

**MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE, PUNE**

MPC/3<sup>rd</sup> Year-06/52/2024

**LECTURE PLAN :-**

**DEPARTMENT :-** FDPS

**MONTH :-** FEBRUARY 2024

**YEAR :-** 2024

**BATCH :-** 3rd year B.P.Th regular batch

| SR. NO | DATE       | Day       | TIME   | TOPIC  | Participative methodology | Mode of Teaching | NAME OF THE FACULTY | SIGN OF FACULTY |  |
|--------|------------|-----------|--------|--|---------------------------|------------------|---------------------|-----------------|--|
| 1      | 01-02-2024 | Thursday  | 2-3pm  | Case presentation                                  |                           |                  |                     |                 |  |
| 2      | 02-02-2024 | Friday    | 3-4pm  | Neuro Evaluation                                   | Small Group Discussion    | Practical        | Dr. Tanpreet        |                 |  |
| 3      | 03-02-2024 | Saturday  | 3-4 PM | ANC  | Small Group Discussion    | theory           | Dr. Anuradha        |                 |  |
| 4      | 05-02-2024 | Monday    | 2-3pm  | Seminar on Postural deviation                      | Small Group Discussion    | Practical        | Dr. Parita          |                 |  |
| 5      | 05-02-2024 | Monday    | 03-Apr | Lumbar Spine                                       | Didactic                  | Theory           | Dr. Bindu           |                 |  |
| 6      | 06-02-2024 | Tuesday   | 2-3pm  | 6 Minute Walk Test                                 | Lab Demonstration         | Practical        | Dr. Ramya           |                 |  |
| 7      | 06-02-2024 | Tuesday   | 3-4 PM | PNF Patterns                                       | Lab Demonstration         | Practical        | Dr. Priya           |                 |  |
| 8      | 07-02-2024 | wednesday | 2-3 pm | Maitland Upper limb                                | Small Group Discussion    | Practical        | Dr. Neetu           |                 |  |
| 9      | 07-02-2024 | wednesday | 2-3 pm | PCT  | Case based learning       | Practical        | Dr. Divyangana      |                 |  |
| 10     | 08-02-2024 | Thursday  | 2-3pm  | Case presentation                                  |                           |                  |                     |                 |  |
| 11     | 09-02-2024 | Friday    | 2-3PM  | Gait deviations due to musculoskeletal dysfunction | seminar                   | Practical        | Dr. Parita          |                 |  |
| 12     | 09-02-2024 | Friday    | 3-4 PM | Neuro Evaluation                                   | Small Group Discussion    | Practical        | Dr. Tanpreet        |                 |  |
| 13     | 12-02-2024 | Monday    | 2-3pm  | MSK evaluation                                     | Integrated learning       | Theory           | Dr. Divyangana      |                 |  |
| 14     | 12-02-2024 | Monday    | 3-4pm  | Lumbar Spine                                       | Didactic                  | Practical        | Dr. Bindu           |                 |  |
| 15     | 13-02-2024 | Tuesday   | 2-3pm  | Electrocardiography                                | class room teaching       | Theory           | Dr. Varoon          |                 |  |
| 16     | 13-02-2024 | Tuesday   | 3-4pm  | PNF Patterns                                       | Lab Demonstration         | Practical        | Dr. Priya           |                 |  |
| 17     | 14-02-2024 | Wednesday | 2-3pm  | Maitland   | Didactic                  | Theory           | Dr. Neetu           |                 |  |
| 18     | 14-02-2024 | Wednesday | 3-4pm  | Elbow special test                                 | Didactic                  | Theory           | Dr. Divyangana      |                 |  |

|    |            |           |                   |   |                        |           |                |
|----|------------|-----------|-------------------|---|------------------------|-----------|----------------|
| 19 | 15-02-2024 | Thursday  | 2-4 pm            | case presentation                             |                        |           |                |
| 20 | 16-02-2024 | Friday    | 3-4pm             | Neuro Evaluation                              | Small Group Discussion | Practical | Dr. Tanpreet   |
| 21 | 17-02-2024 | Saturday  | 2-3pm             | MSK evaluation                                | class room teaching    | Theory    | Dr. Divyangana |
| 22 | 17-02-2024 | Saturday  | 3-4pm             | ANC   | Class room teaching    | theory    | Dr. Anuradha   |
| 23 | 19-02-2024 | Monday    | 2-3pm             | MSK evaluation                                | Integrated learning    | Theory    | Dr. Parita     |
| 24 | 19-02-2024 | Monday    | 3-4pm             | Lumbar Spine                                  | Didactic               | Theory    | Dr. Bindu      |
| 25 | 20-02-2024 | Tuesday   | 2-3pm             | Electrocardiography                           | class room teaching    | Theory    | Dr. Varoon     |
| 26 | 20-02-2024 | Tuesday   | 3-4pm             | Neuro Evaluation                              | Small Group Discussion | Practical | Dr. Tanpreet   |
| 27 | 21-02-2024 | Wednesday | 2-3pm             | Maitland shoulder                             | Small Group Discussion | Practical | Dr. Neetu      |
| 28 | 21-02-2024 | Wednesday | 3-4pm             | Elbow special test                            | Demonstration          | Practical | Dr. Divyangana |
| 29 | 22-02-2024 | Thursday  | case presentation |   |                        |           |                |
| 30 | 23-02-2024 | Friday    | 3-4pm             | Neuro Evaluation                              | Small Group Discussion | Practical | Dr. Tanpreet   |
| 31 | 26-02-2024 | Monday    | 2-3pm             | MSK evaluation                                | Integrated learning    | Theory    | Dr. Parita     |
| 32 | 26-02-2024 | Monday    | 3-4pm             | Lumbar Spine                                  | Didactic               | Theory    | Dr. Bindu      |
| 33 | 27-02-2024 | Tuesday   | 2-3pm             | Respiratory Assessment & Breath Holding Tests | class room teaching    | Theory    | Dr. Deepika    |
| 34 | 27-02-2024 | Tuesday   | 3-4pm             | Neuro Evaluation                              | Small Group Discussion | Practical | Dr. Tanpreet   |
| 35 | 28-02-2024 | Wednesday | 2-3pm             | Maitland shoulder                             | Small Group Discussion | Practical | Dr. Neetu      |
| 36 | 28-02-2024 | Wednesday | 3-4pm             | Elbow special test                            | Vertical Integration   | Practical | Dr. Divyangana |
| 37 | 29-02-2024 | Thursday  | case presentation |   |                        |           |                |

Class Incharge

PROFESSOR  
WAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DASHADE,



Principal

DR. SNEHAL CHODEY  
M.Ph.T (Physiotherapy)  
Principal  
WAEER'S PHYSIOTHERAPY COLLEGE  
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