

**MAEER'S Physiotherapy College, Talegaon Dabhade**  
**LECTURE PLAN :-2nd B.P.Th Regular + Odd**  
**DEPARTMENT :- Kinesiotherapy**  
**MONTH : March 2021**  
**BATCH :- Regular (Summer - 21) + Odd(Winter 20) Lectures**

SR.NO	DAY	DATE	TIME	TOPIC	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK ( IF APPLICABLE)
1	Monday	1/3/2021	10-11am	MMT practice	Dr. Priya / Dr. Nilofer		
2	Tuesday	2/3/2021	2-3pm	Posture	Dr. Sumitra		
3	Tuesday	2/3/2021	3-4pm	Stretching	Dr. Tanpreet		
4	Wednesday	3/3/2021	2-3pm	Hip Joint	Dr. Neetu		
5	Wednesday	3/3/2021	3-4 pm	Spine Mechanics	Dr. Bindu		
6	Thursday	4/3/2021	11-12 am	Breathing Exs	Dr. Deepika		
7	Thursday	4/3/2021	2-3pm	SI Joint	Dr. Snehalata		
8	Thursday	4/3/2021	3-4 pm	Kinetics & Kinematics of ADL	Dr. Ankita		
9	Friday	5/3/2021	11-12 am	Joint Mobility Practical	Dr. Aishwarya		
10	Friday	5/3/2021	2-3pm	MMT	Dr. Priya/Dr. Snehalata		
11	Friday	5/3/2021	3-4 pm	Postural Drainage	Dr. Varoon		
12	Saturday	6/3/2021	12-01 PM	MMT practice	Dr. Priya / Dr. Nilofer		
13	Monday	8/3/2021	10-11am	MMT practice	Dr. Priya / Dr. Nilofer		
14	Tuesday	9/3/2021	2-3pm	Stretching	Dr. Tanpreet		
15	Tuesday	9/3/2021	3-4pm	Stretching	Dr. Tanpreet		
16	Wednesday	10/3/2021	2-3pm	Hip Joint	Dr. Neetu		
17	Wednesday	10/3/2021	3-4 pm	Spine Mechanics	Dr. Bindu		
18	Thursday	11/3/2021	11-12 am	Breathing Exs	Dr. Deepika		
19	Thursday	11/3/2021	2-3pm	SI Joint	Dr. Snehalata		
20	Thursday	11/3/2021	3-4pm	Kinetics & Kinematics of ADL	Dr. Ankita		

