



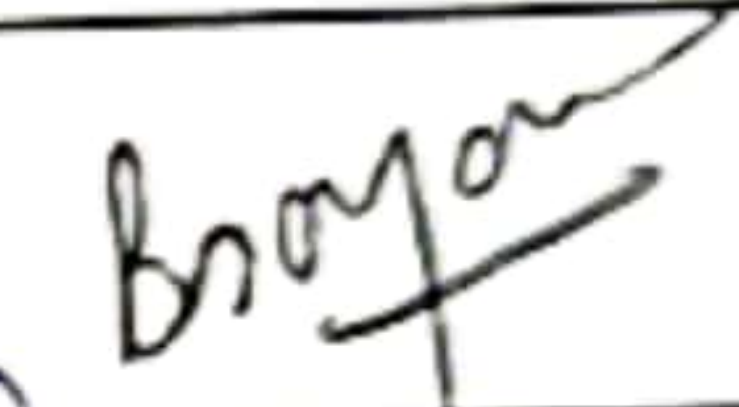
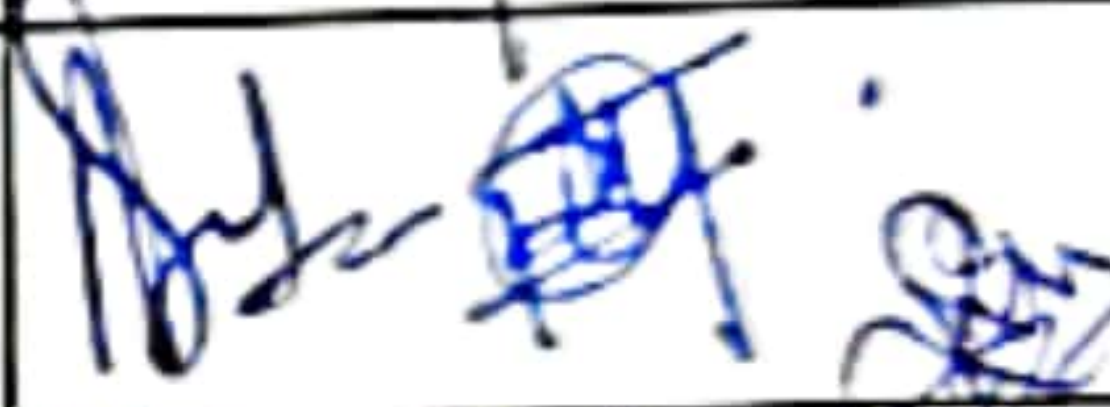


