

## MAEER'S Physiotherapy College, Talegaon Dabhade

LECTURE PLAN :-2nd B.P.Th Regular

DEPARTMENT :- Kinesiotherapy

MONTH :Sept 2024

Batch : Regular + Odd

SR. NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK ( IF APPLICABLE)
1	Tuesday	01-10-2024	9-10 am	Strengthening upper limb	Didactic	Dr.Parita	<i>P.N. Komur</i>	
2	Tuesday	01-10-2024	2-3 pm	Variables of gait	Didactic	Dr. Sumitra	<i>SS</i>	
3	Tuesday	01-10-2024	3-4 pm	Joint Mobility upper limb	Seminar	Dr. Divyanagana	<i>Divyane</i>	Exchanged - Dr. Snehalata for 2 <sup>nd</sup> Oct 2024
4	Wednesday	02-10-2024	2-3 pm	SI Joint Biomechanics	Didactic	Dr. Snehalata	<i>Snehalata</i>	
5	Wednesday	02-10-2024	3-4 pm	Knee biomechanics	Didactic	Dr Ravinder	<i>Ravi</i>	
6	Thursday	03-10-2024	2-3 pm	Case presentation				
7	Thursday	03-10-2024	3-4 pm					
8	Friday	04-10-2024	10-11 am	Stretching upper limb	Demonstration	Dr Nilofer	<i>Nilofer</i>	
9	Friday	04-10-2024	2-3 pm	MMT upper limb	Practical	Dr. Varoon	<i>VA</i>	
10	Friday	04-10-2024	3-4 pm	Wrist and hand biomechanics	Didactic	Dr. Bhagyashree		
11	Saturday	05-10-2024	3-4 pm	Mat exercises	Practical	Dr. Tanpreet	<i>Tanpreet</i>	
12	Monday	07-10-2024	11-12 pm	SI Joint Biomechanics	Didactic	Dr. Snehalata	<i>Snehalata</i>	
13	Tuesday	08-10-2024	9-10 am	Wrist and hand biomechanics	Didactic	Dr. Bhagyashree		
14	Tuesday	08-10-2024	2-3 pm	Stair climbing gait	Didactic	Dr. Sumitra	<i>SS</i>	
15	Tuesday	08-10-2024	3-4 pm	Joint Mobility upper limb	Small group Discussion	Dr. Divyanagana	<i>Divyane</i>	
16	Wednesday	09-10-2024	2-3 pm	SI Joint Biomechanics	Didactic	Dr. Snehalata	<i>Snehalata</i>	
17	Wednesday	09-10-2024	3-4 pm	Knee biomechanics	Didactic	Dr Ravinder	<i>Ravi</i>	
18	Thursday	10-10-2024	2-3 pm	Case presentation				

Case presentation

	Thursday	10-10-2024	3-4 pm					
	Friday	11-10-2024	10-11 am	Stretching upper limb	Practical	Dr Nilofer	YD	Lecture is rescheduled from 9-10 due to NSS activity
1	Friday	11-10-2024	2-3 pm	Strengthening upper limb	Practical	Dr. Parita	P. H. 120th us	
22	Friday	11-10-2024	3-4 pm	MMT upper limb	Practical	Dr. Varoon	Q	
23	Monday	14-10-2024	11-12 pm	SI Joint Biomechanics	Didactic	Dr. Snehalata	Snehalata	
24	Tuesday	15-10-2024	9-10 am	Wrist and hand biomechanics	Didactic	Dr. Bhagyashree		
25	Tuesday	15-10-2024	2-3 pm	Running Gait	Didactic	Dr. Sumitra	SSS	
26	Tuesday	15-10-2024	3-4 pm	Joint Mobility upper limb	Seminar	Dr. Divyanagana	Dawane	
27	Wednesday	16-10-2024	2-3 pm	Ankle Joint Biomechanics	Didactic	Dr. Snehalata	Snehalata	
28	Wednesday	16-10-2024	3-4 pm	Knee biomechanics	Didactic	Dr Ravinder	Ravi	
29	Thursday	17-10-2024	2-3 pm	Case presentation				
30	Thursday	17-10-2024	3-4 pm					
31	Friday	18-10-2024	10-11 am	Stretching upper limb	Practical	Dr Nilofer	YD	
32	Friday	18-10-2024	2-3 pm	Strengthening upper limb	Practical	Dr. Parita	P. H. 120th us	
33	Friday	18-10-2024	3-4 pm	Postural Drainage	Horizontal Integration	Dr. Varoon	Q	
34	Saturday	19-10-2024	3-4 pm	Mat exercises	Small group Discussion	Dr Tanpreet	P. H. 120th us	
35	Monday	21-10-2024	11-12pm	Kinetics and kinematics of daily living	Didactic	Dr Pournima	P. H. 120th us	
36	Tuesday	22-10-2024	9-10 am	Wrist and hand biomechanics	Didactic	Dr. Bhagyashree		
37	Tuesday	22-10-2024	2-3 pm	Gait	Practicals	Dr. Sumitra	SSS	
38	Tuesday	22-10-2024	3-4 pm	Gait	Practicals	Dr. Sumitra	SSS	
39	Wednesday	23-10-2024	2-3 pm	Traction	Theory	Dr Bindu	Bindu	
40	Wednesday	23-10-2024	3-4 pm	Knee biomechanics	Theory	Dr Ravinder	Ravi	

