram Sahkari Sakhar Karkhana, Kasarsai, Pune	1	45 students 1staff	Dept of community physiotherapy, MAEER's Physiotherapy College, Talegaon Dabhade conducted Industrial Visit for final year & PG students on 21 st April 2023. Total 45 UG & PG students visited sugar factory. Gate pass was taken from the security cabin at the entrance Mr. Amit Ghorpade from Engineering department accompanied with students to show different departments of sugar factory & their working. All the students interacted with workers from different departments & evaluated their musculoskeletal problems. Dr. Priyanka Jangid & Dr.Sonal Biyani gave ergonomic advices to the workers. Under the guidance of Dr. Nitin Nikhade final year student demonstrated exercises to the workers for some of the common musculoskeletal problems such as low back pain, cervical spondylosis, shoulder & knee joint pain etc. at the end of group photographs were taken.
25	World Asthama day	Online awareness video	Department of Cardiovascular and Respiratory Physiotherapy	7/5/2023	MAEER MIT Pune's Physiotherapy College	01	61	An awareness video was made by the MPT 1 students with the guidance of Dr Pournima Pawar and proof read by Dr Varoon Jaiswal. After Principal ma'ams permission was taken, the video was forwarded on the college Instagram page. There were more than 60 views on the post.

26	Menstrual Hygiene & Exercises to relieve Dysmenorrhea	Health Talk	Community Physiotherapy	30/05/2023	UHC, Talegaon Dabhade	01	15	<p>Dept. of Community Physiotherapy, MAEER MIT Pune's Physiotherapy College, in association with MIMER Medical College, Talegaon Dabhade, conducted a Health Talk on Menstrual Hygiene & Exercises to relieve Dysmenorrhea at UHC.</p> <p>Total 15 participants at UHC, Health talk given by Dr. Sonal Biyani (MPT 1). She explained about Importance of Menstruation hygiene, Signs & symptoms, Proper Sanitation Techniques during the menstruation cycle along with the winning of sanitary pads/napkins.</p> <p>Dr. Priyanka Jangid (MPT2) explained importance of exercise in dysmenorrhea & demonstrated exercises, emphasizing on core stability exercises viz bridging, cat & camel, superman position, plank, reverse crunches, abdominal curls & obliques.</p>
27	Multiple Sclerosis Day	Quiz Competition	Neuro-Physiotherapy	31/05/2023 Time: 3-4 pm	MPT classroom	1	16	<p>On the occasion of World Multiple Sclerosis Day MAEER MIT PUNE'S Physiotherapy College Talegaon Dabhade Department of Neurophysiotherapy has organised a quiz competition for MPT students. Quiz was formed on the Kahoot and the link was circulated to the students on what's app. Students has solved the quiz in the given time frame. At the end of the competition a small discussion on Multiple Sclerosis was done with faculty members.</p>

28	Cycle rally	Indo Athletic Society's Cycle Wari 2023	Musculoskeletal department	3/06 2023 to 4/06/2023	On the way from Pune to Pandharpur and to and fro	2	Upto 500	Musculoskeletal Physiotherapy Department in association with Mimer Medical College took part in Indo Athletic Society' Cycle Wari 2023 on 3 rd and 4 th June. The cyclethon had been started from Dehu Gatha Mandir at 2.45am on 3 rd June. At every hydration point physiotherapy team treated the cyclist those who have musculoskeletal injuries by applying modality, kinesio taping, stretches, MFR, etc. group warm up exercise had also been conducted by the physiotherapist. After lunch group relaxation also been conducted. On 1 st day cyclist reached to Bhakta Niwas Pandharpur at around 6.30pm. On 4 th June again cyclist start the ride at 3 am and again at every hydration point physiotherapy was given to the needed cyclist. In 2 days around 500 and more cyclists had been treated by the team for various musculoskeletal injuries.
29	Skit presentation on Female foeticide & Woman Empowerment	Skit presentation on Female foeticide & Woman Empowerment Presented by 3 rd year students. (MUHS FUNDED ACTIVITY ON OCCASION OF MUHS SILVER JUBILEE)	Community Physiotherapy	9 /06/2023 10:30 am To 12:30 am	Jijamata Chowk, Talegaon Dabhade Gyanec OPD & Musculoskeletal OPD	1	150	Dept. of Community Physiotherapy, MAEER MIT Pune's Physiotherapy College, Talegaon Dabhade, Presented a Skit on occasion of 25 th Silver Jubilee of MUHS at Jijamata Chowk, Talegaon Dabhade. Total 43 participants of 3 rd year were in skit presentation, students prepared a skit on female foeticide & women empowerment in local language and made awareness regarding how & why we should avoid female foeticide, & information regarding these kind of offences. Along with the skit posters were made 30 pertaining to the topic of skit. Skit were presented in college premises also, i.e Near Gyanec OPD & Musculoskeletal department of physiotherapy where most of the crowd were gathered. Almost more than 150 people were gathered during skit presentation.

30	International Yoga Day	Health Promotion Health Talk given by Dr. Priyanka Jangid (2 nd MPT) Yoga Postures Demonstrated by Greeshma Nair & Sakshi Khot (3 rd year students)	Community Physiotherapy	19/06/2023	Rural Health Centre, sudumbre	1	15-20	Community physiotherapy department of MAEERS physiotherapy college conducted a session of yoga on occasion of International yoga day along with department of community medicine of Mimer Medical College at Rural health care centre sudumbare. The session starts at 11am by highlighting speech on International yoga day. Theme for yoga 2023 was yoga for Vasudhaiva Kutumbakam which represent “one earth, one family, one future” Later session of yoga was conducted in different positions like sitting, supine, prone etc. & health benefits were explained to them. Session started with breathing exercises & ended with shavasana. After the yoga session . Vote of thanks was given and programme was concluded at 1pm.
31	International Yoga Day	Health Promotion	Community Physiotherapy	20/06/2023	Urban Health Centre	1	19	The Community Physiotherapy Department of Maaer’sPhysiotherapy along with Mimer Medical organized an event for International Yoga Day. The event begin with welcome speech by Dr Urusawhere importance of yoga was explained and yogasana’s were Demonstrated by sakshi and girishma (Third year students) later different Yoga Posses were demonstrated and their importance were explained to them, and the session was concluded by giving a Thankyou speech.

32	Meri Mati Mera Desh Program - 2023	Tree Plantation at Nanoli Village	NSS Unit MAEER's Physiotherapy College, Talegaon Dabhade	29/07/2023 10:00 am to 1:00 pm	Bailgada Shariyat Maidan and Nanoli Village Road	01	15 NSS Volunteers & 6 PG Students	NSS Unit of MAEER's Physiotherapy College conducted tree plantation at Nanoli village under "Meri Mati Mera Desh" program on 29th July 2023. Total 75 saplings of different varieties such as Mohgani, Karanj, Hirda, Behda etc. are planted at Bailgada Shariyat Maidan and Nanoli Village Road, Grampanchayat Nanoli. 15 NSS Volunteers and 6 PG students participated in this program. The Sarpanch of Nanoli Village Mrs. Monika Swapnil Shinde and other members of Grampanchayat were present during the program. The villagers helped the students to dig the soil and NSS Volunteers and PG students planted the saplings.
33	Guru Pournima 2023	Cultural programme with games	Students council	3/7/2023	Cardiovascular & Respiratory Physiotherapy OPD 2:30 pm	01	All teachers and students	On occasion of Guru pournima, the 2 nd year students organised a beautiful function for the teachers which included fun games, cultural dances etc. The students gave beautiful greeting cards to the teachers which was then followed by cake cutting by the teachers. It was a very beautiful function.
34	Arogya Sampada Maha Shibir	Free camp	Department of Cardiovascular and Respiratory Physiotherapy	26/06/2023 To 09/07/2023	MAEER MIT Pune's Physiotherapy College	15	20	On occasion of "Ekadashi", MAEER MIT Pune's physiotherapy college, department of cardiovascular and Respiratory physiotherapy organised a free camp and treated many conditions like post CABG patients, hypertensive patients, diabetic individuals etc. 20 patients benefitted from this camp. It was a huge success.
35	Arogya Sampada Maha Shibir	Free camp	Department of Community Physiotherapy	26/06/2023 To 09/07/2023	MAEER MIT Pune's Physiotherapy College	15	160	On occasion of "Ashadhi Ekadashi", MAEER MIT Pune's physiotherapy college, department of community physiotherapy organized a free camp and treated many conditions like OA, TKR, geriatric population facing the problems like Balance issues & risk of fall , Postural Correction, Obesity & fitness etc. total 160 patients benefitted through-out the camp and 5/6 turned up for daily OPD.It was a huge success & great response from patients end.
36	Arogya Sampada Maha Shibir	Free camp	Department of Neuro-Physiotherapy	26/06/2023 To 09/07/2023	MAEER MIT Pune's Physiotherapy College	15	Total 250 patients	On the occasion of "Ashadhi Ekadashi" MIMER Medical College & Dr B.S.T.R Hospital has organized a free Medical camp – Arogya Sampada Mahashibir from 29 th June To 9 th July 2023. Total 250 Neurological patients were treated during the camp. During these 15 days total 15 new cases were assessed and treated. Total 27 patients were benefitted through the camp. Various neurological