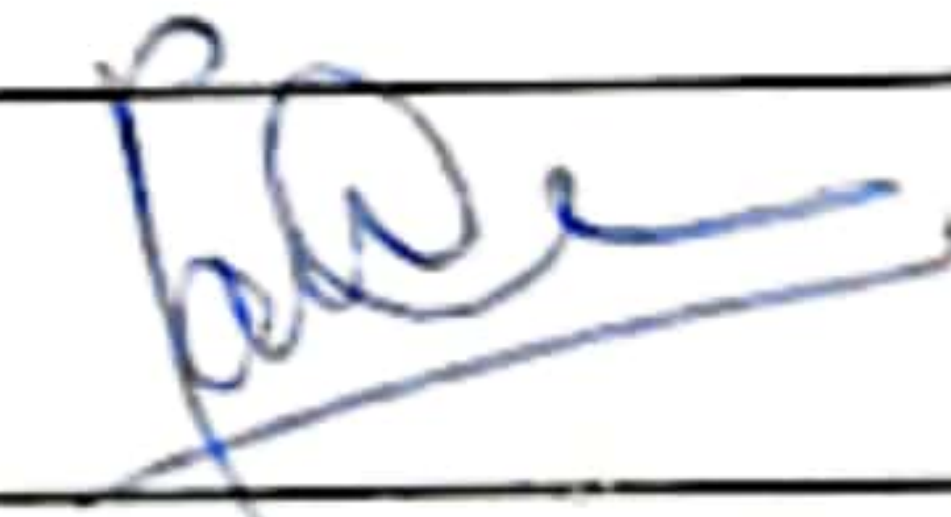
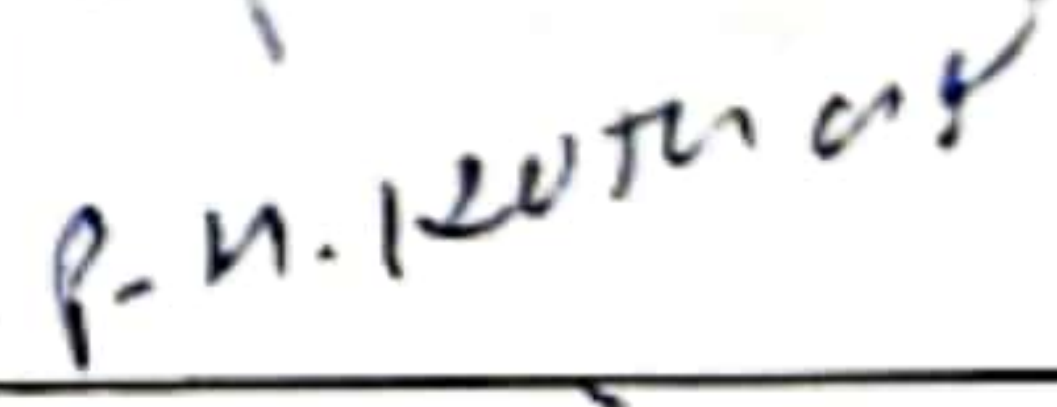
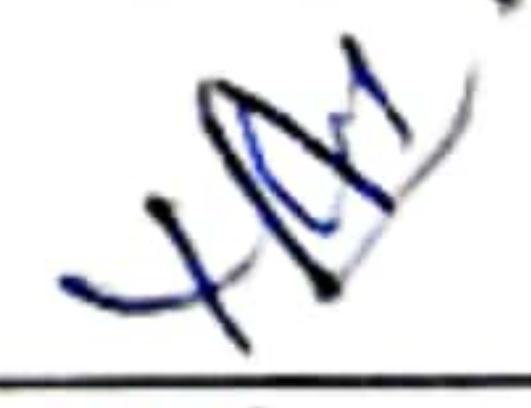




MAE'S Physiotherapy College, Talegaon Dabhade
 LECTURE PLAN :-1st B.P.Th Regular (Winter 2025)
 DEPARTMENT :- Fund. Of Kinesiology and Kinesiotherapy
 MONTH : Jan 2025

MPC/ Kinesio 2B / 564 / 2024

SR.NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK (IF APPLICABLE)
1	01-01-2025	Wednesday	2-3 pm	Yoga (Standing)	Didatic	Dr Deepika / Dr Bhagyashree		
2	02-01-2025	Thursday	11-12 pm	Axis and planes	Didatic	Dr Sumitra		
3	02-01-2025	Thursday	12-1 pm	Goniometry	Didatic	Dr Pournima		
4	03-01-2025	Friday	9-10 am	Muscle mechanics	Didatic	Dr Parita		
5	04-01-2025	Saturday	9-10 am	Classifcation of movements	Didatic	Dr Nilofer		
6	04-01-2025	Saturday	2-3 pm	Passive Movements	Didatic	Dr Ramya		
7	06-01-2025	Monday	3-4 pm	Passive Movements	Didatic	Dr Ramya/Dr Nilofer		
8	07-01-2025	Tuesday	10-11 am	Active Assiss	Didatic	Dr Nilofer		
9	07-01-2025	Tuesday	11-12 am	Therapeutic Gymnasium	Didatic	Dr Bindu		
10	07-01-2025	Tuesday	12-1 pm	Soft Tissue Manuevers	Didatic	Dr Anuradha Dr. Ramya/Dr Chyandee		
11	08-01-2025	Wednesday	2-3 pm	Yoga (meditatitve postures)	Didatic	Dr Deepika / Dr Bhagyashree		
12	09-01-2025	Thursday	11-12 pm	Axis and planes	Demonstration	DrSumitra		
13	09-01-2025	Thursday	12-1 pm	Goniometry	Didatic	Dr Pournima		
14	10-01-2025	Friday	9-10 am	Muscle mechanics	Didatic	Dr Parita		