	Thursday	24-10-2024	2-3 pm	Walking aids ( Stair climbing )	Practicals	Dr. Sumitra	<i>SS</i>
	Thursday	24-10-2024	3-4 pm	Traction	Practical	Dr Bindu	<i>Bindu</i>
43	Friday	25-10-2024	10-11 am	Walking aids ( Stair climbing )	Practicals	Dr. Sumitra	<i>SS</i>
44	Friday	25-10-2024	2-3 pm	Strengthening upper limb	Practical	Dr.Parita	<i>P.N. Kothur</i>
45	Friday	25-10-2024	3-4 pm	Postural Drainage	Horizontal Integration	Dr. Varoon	<i>Varoon</i>
46	Monday	28-10-2024	11-12pm	Kinetics and kinematics of daily living	Didactic	Dr Pournima	<i>Pournima</i>
47	Tuesday	29-10-2024	9-10 am	Wrist and hand biomechanics	Demonstration	Dr. .	<i>SS</i>
48	Tuesday	29-10-2024	2-3 pm	Kinetics Kinematics stair climbing gait	Didactic	Dr. Sumitra	<i>SS</i>
49	Tuesday	29-10-2024	3-4 pm	Breathinng mechanics	Didactic	Dr Deepika	<i>Deepika</i>
50	Wednesday	30-10-2024	2-3 pm	Humdification	Demonstration	Dr Deepika	<i>Deepika</i>
51	Wednesday	30-10-2024	3-4 pm	Nebulization	Didactic	Dr Deepika	<i>Deepika</i>
52	Thursday	31-10-2024	2-3 pm	Breathinng mechanics	Demonstration	Dr Deepika	<i>Deepika</i>
53	Thursday	31-10-2024	3-4 pm	Breathinng mechanics	Demonstration	Dr Deepika	<i>Deepika</i>

*Bindu*  
Dr. Bindu Sarfare  
Incharge

*Snehal Ghodey*  
Dr. Snehal Ghodey (P.T)  
Principal

**DR. SNEHAL GHODE**  
M.Ph.T. (Musculoskeletal)  
Principal  
MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE



**PROFESSOR**  
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PUNE-410 507

mpc/elects-22/448/2024

MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE, PUNE

LECTURE PLAN -> 2nd year  
DEPARTMENT -> Electrotherapy  
MONTH -> Oct  
BATCH -> Regular

YEAR -> 2024

SR. NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK (IF APPLICABLE)
1	Tuesday	01-10-2024	11-12 pm	EMS	Practical	Electro Dept		
2	Saturday	05-10-2024	2-3pm	SWD	Didactic	Dr. Nitin		
3	Monday	07-10-2024	2-3pm	SWD	Practical	Dr. Nitin		
4	Monday	07-10-2024	3-4pm	SWD	Practical	Dr. Nitin		
5	Tuesday	08-10-2024	11-12 pm	SDC	Practical	Dr. Anuradha		
6	Monday	14-10-2024	2-3pm	SDC	Practical	Dr. Anuradha		
7	Monday	14-10-2024	3-4pm	SDC	Practical	Dr. Anuradha		
8	Tuesday	15-10-2024	11-12 pm	Wound healing	Didactic	Dr. Nitin		
9	Saturday	19-10-2024	2-3pm	SDC	Practical	Dr. Anuradha		
10	Monday	21-10-2024	2-3pm	Wound healing	Practical	Dr. Nitin		
11	Monday	21-10-2024	3-4pm	Wound healing	Practical	Dr. Nitin		
12	Tuesday	22-10-2024	11-12 pm	EMS Tibial nerve	Practical	Dr. Sumitra		
13	Monday	28-10-2024	2-3pm	EMS Tibial nerve	Practical	Dr. Sumitra		
14	Monday	28-10-2024	3-4pm	SDC Tibial nerve	Practical	Dr. Anuradha		
15	Tuesday	29-10-2024	11-12 pm	EMS Peroneal nerve	Practical	Dr. Sumitra		

Dr. Anuradha Sutar  
DEPT. IN-CHARGE

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