								conditions like stroke, GBS, Cerebral palsy, Dandy Walker syndrome, Cerebellar disorder etc were assessed and treated by using various approaches. Patients who needs assistive devices and several orthosis for foot corrections were refer to Orthotics and Prosthesis department.
37	Arogya Sampada Maha Shibir	Free camp	Department of Muskulo-skeletal Physiotherapy	26/06/2023 To 09/07/2023	MAEER MIT Pune's Physiotherapy College	01	Total 965 OPD Patients	MAEER MIT PUNE's Physiotherapy college-Musculoskeletal department has screened, treated patients with exercises and modalities for pain relief, mobility exercises, strengthening exercises, ergonomic advices; home exercise program in the camp, which was conducted from between 26 th June to 9 th July 2023. Total 965 patients have participated in the camp with musculoskeletal conditions like degenerative joint conditions, fracture, soft tissue injuries. The patients who have enrolled in the camp period (between 26 th June to 9 th July) for IPD have been advised physiotherapy treatment will be provided free of charge treatment till 31 st July 2023.
38	Breast feeding week (1 st to 7 th August 2023)	Health Promotion Regarding Lactation, breast feeding positions and expression of milk and storage	Department of Community Physiotherapy	1/08/2023 11:00 am to 1:00 pm	Ahirewadi village in Anganwadi	01	20	The Community Physiotherapy Department of Maaer's Physiotherapy along with Mimer Medical college organized an event for Breastfeeding week. The event begin with a welcome speech by Dr Ashlesha Ma'am where the importance of breastfeeding was explained and later Dr Anuradha Ma'am along with PG students Dr Urusa and Dr Sonal explained about breast feeding positions, expression of milk, and storage of milk. The session was concluded by giving a Thankyou speech.
39	Breast feeding week (1 st to 7 th August 2023)	Health Promotion Regarding Lactation, breast feeding positions and expression of milk and storage	Department of Community Physiotherapy	02/08/2023 11:00 am to 1:00 pm	Nanoli village in Anganwadi	01	22	The Community Physiotherapy Department of Maaer's Physiotherapy along with Mimer Medical organized an event for Breast feeding week. The event began with welcome speech by Dr Ashlesha Ma'am where importance of breast feeding was explained. Later Dr. Anuradha ma'am gave a short information about importance of breastfeeding positions. Then Dr. Sonal (MPT-1) gave a demonstration highlighting information on different breastfeeding positions and explained the importance of ergonomics in breastfeeding. Also Dr. Urusa (MPT-2) gave demonstration of how to express the milk and how to store the milk. The session was concluded by giving a Thank you speech.

40	Breast feeding week (1 st to 7 th August 2023)	Health Promotion Regarding Lactation, breast feeding positions and expression of milk and storage	Department of Community Physiotherapy	02/08/2023 11:00 am to 1:00 pm	UHC, Talegaon Dabhade	01	22	On 2 nd August 2023 we conducted an breastfeeding awareness camp in Primary health care center. The event began with a welcome speech explaining the importance of breastfeeding. Dr. Akshada (intern) provided insightful information about various breastfeeding positions, including side lying, cradle, cross-cradle, and football positions. She demonstrated these positions and highlighted the significance of ergonomics in breastfeeding. Following that, Madhuri (final-year student) demonstrated milk expression and proper milk storage techniques. The session concluded with a thank-you speech.
41	Breast feeding week (1 st to 7 th August 2023)	Health Promotion Regarding Lactation, breast feeding positions and expression of milk and storage	Department of Community Physiotherapy	03/08/2023 11:00 am to 1:00 pm	Chikhsale	01	18	On 3 rd August we conducted an breastfeeding awareness camp in Anganwadi school of Chikhalse village. The event began with welcome speech where importance of breast feeding was explained . Then Dr.Sonal (MPT-1) gave a highlighting information on different breastfeeding positions with demonstration and also explained about the importance of ergonomics in breastfeeding. Also gave demonstration of how to express the milk and how to store the milk. The session was concluded by giving a Thank you speech.
42	Breast feeding week (1 st to 7 th August 2023)	Health Promotion Regarding Lactation, breast feeding positions and expression of milk and storage	Department of Community Physiotherapy	04/08/2023 11:00 am to 1:00 pm	Mohitewadi	01	15	On 4 th August 2023 we conducted an breastfeeding awareness camp in Anganwadi school of Mohitewadi village. The event began with welcome speech where importance of breast feeding was explained . Then Dr.Sonal (MPT-1) gave a highlighting information on different breastfeeding positions such as side lying, cradle, cross cradle and football positions along with demonstration and also explained about the importance of ergonomics in breastfeeding. Then Dr.Urusa (MPT-2) gave demonstration of how to express the milk and how to store the milk. The session was concluded by giving a Thank you speech.

43	Breast feeding week (1 st to 7 th August 2023)	Health Promotion Regarding Lactation, breast feeding positions and expression of milk and storage	Department of Community Physiotherapy	04/08/2023 11:00 am to 1:00 pm	PHC, Urban health Center, Talegaon Dabhade	01	15	On 4 th August 2023 we conducted an breastfeeding awareness camp in Primary health care center. The event began with a welcome speech explaining the importance of breastfeeding. Dr. Akshada (intern) provided insightful information about various breastfeeding positions, including side lying, cradle, cross-cradle, and football positions. She demonstrated these positions and highlighted the significance of ergonomics in breastfeeding. Following that, Madhuri (final-year student) demonstrated milk expression and proper milk storage techniques. The session concluded with a thank-you speech.
44	Bone & Joint Day	Poster presentation competition and Health Talk on Bone and Joint Day	Department of Musculo- skeletal Physiotherapy	04/08/2023	MAEER MIT Pune's Physiotherapy College	01	All OPD patients present on 4 th August in morning sessions	MAEER MIT PUNE's physiotherapy college Department of Musculoskeletal Physiotherapy Talegaon Dabhade had conducted awareness program on topic Healthy Bones and Joints on the occasion of National Bone and Joint Day on 4 th August 2023 in the form of poster making competition by 3 rd year BPTH students. All the posters were collected and displayed on college noticed board. Out of all the posters best 3 posters were selected and certificates were given to them. The posters were attached in Musculoskeletal OPD and Department. Along with that 3 rd year BPth students gave speech regarding how to maintain healthy and normal bone by diet and exercises to the OPD patients in Marathi and Hindi languages at musculoskeletal OPD on the same day.
45	Breast feeding week (1 st to 7 th August 2023)	Health Promotion Regarding Lactation, breast feeding positions and expression of milk and storage	Department of Community Physiotherapy	05/08/2023 11:00 am to 1:00 pm	Brahmanwadi	01	10	The Community Physiotherapy Department of Maaer's Physiotherapy along with Mimer Medical organized an event for Breast feeding week. The event begin with welcome speech by Dr Anuradha Ma'am where importance of breast feeding was explained and later PG students Dr Urusa and Dr Sonal explained about breast feeding positions, expression of milk and storage of milk. The session was concluded by giving a Thankyou speech.
46	MUHS Vinamulya Aarogya Shibir, Pune	Multi diagnostic Camp	NSS Unit MAEER's Physiotherapy College, Talegaon Dabhade	06/08/2023 9:30 am to 4:30 pm	Agriculture College campus, Shivajinagar, Pune	01	NSS Volunteers & 4 Interns	NSS Unit of MAEER's Physiotherapy College participated in Maha Arogya Shibir conducted by MUHS on 6 th August 2023. A team of doctors including physiotherapists reached at the venue at 9:30 am. After enrolment of the teams, inauguration of the program was done and the team members occupied the cubicles to evaluate and treat the patients. More than 50 patients of various musculoskeletal and neurological ailments were

								evaluated and treated by the physiotherapy team. Interns did counseling both patients and their family members about health benefits of the exercises & physiotherapy treatment. The camp was concluded at 4:30 pm.
47	Breast feeding week (1 st to 7 th August 2023)	Health Promotion Regarding Lactation, breast feeding positions and expression of milk and storage	Department of Community Physiotherapy	07/08/2023 11:00 am to 1:00 pm	UHC, Talegaon Dabhade	01	30	On 7 th August 2023 we conducted an breastfeeding awareness camp in Urban Health Centre, Talegaon Dabhade. The chief guest for the event Mrs.Firoz Shaikh was introduced as she is the head of 100 Anganwadi Schools. The event began with welcome speech where importance of breast feeding was explained by Dr.Anuradha Sutar . Then Dr.Sonal (MPT-1) gave a highlighting information on different breastfeeding positions such as side lying, cradle, cross cradle and football positions along with demonstration and also explained about the importance of ergonomics in breastfeeding. Then Dr.Urusa (MPT-2) gave demonstration of how to express the milk and how to store the milk. Then a small enlightening speech was given by the chief guest and then The session was concluded by giving a Thank you speech.
48	Breast feeding week (1 st to 7 th August 2023)	Health Promotion Regarding Lactation, breast feeding positions and expression of milk and storage	Department of Community Physiotherapy	09/08/2023 11:00 am to 1:00 pm	RHC, Talegaon Dabhade	01	33	On 9 th August 2023 we conducted an breastfeeding awareness camp in Rural Health Centre, Sudumbure. The chief guest for the event was the CPDO. The event began with welcome speech where chief guest and all the staff was introduced. Then importance of breast feeding was explained by Dr.Anuradha Sutar . Then Dr.Sonal (MPT-1) gave a highlighting information on different breastfeeding positions such as side lying, cradle, cross cradle and football positions along with demonstration and also explained about the importance of ergonomics in breastfeeding. Then Dr.Urusa (MPT-2) gave demonstration of how to express the milk and how to store the milk. Then a small enlightening speech was given by the chief guest and then the session was concluded by giving a Thank you speech.
49	Alumni Association activity	Guest lecture	Alumni Association	24 th August 2023	Sushrut Hall	1	150	MAEER MIT PUNE's Physiotherapy College Talegaon Dabhade Alumni Association had organized a Guest lecture by Dr Shruti Joshi(Alumna , MAEER MIT PUNE's Physiotherapy College) on "Job Profile in Government Services & Assessment of Ergonomics and Musculoskeletal disorders in Railway workers “ on 24th August 2023 . More than120 students attended the

