MAEER's Physiotherapy College, Talegaon Dabhade

Activities /Camps by different departments of Physiotherapy

Sr No	Name Of the Activity	Nature of activity	Organizing Dept.	Date and Time	Venue	No of Days	No Of Participants	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)
1	Savitribai Phule Jayanti celebration	Savitribai Phule jayanti celebration by student council	MAEER's MIT PUNE Physiotherapy College Talegaon Dabhade	03/01/2024 10.30 am to 11.30 am	MIMER Medical College porch Talegaon Dabhade	01	25	MAEER's MIT PUNE Physiotherapy College in collaboration with MIMER Medical College Talegaon Dabhade had conducted Savitribai Phule Jayanti celebration on 3rd January 2024 at college porch. The program had student speech and poetry on Savitribai's life journey and fight for female education. 25 first year BPTH students attended the program. Dr Snehal Ghodey along with other faculties attended the program
2.	National Voters Day celebration	National Voters Day celebration	MAEER's MIT PUNE Physiotherapy College Talegaon Dabhade	26/01/2024 12 pm to 1 pm	MAEER MIT Pune's Physiotherapy college (1 st year BPth classroom)	01	Total 90 staff and students	The National Voters Day celebration 2024 was an awareness program by the youth for the youth. Dr. Tanpreet Kaur and 1 st year MPT students organized an awareness session for the students and staff, it started with an introductory speech by Dr.Tanpreet &Students, followed by" Right to Vote "awareness reel was circulated on social media an awareness Google form which constituted the question to increase the knowledge related to voting was circulated among the students appreciated the event.
3.	Republic Day Celebration	Gathering for flag unfurling	Administration	26/1/2024 9:00am onwards	Amphitheatre, MIMER Medical College lawns	01	All students and teachers	On occasion of Republic Day, the college administration department in association with MIMER Medical College organized an event for unfurling the Indian National flag on 26th January 2024. The event started with gathering of all staff members and students followed by introductory remarks by Dr Snehal Ghodey ma'am. This was followed by unfurling of the Indian National flag by Dr Tanvi Kushe (Chief guest, Student topper, 4th BPTH). Dr Tanvi Kushe then gave a speech and motivated her juniors. Dr Neetu Mahapatra (Professor &HOD) was the faculty speaker who gave an outstanding speech on importance of republic day. Dr Suchitra Nagare ma'am (Executive Director) addressed the crowd with her

								kind words. The entire event was anchored by Dr Ramya Shetty (Asst professor) and vote of thanks was given by Dr Priya Karmani (Asso professor, dept of Obs& Gyn). The entire event was planned and organized by Dr Sayli Paldhikar & Dr Priya Chitre under Dr Snehal Ghodey ma'am's supervision and coordinated by Dr Ramya Shetty.
4	World Cancer Day	World Cancer Day	Community Physiotherapy Department	05/02/2024 , 11:00 am to 12:00 pm	MERA GHAR Geriatric home, Kamshet	01	10	The Community Physiotherapy Department of Maaer's Physiotherapy along organized a Health talk on the occasion of World Cancer Day on 5 th February 2024. Health talk was given by Shruti Brahme (Intern) explaining the Cancer and its causes, symptoms. She also explained about different types of cancer such as Breast cancer, Cervical cancer, etc. Then the benefits of exercise and the preventive measures to be taken was explained by Dr. Ashima (MPT-1). Then thank you speech was given and the talk was concluded.
5.	World Obesity Day	Assessment camp on the occasion of World Obesity Day	Community Physiotherapy Department	16/02/2024 11:00 am to 1:00 pm	Urban Health Centre, Talegaon Dabhade	01	34	The Community Physiotherapy Department of Maaer's Physiotherapy along with the Community Medicine department of MIMER medical college and HOPE Foundation organized an obesity assessment camp on the occasion of World Obesity Day on 16 th February 2024. Awareness talk was given by Dr. Ashlesha (community medicine department) about the health risks of obesity and importance of balanced diet, followed by Dr. Sakshi Deshmukh (MPT1) explaining about Obesity, its causes and negligence among the female population and symptoms, and strategies to maintain optimum weight. Assessment session was started from 11:30 in which Pap smear test, blood test and screening for obesity was done. Demonstration of exercises and nutritional advice was started simultaneously. Then thank you speech was given and the talk was concluded.

