

MAEER'S Physiotherapy College, Talegaon Dabhade  
LECTURE PLAN :-2nd B.P.Th Regular  
DEPARTMENT :- Kinesiotherapy  
MONTH : Sept 2022

SR.NO	DAY	DATE	TIME	TOPIC		NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK (IF APPLICABLE)
1	Thursday	01-09-2022	2-3pm	Shoulder Biomechanics	Didactic	Dr. Pooja		
2	Thursday	01-09-2022	3-4 pm	Joint Mobility	Practical	Dr Deepika		
3	Friday	02-09-2022	2-3pm	MMT upper limb	Practical	Dr. Priya / Dr. Snehalata / Dr. Nilofer		
4	Friday	02-09-2022	3-4 pm	Strengthening UL	Practical	Dr Varoon		
5	Saturday	03-09-2022	2-3pm	MMT Revision	Group Practice	Dr. Priya / Dr. Snehalata / Dr. Nilofer		
6	Tuesday	06-09-2022	2-3 pm	Walking Aids	Didactic	Dr. Sumitra		
7	Tuesday	06-09-2022	3-4 pm	Stretching	Didactic	Dr Tanpreet		
8	Wednesday	07-09-2022	2-3 pm	Spine Biomechanics	Didactic	Dr Bindu		
9	Wednesday	07-09-2022	3-4 pm	Elbow Biomechanics	Didactic	Dr Divyangana		
10	Thursday	08-09-2022	2-3 pm	Shoulder Biomechanics	Didactic	Dr Pooja		
11	Thursday	08-09-2022	3-4 pm	Joint Mobility (UL)	Practical	Dr Deepika		
12	Friday	09-09-2022	2-3 pm	MMT UL	Practical	Dr. Priya / Dr. Snehalata / Dr. Nilofer		
13	Friday	09-09-2022	3-4 pm	Strengthening UL	Practical	Dr Varoon		
14	Tuesday	13-09-2022	2-3 pm	Walking Aids	Practical	Dr. Sumitra		
15	Tuesday	13-09-2022	3-4 pm	Stretching	Didactic	Dr Tanpreet		
16	Wednesday	14-09-2022	2-3 pm	Spine	Didactic	Dr Bindu		
17	Wednesday	14-09-2022	3-4 pm	Knee Joint Biomechanics	Didactic	Dr Neetu		

18	Thursday	15-09-2022	2-3pm	Shoulder Biomechanics	Didactic	Dr Pooja	
	Thursday	15-09-2022	3-4 pm	Joint Mobility	Practical	Dr Deepika	
19	Friday	16-09-2022	2-3 pm	Elbow Biomechanics	Didactic	Dr Divyangana	
20	Friday	16-09-2022	3-4 pm	Strengthening UL	Practical	Dr Varoon	
21	Saturday	17-09-2022	2-3pm	MMT upper limb	Practical	Dr. Priya / Dr. Snehalata / Dr. Nilofer	
22	Tuesday	20-09-2022	2-3 pm	Walking Aids	Practical	Dr. Sumitra	
23	Tuesday	20-09-2022	3-4 pm	Stretching	Practical	Dr Tanpreet	
24	Wednesday	21-09-2022	2-3 pm	Spine	Didactic	Dr Bindu	
25	Wednesday	21-09-2022	3-4 pm	Knee Joint Biomechanics	Didactic	Dr Neetu	
26	Thursday	22-09-2022	2-4pm	Joint Mobility	Didactic	Dr Deepika	
27	Friday	23-09-2022	2-3 pm	MMT upper limb	Practical	Dr. Priya / Dr. Snehalata / Dr. Nilofer	
28	Friday	23-09-2022	3-4 pm	Strengthening UL	Practical	Dr Varoon / Dr. Snehalata	
29	Tuesday	27-09-2022	2-3 pm	Walking Aids	Practical	Dr. Sumitra	
30	Tuesday	27-09-2022	3-4 pm	Stretching	Practical	Dr Tanpreet	
31	Wednesday	28-09-2022	2-3 pm	Stretching	Practical	Dr Tanpreet / Dr Nilofer	
32	Wednesday	28-09-2022	3-4 pm	Gait	Didactic	Dr. Sumitra	
33	Thursday	29-09-2022	2-3 pm	Joint Mobility (UL)	Competency Building	Dr Deepika	
34	Thursday	29-09-2022	3-4 pm	Gait	Didactic	Dr. Sumitra	
35	Friday	30-09-2022	2-3 pm	MMT upper limb	Competency Building	Dr. Priya	
36	Friday	30-09-2022	3-4 pm	Strengthening UL	Competency Building	Dr Varoon	