								lecture and 30 Alumnus joined the lecture online on Zoom platform. The students benefitted from this educational insight about Government Services and Work place Analysis of Railway workers.
50	Anti- Ragging Week	Poster Making Compitition Documentary Show on anti-ragging Workshop on anti-ragging Speech by a student representative Rules and responsibilities by members and the secretary of the Anti-ragging committee A skit by UG studentson anti-aging Concluding remarks by Principal A reel on awareness made by the students will be displayedon the college's official socialmedia Page	Anti- Ragging Committee	14/08/2023 16/08/2023 18/08/2023	CVRS OPD & Sushrut Hall	3		<p>Poster competition with the theme anti-ragging, was successfully conducted on 14th of august 2023, in total 45 students participated and 12 posters were made. posters were awarded 1st and 2nd prize; certificates were issued for the same. Posters were displayed thought the week for the awareness of anti-ragging.</p> <p>Poster competition winners: 1st prize- Isha Vinde, Sayli Pawar, Arpita Chafekar</p> <p>2nd prize- Vedika Mamidwar, Manali Mhatre, Vedika Bonde</p> <p>UGC approved documentary was shown to the students to spread the message of antiaging.</p> <p>Workshop was conducted for all the students UG & PG regarding the awareness of anti-ragging</p> <p>-Anti ragging member secretary Dr. Varoon C Jaiswal gave orientation regarding rulesand regulation</p> <p>-Speech by Students representative in anti-ragging committee member Archita Shettywas given.</p> <p>Students performed skit to spread awareness of anti-ragging</p> <p>-Principal Dr. Snehal Ghodey concluded the program by her remarks on rules of collegeregarding ragging.</p> <p>Reel was circulated on the college social media page of the entire program and to createawareness of the anti-ragging.</p>
51	Onam celebration	Cultural program	Annual events committee, Students council	24/08/2023, 10-11am	MAEER MIT Pune's Physiotherapy College, electrotherapy core lab	01	All students of BPTH	The student's council of MAEER's Physiotherapy College Organised a Program to Celebrate Onam. The Students of 1 st , 2 nd and 3 rd year BPTH Performed Cultural Dances, Followed by a Quiz Competition on Kerela and Onam. The Winners were Given Achappam (A Malyalam Delicacy). Pookalam was Made by the 2 nd Year students. This was Followed by a Traditional Dance by all Teachers and Students. All Students and Teachers had Worn Traditional Malyalam Outifit.

52.	World Senior citizen Day 2023	Free Physiotherapy Camp	Neuro - physiotherapy Department	23/08/2023 Time: 10.00 am onwards	RHC center Sudumbre	01	Total 24 patients Benefited through the camp.	On the occasion of World Senior Citizen Day MAEER MIT PUNE's Physiotherapy College Talegaon DABHADE has organised a free Physiotherapy camp on 23 rd August 2023; Time: 10.30 am onwards in Rural Health Centre, Sudumbre. During the camp 3 workstations were organised in 3 different rooms. The basic assessment was done at the 1 st workstation, 2 nd work station were about TIME UP AND GO TEST, Berg Balance Scale and Gait assessment. and the 3 rd workstation has General mobility exercises for all the geriatric patients. At 3 rd workstation general instructions regarding exercises were given and MPT students were play a video of the exercises for geriatric population. At the end the Group therapy session was done for the patients. Some patients were asked to come to General Hospital for the further treatment We got a huge response for the camp
53.	World Physiotherapy Day 2023	Speech by Dr. Savita Rairikar	Annual events committee	8 th September 2023, 2.00-4.00 pm	Sushrut Hall	01	All students of BPTH	The Annual Events Committee of MAEER MIT Pune's Physiotherapy college organized a program to celebrate World Physiotherapy Day. Opening speech was delivered by Dr. Snehal Ghodey Ma'am. Dr. Hrishikesh Gaikwad (Alumnus, MAEER MIT Pune's Physiotherapy College) expressed his thoughts and experience about his journey of providing physiotherapy services to an international athlete. Chief Guest Dr. Savita Rairikar Ma'am guided physiotherapy students and shared her golden words. Academic prizes were distributed.
54.	Geriatric Day 2023	Assessment, awareness and demonstration of exercises for optimum maintenance of quality of life in elderly in an old age home	Community Physiotherapy	2 nd october 11:00 am to 1:00 pm	Kinara Old Age Home Ahirewadi	1	42	The MAEER MIT PUNE's Physiotherapy college Department of Community Physiotherapy organized an event on the occasion of Geriatric Day 2023. On 2 nd October 2023 we conducted an assessment and awareness program in Kinara Old Age Home. The event began with the welcome speech where importance of Physical activity and exercises was explained by Dr. Anuradha Sutar. Then the assessment of all the present elderly was done using SPPB scale. After that demonstration and performance of general mobility exercises was carried out by Dr. Anuradha Sutar. Bananas were distributed to celebrate the occasion. The session was concluded by giving vote of thanks.

55.	Swachh Bharat Abhiyan- Oct. 2023	Swachata abhiyan - Cleaning of Railway Station Area and collecting plastic waste	NSS unit MAEER's physiotherapy college	2 nd oct 2022 10.30 am to 12.00 pm	Talegaon railway station area, Talegaon dabhade	01	40 NSS volunteers	NSS Unit of MAEER's Physiotherapy College conducted Swachh Bharat Abhiyan-2023 activity on 10th October 2023 to celebrate Gandhi Jayanti Swachhata Pandharwada. Total 40 NSS Volunteers participated in this activity. All the NSS volunteers collected plastic and other waste and cleaned MIMER Medical College main gate to Talegaon Railway Station area. The plastic & other waste is collected in six large size dustbin bags and they were properly disposed in the Municipality waste collection container. After the activity refreshment juice were provided to NSS Volunteers.
56.	World Arthritis Day	Free assessment and treatment Health camp on the occasion of World Arthritis Day	Musculoskeletal physiotherapy department	12/10/2022 3 to 9am to 4pm	MAEER MIT Pune's Physiotherapy college (Dept. of Musculoskeletal physiotherapy).	01	23 patients	MAEER's MIT Pune College of Physiotherapy Musculoskeletal Department organised free assessment and treatment camp on World Arthritis Day 12th October 2023. There was a great response from the patients in and around Maval region who benefited by receiving free assessment and treatment for their Arthritis. Cases of osteoarthritis, low back pain, etc had been treated with modality and exercises. Home exercise program had been given to many of the patients. Total 23 patients were benefited.
57.	World Cerebral Palsy Day	Fancy dress activity for CP children with different stations to promote sensory and motor development via Play therapy.	Department of Neuro physiotherapy	4 th October 2023 Time: 11 am To 1pm	MAEER MIT PUNE'S Physiotherapy college Talegaon Dabhade	01	12 students with parents	To promote inclusion of special children into the society and to give them and their parents inclusive feelings fancy dress event was planned which was followed by sensory – motor game based activity for children. 12 children with their parents were involved in the event. Refreshments were given post event.
58.	Obesity Awareness Week Celebration	Free assessment and treatment Health camp on the occasion of Obesity Awareness Week	Department of community physiotherapy	18/10/2023 10:00am to 1:00pm	Urban Health Care Center, Talegaon Dabhade	01	30 participants	The MAEER MIT PUNE's Physiotherapy College from Department of Community Physiotherapy organized an event on the occasion of World obesity week 2023 in collaboration with Department of Community Medicine and Department of Medicine on 18th october 2023. We conducted an assessment and awareness program in Urban Health Training Center. The event began with welcome speech by Dr Ashlesha Dandekar, risk factors of obesity was explained by Dr Shilpa Bagalkotkar, importance of nutrition was explained by Dietician Viranchi Musale in which importance of healthy lifestyle, diet a was explained. Importance of exercise was explained by Professor Dr. Anuradha sutar from Community

								Physiotherapy Department. Then the assessment of obesity was done for all 30 participants. One group exercise session was carried out by physiotherapists. The session was concluded by giving a vote of thanks.
59.	Obesity Awareness Week Celebration	Free assessment and treatment Health camp on the occasion of Obesity Awareness Week	Department of community physiotherapy	19/10/2023 11:00am to 1:00pm	Rural Health Training Center, Sudumbre	01	73 participants	The Community Physiotherapy Department of Maaer's Physiotherapy along with Mimer Medical College organized an event for Obesity Awareness Week on 19th October 2023 at Rural Health Care Center. Students of class 10th std from Rayat Shikshan Sanstha Section 2 were present for this event. The event began with welcome speech where what is obesity, causes of obesity were explained. Also, how to measure waist circumference and hip circumference was demonstrated. Then how to calculate waist- hip ratio was taught. Also, the importance of Broca's index was explained. Then assessment - 73 participants of all the participants was taken including height, weight and BMI also calculated. Then the importance of exercises for reducing fat and risk factors associated with obesity was explained. The session was concluded by giving vote of thanks.
60.	Obesity Awareness Week Celebration	Free assessment and treatment Health camp on the occasion of Obesity Awareness Week	Department of community physiotherapy	16/10/23 TO 19/10/2023	Community Physiotherapy OPD	04	30 participants	The Community Physiotherapy Department of Maaer's Physiotherapy college has organized a free Camp for Obesity Awareness Week from 16 th to 19 th October 2023 at Maaer's Physiotherapy College. Camp Started with the Registration of the 30 participants Then assessment of all the participants was taken including height, weight and BMI, body fat percentage, skin fold measurement, endurance, flexibility and cardiovascular endurance was calculated using different tests. Later counselling was done of participants by Dr. Nitin and Dr. Anuradha and they explained about the role of exercises in reducing body fat percentage and risk factors and complications of obesity. After that a group exercise session was conducted for the participants. The session was concluded by giving a Thank you speech.
61.	World Bioethics Day	Debate Competition on Protecting Future Generations	Bioethics unit of MAEER's Physiotherapy college, Talegaon Dabhade	5/10/2023	Shushrut Hall MIMER medical college, Talegaon dabhade	01	24 participants	On Occasion of Bioethics Day, the Bioethics Unit had organized a debate competition for the students of 1 st , 2 nd , 3 rd & 4 th year. From each Year, 2 groups of 3 students each was made. Each Batch was given a different topic following the theme "Protecting Future Generations. One group spoke for the topic and the other one spoke against the topic.

