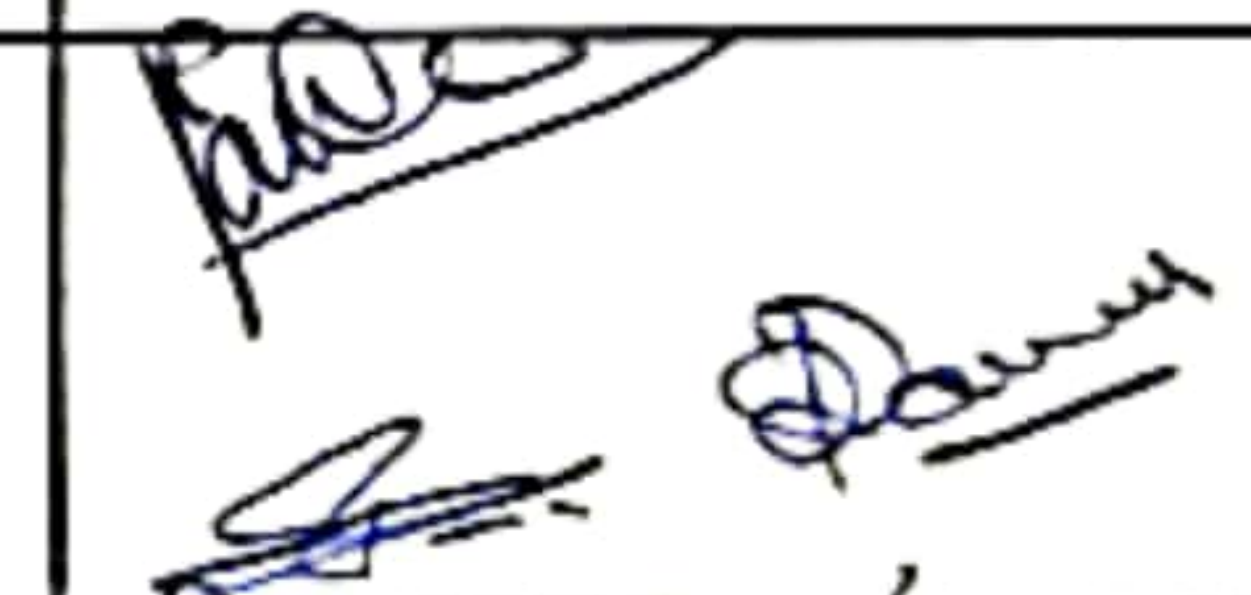
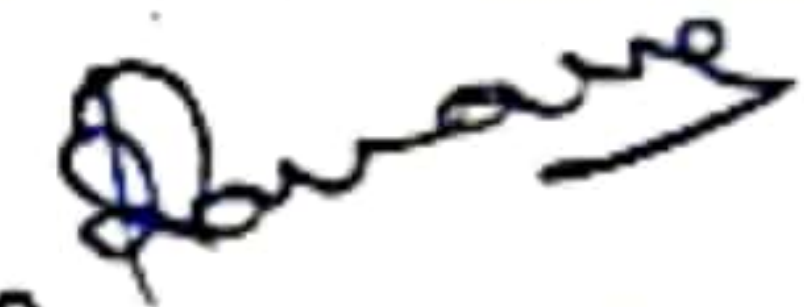
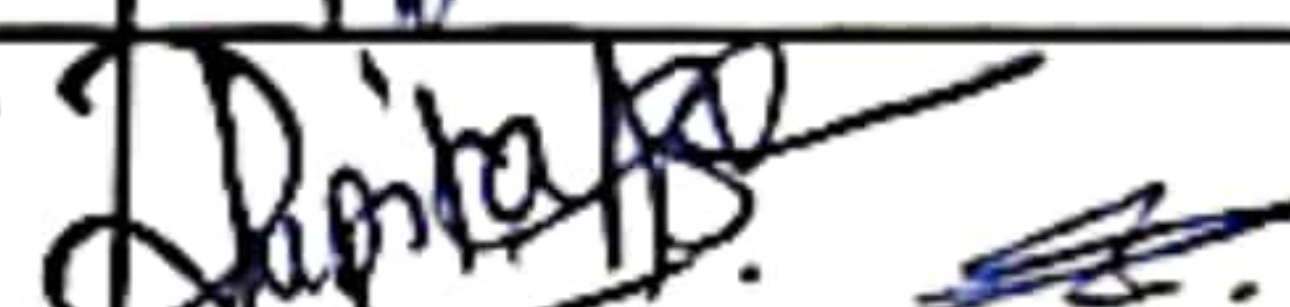
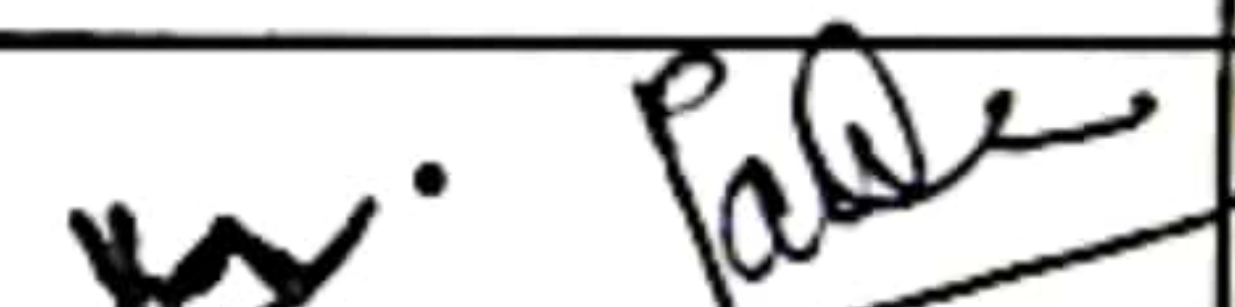