б	Chhatrapati Shivaji Maharaj Jayanti	Cultural program	Students Council	19th February 2024 Monday 11:00 am	MIMER Medical College Porch	01	teachers	On occasion of Chhatrapati Shivaji Maharaj Jayanti the student council of MAEER MIT Pune's Physiotherapy College organized a cultural program on 19 th February 2024. This program started with outstanding speeches by students depicting the greatness of Maratha Warrior King, Chhatrapati Shivaji Maharaj. This was followed by group singing by the students. the whole environment was filled with pride on this day.
7.	Disability day	Multispecialty Medical Camp	Neuro physiotherapy Department of MAEER MIT PUNE'S Physiotherapy College		MIMER Medical College	01		Under the policy of Inclusive education through Samagra Shiksha Abhiyan MIMER Medical college and MAEER's Physiotherapy College in association with Panchayat Samiti conducted a free medical health checkup plan for the children with disabilities. 2 MPT Students and 1 faculty member is provided for the camp. Around 13 children were evaluated and treated for various disabilities like Cerebral Palsy, Infantile Hemiparesis, Down's syndrome, Multiple sclerosis by the physiotherapist.
8.	Marathi Bhasha Divas	Cultural program	Students Council	2024, Tuesday	Electrotherapy Core Lab, 2 nd Floor, Dr BSTR Hospital	01		On occasion of Marathi Bhasha Divas, the 3rd year BPTH students organized a cultural event to celebrate the richness of Marathi language and culture. The 1 st year and 4 TH year BPTH students performed group singing, duet singing, solo singing in Marathi language. 1 st year & 3 rd year BPTH students gave speech on the importance of Marathi language. 3 rd year BPTH students performed skit on importance of preserving Marathi language and being proud of it. The teachers came in traditional Marathi attire and everyone looked beautiful, wearing beautiful chandrakors. The event was organized under the supervision of Dr Snehal Ghodey ma'am and Dr Sayli Paldhikar ma'am; facilitated by Dr Ramya Shetty.

9.	Campus Interview	Online interview process	Placement cell MAEER's Physiotherapy College	9/3/23 1:30pm	MPT classroom 2 nd floor MAEER's Physiotherapy College	01	08	Dr Dipti Shah (neuro physiotherapist) Sneh Pediatric Rehabilitation discussed with Dr Snehal Ghodey Principal MAEER'S Physiotherapy College & Dr Bindu Sarfare for the permission to conduct campus interview for interns. They had emailed their online interview schedule for 9th March 2024 at 2:00 pm. Dr Sumitra introduced Dr. Dipti Shah. 8 interns attended the lecture on introduction and working process of Sneh Pediatric rehabilitation center Mumbai. Interns gave interview one to one basis which were conducted by Dr Dipti. She also gave them an overview of other courses available. The selected candidates name will be mailed to Principal.
10.	Campus Interview	Online interview process for candidates	Placement cell MAEER's Physiotherapy College	13/3/23 2:00pm	B.P.Th Classroom, 2 nd Floor, MAEER's Physiotherapy College	01	08	New Horizon conducted an online interview on 15th march 2024 at 2pm. 8 interns attended the campus placement. Dr Madura Dr Shagufta and HR A team of 3 people were present. Dr Sumitra welcomed everyone and introduced the team of NEW HORIZON. Dr Madhura gave an overview of the process of working of New Horizon and their branches. Dr Shagufta Alumna also spoke about her experience of working in New Horizon. one to one interview was conducted online for 8 candidates. Dr Madhura will email the list of chosen candidates to the principal. The session ended on a positive note.