15	10-01-2025	Friday	2-3 pm	Describe the concepts of Osteokinematics & Arthrokinematics and describe various examples of the same	Didatic	Dr Sumitra	
16	10-01-2025	Friday	3-4 pm	Soft Tissue Manuevers	Demonstration	Dr Anuradha Dr Ramya/Dr Nilofer	
17	13-01-2025	Monday	3-4 pm	Passive Movements	Didatic	Dr Ramya/Dr Nilofer	
18	14-01-2025	Tuesday	10-11 am	Classifcation of movements	Didatic	Dr Nilofer	
19	14-01-2025	Tuesday	11-12 am	Therapeutic Gymnasium	Didatic	Dr Bindu	
20	14-01-2025	Tuesday	12-1 pm	Soft Tissue Manuevers	Didatic	Dr Anuradha Dr Ramya/Dr Nilofer	
21	15-01-2025	Wednesday	2-3 pm	Yoga (suryanamaskar)	Didatic	Dr Deepika / Dr Bhagyashree	
22	16-01-2025	Thursday	11-12 pm	Describe the concepts of Osteokinematics & Arthrokinematics and describe various examples of the same	Didatic	DrSumitra	
23	16-01-2025	Thursday	12-1 pm	Goniometry	Didatic	Dr Pournima	
24	17-01-2025	Friday	9-10 am	Muscle mechanics	Didatic	Dr Parita	
25	18-01-2025	Saturday	9-10 am	Classifcation of movements	Didatic	Dr Nilofer	
26	18-01-2025	Saturday	2-3 pm	Passive Movements	Didatic	Dr Ramya	
27	20-01-2025	Monday	3-4 pm	Passive Movements	Didatic	Dr Ramya/Dr Nilofer	

	1-01-2025	Tuesday	10-11 am	Classification of movements	Didatic	Dr Nilofer	<i>[Signature]</i>
	21-01-2025	Tuesday	11-12 am	Therapeutic Gymnasium	Didatic	Dr Bindu	<i>[Signature]</i>
30	21-01-2025	Tuesday	12-1 pm	Soft Tissue Manuevers	Didatic	Dr Anuradha Dr. Ramya / Dr. Chhavi	<i>[Signature]</i>
31	22-01-2025	Wednesday	2-3 pm	Yoga (suryanamaskar)	Didatic	Dr Deepika / Dr Bhagyashree	<i>[Signature]</i>
32	23-01-2025	Thursday	11-12 pm	iv. Recall Newton's Laws of inertia & motion and understand their application to the human body and movements	Small group discussion	Dr Sumitra	<i>[Signature]</i>
33	23-01-2025	Thursday	12-1 pm	Goniometry	Didatic	Dr Pournima	<i>[Signature]</i>
34	24-01-2025	Friday	9-10 am	Muscle mechanics	Didatic	Dr Parita	<i>[Signature]</i>
35	24-01-2025	Friday	2-3 pm	Levers	Didatic	Dr Sumitra	<i>[Signature]</i>
36	24-01-2025	Friday	3-4 pm	Soft Tissue Manuevers	Demonstration	Dr Anuradha Dr Ramya / Dr. Chhavi	<i>[Signature]</i>
37	27-01-2025	Monday	3-4 pm	Passive Movements	Didatic	Dr Ramya / Dr Nilofer	<i>[Signature]</i>
38	28-01-2025	Tuesday	10-11 am	Classification of movements	Didatic	Dr Nilofer	<i>[Signature]</i>
39	28-01-2025	Tuesday	11-12 am	Therapeutic Gymnasium	Didatic	Dr Bindu	<i>[Signature]</i>
40	28-01-2025	Tuesday	12-1 pm	Soft Tissue Manuevers	Didatic	Dr Anuradha Dr Ramya / Dr. Chhavi	<i>[Signature]</i>
41	29-01-2025	Wednesday	2-3 pm	Yoga (pranayam)	Didatic	Dr Deepika / Dr Bhagyashree	<i>[Signature]</i>

	30-01-2025	Thursday	11-12 pm	Levers	Didatic	DrSumitra	<i>SS</i>	
43	30-01-2025	Thursday	12-1 pm	Goniometry	Didatic	Dr Pournima	<i>Pow</i>	
44	31-01-2025	Friday	9-10 am	Muscle mechanics	Small group discussion	Dr Parita	<i>P.M. Kotkar</i>	