62.	8 th World Bioethics Day	Guest lecture	Bioethics unit of MAEER's Physiotherapy college, Talegaon Dabhade	19/10/2023	Sushrut Hall	01	~100 + Participants	Bioethics Unit of MAEER MIT Pune's Physiotherapy College celebrated the 8th World Bioethics Day in collaboration with MIMER Medical College, Pune Unit of International Chair of Bioethics, on 19th October 2023. The theme for this year was 'Protecting Future Generations'. The guest speaker was Dr. Bharat Kelkar, Orthopedic Surgeon and member of 'Doctors without borders', who shared his experiences of being a doctor on a warfront. Medical Superintendent, Dr. Darpan Maheshgauri spoke about Responsibilities of a Medico: Voluntary and Mandatory. The talks were well appreciated and inspired the future medicos in the audience. Student wing of both units participated wholeheartedly in the international competitions. A debate competition with topics pertaining to the theme was held on 5th October for physiotherapy undergraduate students.
63.	Indoctrination program Batch 2023-24	Formal function	Annual events Committee	21/11/2023	Sushrut Hall	01	58 students and there parents	Indoctrination ceremony was held for the first year BPth students to give them an idea about the Institution, Hospital, it's working, the laws and regulations. They were introduced to the course. There were speeches by the alumni and the 2 bpth student and intern. Principal of MAEER MIT Pune's Physiotherapy college Dr Snehal Ghodey, Professor emeritus Dr RP Gupta, Medical Superintendent Dr Darpan Maheshgauri addressed the students and introduced them to the conduct. Dr Sumitra Sakhwalkar compared the entire event and vote of thanks KS was given by Dr Sayli Paldhikar. Dr Ramya Shetty coordinated the entire event.
64.	Diwali Celebration		Community physiotherapy department	07/11/23 11:00 am TO 1:00 pm	UDAAN Foundation, Talegaon Dabhade	-	20 participants	The Community Physiotherapy Department of Maaer's Physiotherapy College organized an event for Diwali Celebration on 07 th November 2023 at UDAAN Foundation. We celebrated diwali with the geriatric Population of UDAAN Foundation. Several fun filled games were organised for them. The elderly patients also showcased their various talents of singing abhangs. The celebration was enjoyed by everyone. It concluded by distributing handmade diwali lanterns to the elderly by Dr. Anuradha Sutar.
65.	Diwali Celebration		Community physiotherapy department	09/11/23 11:00 am TO 1:00pm	MEERAGHAR Geriatric Home, Kamshet	-	20 participants	The Community Physiotherapy Department of Maaer's Physiotherapy College organized an event for Diwali Celebration on 09 th November 2023 at MEERAGHAR Geriatric Home. We celebrated diwali with the geriatric

								population of MEERAGHAR. Several fun -filled games were organized for them. The elderly patients also showcased their various talents of singing abhangs, bhajans and telling stories and poems. The celebration was enjoyed by everyone. It concluded by distributing handmade Diwali lanterns to the elderly by Dr. Anuradha Sutar.
66.	Guru nanak jayanti	Cultural programme	Annual events Committee	27 th November 2023	Medical College building porch	01	110 students	This day was celebrated to commemorate the birth anniversary of Guru Nanak Devji by the students and teachers of MAEER MIT Pune Physiotherapy College in association with MIMER Medical College and MAEER MIT Pune's Nursing College Under the guidance of Dr Neetu Mahapatra and with permission of Dr Snehal Ghodey maam.. Dr Neetu Mahapatra gave a speech on the importance of this day and teachings of Guru Nanak Devji followed by a prayer. This event instilled a sense of peace amongst everyone.

CME/ Workshop by different departments of Physiotherapy

Sr No	Name Of the Workshop	Resource person	Organizing Dept.	Date and Time	Venue	Local/State/National/International	No of days	No Of Participants	A brief summary of the event in around 100 words (purpose,conduct, feedback, impact, suggestions)
1	Compression Only Life Support Workshop	Anesthesia department	Department of Cardiovascularand Respiratory Physiotherapy	21/01/2023	Department of Cardiovascularand Respiratory physiotherapy OPD	Local	01	41	The “Compression Only Life support” workshop wasorganized for Interns and MPT students with the view of best practices in physiotherapy, In association with the Anesthesiadepartment M.I.M.E.R Medical College. The workshop startedwith an introductory lecture followed by a hands-on workshop. The workshop helpedto improve the knowledge of students on the identification of emergency situations and theearly management of the same.
2	Kinesio Taping Workshop	Dr. Prakash Shroff	Department of Musculo-Physiotherapy	11/02/2023 to 12/02/2023	OPD Building,2 nd Floor, MIT MAEER Pune’s Physiotherapy College, Talegaon Dabhade	National	02	31	MAEER MIT PUNE’s physiotherapy college Talegaon Dabhade musculoskeletal physiotherapy department had organized 2days "BASIC KINESIOLOG TAPING" workshop on 11thand 12th February 2023 by the course Instructor Dr. Prakash Sharoff, who is Master of Orthopedic Sports and Manual Therapy (Australia). Kinesiology Taping and muscle activation (South Africa). Panel doctor for Olympic gold quest. Target audience was MPT students, interns and Faculties. Dr Prakash gavehands-on training in various musculoskeletal health conditions

3	CME on the topic " Recent Advances in Disorders of the Alveolar Capillary Interstitium "	Dr Sheral Kachpile	Department of Cardiovascularand Respiratory Physiotherapy	24/02/2023	Sushrut Hall, 2 nd Floor, OPD Building, MAEER's Physiotherapy College, Talegaon (D)	Local	01	100	Department of Cardiovascular and Respiratory Physiotherapy organized a CME on the topic " Recent Advances in Disorders of the Alveolar Capillary Interstitium " by Dr Sheral Kachpile (Founder & Chief Cardiovascular & Respiratory Physiotherapist at Heart Lung Care Physio & Rehab).Dr Sheral Kachpile gave a detailed information about the correlation of findings and specific pulmonary rehabilitation goals in ILD patients.
4	Certified Pelvic Floor Rehab Specialist WORKSHOP	Dr. Shagufta Parveen	Department of Community Physiotherapy	23/03/2023 to 24/03/2023	2 nd Floor, OPD Building, MAEER's Physiotherapy College, Talegaon (D)	International (16 credit hours)	02	21	Community Physiotherapy department organized Two days hands on workshop on Certified Pelvic Rehab Specialist on 23 rd & 24 th March 2023. Total 21 Participants were enrolled from various colleges for the same. Dr. Shagufta Parveen gave a detailed information regarding pelvic floor muscle, its dysfunction & management. She gave ample amount of time for hands on session also. She distributed a Free Pelvic floor Kit for each & every participant.
5.	Workshop on Intellectual property Rights (IPR)	Dr Bharat N Suryawanshi	Research cell Committee	19/04/2023 10 am to 11 am	Online	-	01	194 participants	MAEER's Physiotherapy college Talegaon Dabhade in collaboration with RGNIIPM, Government of India jointly organized "Intellectual property Rights (IPR) & patent, Designs filing" online workshop on 19 th April 2023 from 10 am to 11 am. This online workshop was conducted under the guidance of our esteemed inspirational Executive director Dr Suchitra Nagare ma'am and our every encouraging principal Dr Snehal Ghodey ma'am. The speaker for the program was Dr. Bharat N. Suryawanshi, Assistant Controller of Patent and Design. Total 194 participants from all over the colleges in Maharashtra