1	1. Campus Interview	Online interview process for candidates	Placement cell MAEER's Physiotherapy College	1	MPT Classroom, 2 nd Floor, MAEER's Physiotherapy College	1	33	Dr. Shagun Gala a physiotherapist at Healyos Home Care, discussed with Dr. Snehal Ghodey Principal MAEER'S Physiotherapy College & Dr. Bindu Sarfare for the permission to conduct campus interview for outgoing interns. They had e-mailed their interview schedule for 13 th March 2024 at 12:30pm. Dr Bindu Sarfare introduced Dr. Shagun Gala. 33 interns attended an interactive session on the introduction, working process of Healyos and clinical applications in various conditions. Interns interested to give interview filled out an offline form. A one to one interview was conducted by Dr. Shagun Gala, Dr Faisal and 2 others . The selected candidates name will be mailed to the principal.
1	2. Pinkathon	3 km marathon for females	Department of Musculoskeletal Physiotherapy.	31 st March, 2024 7 am	Maruti mandir Chowk, Talegaon Dabhade		Total no of participants: 800 Beneficiaries: 37	Pinkathon is a 3.5 km marathon event which was organized by Rotary Club of Talegaon Dabhade. The members of the club approached Dr. Snehal Ghodey, Principal, MAEER MIT Pune's Physiotherapy college and Dr. Bindu Sarfare, Professor Department of musculoskeletal Physiotherapy a week prior to the event seeking physiotherapy medical support during the event. Total 4 physiotherapists were appointed for the marathon. They reported at Maruti mandir Talegaon at around 6: 30am where they were provided with the required materials and first aid kits. The marathon started at 7: 15am. There were 2 physiotherapists in the ambulance for any assistance for injury during the marathon.2 physiotherapists were appointed at the end point of the marathon. There were more than 800 participants for the event. Out of which 37 individuals were benefitted by physiotherapy service. Common injuries found were calf cramps, Ankle sprain, Hamstring Strain & fall during marathon. Treatment provided was Icing, stretching, wound dressing & bandaging.

13	World Parkinson Day	Critical appraisal of recent advances of journal article on Parkinson disease & evidence based practice	7 13	4 th year classroom and Neuro Physiotherapy OPD		12 PG Students	The Parkinson's day was celebrated with a critical appraisal of recent advances of journal article on Parkinson's disease & presentation of evidence-based practice activity. The topics were divided amongst 1 st year and 2 nd year PG students. The 1 st year PG students presented the journal club on Parkinson's disease. The 2 nd year PG students demonstrated the evidence-based practice and techniques used in the rehabilitation of these patients. This session ended with a good initiative and interaction in students with enhancement of knowledge on recent advances.
14	WORLD CLUB FOOT DAY	Social awareness video	Department of Musculoskeletal Physiotherapy, MAEER MIT Pune's physiotherapy College, Talegaon Dabhade.	Online	-	General population	MAEER MIT Pune's physiotherapy College, Talegaon Dabhade celebrated World Club Foot Day 2024 by creating awareness about club foot, early diagnosis and importance of physiotherapy rehabilitation via informative video. This video was posted on social media account of college and on WhatsApp status of all staff members and students of Musculoskeletal Physiotherapy department on 3 rd June 2024.

15	International Yoga Day	Health Talk & Yoga demonstration along with its benefits	Department of Community Physiotherapy,	21st June 2024, 11:00 am to 12:00 pm	Urban Health Center, Talegaon Dabhade	01	The Community Physiotherapy Department of MAEER MIT PUNE's Physiotherapy College Talegaon Dabhade organized a Health talk & yoga demonstration on the occasion of International Yoga Day on 21 st June 2024. A health talk was given by Dr. Sonal Biyani (MPT-2) explaining the importance of yoga and its benefits on health. Later the yoga poses were demonstrated by Priyanka Sirsewad (Intern) such as standing yoga (Tadasana, Vrikshasana), supine yoga (Halasana, Pawanmuktasana), sitting yoga (Gomukhasana, Paschimottanasana) and prone yoga (Dhanurasana, Bhujangasana). Along with the demonstration the benefits of each yoga pose were explained.
16	International Yoga Day	Health Talk & Yoga demonstration along with its benefits	Department of Community Physiotherapy,	21 st June 2024, 11:00 am to 12:00 pm	Rural Health Center, Talegaon Dabhade	01	The community physiotherapy department of MAEER MIT PUNE's physiotherapy college Talegaon Dabhade organized a Health Talk and Yoga demonstration event on the occasion of International Yoga Day. Our 1 st year Mpt student Dr. Snehal Sharma gave a health talk mentioning this year's theme of Yoga Day, the history of starting International Yoga Day, and the benefits of regular practice of yoga. Further, our intern Harshal Patel demonstrated the yoga poses in supine, prone, standing, and sitting with instruction. The benefits of each pose were also described while performing the poses.

Shiv- Rajyabhishek	Cultural programme		2024	MIMER Medical College Porch	All students & teachers	On occasion of Chhatrapati Shivaji Maharaj Rajyabhishek Divwas, the student council of MAEER MITPune's Physiotherapy College organised a cultural programme on 19 th February 2024. This programme started with outstanding speeches by students depicting the greatness of Maratha Warrior King, Chhatrapati Shivaji Maharaj. This was followed by group singing by the students.
MUHS Foundation Day	Gathering for flag unfurling	Administration	10/0//0001	1 st floor office bldg., MIMER Medical College	All students and teachers	On occasion of MUHS foundation day 2024, the teachers of MAEER MIT punes physiotherapy college and MIMER Medical college gathered for unfurling of MUHS flag followed by anthem. It was a proud moment for everyone to be a part if this esteemed university.