MPC/Kinesio 07/94/2025

MAEER'S Physiotherapy College, Talegaon Dabhade
 LECTURE PLAN :-1st B.P.Th Regular (Winter 2025)
 DEPARTMENT :- Fund. Of Kinesiology and Kinesiotherapy
 MONTH :March 2025

SR.NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK (IF APPLICABLE)
1	Saturday	01-03-2025	9-10 am	Resisted Movements	Demonstration	Dr Nilofer		
2	Saturday	01-03-2025	3-4 pm	Spine Gonimetry	Demonstration	Dr Parita		
3	Monday	03-03-2025	3-4 pm	Goniometry	OSPE	Dr Pournima / Dr Divyagana /Dr Bhagyashree		
4	Tuesday	04-03-2025	12-1 pm	Soft Tissue Manuevers	OSPE	Dr Anuradha/ Dr Ramya /Dr Shyamli		
5	Thursday	06-03-2025	12-1 pm	Yoga asanas	OSPE	Dr Bhagyashree/Dr Pournima / Dr Divyagana		
6	Friday	07-03-2025	9-10 am	Resisted Movements	Practical	Dr Nilofer		
7	Monday	10-03-2025	3-4 pm	Yoga asanas in sitting	OSPE	Dr Bhagyashree		
8	Tuesday	11-03-2025	FAI Practical exam					
9	Wednesday	12-03-2025						
10	Thursday	13-03-2025						
11	Friday	14-03-2025	Holi Holiday					
12	Friday	14-03-2025						

13	Friday	14-03-2025						
14	Saturday	15-03-2025	9-10 am	Passive Movements	Didatic	Dr Ramya/Dr Nilofer		
15	Saturday	15-03-2025	3-4 pm	Spine Gonimetry	Demonstration	Dr Parita		
16	Monday	17-03-2025	3-4 pm	Suspension	Didatic	Dr Varoon		
17	Tuesday	18-03-2025	10-11 am	Resisted movements	Practical	Dr Nilofer		
18	Tuesday	18-03-2025	11-12 am	Starting Positions	Didatic	Dr Divyangana		
19	Tuesday	18-03-2025	12-1 pm	Soft Tissue Manuevers Upper limb	Didatic	Dr Anuradha		
20	Wednesday	19-03-2025	2-3 pm	Yoga asanas in sitting	Practical	Dr Deepika / Dr Bhagyashree		
21	Thursday	20-03-2025	11-12 pm	Forces and Types of Forces	Demonstration	Dr Sumitra		
22	Thursday	20-03-2025	12-1 pm	Goniometry lower limb	Didatic	Dr Nilofer /Dr Pournima		
23	Friday	21-03-2025	9-10 am	Resisted movements	Didatic	Dr Nilofer		
24	Monday	24-03-2025	3-4 pm	Suspension	Didatic	Dr Varoon		
25	Tuesday	25-03-2025	10-11 am	Resisted movements	Practical	Dr Nilofer		
26	Tuesday	25-03-2025	11-12 am	Starting Positions	Didatic	Dr Divyangana		
27	Tuesday	25-03-2025	12-1 pm	Soft Tissue Manuevers Upper limb	Didatic	Dr Anuradha		
28	Wednesday	26-03-2025	2-3 pm	Resisted movements	Practical	Dr Nilofer		
29	Thursday	27-03-2025	11-12 pm	Force System	Demonstration	Dr Sumitra		