										participated in this program. The program was co-ordinated by the members of Research cell Committee MAEER's Physiotherapy College, Talegaon Dabhade Dr. Neetu Mahapatra, Dr Nitin Nikhade, Dr Sumitra Sakhwalkar, Dr Archana Bodhale, and Dr Pournima Pawar
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6	Stress management workshop for medical students lecture	Stress management lecture by Namaste Psychology centre, Pune By Dr. Savita Gaikwad & Ms. Ruchi Rana. (MUHS FUNDED ACTIVITY ON OCCASION OF MUHS SILVER JUBILEE)	Neuro Physiotherapy	6/06/2023	Sushrut Hall	Local	1	132	On occasion of silver jubilee celebration of MUHS, Nashik.MAEER's MIT PUNEs physiotherapy college received grant of 25000/ to celebrate student centric activities. Stress Management Lecture was organized by Dr. Savita Gaikwad & Ms Ritu Rana from Namaste Psychology. They addressed the student's audience. and explained the importance of identification of stressors. They taught simple techniques to manage stress. It was appreciated by the students.
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7	MUHS Basic Research Methodology Workshop	1) Dr. Sandhya Kulkarni 2) Dr. Yogini Kulkarni 3) Col (Retd) Dr. Amitav Banerjee 4) Mr. D. R. Basannar 5) Dr. Prajakta Patil 6) Dr. D.V. Gopalghare 7) Dr. Madhura Ashturkar 8) Dr. Varoon Jaiswal	MAEER's Physiotherapy College	7th, 8th, 9th June 2023	Medical Education Unit hall, MIMER Medical College, Talegaon Dabhade	State	3 Days	35	The MUHS Basic Research Methodology Workshop was conducted on the 7th, 8th, and 9th of June 2023 at the Medical Education Unit Hall by MAEER's Physiotherapy College in Talegaon Dabhade. A total of 35 participants attended the workshop, comprising 7 teachers and 28 postgraduate students. The three-day workshop provided a comprehensive overview of research methodologies, including data collection, analysis, interpretation, and reporting. The resource persons, with their expertise and experience, shared valuable insights and guidance to enhance the participants & understanding of research principles and techniques.
8	Use of pneumatic compression device for lymphedema management	Dr Ojus Wadhwa	Department of Cardiovascular and Respiratory physiotherapy	31/07/2023, 12 noon onwards	1 st year classroom	Local	01	57 students 6 teachers	Proposal for conducting the workshop was given to Dr Snehal Ghodey ma'am, (Principal MAEER MIT Pune's Physiotherapy College). After obtaining the permission from Dr Snehal Ghodey ma'am, the resource person was finalised and the further arrangements were made. Flyer was made by Dr Pournima Pawar and approved by Dr Snehal Ghodey ma'am and Dr Varoon Jaiswal sir, following which the online flyer was forwarded to 3 rd year BPTH, 4 TH year BPTH, MPT1, MPT2 whatsapp groups Different activities conducted during the event -Introductory speech by Dr Ramya Shetty -Lecture and demonstration of pneumatic compression devices in management of lymphedema by Resource person Dr Ojus Wadhwa ma'am -Felicitation of Resource person by Dr Snehal Ghodey ma'am -Vote of thanks by Dr Deepika Burman -Feedback: Google form was sent to students for giving Feedback of the event, report of the same is attached.

9	CME on BELL-IP-OP Therapy	Guest Lecture by Dr. Unika Purohit	Dept. of Community Physiotherapy	22/08/2023 2:00 pm to 4:00 pm	Shushrut Hall, 1 st floor, OPD Complex, BSTR Hospital, Talegaon Dabhade	Local	01	136 (15 Staffs, 33 PG Students & 88 III- & IV-Year B.P.T Students)	Department of Community Physiotherapy organized CME on BELL-IP-OP Therapy on 22 nd August 2023 from 2:00 pm to 4:00 pm at Shushrut Hall, 1 st floor, OPD Complex, BSTR Hospital, Talegaon Dabhade. A guest lecture was delivered by Dr. Unika Purohit, the founder of BELL-IP-OP Therapy and an Associate Professor at the Modern College of Physiotherapy, Shivajinagar, Pune. Dr. Unika Purohit's lecture delved into the principles, techniques, and applications of BELL-IP-OP Therapy. She provided an in-depth overview of the therapy's origins, its underlying concepts, and the evidence-based methodologies that support its effectiveness. The CME event on BELL-IP-OP Therapy proved to be an enlightening experience for all participants.
10	World Lung Day 2023	CME On "Leveraging Technology for Optimizing Exercise Prescription in Cardiopulmonary Wellness" by Dr. Aishwarya Ranbhor	Department Of Cardiovascular & Respiratory Physiotherapy	25 th September 2023 2.30-4.00pm	First year Classroom, MAEER MIT Pune's Physiotherapy College	-	01	3 rd year, 4 th year, Interns	Department of Cardiovascular & Respiratory Physiotherapy, MAEER MIT Pune's Physiotherapy college organised a CME "Leveraging Technology for Optimizing Exercise Prescription in Cardiopulmonary Wellness" by Dr. Aishwarya Ranbhor on the occasion of World Lung Day. Total 102 participants attended out of which 71 were offline & 31 were online.
11.	Basic NDT Workshop	Basic NDT Workshop by Dr Snehal Deshpande	Neuro Physiotherapy Department	20,21st and 22nd October 2023 9 am to 5 pm	2 nd floor, OPD building, MAEER'S Physiotherapy College Talegaon Dabhade	-	03	25 Participants	<p>NDT Workshop was conducted for 3 days with hands on practical session.</p> <ul style="list-style-type: none"> <input type="checkbox"/> The participants included Interns, PG Students, and Academicians. <input type="checkbox"/> On the 1st day workshop was started with the theory session followed by different playful activities with innovations for the participants. <input type="checkbox"/> 2nd and 3rd day was continued by the hands on practical session in Kinesiotherapy lab. <input type="checkbox"/> Participants were divided into 5 groups and they were encouraged to perform the techniques on each other and understand the concepts followed by various brainstorming and playful activities. <input type="checkbox"/> Breakfast, Lunch and High tea was provided to the participants. <input type="checkbox"/> On 3rd day Felicitation of the Resource

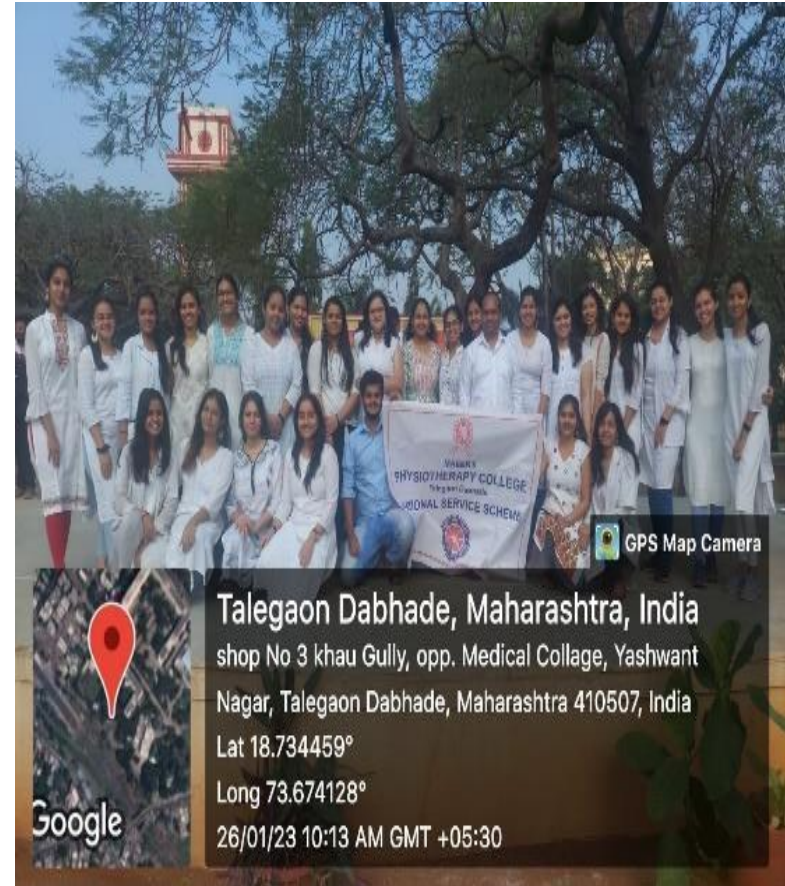
									person Dr Snehal Deshpande was done by Dr.Sumitra Sakhawalkar and Token appreciation was given to the Co-instructors by Dr. Nilofer Patel. <input type="checkbox"/> The Event was concluded by giving the certificate of attendance to the delegates by the resource person.
12.	CME ON – “Early detection and screening in Pediatric Neurology “ by Dr.Abhijit Botre	CME	Neuro Physiotherapy department	27 th Dec. 2023, 11:30am to 1:00 pm	MAEER MIT Pune’s Physiotherapy College, Sushrut Hall	-	01	55 PG Students and staff.	Neurophysiotherapy department of MAEER MIT Punes’s Physiotherapy college organised a CME on topic “Early detection and screening in Pediatric Neurology” by Dr. Abhijit Botre Sir, he gave educational insight on the steps of pediatric assessment and early intervention with clinical significance. sir also explained the importance of multidisciplinary approach and regular follow- up and assessment of paediatric patients. His session was very interactive he displayed videos, conducted MCQ for better understanding of audiences. The session was concluded by vote of thanks by Dr. Tanpreet Kaur Mehta
13.	World Spine Day celebration	CME	Musculoskeletal Physiotherapy Department	28/12/2023 2pm -3pm	Sushurut Hall MIMER, Talegaon	-	-	50 participants	MAEER MIT PUNE's Physiotherapy college Department of Musculoskeletal Physiotherapy Talegaon Dabhade had conducted CME on topic “Recent advances in spine surgeries “- Dr Ajay Kothari orthopedic spine surgeon Sancheti hospital to celebrate World Spine Day on 28 th December 2023. The program started at 2 pm with introductory speech by Dr Bindu Sarfare. He explained various recent technologies for treating scoliosis, myelopathies, correction surgeries, etc. with case studies in each topic in detail Dr Neetu Mahapatra conducted question – answer session. She also felicitated Dr Ajay Kothari with e-memento and e-certificate. The program ended with vote of thanks by Dr Divyangana Rawane.