Alumni Activity	"Different	2024	Guest lectur with PP' Presentation and Question /Answer Session along Online for alumn on zoom	r n	93 participants joined us online	The Guest lecture was organized on 26 th June 2024 at 9:30 am to 10:30 am. The ZOOM link was shared with the Alumnus along with the flyer. The Alumni association activity was started with welcome by Dr Sumitra Sakhawalkar member Students Alumni Association giving a brief Outline about the formation of Alumni Association and its activities of the past 2 years and about the Alumni meet organized in 2019. Then Dr Bindu Sarfare Member secretary Students Alumni Association introduced the speaker for the Guest lecture our own Alumna Dr Namrata Navge. She started her lecture by introducing herself with her hobbies and her family. She then showed a career graph of her plans for future goals for herself. her lecture emphasized on different career pathways, different healthcare schemes and government policies in USA. Dr Namrata shared via PPT presentation the insight on education skills sets, data analysis and use of AI in patient care. This was followed by Question Answer session with Dr Namarata clearing the doubts of young physiotherapy students. The session ended with E-memento and E-certificate as a token of appreciation. Vote of thanks given by Dr Sumitra Sakhawalkar.
Speech for Ergonomics for nursing	Guest Lecture		Sushrut hall, firs floor, MIMEI Medical College Talegaon Dabhade	31	100	On occasion of nurses week, nursing faculty invited Dr. Nitin Nikhade & Dr. Anuradha Sutar to deliver a lecture on physical fitness and ergonomics for nurses. In which they have explained the what are the principles of ergonomics and how you can implement in your day to day life. What are the modification can be done and how they can manage their posture during their shifts has been discussed, later on nurses asked about low back pain and lower limbs pain due to prolonged standing, speaker gave idea about causative factors of pain and gave advised about modified postural correction to prevent these type of pain along with work station exercises

	(Adopted Village)	Mango,	MAEER MIT Pune's Physiotherapy	18 th June 2024 (To celebrate World Environment Day), 10:00 am to 1:00 pm	Z. P. Primary School campus and Grampanchayat Sate , Tal- Maval	01	15	NSS Unit, MAEER MIT Pune's Physiotherapy College, Talegaon Dabhade conducted tree plantation on 18 th June 2024 to celebrate World Environment Day. More than 30 plants of different varieties such as Mango, Guava, Pomegranate, Chiku, Jamun etc. Were planted by NSS Volunteers at Z. P. Primary school campus and Gram panchayat Sate village. Mrs. Varsha Navghane, Sarpanch Grampanchayat Sate and other members of Grampanchayat were present to grace the occasion. Sarpanch Sate village assured us to take care of the plants till they grow nicely. Photographs of the event were taken and students returned to college at around 12:30 pm.
17	1	Free Physiotherapy evaluation and treatment of village people	NSS		Vitthal Rukmani Mandir, Grampanchayat Navlakh Umbre Tal- Maval, Dist Pune	07	25 NSS Volunteer	Self-Financed NSS Unit of MAEER's Physiotherapy College, Talegaon Dabhade conducted NSS special camp from 1 st to 7th July 2024 at Navlakh Umbre village. A total 25 NSS Volunteers from final year actively participated in this special camp. Prior permission was taken from the Sarpanch of Navlakh Umbre village to conduct NSS special camp. After discussing with other members of Grampanchayat, Sarpanch decided the multipurpose hall of Vitthal Rukmani mandir as venue of the camp. On the first day of the camp, inauguration was done by Mr. Rahul Shete, Vice Sarpanch of Navlakh Umbre. Dr. Nitin Nikhade, NSS Program officer briefed about the Purpose of camp and the benefits of physiotherapy treatment to the villagers. Total 89 patients were evaluated and treated during the special camp by the NSS volunteers. Most of the patients were diagnosed with OA knee, Frozen Shoulder, Mechanical Low back pain, Cervical & Diabetes & Diabete

