

MPC/Kinesio-01/01/2024

AEER'S Physiotherapy College, Talegaon Dabhade
 LECTURE PLAN :-1st B.P.Th Regular
 DEPARTMENT :- Fund. Of Kinesiology and Kinesiotherapy
 MONTH :January 2024
 BATCH :- Regular

SR.NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK (IF APPLICABLE)
1	Monday	01-01-2024	3-4 pm	Goniometry	Practical	Dr. Pournima		
2	Tuesday	02-01-2024	10-11 am	Starting position	Didactic	Dr. Divyangana		
3	Tuesday	02-01-2024	11 - 12 pm	Therapeutic Gym	Didactic	Dr. Bindu		
4	Tuesday	02-01-2024	12-1 pm	Massage	Didactic	Dr. Anuradha /Dr. Ramya		
5	Wednesday	03-01-2024	2-3 pm	Yoga	Practical	Dr. Deepika		
6	Thursday	04-01-2024	12-1 pm	Suspension	Didactic	Dr. Varoon		
7	Saturday	06-01-2024	9-10 am	Passive movements	Didactic	Dr. Ramya		
8	Saturday	06-01-2024	2-3 pm	Group exercises	Didactic	Dr. Priya		
9	Monday	08-01-2024	3-4 pm	Yoga	Practical	Dr. Deepika		
10	Tuesday	09-01-2024	10-11 am	Starting position	Didactic	Dr. Divyangana		
11	Tuesday	09-01-2024	11 - 12 pm	Therapeutic Gym	Didactic	Dr. Bindu		
12	Tuesday	09-01-2024	12-1 pm	Massage	Didactic	Dr. Anuradha /Dr. Ramya		
13	Wednesday	10-01-2024	2-3 pm	Goniometry	Practical	Dr. Pournima		
14	Thursday	11-01-2024	12-1 pm	Suspension	Didactic	Dr. Varoon		
15	Friday	12-01-2024	2-3 pm	Axes/ Planes	Didactic	Dr. Ramya ^{Sunitha}		
16	Friday	12-01-2024	3-4 pm	Group exercises	Didactic	Dr. Anuradha /Dr. Ramya		
17	Monday	15-01-2024	3-4 pm	Yoga	Practical	Dr. Deepika		
18	Tuesday	16-01-2024	10-11 am	Starting position	Didactic	Dr. Divyangana		
19	Tuesday	16-01-2024	11 - 12 pm	Therapeutic Gym	Didactic	Dr. Bindu		
20	Tuesday	16-01-2024	12-1 pm	Massage	Practical	Dr. Anuradha /Dr. Ramya		
21	Wednesday	17-01-2024	2 - 3 pm	Goniometry	Practical	Dr. Pournima		
22	Saturday	20-01-2024	9-10 am	Passive movements	Didactic	Dr. Ramya		
23	Saturday	20-01-2024	2 - 3 pm	Muscle Mechanics	Didactic	Dr. Parita		
24	Monday	22-01-2024	3-4 pm	Yoga	Practical	Dr. Deepika		
25	Tuesday	23-01-2024	10-11 am	Starting position	Didactic	Dr. Divyangana		
26	Tuesday	23-01-2024	11-12 pm	Therapeutic Gym	Didactic	Dr. Bindu		

28	Tuesday	23-01-2024	12-1 pm	Massage	Practical	Dr. Anuradha /Dr. Ramya	
29	Wednesday	24-01-2024	2-3 pm	Goniometry	Practical	Dr. Pournima	
30	Friday	26-01-2024	2-3 pm	Suspension	Practical	Dr. Varoon	
31	Friday	26-01-2024	3-4 pm				
32	Monday	30-01-2024	3-4 pm				
33	Tuesday	31-01-2024	10-11 am	Yoga	Practical	Dr. Deepika	
34	Tuesday	31-01-2024	11 - 12 pm	Starting position	Didactic	Dr. Divyangana	
35	Tuesday	31-01-2024	12-1 pm	Therapeutic Gym	Didactic	Dr. Bindu	
				Massage	Practical	Dr. Anuradha /Dr. Ramya	

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Dr. Divyangana

Dr. Bindu

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Priya Chitre
incharge

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Dr. Snehal Ghodey
Principal

PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
DAKSHIN

DR. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal
MAEER'S PHYSIOTHERAPY COLLEGE
DAKSHIN



MPC/Electro - 01/01/2024

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE, PUNE

LECTURE PLAN :- 1st year
DEPARTMENT :- Fundamentals of Electrotherapy
MONTH :- January
BATCH :- Regular 2023-24

YEAR :- 2024

SR. NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK (IF APPLICABLE)
1	Tuesday	02-01-2024	2-3pm	SWD	Didactic	Dr. Nitin	<i>[Signature]</i>	
2	Tuesday	02-01-2024	3-4 pm	IR	Practical	Dr. Anuradha	<i>[Signature]</i>	
3	Wednesday	03-01-2024	3-4 pm	Superficial Heat	Didactic	Dr. Deepika	<i>[Signature]</i>	
4	Saturday	07-01-2024	10-11 am	Ultrasound	Didactic	Dr. Tanpreet	<i>[Signature]</i>	
5	Saturday	07-01-2024	3-4 pm	Ultrasound	Didactic	Dr. Tanpreet	<i>[Signature]</i>	
6	Tuesday	09-01-2024	2-3pm	Shock, Wiring of houses	Didactic	Dr. Ramya	<i>[Signature]</i>	
7	Tuesday	09-01-2024	3-4 pm	IR	Practical	Dr. Anuradha	<i>[Signature]</i>	
8	Wednesday	10-01-2024	3-4 pm	SWD	Didactic	Dr. Nitin	<i>[Signature]</i>	
9	Tuesday	16-01-2024	2-3pm	Ultrasound SWD	Didactic	Dr. Nitin	<i>[Signature]</i>	
10	Tuesday	16-01-2024	3-4 pm	HCP	Didactic	Dr. Deepika	<i>[Signature]</i>	
11	Wednesday	17-01-2024	3-4 pm	Parafin wax bath	Didactic	Dr. Pournima	<i>[Signature]</i>	
12	Saturday	20-01-2024	10-11 am	Parafin wax bath	Didactic	Dr. Pournima	<i>[Signature]</i>	
13	Saturday	20-01-2024	3-4 pm	Ultrasound	Didactic	Dr. Tanpreet	<i>[Signature]</i>	
14	Tuesday	23-01-2024	2-3pm	Ultrasound	Didactic	Dr. Tanpreet	<i>[Signature]</i>	
15	Tuesday	23-01-2024	3-4 pm	HCP	Didactic	Dr. Deepika	<i>[Signature]</i>	
16	Wednesday	24-01-2024	3-4 pm	Parafin wax bath	Didactic	Dr. Pournima	<i>[Signature]</i>	
17	Tuesday	30-01-2024	2-3pm	Parafin wax bath	Didactic	Dr. Pournima	<i>[Signature]</i>	
18	Tuesday	30-01-2024	3-4 pm	IR	Practical	Dr. Pournima	<i>[Signature]</i>	
19	Wednesday	31-01-2024	3-4 pm	Basic Physics test	competancy building	Dr. Ramya	<i>[Signature]</i>	

Dr. Anuradha Sutar
DEPT. IN-CHARGE
PROFESSOR

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