Dr. Priya Chitre  
Incharge

**ASSO PROFESSOR**  
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Talegaon Dabhaade, Dist. Pune-410507



Dr. Snehal Ghodey (P.T)  
Principal

**DR. SNEHAL GHODEY**  
M.Ph.T (Musculoskeletal)  
Principal  
MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE

MPC/Electro-65/7/7/2022

MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE, PUNE

LECTURE PLAN :- 2nd year  
DEPARTMENT :- Electrotherapy  
MONTH :- Sept  
BATCH :- Regular

YEAR 2022

SR. NO	DAY	DATE	TIME	TOPIC	Mode of teaching	NAME OF THE FACULTY	SIGN OF FACULTY	SIGNATURE & REMARK (IF APPLICABLE)
1	Friday	02-09-2022	10-11am	Iontophoresis	Practical	Dr. Deepika	<i>Deepika</i>	
2	Saturday	03-09-2022	2-3pm	Revision Motor Points	Practical	Dr. Ramya	<i>Ramya</i>	
3	Monday	05-09-2022	2-3pm	EMS	Practical	Dr. Sayli/ Dr. Tanpreet	<i>Sayli</i>	
4	Monday	05-09-2022	3-4pm	TENS	Diadactic	Dr. Sumitra	<i>Sumitra</i>	
5	Tuesday	06-09-2022	11-12 pm	TENS	Diadactic	Dr. Sumitra	<i>Sumitra</i>	
6	Friday	09-09-2022	10-11am	TENS	Diadactic	Dr. Sumitra	<i>Sumitra</i>	
7	Monday	12-09-2022	2-3pm	IFT	Diadactic	Dr. Sayli	<i>Sayli</i>	
8	Monday	12-09-2022	3-4pm	IFT	Diadactic	Dr. Sayli	<i>Sayli</i>	
9	Tuesday	13-09-2022	11-12 pm	UVR	Diadactic	Dr. Nitin	<i>Nitin</i>	
10	Friday	16-09-2022	10-11am	IFT	Practical	Dr. Sayli	<i>Sayli</i>	
11	Saturday	17-09-2022	2-3pm	IR	Practical	Dr. Anuradha	<i>Anuradha</i>	
12	Monday	19-09-2022	2-3pm	UVR	Diadactic	Dr. Nitin	<i>Nitin</i>	
13	Monday	19-09-2022	3-4pm	TENS	Practical	Dr. Sumitra	<i>Sumitra</i>	
14	Tuesday	20-09-2022	11-12 pm	TENS	Practical	Dr. Sumitra	<i>Sumitra</i>	
15	Friday	23-09-2022	10-11am	UVR	Practical	Dr. Nitin	<i>Nitin</i>	
16	Monday	26-09-2022	2-3pm	Faradic Foot Bath	Practical	Dr. Sayli	<i>Sayli</i>	
17	Monday	26-09-2022	3-4pm	Motor point Lower Limb	Practical	Dr. Sumitra/ Dr. Tanpreet	<i>Sumitra</i>	
18	Tuesday	27-09-2022	11-12 pm	Motor point Lower Limb	Practical	Dr. Sumitra/ Dr. Tanpreet	<i>Sumitra</i>	
19	Friday	30-09-2022	10-11am	Motor point Lower Limb	Practical	Dr. Sumitra/ Dr. Tanpreet	<i>Sumitra</i>	

Dr. Anuradha Sutar  
DEPT. IN-CHARGE

**PROFESSOR**  
**MAEER'S PHYSIOTHERAPY COLLEGE**  
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*A. Ghodey*  
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