Multi-diagnostic health camp at Brahmanwadi	Free Physiotherapy evaluation and treatment of village people	Department of Community Physiotherapy in association with Community Medicine		Zilla parishad school Brahmanwadi 9am to 1pm	01	164 patients	As part of the family adoption programme for batch 2022, a Diagnostic Health camp was arranged in village Brahmanwadi on 19th July 2024 in association with the community medicine department, MIMER Medical College, Talegaon Dabhade The focus of the camp was nutrition and screening of diet-related non-communicable diseases. Camp included specialists from Medicine (2) department, Paediatrics (2), Dieticians (1) & community physiotherapists (4), and residents. In this health camp, we have screened for childhood obesity, and obesity evaluation for adolescent girls, boys, and adults too. We arranged a health talk on menstrual hygiene and sanitation for adolescent girls, Dr Ashlesha briefed the need for menstrual hygiene and what are the different measures of sanitation. Doubt-solving session conducted by Dr.Shyamli Kulkarni & Dr. Astha Sharma. A total of 164 patients were screened for obesity. Out of 164 - adult patients 80 and around 80-90 were school-going childrens, 37 school-going childrens are underweight 5 are overweight and obese, remaining 38 students were normal. Considering the adult age group almost all adults are overweight and obese. Along with this obesity screening other health stations were made where blood tests were done and primary medicines were distributed to the people. And few patients were referred to the BSTRH for further investigation. With the great response from brahmanadi, we ended the camp by 1.20 pm.
Guru-pornima Celebration	Students activity	Student council	19/08/24	Cardio OPD, MAEERs Physiotherapy college	01	125	Along with this obesity screening other health stations were made where blood tests were done and primary medicines were distributed to the people. And few patients were referred to the BSTRH for further investigation. With the great response from brahmanadi, we ended the camp by 1.20 pm.

Breastfeeding week (1st august to 7th august)	Health talk	Department of Community Physiotherapy in association with Community Medicine	Urban Health Centre, Talegaon Dabhade	01	12	The Community Physiotherapy Department of MAEER's Physiotherapy college along with Community Medicine Department organized Health talk on the occassion of World Breastfeeding Week on 1st August 2024. Programme started with an Inauguration, Introductory speech was given by MBBS Intern who talked about why do we celebrate breast feeding week. How we are supposed to make awareness regarding the same. Later on the speech followed by the other student who explained the exclusive breastfeeding and its various uses to mothers and infant. Dr. Sonal Biyani (MPT-2) explained and demonstrated the different positions for breastfeeding such as sidelying, craddle, cross craddle and football positions. Also explained the proper latching method, while latching what should be the position of baby and mother hold. Later on she explained how to express the breast milk and how to store for shorter and longer period. Then the doubt solving session conducted by Dr. Shyamli, in which she gave idea about golden hour breastfeeding. Different cues for babies if they are hungry and understanding the patterns of feeding and if baby is getting proper breast milk and not.
Breastfeeding week	Health talk	Department of Community Physiotherapy in association with Community Medicine	Dal Ali, Talegaon Dabhade	01	07	The Community Physiotherapy Department of MAEER's Physiotherapy along with Community Medicine Department organized an Health talk on the occassion of World Breastfeeding Week on 2 nd August 2024. Health talk was given by Dr. Anuja Khadilkar (Staff) and Shivani Shende (Intern) explaining about the importance of breastfeeding and the different positions for breastfeeding such as sidelying, craddle, cross craddle and football positions. Also the proper latching method was explained and demonstrated. Later on how to express the breast milk and how to store it in correct way was explained. Also the ergonomics of breastfeeding was explained. Then the health talk was concluded by giving thank you speech.

Breastfeeding week	Health talk	Department of Community Physiotherapy in association with Community Medicine		Brahminwadi, Talegaon Dabhade	01	15	The Community Physiotherapy Department of MAEER's Physiotherapy along with Community Medicine Department organized an Health talk on the occassion of World Breastfeeding Week on 2 nd August 2024. Health talk was given by Dr. Sonal Biyani (MPT-2) explaining about the importance of breastfeeding and the different positions for breastfeeding such as sidelying, craddle, cross craddle and football positions. Also the proper latching method was explained and demonstrated. Later on how to express the breast milk and how to store it in correct way was explained. Then the health talk was concluded by giving thank you speech.
Breastfeeding week		Department of Community Physiotherapy in association with Community Medicine		Jijamata Chowk, PHC, Talegaon dabhade	01	11	The Community Physiotherapy Department of MAEER's Physiotherapy College along with Community Medicine Department organized Health talk on the occasion of World Breastfeeding Week on 3rd August 2024. Dr. Sayali (MPT1), Shivani Shende (Intern) explaining about the importance of breastfeeding and the different positions for breastfeeding Also, the proper latching method was explained and demonstrated. Later, how to express the breast milk and how to store it in correct way was explained. Also, the ergonomics of breastfeeding was explained.
Bone and Joint Day	Appraisal of an Article on Bone and Joint Day	MAEER MIT Pune's Physiotherapy College (Dept. of Musculoskeletal physiotherapy).	4/08/24	MPT Classroom, 2 nd Floor, MAEER's Physiotherapy College	1	12 MPT students	MAEER MIT PUNE's physiotherapy college Department of Musculoskeletal Physiotherapy Talegaon Dabhade conducted a competition of critical appraisal of an article for postgraduate students on National Bone and Joint Day on 4 th August 2024. All the students were given an article published in the International Journal of Physical Education, Sports, and Health for doing the critical appraisal. Timing of 40 minutes for the competition will be given. A total of 12 participants take part in the competition. All the participants were given certificates for their participation.