GEO-TAGGED PHOTOES

AWARENESS OF URINARY INCONTINENCE IN THE GERIATRIC POPULATION



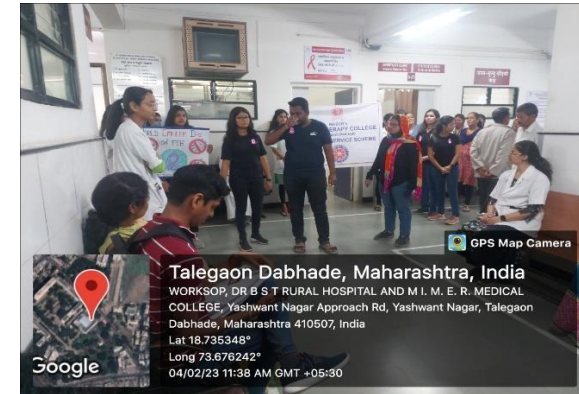
REPUBLIC DAY CELEBRATION 2023



IMPORTANCE OF VOTING FOR YOUTH IN COMMUNITY



CANCER AWARENESS SKIT AND RALLY





MAHA AROGYA SHIBIR 2023 (CARDIO-RESPIRATORY DEPARTMENT)



MAHA AAROGYA SHIBIR 2023 (NEUROPHYSIOTHERAPY DEPARTMENT)



CHATRAPATI SHIVAJI MAHARAJ JAYANTI



MARATHI BHASHA GAURAV DIN



RALLY ON BREAST CANCER AWARENESS PROGRAMME AT COLLEGE CAMPUS





NSS RALLY ON BREAST CANCER AWARENESS PROGRAMME





BREAST CANCER AWARENESS & TREATMENT AT RHC, SUDUMBARE



BREAST CANCER AWARENESS & TREATMENT AT UHC, TALEGAON DABHADE



BREAST CANCER AWARENESS & TREATMENT AT SAR SENAPATI PRIMARY SCHOOL, TALEGAON DABHADE



BREAST CANCER AWARENESS PROGRAMME AT MEERA GHAR



DOWN SYNDROME DAY CELEBRATION AT JAI VAKEEL SCHOOL



TUBERCULOSIS AWARENESS RALLY



BHAGWAN MAHAVIR JAYANTI



WORLD HEALTH DAY



HEALTH TALK ON ORGAN DONATION



INDUSTRIAL VISIT REPORT



WORLD ASTHMA DAY 2023

11:26

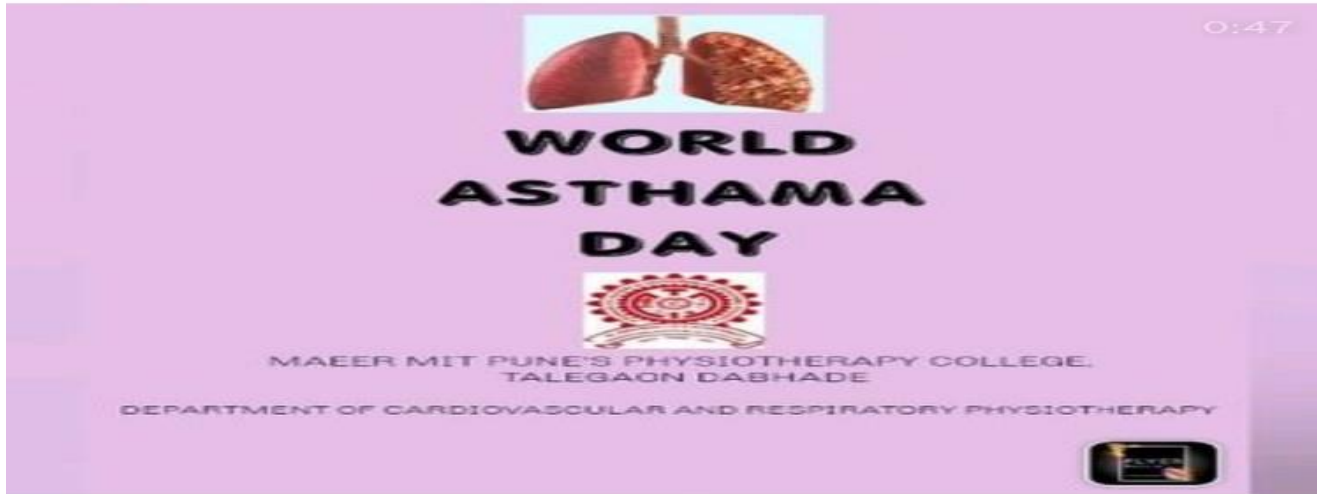
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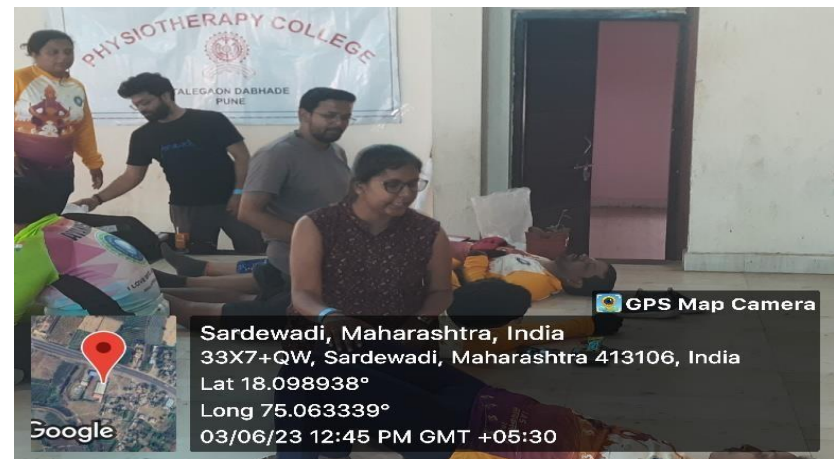
MENSTRUAL HYGIENE & EXERCISES TO RELIEVE DYSMENORRHEA



MULTIPLE SCLEROSIS DAY 2023

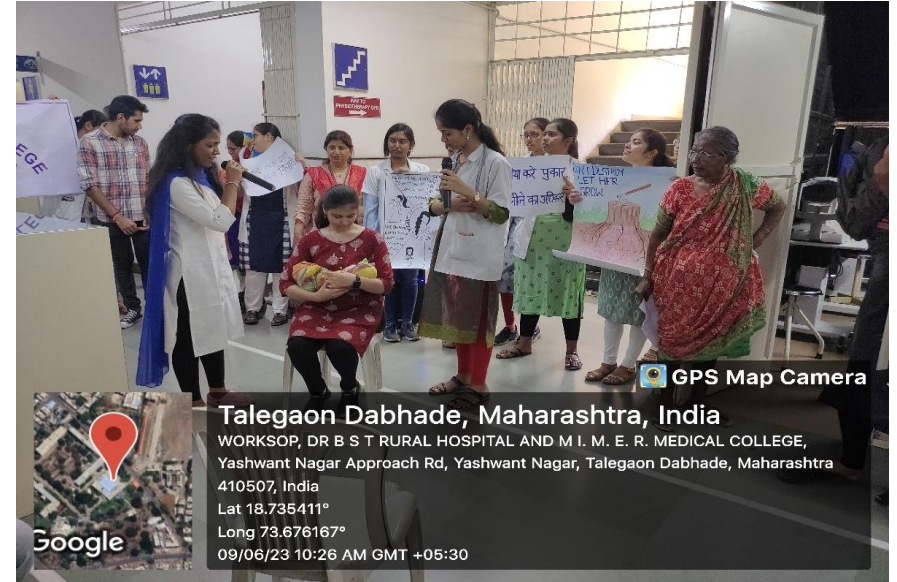


INDO ATHLETIC SOCIETY'S CYCLE WARI 2023





SKIT PRESENTATION ON FEMALE FOETICIDE



INTERNATIONAL YOGA DAY AT RHC



INTERNATIONAL YOGA DAY AT UHC



GURU POURNIMA 2023

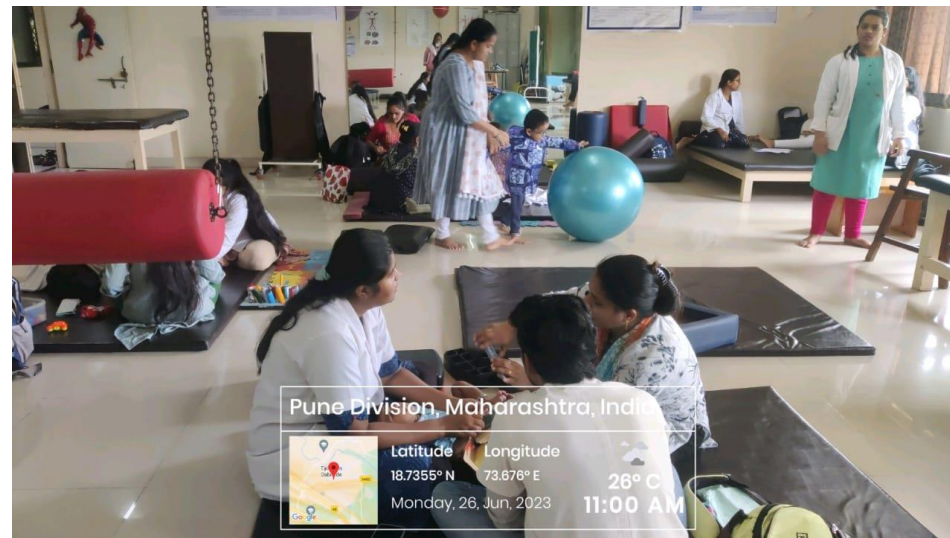


DR B S T RURAL HOSPITAL AND M I. M.
E. R. MEDICAL COLLEGE, 8, Yashwant
Nagar Approach Rd, Yashwant Nagar,
03 Jul 2023 04:06 pm