21	Friday	12/3/2021	11-12 am	Joint Mobility (Practical)	Dr. Aishwarya		
22	Friday	12/3/2021	2-3pm	MMT	Dr.Priya/Dr. Snehalata		
23	Friday	12/3/2021	3-4pm	Postural Drainage	Dr. Varoon		
24	Monday	15/3/2021	10-11am	MMT practice	Dr. Priya / Dr. Nilofer		
25	Tuesday	16/3/2021	2-3pm	Gait	Dr. Sumitra		
26	Tuesday	16/3/2021	3-4pm	Stretching	Dr. Tanpreet		
27	Wednesday	17/3/2021	2-3pm	Elbow Biomechanics	Dr. Pooja		
28	Wednesday	17/3/2021	3-4 pm	Spine Mechanics	Dr.Bindu		
29	Thursday	18/3/2021	11-12 am	Breathing Exs	Dr. Deepika		
30	Thursday	18/3/2021	2-3pm	SI Joint	Dr. Snehalata		
31	Thursday	18/3/2021	3-4 pm	Kinetics & Kinematics of ADL	Dr. Ankita		
32	Friday	19/3/2021	11-12 am	Joint Mobility	Dr. Aishwarya		
33	Friday	19/3/2021	2-3pm	MMT	Dr.Priya/Dr. Snehalata		
34	Friday	19/3/2021	3-4pm	FET / ACBT	Dr. Varoon		
35	Monday	22/3/2021	10-11am	MMT practice	Dr. Priya / Dr. Nilofer		
36	Tuesday	23/3/2021	2-3 pm	Gait	Dr. Sumitra		
37	Tuesday	23/3/2021	3-4 pm	Stretching	Dr. Tanpreet		
38	Wednesday	24/3/2021	2-3pm	Elbow Biomechanics	Dr. Pooja		
39	Wednesday	24/3/2021	3-4 pm	Spine Mechanics	Dr.Bindu		
40	Thursday	25/3/2021	11-12 am	Breathing Exs	Dr. Deepika		
41	Thursday	25/3/2021	2-3pm	SI Joint	Dr. Snehalata		
42	Thursday	25/3/2021	3-4pm	Kinetics & Kinematics of ADL	Dr. Ankita		
43	Friday	26/3/2021	11-12 am	Joint Mobility	Dr. Aishwarya		
44	Friday	26/3/2021	2-3pm	MMT	Dr.Priya/Dr. Snehalata		
45	Friday	26/3/2021	3-4pm	FET / ACBT	Dr. Varoon		
46	Monday	29/3/2021	10-11am	MMT	Dr. Priya / Dr. Nilofer		
47	Tuesday	30/3/2021	2-3 pm	Gait	Dr. Sumitra		
48	Tuesday	30/3/2021	3-4 pm	Stretching	Dr. Tanpreet		
49	Wednesday	31/3/2021	2-3pm	Elbow Biomechanics	Dr. Pooja		
50	Wednesday	31/3/2021	3-4 pm	Spine Mechanics	Dr.Bindu		

Dr. Priya Chitre  
Incharge

Dr. Snehal Ghodey (P.T)  
Principal

**MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE, PUNE**

LECTURE PLAN :- 2nd year  
DEPARTMENT :- Electrotherapy  
MONTH :- March 2021  
BATCH :- Regular

YEAR :-2021

Sr.NO	DAY	DATE	TIME	TOPIC	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK ( IF APPLICABLE)
1	Monday	3/1/2021	2.00-4.00pm	EMS facial nerve	Electro Dept		
2	Thursday	3/4/2021	10.00-11.00am	EMS Radial Nerve	Electro Dept		
3	Friday	3/5/2021	10.00-11.00am	EMS Radial Nerve	Electro Dept		
4	Saturday	3/6/2021	2.00-3.00pm	SWD	Dr. Nitin		
5	Monday	3/8/2021	2.00-3.00pm	SWD	Dr. Nitin		
6	Monday	3/8/2021	3.00-4.00pm	Theory of SDC	Dr. Archana		
7	Thursday	3/11/2021	10.00-11.00am	SDC to Ulner Nerve	Electro Dept		
8	Friday	3/12/2021	10.00-11.00am	SDC to Medial Nerve	Electro Dept		
9	Monday	3/15/2021	2.00-3.00pm	Faradic Foot Bath	Dr. Deepika		
10	Monday	3/15/2021	3.00-4.00pm	IR	Dr. Anuradha		
11	Thursday	3/18/2021	10.00-11.00am	TENS	Dr. Sumitra		
12	Friday	3/19/2021	10.00-11.00am	TENS	Dr. Sumitra		
13	Saturday	3/20/2021	2.00-3.00pm	IFT	Dr. Sayli		
14	Monday	3/22/2021	2.00-4.00pm	SDC Facial Nerve	Electro Dept		
15	Thursday	3/25/2021	10.00-11.00am	Wound Healing	Dr. Nitin		
16	Friday	3/26/2021	10.00-11.00am	Wound Healing	Dr. Nitin		
17	Monday	3/29/2021	3.00-4.00pm	SDC to Radial Nerve	Electro Dept		

Dr. Anuradha Sutar  
DEPT. IN-CHARGE

Dr. Snehal Ghodey  
PRINCIPAL