Breastfeeding week	Health talk	Department of Community Physiotherapy in association with Community Medicine	Sate Anganwadi, Talegaon		23	The Community Physiotherapy Department of MAEER's Physiotherapy college along with Community Medicine Department of MIMER Medical College organized Health talk on the occasion of World Breastfeeding Week on 5 th August 2024. Health talk was given by Dr. Ashlesha Maam and Dr. Sayali (MPT1) explained about the importance of breastfeeding and the different positions. Also, the proper latching method was explained and demonstrated. Later, how to express the breast milk and how to store it in correct way was explained. Also, the ergonomics of breastfeeding was explained.
Breastfeeding week	Health talk	Department of Community Physiotherapy in association with Community Medicine	Sudumbre, RHC, Talegaon	01	12	The Community Physiotherapy Department of MAEER's Physiotherapy along with Community Medicine Department organized Health talk on the occasion of World Breastfeeding Week on 5 th August 2024. Health talk was given by Shivani Shende (Intern) explaining about the importance of breastfeeding and the different positions for breastfeeding such as side lying, craddle, cross craddle and football positions. Also the proper latching method was explained and demonstrated. Later on how to express the breast milk and how to store it in correct way was explained. Also the ergonomics of breastfeeding was explained. Then the health talk was concluded by giving thank you speech.
Breastfeeding week (1 st august to 7 th august)	Health talk	Department of Community Physiotherapy in association with Community Medicine	Neelkanth Nagar., Talegaon Dabhade	01	14	The Community Physiotherapy Department of MAEER's Physiotherapy along with Community Medicine Department organized a Health talk on the occasion of World Breastfeeding Week on 7th August 2024. Health talk was given by Shivani Shende (Intern) explaining about the importance of breastfeeding and the different positions for breastfeeding such as side lying, cradle, cross cradle and football positions. Also, the proper latching method was explained and demonstrated. Later on, how to express the breast milk and how to store it in correct way was explained. Also, the ergonomics of breastfeeding was explained. Then the health talk was concluded by giving thank you speech.

Kalyani Maxion	C TIC IDC	Department of Community Physiotherapy	08/08/24	Kalyani Maxion Wheels Pvt Ltd., MIDC Chakan, Pune	1		Dept. of Community Physiotherapy, MAEER's Physiotherapy College, Talegaon Dabhade conducted an Industrial visit for final year B.P.Th and PG students on 8th August 2024. All 45 UG students and 16 PG students visited the Kalyani Maxion Wheels Pvt. Ltd. Manufacturing unit at MIDC Chakan. A gate pass was taken from the security cabin at the entrance. The stickers were applied to mobile camera as photos were not allowed inside the factory. After reporting to the HR office Mr. Rahul Nimbalkar, Supervisor from the Engineering department accompanied students to show the different manufacturing units of the factory. All the students observed each workstation of various departments and evaluated their work environment, working postures, repetitive activities, and manual material handling by the workers. All the students were asked to score REBA or RULA scales for assessing risk factors of musculoskeletal injuries at each workstation. Then the students were asked to suggest some workstation modifications and workstation exercises for the same. After the visit to the manufacturing and storage unit; students were asked to assemble in the canteen, and tea was served to all the students. At the end, group photographs were taken at the exit gate.
Breastfeeding week	Health talk	Department of Community Physiotherapy in association with Community Medicine		Jambhul Anganwadi, Talegaon Dabhade	01	12	The Community Physiotherapy Department of MAEER's Physiotherapy College along with the Community Medicine Department of MIMER Medical college has organized an Health talk on the occasion of World Breastfeeding Week on 9 th August 2024 in Jambhul Anganvadi. Physio intern and PG demonstrated the different breastfeeding positions & appropriate latching techniques. Later, procedure for expression of breast milk has been explained. How to massage breast prior expressing milk demonstrated on breast model and how to store it in correct way was explained. Also, the ergonomics of breastfeeding was explained. Then the health talk was concluded by giving thank you speech.