AAROGYA SAMPDA MAHA SHIBIR 2023 (CVS DEPARTMENT)



AAROGYA SAMPDA MAHA SHIBIR 2023 (NEURO DEPARTMENT)



BREAST FEEDING WEEK (DAY 1- AHERWADI, KAMSHET)



BREAST FEEDING WEEK (
DAY 2- NANOLI)



BREAST FEEDING WEEK (DAY 2 - PHC, TALEGAON DABHADE)

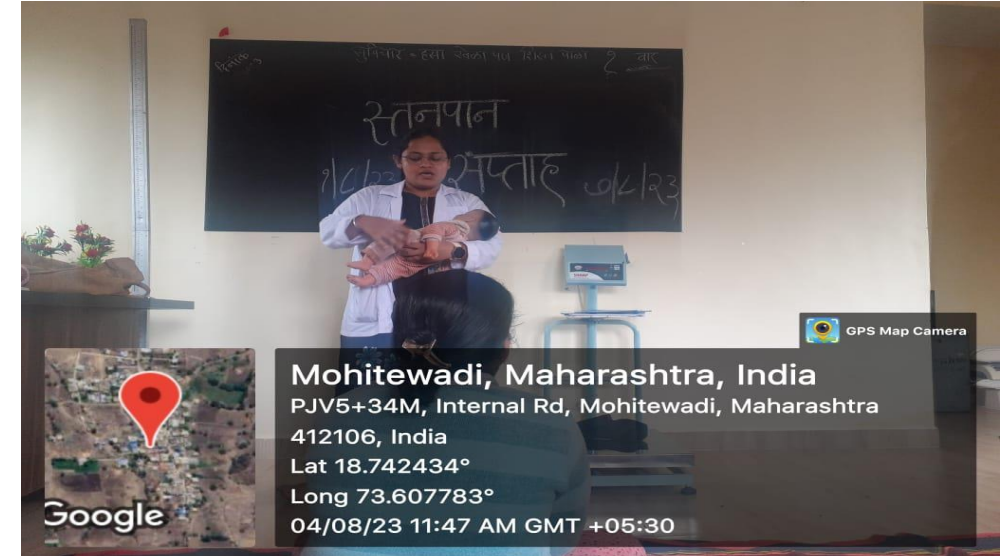
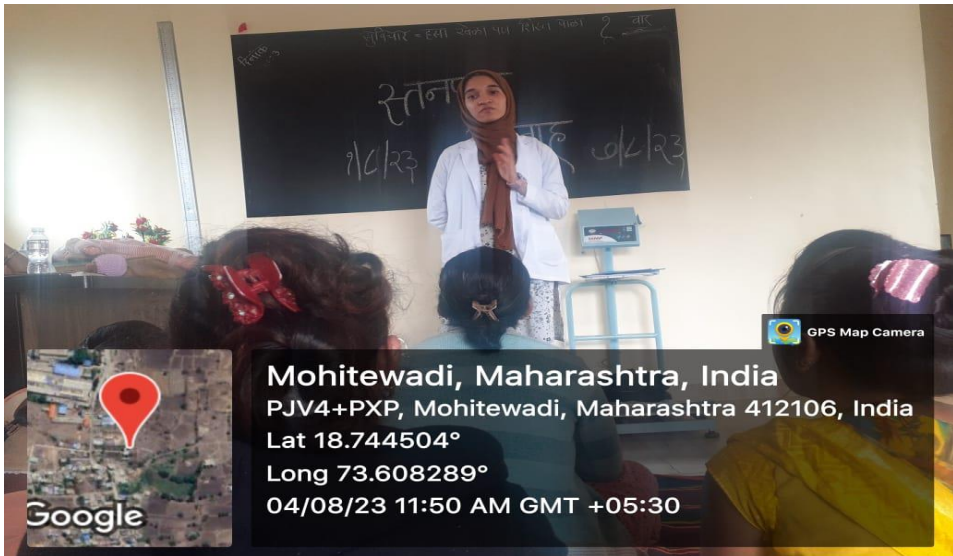


BREAST FEEDING WEEK (DAY 3- CHIKHALSE)





BREAST FEEDING WEEK (DAY 4- MOHITEWADI)



BREAST FEEDING WEEK (DAY 4 - PHC. TALEGAON DABHADE)



BONE AND JOINT DAY



BREAST FEEDING WEEK (DAY 5 - BRAHMANWADI)



MUHS VINAMULYA AAROGYA SHIBIR 2023





BREAST FEEDING WEEK (DAY 6 – UHC. TALEGAON DABHADE)



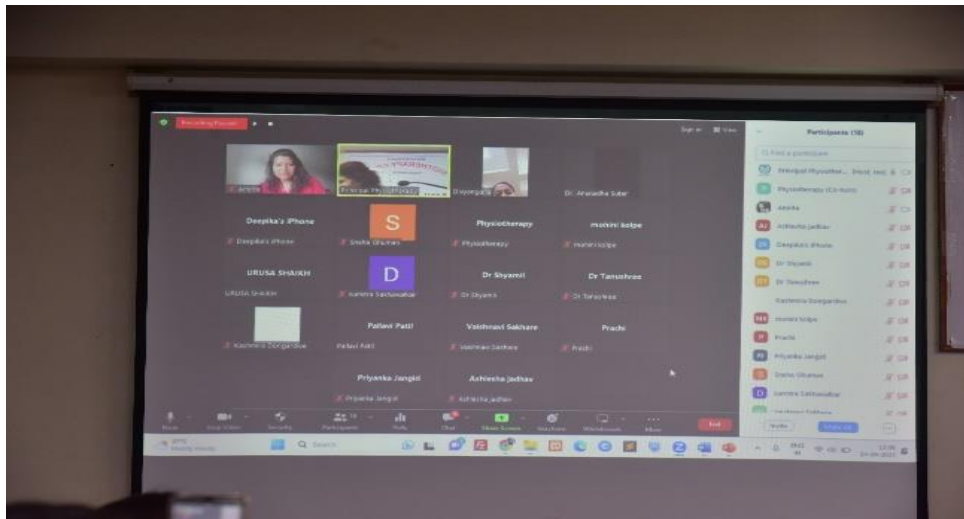


BREAST FEEDING WEEK (DAY 7 – RHC, TALEGAON DABHADE)



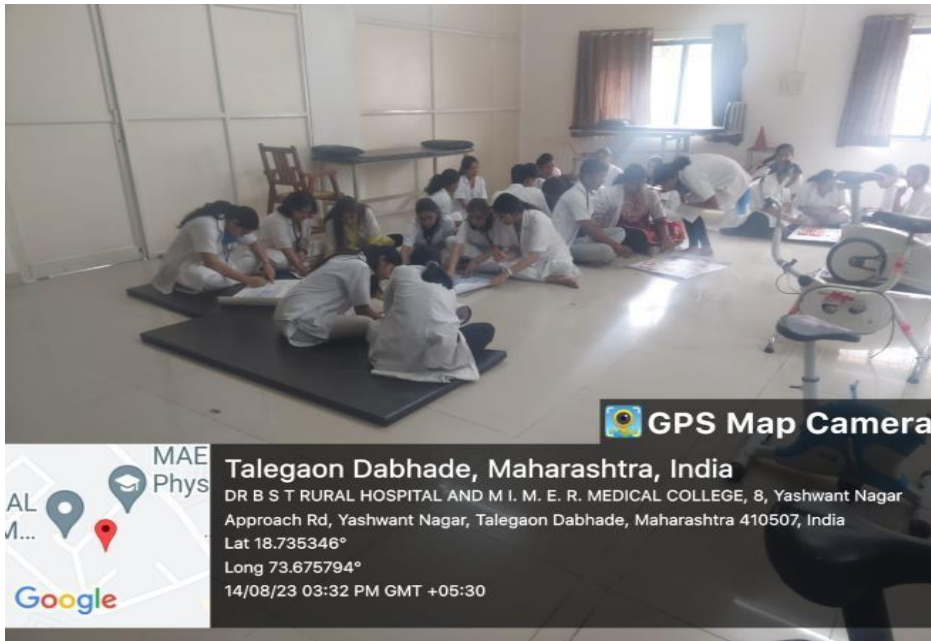


ALUMNI ASSOCIATION ACTIVITY





ANTI-RAGGING WEEK (POSTER-PRESENTATION)