Bindu
 Dr. Bindu Sarfare
 MAEER'S PHYSIOTHERAPY COLLEGE
 HODDGAON DARBHADE,
 PUNE-411 007



Snehal Ghodey
 DR. SNEHAL GHODEY
 M.Ph.T. (Musculoskeletal)
 Principal
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DARBHADE

MPC/Electro-01/31/2025

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE, PUNE

MPC/Electro-01/31/2025

LECTURE PLAN :- 1st year
DEPARTMENT :- Fundamentals of Electrotherapy
MONTH :- January
BATCH :- Summer 2024-25

YEAR :- 2025

SR. NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK (IF APPLICABLE)
1	Wednesday	01-01-2025	3-4 pm	Laws of Radiation	Competency Building	Dr. Sumitra	<i>[Signature]</i>	
2	Thursday	02-01-2025	09-11 am	Seminar	Competency Building	All Electro teachers	<i>[Signature]</i>	
3	Saturday	04-01-2025	10-11 am	seminar	Didactic	All Electro teachers	<i>[Signature]</i>	
4	Saturday	04-01-2025	3-4 pm	SWD	Didactic	Dr. Nitin	<i>[Signature]</i>	
5	Tuesday	07-01-2025	2-3 pm	IR	Didactic	Dr. Anuradha	<i>[Signature]</i>	
6	Tuesday	07-01-2025	3-4 pm	IR	Didactic	Dr. Anuradha	<i>[Signature]</i>	
7	Wednesday	08-01-2025	3-4 pm	HCP	Practical	Dr. Deepika	<i>[Signature]</i>	
8	Thursday	09-01-2025	09-10 am	Ultrasound	Didactic	Dr. Tanpreet	<i>[Signature]</i>	
9	Thursday	09-01-2025	10-11 am	Ultrasound	Didactic	Dr. Tanpreet	<i>[Signature]</i>	
10	Tuesday	14-01-2025	2-3 pm	SWD	Practical	Dr. Nitin	<i>[Signature]</i>	
11	Tuesday	14-01-2025	3-4 pm	SWD	Practical	Dr. Nitin	<i>[Signature]</i>	
12	Wednesday	15-01-2025	3-4 pm	HCP	Practical	Dr. Deepika	<i>[Signature]</i>	
13	Thursday	16-01-2025	09-10 am	Physiological effects of Ultrasound	Practical	Dr. Tanpreet	<i>[Signature]</i>	
14	Thursday	16-01-2025	10-11 am	Physiological effects of Ultrasound	Practical	Dr. Tanpreet	<i>[Signature]</i>	
15	Saturday	18-01-2025	10-11 am	Ultrasound	Didactic	Dr. Tanpreet	<i>[Signature]</i>	
16	Saturday	18-01-2025	3-4 pm	IR	Didactic	Dr. Anuradha	<i>[Signature]</i>	
17	Tuesday	21-01-2025	2-3 pm	SWD	Practical	Dr. Nitin	<i>[Signature]</i>	
18	Wednesday	22-01-2025	3-4 pm	HCP	Practical	Dr. Deepika	<i>[Signature]</i>	
19	Thursday	23-01-2025	10-11 am	ultrasound	Didactic	Dr. Tanpreet	<i>[Signature]</i>	
20	Tuesday	28-01-2025	2-3 pm	SWD	Practical	Dr. Nitin	<i>[Signature]</i>	
21	Tuesday	28-01-2025	3-4 pm	SWD	Practical	Dr. Nitin	<i>[Signature]</i>	
22	Wednesday	29-01-2025	3-4 pm	HCP	Practical	Dr. Deepika	<i>[Signature]</i>	
23	Thursday	30-01-2025	09-10 am	Danger of Ultrasound	Didactic	Dr. Tanpreet	<i>[Signature]</i>	
24	Thursday	30-01-2025	10-11 am	Ultrasound	Practical	Dr. Tanpreet	<i>[Signature]</i>	

Dr. Anuradha Sutar
DEPT. IN-CHARGE

PROFESSOR
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DR. SNEHAL GHODEY
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