		Multispeciality Medical Camp for the beneficiaries Kamayani's SJUK and Navkshitij		of 09/08/24	MIMER Medical College and Neuro physiotherapy department of MAEER MIT PUNE'S Physiotherapy College	01	11	MIMER Medical college and MAEER's Physiotherapy college had organised a Multispeciality camp for Kamayani's SJUK and Navkshitij on 9 th August 2024. There were 2 PG students appointed for free check up and treatment. Various health conditions were assessed which primary includes Seizures disorder, Hemiplegia, Low back ache, B/L Knee pain, Mental retardation etc. For all conditions demonstration and importance of exercises were explained to the patient individually. Total 11 patients were evaluated and treated by the physiotherapy team. Our team has also referred the patients to the orthotic and prosthetic department.
V A	Educational Visit to Artificial Limb Centre	Educational visit arranged for Final year UG students & 2 nd year PG students	Department Community Physiotherapy	of 22/08/24	ALC, Wanorie	01	57	Dept. of Community Physiotherapy, MAEER's Physiotherapy College, Talegaon Dabhade conducted an Educational visit for final year B.P.Th and PG students on 22 nd August 2024. All 45 UG students and 17 PG students visited the Artificial Limb Centre at Wanorie, Pune. A gate pass was taken from the security cabin at the entrance. After reporting to the office Dr. Neeta Mishra (PT) she took the students to conference hall & gave brief idea about ALC & gave orientation to the students. students were divided into 2 batches. Then we visited orthotic & prosthetic department where she showed all the different types of orthosis & prosthesis along with that she explained in her OPD which orthosis & prosthesis are more preferred and which are biomechanically more convenient. After that they took all the students to workstation area where Mr Rahul sir showed how the measurements are taken, how orthosis & prosthesis are made, how they evaluate for the same. Students visited different workstations and asked their queries to respected workstation in charge. Students visited Gait lab, Dr. nita Mishra demonstrated how they evaluate gait on stabilometery- gait analysis instrument which includes the evaluation of foot pressure, posture & gait. Along with that Inclined parallel bar Instrument seen by the students. Later on Dr. Reddy, Orthotic Surgeon had an interactive session with the all UG & PG students,

				where they talked about role of physiotherapy in case of amputation & how we should treat patient collaboratively. He asked students regarding ambulation & rehabilitation. He also explained about how they trained the patients for paralympics.
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CME/ Workshop by different departments of Physiotherapy

	Sr No	Name Of the Workshop	Resource person	Organizing Dept.	Date and Time	Venue	Local/State/National/International	No of days	No Of Participants	A brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)
1		Tuberculosis Day	Topic: Prevention of Tuberculosis			Sushrut hall, 1 st floor, Dr BSTR Hospital OPD building	Local	01	63	On account of World tuberculosis day, the department of Cardiovascular and Respiratory Physiotherapy organized an informative lecture on prevention and cure of Tuberculosis. Dr Nitin Gaikwad (Deputy Medical Superintendent, Professor & HOD) and Dr Sandhya (Consultant, Dept of Pulmonology) delivered lecture on adherence to DOTS and importance of cough etiquettes in India. Dr Ramya Shetty coordinated the event under the supervision of Dr Snehal Ghodey (Principal) and Dr Varoon Jaiswal (Professor & HOD)
2		methodology workshop	D.R.Basnnar S.L Jadhav Dr.Yogini Kulkarni Dr.Madhura Ashturkar Dr. D.B Gopalghare Dr.Swati Raje		To 08/03/24	MIMER MEDICAL COLLEGE TALEGAON DABHADE	LOCAL	03	29	Reserch bmethodology workshop was arranged for PG students. Total 6 resourse person conducted the workshop. according to the curriculum of the workshop, pre and post test contained 30 MCQ questions. Average percent score of the pre-test was 36 percent Average % score of the post-test was 62 percent resulting into 26 % positive change in the scores. Lectures and group activities were conducted on Study designs, Critical

