

MAEER'S Physiotherapy College, Talegaon Dabhade  
LECTURE PLAN :-1st B.P.Th Regular  
DEPARTMENT :- Fund. Of Kinesiology and Kinesiotherapy  
MONTH :April 2024  
BATCH :- Regular

MPC/Kinesio - 09/108/2024

SR.NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK ( IF APPLICABLE)	
1	Monday	01-04-2024	3-4 pm	Yoga	Small Group Discussion	Dr. Deepika			
2	Tuesday	02-04-2024	10-11 am	Relaxation	Didactic	Dr. Divyangana			
3	Tuesday	02-04-2024	11 - 12 pm	Passive movements Lower Limb	Small Group Discussion	Dr. Ramya/ Dr. Nilofer			
4	Tuesday	02-04-2024	12-1 pm	Face Massage	Small Group Discussion	Dr. Anuradha / Dr. Ramya			
5	Wednesday	03-04-2024	2-3 pm	Goniometry Upper Limb	Practical	Dr. Pournima			
6	Thursday	04-04-2024	12-1 pm	Goniometry Lower Limb	Didactic	Dr. Nilofer			
7	Friday	05-04-2024	3-4 pm	Pulleys	Didactic	Dr. Sumitra			
8	Saturday	06-04-2024	2-3 pm	Active Movement	Small Group Discussion	Dr. Nilofer			
9	Monday	08-04-2024	3-4 pm	Goniometry Upper Limb	Small Group Discussion	Dr. Pournima			
10	Tuesday	09-04-2024	Holiday						
11	Wednesday	10-04-2024	2 - 3 pm	Yoga	Small Group Discussion	Dr. Deepika			
12	Thursday	11-04-2024	12-1 pm	Village visit		Dr. Sumitra / Dr. Divyangana			
13	Friday	12-04-2024	3-4 pm	Pulleys	Didactic	Dr. Sumitra			
14	Monday	15-04-2024	3-4 pm	Yoga	Small Group Discussion	Dr. Deepika			
15	Tuesday	16-04-2024	10-11 am	Relaxation	Didactic	Dr. Divyangana			
16	Tuesday	16-04-2024	11 - 12 pm	Passive movements	Practical	Dr. Ramya/ Dr. Nilofer			
17	Tuesday	16-04-2024	12-1 pm	Massage	Practical	Dr. Anuradha /Dr. Ramya			
18	Wednesday	17-04-2024	2 - 3 pm	Goniometry Lower Limb	Didactic	Dr. Nilofer			
19	Thursday	18-04-2024	12-1 pm	Goniometry Lower Limb	Practical	Dr. Nilofer			
20	Friday	19-04-2024	3-4 pm	Pulleys	Didactic	Dr. Sumitra			

21	Saturday	20-04-2024	2 - 3 pm	Active Movement	Practical	Dr. Nilofer	
22	Monday	22-04-2024	3-4 pm	Arthrokinematics	Didactic	Dr. Sumitra	
23	Tuesday	23-04-2024	10-11 am	Passive Movements Lower Limb	Practical	Dr. Ramya / Dr. Nilofer	
24	Tuesday	23-04-2024	11 - 12 pm	Passive Movements Lower Limb	Practical	Dr. Ramya / Dr. Nilofer	
25	Tuesday	23-04-2024	12-1 pm	Force system	Didactic	Dr. Sumitra	
26	Wednesday	24-04-2024	2 - 3 pm	Goniometry Lower Limb	Practical	Dr. Nilofer	
27	Thursday	25-04-2024	12-1 pm	Goniometry Lower Limb	Practical	Dr. Nilofer	
28	Friday	26-04-2024	3-4 pm	Force system	Didactic	Dr. Sumitra	
29	Monday	29-04-2024	3-4 pm	Arthrokinematics	Didactic	Dr. Sumitra	
30	Tuesday	30-04-2024	10-11 am	Passive Movements Lower Limb	Practical	Dr. Ramya / Dr. Nilofer	
31	Tuesday	30-04-2024	11 - 12 pm	Passive Movements Lower Limb	Practical	Dr. Ramya / Dr. Nilofer	
32	Tuesday	30-04-2024	12-1 pm	Elasticity	Small Group Discussion	Dr. Sumitra	

*Bindu*  
Dr. Bindu Parfare  
Class incharge

**PROFESSOR**  
MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE,  
T. H. ... 2017



*Snehal Ghodey*  
Dr. Snehal Ghodey  
Principal

**DR. SNEHAL GHODEY**  
M.Ph.T. (Musculoskeletal)  
Principal  
MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE

**MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE, PUNE**

LECTURE PLAN :- 1st year

DEPARTMENT :- Fundamentals of Electrotherapy

MONTH :- April

YEAR :- 2024

BATCH :- Regular 2023-24

SR. NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK ( IF APPLICABLE)
1	Tuesday	02-04-2024	2-4 pm	Cryo	Didactic	Dr. Pournima	<i>[Signature]</i>	
2	Wednesday	03-04-2024	3-4 pm	Laser	Didactic	Dr. Deepika	<i>[Signature]</i>	
3	Thursday	04-04-2024	10-11 am	EMS	Didactic	Dr. Sayli	<i>[Signature]</i>	
4	Saturday	06-04-2024	10-11 am	EMS	Didactic	Dr. Sayli	<i>[Signature]</i>	
5	Saturday	06-04-2024	3-4 pm	Parafin wax bath (PCT)	Practical	Dr. Pournima	<i>[Signature]</i>	
6	Tuesday	09-04-2024	2-4 pm	EMS	Didactic	Dr. Sayli	<i>[Signature]</i>	
7	Wednesday	10-04-2024	3-4 pm	Laser (PCT)	Didactic	Dr. Deepika	<i>[Signature]</i>	
8	Thursday	11-04-2024	10-11 am	UVR	Didactic	Dr. Nitin	<i>[Signature]</i>	
9	Tuesday	16-04-2024	2-4 pm	Ultrasound	Practical	Dr. Tanpreet	<i>[Signature]</i>	
10	Wednesday	17-04-2024	3-4 pm	Wirpoolbath	Didactic	Dr. Deepika	<i>[Signature]</i>	
11	Thursday	18-04-2024	2-3pm	Wirpoolbath	Didactic	Dr. Deepika	<i>[Signature]</i>	
12	Saturday	20-04-2024	10-11 am	Wirpoolbath	Didactic	Dr. Deepika	<i>[Signature]</i>	
13	Saturday	20-04-2024	3-4 pm	TENS	Didactic	Dr. Sumitra	<i>[Signature]</i>	
14	Tuesday	23-04-2024	2-3pm	TENS	Didactic	Dr. Sumitra	<i>[Signature]</i>	
15	Tuesday	23-04-2024	3-4 pm	TENS	Didactic	Dr. Sumitra	<i>[Signature]</i>	
16	Wednesday	24-04-2024	3-4 pm	UVR	Didactic	Dr. Nitin	<i>[Signature]</i>	

Dr. Anuradha Sutar  
PROFESSOR  
DEPT. IN CHARGE  
MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE



*[Signature]*  
**DR. SNEHAL GHODEY**  
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PRINCIPAL  
MAEER'S PHYSIOTHERAPY COLLEGE