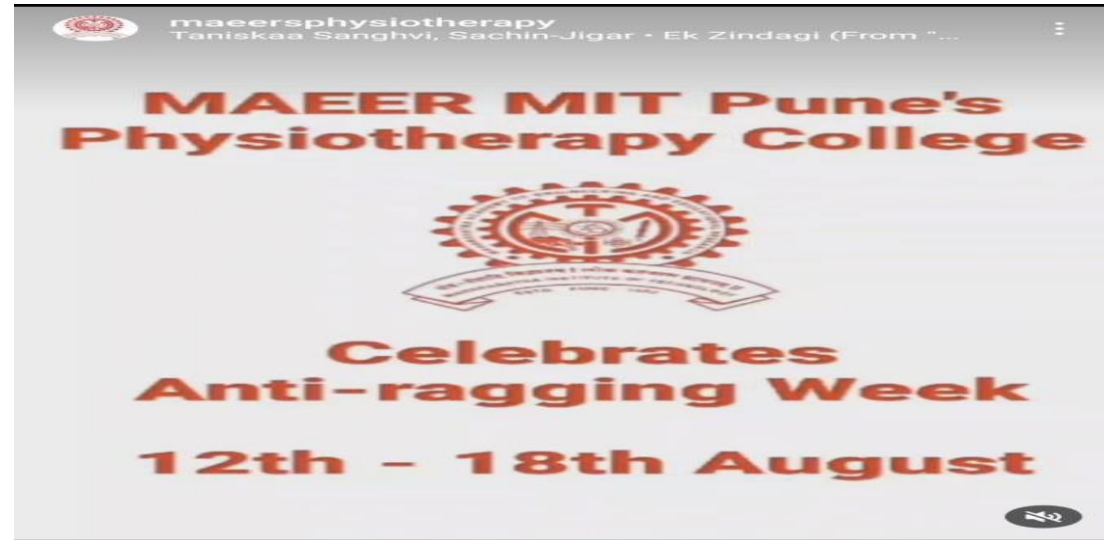
DOCUMENTRY SHOW ON ANTI- RAGGING



WORKSHOP ON ANTI- RAGGING



REEL ON AWARENESS OF ANTI- RAGGING



WORLD SENIOR CITIZEN DAY 2023



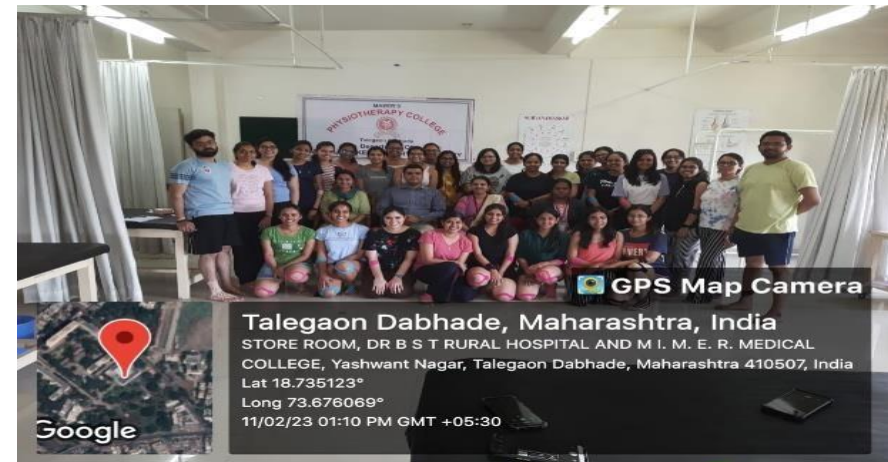


CME/ WORKSHOPS

COMPRESSION-ONLY LIFE SUPPORT WORKSHOP



TAPING WORKSHOP



CME: RECENT ADVANCES IN DISORDERS OF THE ALVEOLAR CAPILLARY INTERSTITIUM "



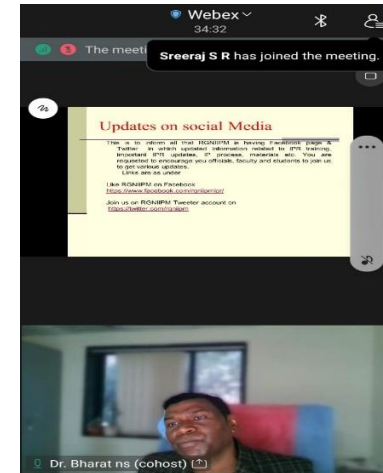
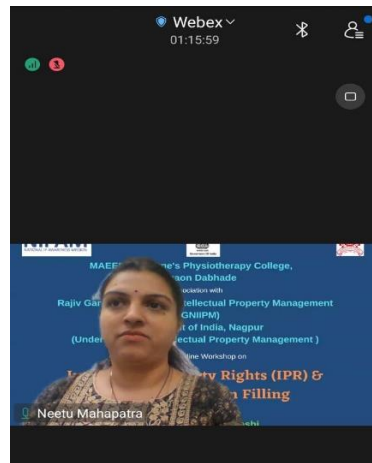
WORKSHOP ON CERTIFIED PELVIC REHAB SPECIALIST





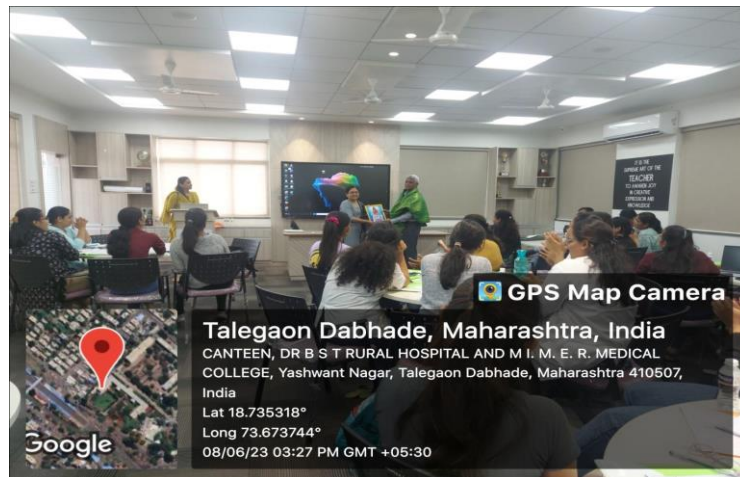
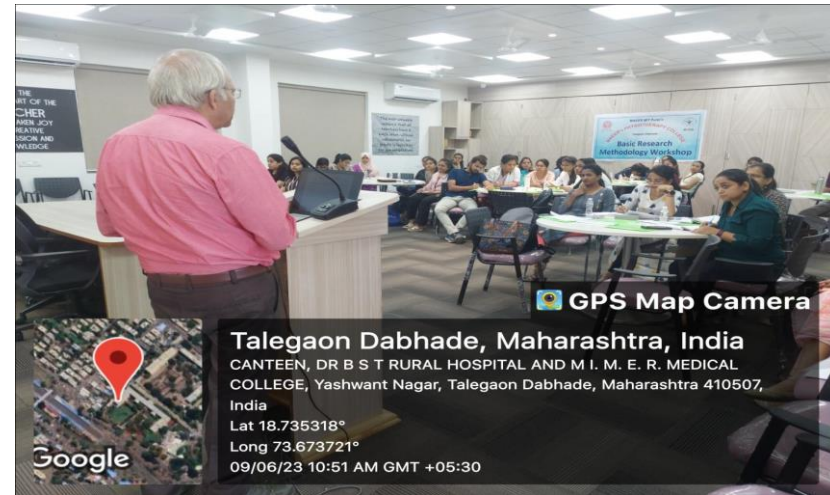
STRESS MANAGEMENT WORKSHOP

IPR WORKSHOP



RESEARCH METHODOLOGY WORKSHOP





USE OF PNEUMATIC COMPRESSION DEVICES FOR LYMPHEDEMA MANAGEMENT



CME ON BELL-IP-OP-TRAINING





CME BY CARDIOVASCULAR AND RESPIRATORY DEPARTMENT BY DR AISHWARYA RANBHOR



GERIATIC DAY CELEBRATION 2023



SWACH BHARAT ABHIYAN 2023:



WORLD ARTHRITIS DAY CELEBRATION 2023



WORLD CEREBRAL PALSY DAY CELEBRATION 2023



OBESITY AWARENESS WEEK 2023





DIWALI CELEBRATION 2023

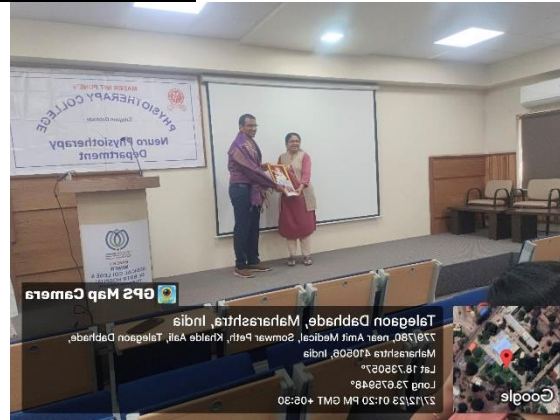


GURU NANAK JAYANTI CELEBRATION 2023



NDT WORKSHOP 2023

CME BY NEUROPHYSIOTHERAPY DEPARTMENT 2023



BASIC NDT WORKSHOP 2023



CME ON WORLD SPINE DAY 2023



**MAEER MIT PUNE's
PHYSIOTHERAPY COLLEGE**
TALEGAON DABHADE

**Department of
Musculoskeletal Physiotherapy**
Organises CME on

**RECENT ADVANCES IN SPINE
SURGERIES**

Resource Person
DR. AJAY KOTHARI

Consultant Spine Surgeon & Spine Unit Head
at Sancheti Hospital Pune
MBBS, MNAMS, FISS (Germany, USA),
DNB Ortho (Gold Medalist)

TARGET AUDIENCE
Faculty, MPT, Intern

28-12-2023

2:00 p.m to 3:00 p.m

**SUSHRUT HALL, 1st floor
OPD Building**