30	Thursday	27-03-2025	12-1 pm	Goniometry	Didatic	Dr Pournima	<i>Pournima</i>	
31	Friday	28-03-2025	9-10 am	<i>Yoga Asanas</i>	Didatic	Dr <i>Bhagadhu</i>	<i>Bhagadhu</i>	
32	Friday	28-03-2025	2-3pm	Force System	Didatic	Dr Sumitra	<i>Sumitra</i>	
33	Friday	28-03-2025	3-4 pm	Starting Positions	Didatic	Dr Divyangana	<i>Divyangana</i>	
34	Saturday	29-03-2025	9-10 am	Yoga asanas in sitting	Journal writing	Dr Anuja	<i>Anuja</i>	
35	Saturday	29-03-2025	3-4 pm	Passive Movements	Didatic	Dr Ramya	<i>Ramya</i>	
36	Monday	31-03-2025	3-4 pm	Suspension	Didatic	Dr Varoon	<i>Varoon</i>	

Bindu Sarfare
Dr. Bindu Sarfare

Kinesiotherapy HOD

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE

TALEGAON DASHADE,

PUNE-410 507



Snehal Ghodey
Dr. Snehal Ghodey (P.T.)

DR. SNEHAL GHODEY

M.Ph.T. (Principalloskeletal)

Principal

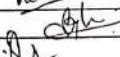
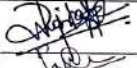
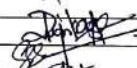
MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE
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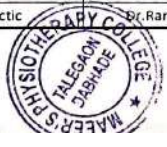
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE, PUNE

LECTURE PLAN :- 1st year
DEPARTMENT :- Fundamentals of Electrotherapy
MONTH :- March
BATCH :- Summer 2024-25

YEAR :- 2025

SR. NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK (IF APPLICABLE)
1	Saturday	01-03-2025	10-11 am	Ultrasound	Competancy Building	Dr. Tanpreet		
2	Saturday	01-03-2025	3-4 pm	Revision of Electrotherapy	Competancy Building	Dr. Sayli		
3	Tuesday	04-03-2025	2-3 pm	OSPE IR	Competancy Building	Dr. Anuradha		
4	Tuesday	04-03-2025	3-4 pm	OSPE HCP	Competancy Building	Dr. Deepika		
5	Wednesday	05-03-2025	3-4 pm	Theory Exam Formative Assessment I				
6	Thursday	06-03-2025	10-11 am	Theory Exam Formative Assessment I				
7	Tuesday	11-03-2025	2-3 pm	Practical Exam Formative Assessment I				
8	Tuesday	11-03-2025	3-4 pm	Practical Exam Formative Assessment I				
9	Wednesday	12-03-2025	3-4 pm	Practical Exam Formative Assessment I				
10	Thursday	13-03-2025	10-11 am	Practical Exam Formative Assessment I				
11	Saturday	15-03-2025	10-11 am	PWB	Didactic	Dr. Pournima		
12	Saturday	15-03-2025	3-4 pm	Contrast Bath	Didactic	Dr. Ramya		
13	Tuesday	18-03-2025	2-3 pm	Home remedies	Didactic	Dr. Anuja		
14	Tuesday	18-03-2025	3-4 pm	Laser	Didactic	Dr. Deepika		
15	Wednesday	19-03-2025	3-4 pm	PWB	Didactic	Dr. Pournima		
16	Thursday	20-03-2025	10-11 am	Village visit				
17	Tuesday	25-03-2025	2-3 pm	Laser	Didactic	Dr. Deepika		
18	Tuesday	25-03-2025	3-4 pm	TENS	Didactic	Dr. Sumitra		
19	Wednesday	26-03-2025	3-4 pm	Contrast Bath	Didactic	Dr. Ramya		
20	Thursday	27-03-2025	10-11 am	TENS	Didactic	Dr. Sumitra		
21	Saturday	29-03-2025	10-11 am	Contrast Bath	Didactic	Dr. Ramya		
22	Saturday	29-03-2025	3-4 pm	Contrast Bath	Didactic	Dr. Ramya		

Dr. Anuradha Sutar
DEPT. IN-CHARGE
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE - 410 507



Dr. Snehal Ghodey
PRINCIPAL
DR. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal