

MAEER'S Physiotherapy College, Talegaon Dabhade  
LECTURE PLAN :-2nd B.P.Th Regular + Odd  
DEPARTMENT :- Kinesiotherapy  
MONTH : JANUARY 2021  
BATCH :- Regular (Summer - 21) + Odd(Winter 20)

SR.NO	DAY	DATE	TIME	TOPIC	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK ( IF APPLICABLE)
1	Tuesday	05/01/2021	2-3pm	Posture	Dr. Sumitra		
2	Tuesday	05/01/2021	3-4pm	Mat Exs	Dr. Tanpreet		
3	Wednesday	06/01/2021	2-3pm	Shoulder	Dr. Aishwarya		
4	Wednesday	06/01/2021	3-4 pm	Spine Mechanics	Dr.Bindu		
5	Thursday	07/01/2021	11-12 am	MMT	Dr.Priya/Dr. Snehalata		
6	Thursday	07/01/2021	2-3pm	Wrist and hand Biomechanics	Dr. Archana		
7	Thursday	07/01/2021	3-4 pm	Frenkel Exercise	Dr.Priya		
8	Friday	08/01/2021	10-11 am	Frenkel Exercise	Dr.Priya		
9	Friday	15/01/2021	11-12 am	Joint Mobility	Dr. Aishwarya		
10	Friday	15/01/2021	2-3pm	MMT	Dr.Priya/Dr. Snehalata		
11	Friday	15/01/2021	3-4pm	Strengthening	Dr. Varoon		
12	Tuesday	12/01/2021	2-3pm	Posture	Dr. Sumitra		
13	Tuesday	12/01/2021	3-4pm	Mat Exs	Dr. Tanpreet		
14	Wednesday	13/01/2021	2-3pm	Shoulder	Dr. Aishwarya		
15	Wednesday	13/01/2021	3-4 pm	Spine Mechanics	Dr.Bindu		
16	Thursday	14/01/2021	10-11 am	Joint Mobility	Dr. Aishwarya		
17	Thursday	14/01/2021	11-12 am	MMT	Dr.Priya/Dr. Snehalata		
18	Thursday	14/01/2021	2-3pm	Wrist and hand Biomechanics	Dr. Archana		
19	Friday	15/01/2021	11-12 am	Joint Mobility	Dr. Aishwarya		
20	Friday	15/01/2021	2-3pm	MMT	Dr.Priya/Dr. Snehalata		

21	Friday	15/01/2021	3-4pm	Strengthening	Dr. Varoon		
22	Saturday	16/01/2021	3-4pm	Breathing exercises	Dr. Deepika		
23	Tuesday	19/01/2021	2-3pm	Posture	Dr. Sumitra		
24	Tuesday	19/01/2021	3-4pm	Mat Exs	Dr. Tanpreet		
25	Wednesday	20/01/2021	2-3pm	Shoulder	Dr. Aishwarya		
26	Wednesday	20/01/2021	3-4 pm	Spine Mechanics	Dr.Bindu		
27	Thursday	21/01/2021	11-12 am	MMT	Dr.Priya/Dr. Snehalata		
28	Thursday	21/01/2021	2-3pm	Wrist and hand Biomechanics	Dr. Archana		
29	Friday	22/01/2021	11-12 am	Joint Mobility	Dr. Aishwarya		
30	Friday	22/01/2021	2-3pm	MMT	Dr.Priya/Dr. Snehalata		
31	Friday	22/01/2021	3-4pm	Strengthening	Dr. Varoon		
32	Wednesday	27/01/2021	2-3pm	Shoulder	Dr. Aishwarya		
33	Wednesday	27/01/2021	3-4 pm	Spine Mechanics	Dr.Bindu		
34	Thursday	28/01/2021	11-12 am	MMT	Dr.Priya/Dr. Snehalata		
35	Thursday	28/01/2021	2-3pm	Wrist and hand Biomechanics	Dr. Archana		
36	Friday	29/01/2021	11-12 am	Joint Mobility	Dr. Aishwarya		
37	Friday	29/01/2021	2-3pm	MMT	Dr.Priya/Dr. Snehalata		
38	Friday	29/01/2021	3-4pm	Strengthening	Dr. Varoon		
39	Saturday	30/01/2021	3-4pm	Breathing exercises	Dr. Deepika		

Dr. Priya Chitre  
Incharge

Dr. Snehal Ghodey (P.T)  
Principal

MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE, PUNE

LECTURE PLAN :- 2nd year  
DEPARTMENT :- Electrotherapy  
MONTH :- Jan 2021  
BATCH :- Regular

YEAR :-2021

SR. NO	DAY	DATE	TIME	TOPIC	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK ( IF APPLICABLE)	
1	Monday	44287	2.00-4.00pm	Iontophoresis	Dr. Deepika			
2	Monday	44501	2.00-4.00pm	TENS	Dr. Sumitra			
3	Saturday	16/1/2021	2.00-3.00pm	Ultrasound	Dr. Tanpreet			
4	Monday	18/1/2021	2.00-4.00pm	SWD	Dr. Nitin			
5	Monday	25/1/2021	2.00-4.00pm	UVR	Dr. Nitin			
6	Saturday	30/1/2021	2.00-3.00pm	IFT	Dr. Sayli			

Dr. Anuradha Sutar  
DEPT. IN-CHARGE

Dr. Snehal Ghodey  
PRINCIPAL