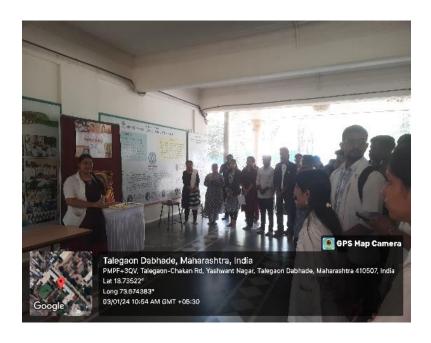
									analysis of journal article and ethical issues in research was very informative. The Literature search and Open epi software was best part in this workshop. Group activities were interactive and nicely conducted.
3	Basic Life Support	(Dept Anesthesia)	Department of Cardiovascular and Respiratory Physiotherapy	26/04/2024	Skill lab 3 rd FLOOR, MIMER Medical College, Talegaon Dabhade	Local	01	48	
4		Parveen	Department of Community Physiotherapy	То	4^{th}	State	02		Certified Antenatal & postnatal Exercise Specialist workshop for 2 days arranged by MAEERs Physiotherapy College, for PG students & clinical practitioner. Workshop started with the introductory speech by Dr. Anuja & Dr. Shyamli, then Dr. shagufta started the theoretical part of workshop basic information regarding ANC & PNC and later on started with the demonstration of exercises performed according to the trimester along with biomechanical alteration & clinical implication of those exercises. Day 2 started with the topic like diastasis recti management & labor coping strategies. In between the whole workshop exercises performed on patients & patient centered approach,

			case study & quick do sessions conducted.	ubt

Geo tagged photos:

SAVITRBAI PHULE JAYANTI:







NATIONAL VOTERS DAY:



NATIONAL REPUBLIC DAY:







WORLD CANCER AWARNESS DAY:





WORLD OBESITY DAY:





CHHATRAPATI SHIVAJI MAHARAJ JAYANTI:







MARATHI BHASHA DIVAS:







NEW HORIZON:



HEALYOS HOME CARE:









DISABILITY DAY:







PINKATHON:





PARKINSONS DAY





INTERNATIONAL YOGA DAY (AT UHC)







International Yoga Day (at RHC)

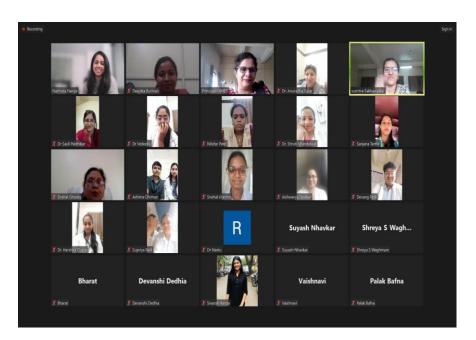








ALUMINI ACTIVITY









NSS SPECIAL CAMP – NAVLAKH UMBRE









MULTISPECIALITY MEDICAL CAMP AT KAMAYANI





BONE AND JOINT DAY





BREASTFEEDING WEEK AT UHC (1ST AUGUST)



BREASTFEEDING WEEK AT DAL ALI (2ND AUGUST)







BREASTFEEDING WEEK AT BRAHMANWADI (2ND AUGUST)





BREASTFEEDING WEEK AT JIJAMATA CHOWK (3RD AUGUST)











BREASTFEEDING WEEK AT ANGANWADI NO 3 GANESH NAGAR SUDUMBRE (5TH AUGUST)





BREASTFEEDING WEEK AT DABHADE ALI (5TH AUGUST)





BREASTFEEDING WEEK AT CHIKHSALE (6TH AUGUST)



BREASTFEEDING WEEK AT MARUTI NAGAR (7TH AUGUST)





BREASTFEEDING WEEK AT MARUTI NAGAR (8TH AUGUST)



BREASTFEEDING WEEK AT MOHITEWADI (8TH AUGUST)







BREASTFEEDING WEEK AT AHIRWADI (8TH AUGUST)



BREASTFEEDING WEEK AT JAMBHUL (9TH AUGUST)







INDUSTRIAL VISIT AT KALYANI MAXION WHEELS



ARTIFICIAL LIMB VISIT AT WANORIE







CME & WORKSHOPS 2024

CME ON WORLD TUBERCULOSIS DAY:



RESEARCH METHODOLOGY WORKSHOP:



BASIC LIFE SUPPORT WORKSHOP 24:



CAPES WORKSHOP 2024:

