

Maharashtra University Of Health Sciences, Nashik Inspection Committee Report For Academic Year 2023-24

Webinar/Workshop/CME/ Activities/Perform In Last One Year.

Faculty : Physiotherapy

Name Of The College/Institute :- MAEER`s Physiotherapy College, Talegaon Dabhade Pune

No. Of Webinars Arranged, Guest Lecture & CME / Workshop (Publish Details On College Website)

MAEER`s Physiotherapy College, Talegaon Dabhade Pune

ACTIVITIES / CAMPS BY DIFFERENT DEPARTMENTS OF PHYSIOTHERAPY - 2022

Sr No	Name Of the Activity/Camp	Nature of activity	Organizing Dept.	Date and Time	Venue	No Of Days	No Of Participants /Beneficiaries	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)
01	Multi DiagnosticCamp	Camp	CBR Department	07/01/2022	Kanhe Village, Tal-Maval, Pune	1 Day	25 Patients	Free check-up and treatment from Community PT and Neuro PT department was provided. Exercise and Ergonomics were explained and demonstration were given to individual patient for various health condition such as OA knee, Low back pain, Cervical Spondylosis etc.
02	GCP Good Clinical Practice guidelines workshop	Online Workshop	Research Committee	24/01/2022	MAEERS Physiotherapy college	1 Day	62 Staff	Sessions on GCP guidelines (ICMR and ICH), schedule Y, regulation in clinical trials, roles and responsibilities of IEC/IRB members, sponsors and investigator, and Regulatory updates conducted by Dr.Deepak Langade and Dr.Anant Patil it was required for registration and renewal of ethics committee of our institute also the stakeholders got oriented to the current updates of GCP
03	Free Physiotherapy Camp	Camp	CBR Department	03/02/2022	Udaan foundation`s "Aabhal Mayecha Vrudhashram"	1 Day	14 Patients	Health talk on importance of regular exercise & physiotherapy in geriatric was explained. Then, fitness assessment of each elder person was conducted which included BP, pulse rate, height, weight, BMI, SpO2 level and various senior fitness test. Exercise prescription and Ergonomic advices were given individually
04	Fire extinguisher demo	Demo session	Furniture committee	04/02/2022	College porch	1 Day	Teaching and Non teaching staff members	To ensure safety measures and create awareness about the working of the fire extinguishers , demonstration was organized by Maeers physiotherapy college

05	World Obesity Day	Free Obesity Camp	CBR Department	04/03/2022	CBR Department 2nd floor, OPD building	1 Day	59 Participants	MIMER Medical College (Medicine Department) in association with MAEER'S Physiotherapy College organized free obesity assessment camp. In obesity assessment body mass index, waist to hip ratio, body fat percentage, basal metabolic rate, visceral fat, skeletal fat, subcutaneous fat, upper-lower limb flexibility and strength, abdominal strength and endurance, cardiovascular endurance were included. Under the guidance of Dr Nitin Nikhade and Dr. Anuradha Sutar total 59 participants were assessed for obesity and exercise prescription was given to everyone.
06	World Obesity Day	Free Obesity Camp	CBR Department	04/03/2022	25 Karat Ruby	1 Day	46 Participants	A free obesity assessment camp was organized by MAEER's physiotherapy college (Community Department) on World Obesity Day, where a total of 46 participants were assessed with respect to their Body Fat Percentage, BMR, Visceral Fat percentage, Subcutaneous Fat, Skeletal Fat, BMI, Flexibility, And Cardiopulmonary Endurance. All participants were effectively counselled about the ill effects of weight gain and various lifestyle modifications they could imbibe in their daily life. A lot of participants inquired about the fitness programs of Community Physiotherapy Department. All participants responded positively and helped the camp be a huge success.
07	International Women's Day	Guest Lecture	CBR Department	08/03/2022	Sushrut Hall	1 Day	99 Participants	MAEER's Physiotherapy College with Department of Obstetrics & Gynaecology, MIMER Medical College organized a lecture on "Gender Equality – Stop Violence Against Women". Dr. Vaishali Korde Madam was the chief guest and speaker for this event. All staff members, PG students, interns and ug students of MAEER's physiotherapy college were present for the lecture. From Obstetrics and Gynaecology department Staff, PG students and interns were present. Program was concluded with vote of thanks.
08	International women's day	Camp	CBR Department	08/03/2022	Urban Health Center Talegaon Dabhade	1 Day	62 Participants	MIMER medical college and MAEER's Physiotherapy College, Talegaon Dabhade had organised a free Obesity assessment camp at Urban Health Centre, Talegaon Dabhade. In assessment body mass index, waist to hip ratio, body fat percentage, basal metabolic rate, visceral fat, subcutaneous fat, skeletal fat, flexibility and strength were included. Under the guidance of Dr. Nitin Nikhade & Dr. Anuradha Sutar total 62 participants were assessed for obesity and exercise prescription were given to everyone.

09	International women's day	Camp	CBR Department	09/03/2022	Rural Health Center Sudumbare	1 Day	40 Participants	MIMER Medical College in association with MAEERS Physiotherapy College organized a free obesity camp on 9th March 2022. The health talk regarding obesity awareness was given by Dr. Anuradha Sutar. In obesity assessment body mass index, waist to hip ratio, body fat percentage, basal metabolic rate, visceral fat, skeletal fat, subcutaneous fat, upper-lower limb flexibility and strength, abdominal strength and endurance, cardiovascular endurance were included. Under the guidance of Dr. Anuradha Sutar total 40 participants were assessed for obesity and exercise prescription was given to everyone. Over all there was good response to the camp from all participants.
10	No Smoking Day	Skit + Video Display	Cardio respiratory Department	09/03/2022	OPD Porch BSTR Hospital	1 day	25 Participants	On the occasion on "No smoking day", department of Cardiovascular and Respiratory physiotherapy organized a health talk on hazards of smoking. An educational video was also played for the patients.
11	International women's day	Camp	CBR Department	10/03/2022	Z. P. Primary School, Nanoli Village	1 day	46 Participants	MIMER Medical College in association with MAEER'S Physiotherapy College (Community Physiotherapy Department) organized free fitness assessment camp. Physical fitness assessment was done which included body mass index, waist to hip ratio, body fat percentage, basal metabolic rate, visceral fat, skeletal fat, subcutaneous fat, upper-lower limb flexibility and strength, abdominal strength and endurance, cardiovascular endurance. Total 46 participants were assessed for obesity and exercise prescription was given to everyone.
12	Campus Interview	Online Campus Interview by Sneha Rehab Mumbai	Alumni Committee	15/03/2022	2 nd floor Physiotherapy College Opd Complex	1 day	7 Interns	The Zoom link for the campus interview was shared at 2 pm on 15th June. Dr Sumitra welcomed and introduced Dr Mihika Gokhale & Ms Latifa to the students. This was followed by the introduction of the Sneha RERC rehab centre and its working pattern by Latifa Vasi & Dr Mihika Gokhale. Later on the interviews was conducted on one to one basis .
13	World Head Injury	Awareness Programme	Neuro physiotherapy Department	21/03/2022	Neuro physiotherapy OPD	1 day	General Public	Awareness posters highlighting causes, symptoms, management, rehabilitation in patients with head injury were drawn and displayed by students. Flyers creating awareness were displayed on the rear window of physiotherapy staff vehicles.

14	Campus Interview	Online Campus Interview by Healyos	Alumni Committee	24/03/2022	2 nd floor Physiotherapy College Opd Complex	1 day	9 Interns	The Zoom link for the campus interview was shared at 2 pm on 14th June. Dr Sumitra welcomed and introduced Dr Shagun Gala and her team to the students. This was followed by the introduction of the healyos company and its working pattern by Dr Saurabh
15	World tuberculosis day	Rangoli-making competition	Cardio respiratory Department	24/03/2022	Cardiovascular and Respiratory physiotherapy OPD	1 day	Students	On the occasion of World Tuberculosis day which is celebrated every year on 24th March, Department of Cardiovascular and Respiratory physiotherapy organized Rangoli- making competition. Students with their extraordinary sense of art made excellent rangolis depicting the causes, prevention and treatment of Tuberculosis. Judges judged the rangolis on the basis of the theme "Prevention of Tuberculosis"
16	Artificial Limb Centre visit	Out Door Department	CBR Department	24 To 25/03/2022	Artificial Limb Centre,Pune Cantonment	2 days	69 Participants	MAEER's Physiotherapy College (Community Department) organized a visit to artificial limb centre, where introduction was given by physiotherapist regarding different types of orthoses and prosthesis and manufacturing unit was shown where these aids are made. Demonstration of patient gait training with application of prosthesis was explained. Physiotherapy OPD and IPD setup with different modalities was shown.
17	World Health Day	Relay Marathon	Cardio respiratory Department	15/04/2022	Cardiovascular and Respiratory physiotherapy OPD	1 Day	Students	On the occasion of World Health day Department of Cardiovascular and Respiratory Physiotherapy organized a relay Marathon race starting from MAEERS Physiotherapy college to Ecocity and back. Totally 10 teams participated in this event.
18	Industrial visit to PARLE-G company	Industrial visit	CBR Department	29/04/2022	Shivshakti Processed foods, Mohitewadi	1 Day	---	On 29th April 2022 an industrial visit to PARLE-G company was organized for 2nd year PG and final year students. Bus was arranged for students and staff for the visit. Departure by bus from campus at 10am and arrival at industry by 11am. After reaching a short informative lecture was given by the unit incharge they explained about the whole process of making the biscuits, the contents used in it, the machines used and how they work. Also, they told us about workers duties at each individual station, their shifts-rotations, the facilities available to them. Later on, they divided students in two groups and a short tour visit to industry was held. The making of biscuits, how they are baked, cooled down at proper temperature, if improper discarded by worker present there, the packing of it first in wrapper, then bunch of packs in a big plastic and then in boxes. Later transferring them to the go-down. These all process are handled by automated machines. At around 1pm by bus all students and staff returned to the college campus.

19	World Multiple Sclerosis Day	Awareness video	Neuro Physiotherapy Department	30/05/2022	Neuro Physiotherapy OPD	1 Day	---	Department of Neuro Physiotherapy, MAEER'S Physiotherapy College, shared an awareness video made by Post graduate students with guidance from department faculty to highlight the importance of Physiotherapy to maintain functional independence. The 2020-2023 World MS Day theme is 'Connections'. MS Connections is all about building community connection, self-connection and connections to quality care. Through this video, we hope to create awareness in the community regarding finding the connection to therapy for quality care.
20	MUHS Foundation Day	Flag Hoisting	--	10/06/2022	MIMER Medical College Porch	1 Day	All Teaching & Non Teaching Staff, Students	MAEER's Physiotherapy College in association with MIMER medical college celebrated the MUHS foundation day by hoisting the flag of University. All the teaching, nonteaching staff and students had assembled for the same.
21	Tree Plantation Day	Tree Plantation	NSS unit of MAEER's Physiotherapy College	10/06/2022	Boys Hostel MIMER Medical College Porch	1 Day	All Teaching & Non Teaching Staff, Students	On the occasion of Maharashtra University of Health Sciences (MUHS), Nashik foundation day celebration; NSS unit of MAEER's Physiotherapy College organized tree plantation program on 10th June 2022 at Boy's Hostel, MIMER Medical College Campus. After MUHS flag hoisting ceremony, total 25 trees were planted by NSS Volunteers and second year B.P.Th students at the venue. The program was supervised by NSS Program Officer Dr. Nitin Nikhade and other teaching staffs of MAEER's Physiotherapy College, Talegaon Dabhade. Each student planted one Ashoka tree and signed the attendance sheet.
22	Oath Taking Ceremony	--	MAEER's Physiotherapy College	15/06/2022	Sushrut Hall	1 Day	----	12th oath taking ceremony was conducted by MAEER's Physiotherapy College on 15th July after completion of 6 months rotational internship by batch 2017-18 at sushrut hall from 2pm-4pm. All HOD's, Teachers and Parents of interns batch 2017-18 were invited. Dr. R P Gupta sir (professor Emirates & Principal MIMER medical college) Dr. Swati Belsare madam (principal MIMER medical college) Dr. Prashant Kamat sir (Medical Suprintendent) Dr. Snehal Ghodey maam (principal MAEER's Physiotherapy College) and Dr. Sayli Paldhikar (professor & HOD Neuro physiotherapy) graced the session. Compering was done by Dr. Dipika Burman. Welcome speech and oath to the interns was given by Dr. Snehal Ghodey maam followed by distribution of mementos. Academic price distribution was done by Dr. R P Gupta sir, and best paper prize distribution was done by Dr. Swati Belsare maam & Dr.

								Snehal Ghodey maam. Speeches on behalf of all the interns were given by Dr. Afifah Dadani & Dr. Rutuja Ghag. Inspirational speech given by dr. R P Gupta sir for interns. Batch 2017-18 has donated sanitary pad vending machine as a token of thanks to college. Vote of thanks given by Dr. Divyangana Rawane
23	International Yoga Day	Yoga Session	CBR Department	21/06/2022	Urban Health Center Talegaon Dabhade	1 Day	8 Participants	On the occasion of International Yoga day on 21 st June 2022.Department of community Physiotherapy of MAEERS Physiotherapy College conducted a yoga session at Urban Health Centre, Talegaon Dabhade. The session started with 8 participants at 11:00am by inviting Dr.Nitin Nikhade and Dr. Astha as chief guest. Then Dr.Anuradha maam gave a highlighting speech about yoga therapy in which she explained importance of yoga in day to day life and further the session was continued by Sampada Pawar where she explained uses of regularly performing yoga. Later demonstration of different yoga position was taught in supine ; prone lying, sitting & ; standing position. All the participants performed yoga under supervision and session was concluded at 12:30pm.
24	International Yoga Day	Yoga Session	CBR Department	21/06/2022	Rural Health Center Sudumbare	1 Day	41 Participants	On the occasion of International Yoga day on 21st June 2022.Department of community Physiotherapy of MAEERS Physiotherapy College conducted a yoga session at Rural Health Centre, Sudumbare. The session started with 40 participants at 11:00am by inviting Dr.Topkhane and Dr. Astha as chief guest. Then MPT student Miss Uzma gave a highlighting speech about yoga therapy in which she explained importance of yoga in day to day life and further the session was continued by an Intern Divya where she explained uses of regularly performing yoga. Later demonstration of different yoga position was taught in supine & ; prone lying, sitting & ; standing position. All the participants performed yoga under supervision and session was concluded at 12:30pm.
25	Multi-speciality Health Camp for Kamyani's Sindhutai Joshi Udyog Kendra	Camp	Neuro Physiotherapy Department	23/06/2022	B9 (Near COVID Vaccination Ward) Dr. BSTRH Hospital, Talegaon Dabhade.	1 Day	21 Participants	Programme was started at 10 am. Faculties from the medical college and Physiotherapy College were there for basic evaluation and treatment of the same. Dr Nilofer, Dr.Priyanka, Dr.Deepali were appointed. Detail evaluation along with the treatment protocol was explained to the patient. Staff has also given an information about the Orthotics and prosthetic department. The programme was concluded by 1.00 pm.

26	Breast Feeding Week	Health talk	CBR Department	01/08/2022	Buddhavasti, UHC, Talegaon Dabhade	1 Day	08 Participants	<p>On the occasion of Breast feeding week the community Physiotherapy Department of MAEER'S, Talegaon, Dabhade conducted a health talk on the topic of breast Feeding at Budhavasti Anganwadi, collabration with COMMUNITY Medicine department (MIMER) accompanied by Dr Ashlesha, Dr Aastha and MBBS interns. The session started at 11am with the mother's of Anganwadi children and other women from near by area. The session was started by the MBBS interns by providing information regarding the importance of breastfeeding and they spoke about the myths surrounding it. Then Dr. Manasi (MPTH-1) informed them about the latching method and told in detail about the storage methods of breast milk in case of working mother's or difficulty in lactation. Massage techniques and expression of milk was shown in terms of engorgement. Dr Anuja Khadilkar (MPT-2) demonstrated different breast Feeding positions and enforced the importance of the same. as it is beneficial for the mother to prevent further issues of shoulder and back pain Again all the techniques were demonstrated on one of the volunTERS The sessions was conducted under the supervision Dr Shyamli kulkami Maam. After all the demonstration it was open for question answers round and the doubts were solved. The session was concluded by the Anganwadi workers by thanking the doctors</p>
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27	Breast Feeding Week	Health talk	CBR Department	01/08/2022	Rural Health Center Sudumbare	1 Day	40 Participants	The session started at 11 am. Lactating mothers and mother's of the children from Anganwadi were present for the session the session was started by the students from Community Medicine Department of MIMER Medical College (interns). They provided the mothers with Introduction & basic information about breastfeeding. They talked about the importance of breast milk of timings of breast feeding. How to express breast milk, complications that can occur if the baby is not properly breastfed and how to store breastmilk in packets and containers was explained by Dr. Shankesh Chaturvedi (MPT) Participants went made aware of the ergonomics and proper posture that they should follow during breastfeeding. Benefits of following these ergonomic advices were explained to the mothers. The interactive session. was performed under the Guidance of Dr. Nitin Nikhade. Question-answer session was also carried out in the end. The participants were given proper advice & PG students helped the interns in clearing the queries. The session concluded by 12.30pm by thanking the students for their information given.
28	Breast Feeding Week	Health talk	CBR Department	02/08/2022	Dhorwada, UHC, Talegaon Dabhade	1 Day	40 Participants	The session started at 11:30 am. Total participants 15 were present including lactating mothers and other women from the Dhorwada Anganwadi. The session was started with students from Community Medicine Department of MIMER Medical College (Interns) Dr. Riya (Intern) gave introduction and basic information regarding breast feeding. Dr. Anjali (Intern) talked about importance of breast feeding & timings of breast feeding. She also talked importance of breast milk and its nutrition content. Dr. Janvi explained about myths and facts about breastfeeding. She explained about breast engorgement also. Then Dr. Aarya Mehta (MPT - 1) PG student of (MAEER's Physiotherapy College) explained about Latching technique, proper procedure of breast feeding. She also explained how to express milk and storage of milk after removal of milk. Then, Dr. Anuja Khadilkar (MPT - 2 PG student, MAEER'S College of Physiotherapy) explained about various breast feeding positions which will be comfortable for mother and baby both. She also gave demonstration for them. Also, participants were made aware about effects of not having proper position for breast feeding and ergonomic advice was given for the same. This interactive session was performed under the

								guidance of Dr. Anuradha Sutar & Dr. Nitin Nikhade & Dr. Shyamlee Kulkarni. Question answer session was also carried out at the end of session and the participants were given proper advice and the PG students and interns helped them in clearing their queries. The session concluded at 12.15 pm by thanking the PG students and Interns about the information provided.
29	Breast Feeding Week	Health talk	CBR Department	03/08/2022	PHC Talegaon Dabhade	1 Day	35 Participants	On the occasion of Breast Feeding Week on 3rd August 22 the Department of community Physiotherapy conducted a Health talk of importance of breastfeeding at PHC, Talegaon. The MIMER, college community Medicine Interns were also present. The session started with The rotary club members and the gynaecologists that accompanied them. They informed them regarding care and importance of nutrition the proper throughout the pregnancy for conducted. An interview session was conducted for proper milk production. Proceeding that the MBBS interns spoke about the myths surrounding breastfeeding. Then followed by that Dr Manasi (MPT-I) gave different Breastfeeding techniques, latching and breast milk storage methods & demonstration All the Anganwadi workers concluded the program by thanking the staff and rotary club members for the same.
30	Breast Feeding Week	Health talk	CBR Department	03/08/2022	PNC Ward BSTRH Talegaon Dabhade	1 Day	250 Participants	The session started at 11:30 am. Anganwadi workers in and around talegaon were present for the camp. The session started by Dr. Anuradha sutar gave introduction and demonstrated various breast feeding position which will comfortable for mother and baby both . Ma'am also told in detail about how to express milk and how to safely store that milk for use and also talked about importance of breast feeding & timings of breast feeding and its nutrition content for mother and baby both. Also, participants were made aware about effects of not having proper position for breast feeding and ergonomic advice was given for the same. This interactive session was performed under the guidance of Dr. Anuradha Sutar . Question answer session was also carried out at the end of session and the participants were given proper advice and the PG students helped them in clearing their queries. The session concluded at 12.45 pm by thanking Dr. Anuradha sutar maam and PG students about the information provided.

31	Bone and Joint Day	Camp	Musculoskeletal Physiotherapy Department	04/08/2022	MAEER's Physiotherapy College & MIMER Medical College Campus	1 Day	----	The camp was organized on 4th august 2022. The publicity of the camp was done by circular which was circulated in various departments and through social media. There was free check-up for BMD value and uric acid level and those at risk had advised physiotherapy treatment. Various patients were referred complaining of musculoskeletal pain. All patient received free physiotherapy treatment for their complaints during the camp.
32	Breast Feeding Week	Health talk	CBR Department	04/08/2022	Bhegade Ali UHC Talegaon Dabhade	1 Day	40 Participants	The session started at 11:30 am. Total participants 12 were present including lactating mothers and other women from the bhegade ali Anganwadi. The session was started with students from Community Medicine Department of MIMER Medical College (Interns) Dr. Ashlesha ma'am and interns gave introduction and basic information regarding breast feeding and also talked about importance of breast feeding & timings of breast feeding and its nutrition content. Another intern explained about myths and facts about breastfeeding. She explained about breast engorgement, misconceptions about breastfeeding and about breast cancer also. Then Dr. Sakshi thakare (MPT -1) PG student of (MAEER's Physiotherapy College) explained about Latching technique, proper procedure of breast feeding. She also explained how to express milk and storage of milk after removal of milk. Then, Dr. Abhilasha jain (MPT - 2 PG student, MAEER'S College of Physiotherapy) explained about various breast feeding positions which will be comfortable for mother and baby both. She also gave demonstration for them. Also, participants were made aware about effects of not having proper position for breast feeding and ergonomic advice was given for the same. This interactive session was performed under the guidance of Dr. Anuradha Sutar & Dr. Nitin Nikhade & Dr. Shyamlee Kulkarni. Question answer session was also carried out at the end of session and the participants were given proper advice and the PG students and interns helped them in clearing their queries. The session concluded at 12.15 pm by thanking the PG students and interns about the information provided.

33	Breast Feeding Week	Health talk	CBR Department	05/08/2022	Dal Ali UHC Talegaon Dabhade	1 Day	40 Participants	The session started at 11:30 am. Total participants 10 were present including lactating mothers and other women from the bhegade ali Anganwadi. The session was started with students from Community Medicine Department of MIMER Medical College (Interns) Dr. Ashlesha Dandekar ma'am and interns gave introduction and basic information regarding breast feeding and also talked about importance of breast feeding & timings of breast feeding and its nutrition content. Another intern explained about myths and facts about breastfeeding. She explained about breast engorgement, misconceptions about breastfeeding and about breast cancer also. Then Dr. Dipali Dasharathe (MPT -1) PG student of (MAEER's Physiotherapy College) explained about Latching technique, proper procedure of breast feeding. She also explained how to express milk and storage of milk after removal of milk. Then, Dr. Abhilasha jain (MPT - 2 PG student, MAEER'S College of Physiotherapy) explained about various breast feeding positions which will be comfortable for mother and baby both. She also gave demonstration for them. Also, participants were made aware about effects of not having proper position for breast feeding and ergonomic advice was given for the same. This interactive session was performed under the guidance of Dr. Anuradha Sutar & Dr. Nitin Nikhade & Dr. Shyamlee Kulkarni. Question answer session was also carried out at the end of session and the participants were given proper advice and the PG students and interns helped them in clearing their queries. The session concluded at 12.15 pm by thanking the PG students and interns about the information provided
34	Breast Feeding Week	Health talk	CBR Department	06/08/2022	Mali Ali Vitthal Mandir UHC Talegaon Dabhade	1 Day	60 Participants	The session started at 11:30 am. Dr. Ashlesha Dandekar ma'am and interns gave introduction and basic information regarding breast feeding and also talked about importance of breast feeding & timings of breast feeding and its nutrition content. Another intern explained about myths and facts about breastfeeding. She explained about breast engorgement, misconceptions about breastfeeding and about breast cancer also. Then Dr. Priyanka kumbhar (MPT -1) PG student of (MAEER's Physiotherapy College) explained about Latching technique. She also explained how to express milk and storage of milk after removal of milk.

								Then, Dr. Anuja Khadilkar(MPT - 2 PG student, MAEER'S College of Physiotherapy) explained about various breast feeding positions which will be comfortable for mother and baby both. She also gave demonstration for them. Also, participants were made aware about effects of not having proper position for breast feeding and ergonomic advice was given for the same.This interactive session was performed under the guidance of Dr. Anuradha Sutar & Dr. Nitin Nikhade & Dr. Shyamlee Kulkarni. Question answer session was also carried out at the end of session and the participants were given proper advice and the PG students and interns helped them in clearing their queries. The session concluded at 12.50pm by thanking the PG students and interns about the information provided.
35	Independence Day	Flag Hoisting	MAEER's Physiotherapy College In Association with MIMER Medical College	15/08/2022	MIMER Medical College, Building	1 day	Staff & Students of Physiotherapy and MBBS	On the occasion of 76th Independence Day, the flag hoisting ceremony will be held at MAEER MIT PUNE's MIMER Medical College & Dr.BSTR Hospital Talegaon Dabhade. Students & Staff members gathered for the celebration. The event started with the speech and regarding the Amritmahotsav celebration
36	Teachers Day	---	Students Committee	05/09/2022	Cardiorespiratory OPD	1 Day	Staff & Students of Physiotherapy	On the occasion of teachers day the students council of the college had organised a celebration for the teachers in the form of games and dancing.
37	World Physiotherapy Day	Skit Performance	Social awareness club	07 To 09/09/2022	Dental OPD BSTRH	2 Days	General Public	On 7 th September, the Skit was conducted near the OPD building near DENTAL OPD outside the case paper registration counter. The patients and their relatives gathered maintaining social distancing norms. The skit began with claps and song, and the skit performance lasted for 10 min with the manual slogans and awareness posters displayed in the background
38	World Physiotherapy Day	Multispecialty Physiotherapy Camp	Cardio & Respiratory Department	12 To 16/09/2022	Cardiorespiratory OPD	5 Days	Patients	Free Multispecialty Physiotherapy camp was organised on the occasion of World Physiotherapy Day, between 12th to 16th September 2022 at MAEERS Physiotherapy College to create awareness about Cardiovascular and respiratory physiotherapy.
39	World Heart Day	Poster Competition	Cardio & Respiratory Department	29/09/2022	Cardiorespiratory OPD	1 Day	Staff & Students	On World heart day, the poster making competition was organized for the students on the theme prevention of cardiovascular diseases. Dr Snehal Ghodey ma'am judged the event

40	World Heart Day	Awareness Rally	Cardio & Respiratory Department	29/09/2022	Cardiorespiratory OPD	1 Day	Staff & Students	On World Heart Day, Awareness rally was organized by the cardiorespiratory physiotherapy OPD in association with Medicine OPD
41	World Heart Day	Street Play	Cardio & Respiratory Department	29/09/2022	Cardiorespiratory OPD	1 Day	Staff & Students	On World Heart Day, Awareness Skit was organized by the cardiorespiratory physiotherapy OPD in association with Medicine OPD
42	World Lung Day	Creative Writing Competition	Cardio & Respiratory Department	30/09/2022	Cardiorespiratory OPD	1 Day	Staff & Students	On World Lung day, Creative writing competition was held for the students on the theme "Active Cycle Breathing Technique". The department judged the competition.
43	Multidiagnostic camp	Camp	CBR Department	12 To 16/09/2022	CBR OPD	1 Day	Staff & Students	Free Physiotherapy Multidiagnostic camp was arranged from 12 th to 16 th September 2022. Total 14 patient were assessed for obesity, geriatric fitness and women's health conditions treatment was given. The obese patients were assessed for BMI, Total fat %, BMR. The geriatric patients were assessed for senior fitness tests, Risk of fall and Balance Assessment. In women's health Post natal and post menopausal patients were assessed and Ergonomic Advice was given.
44	National Nutrition Month	Health Talk	NSS unit	15 To 21/09/2022	PHC Talegaon Dabhade	8 Days	32 Participants	NSS Unit of MAEER's Physiotherapy college organised a health talk on Awareness about Nutrition in pregnant female at PHC, Talegaon Dabhade on 14th & 21st sept 2022 in order to celebrate Rashtriya Poshan Maah- Sept 2022. On 14th sept 2022 Dr. Priyanka Jnagid (PG student) along with 20 NSS Volunteers gave health talk on Nutrition in pregnant women in which total 15 pregnant females were present. On 21st sept 2022 Dr. Urusa Shaikh (PG Student) along with 20 NSS Volunteers gave health talk on Nutrition in pregnant women in which total 15 pregnant females were present.
45	National Nutrition Month	Health Talk	NSS unit	17/09/2022	Z.P. Primary School, Nanoli Village	1 Day	65 Participants	NSS Unit of MAEER's Physiotherapy college organised a health talk on Awareness about Nutrition in School Children at Z.P. Primary School, Nanoli Village on 17 th September 2022 in order to celebrate Rashtriya Poshan Maah- Sept 2022. NSS Volunteers gave health talk on Nutrition in growing age in which around 65 school children from 2 nd to 4 th standard were present. It was interactive session with the school children in which they were given information about nutrition present in different food items such as cereals, pulses, milk & milk products and how much quantity they should include in daily meals.

46	International Day Of Older Person	Camp	CBR Department	01/10/2022	MiraGhar- Senior Citizen Home, Kamshet	1 Day	25 Participants	On 1st October 2022, Department of Community Physiotherapy, MAEER's physiotherapy college organised a free Physical Fitness Assessment Camp for Senior Citizens from 10 am to 1 pm at MiraGhar- Senior Citizen Home, Kamshet. Total 25 senior citizens were assessed for geriatric fitness and women's health conditions. A physiotherapist team consisting of 10 students from final year UG and Community Physiotherapy PG assessed physical fitness of older persons using Senior Fitness Test. The senior citizens found with issues of balance and risk of fall, Stroke, Osteoarthritis of Knee, Lumbar canal stenosis, Frozen Shoulders, Knee arthroplasty, Urinary incontinence etc. and appropriate exercise prescription was given for the same.
47	National Obesity Awareness Week	Fitness Assessment Camp	CBR Department	15/10/2022	Swapna Nagari Housing Society, Opposite to Indrayani College, Talegaon-Chakan road, Talegaon Dabhade	1 Day	45 Participants	Department of Community Physiotherapy, MAEER's Physiotherapy College organised a free Physical Fitness Assessment Camp for residents of Swapna Nagari Housing society, Talegaon Dabhade on 15th October 2022 from 10 am to 1 pm. A physiotherapist team consisting of 18 final year students, Interns and Community Physiotherapy PG students assessed obesity & physical fitness of 45 residents of Swapna Nagari. The physical fitness evaluation consists of BMI, % Body fat using Body impedance analysis machine, Flexibility Test, Muscle strength & endurance Test, Cardiovascular fitness test of each participant. After the fitness assessment each participant were explained about their physical fitness level & Grades of Obesity and counselling was done to participate in exercise program and lifestyle modification. All the residents were encouraged to do Physical activity and appropriate exercise prescription was given to them.
48	World Spine Day	Awareness Video	Musculoskeletal Department	16/10/2022	NA	1 Day	--	Department of Musculoskeletal physiotherapy shared an awareness video made by the 1 MPT students with the guidance of the staff on "Risk factors, causes and prevention to be taken during Low back pain" and was circulated in the social platforms
49	National Obesity Awareness Week	Fitness Camp	CBR Department	16/10/2022	Yashwant Plus Housing Society, Talegaon Dabhade	1 Day	--	Department of Community Physiotherapy, MAEER's Physiotherapy College organised a free Physical Fitness Assessment Camp for residents of Yashwant Plus Housing Society, Talegaon Dabhade on 16th October 2022 from 10 am to 1 pm. A physiotherapist team consisting of 21 final year students, Interns and Community Physiotherapy PG students assessed obesity & physical fitness of 45 residents of Yashwant Plus Housing Society.

								The physical fitness evaluation consists of BMI, % Body fat using Body impedance analysis machine, Flexibility Test, Muscle strength & endurance Test, Cardiovascular fitness test of each participant. After the fitness assessment each participant were explained about their physical fitness level & Grades of Obesity and counselling was done to participate in exercise program and lifestyle modification. All the residents were encouraged to do Physical activity and appropriate exercise prescription was given to them.
50	World Mental Health week	Stress Management Session	CBR Department	19/10/2022	Kinesiotherapy Lab MAEER's Physiotherapy College	1 Day	43 Participants	Department of Community Physiotherapy, MAEER's Physiotherapy College organised a Stress Management Session for 40 Final year B.P.Th Students on 19th October 2022 from 9:00 am to 10:00 am. Mrs. Archana Raje, Dept. of Psychiatry, MIMER Medical College demonstrated Jacobson's Progressive Relaxation Technique and students practiced it as per the instructions given by her. The students felt relaxed after the session and Mrs. Archana Raje asked the students to practice this technique for managing stress in everyday life.
51	World Bioethics Day	Symposium	Bioethics Unit	19/10/2022	Sushrut Hall	1 day	45 staff and 53 students	Symposium including 4 speakers working with special and vulnerable population on the theme of Social Responsibility and health was conducted by Bioethics Units of MAEER's Physiotherapy College, Talegaon Dabhade. Topics included 'Psychological Needs of disadvantaged children', Barriers to Inclusive education, health needs of tribal girls, challenges of NGO in rural areas. A competition was also held for students on the same theme where entries for poem, poster and photograph were received.
52	World Diabetes Day	Health Talk	CBR Department	14/11/2022	Urban Health Centre Talegaon Dabhade	1 Day	43 Participants	The session started at 10 am with an informative speech on Diabetes, its risk factors and complications. All patients were given a free blood sugar check up and counselled for dietary and lifestyle modifications and were prescribed medications. Later, a speech on importance of exercises and their benefits and types of exercises helpful in the management of Diabetes were explained and demonstrated. A short exercise session was conducted for the patients. Different types of exercises including warmup, mobility exercises, resistance exercises, chair aerobics, cooldown were demonstrated. The session was concluded at 2 pm with a thank you speech

53	World Diabetes Day	Crossword puzzle competition	Cardio Respiratory Department	14/11/2022	Cardio Respiratory OPD	1 Day	Students	Crossword puzzle competition was held for 4th BPTH students on the topic of Diabetes on World Diabetes day. The students were divided into different groups and the competition was held between them
54	World Diabetes Day	Health Talk	CBR Department	16/11/2022	Rural Health Centre Sudumbare	1 Day	30 Participants	The session started at 11am by highlighting speech on Diabetes and its awareness. later Speech on importance of Exercises its benefits and types of exercises in diabetes were explained. later on BSL checkup was started simultaneously Exercise session was conducted for the patients. Demonstration of different types of exercise to the patients including warmup, mobility exercises, resistance exercises, chair aerobics, cooldown was conducted . Session concluded by 1pm by giving thank you speech.
55	World COPD Day	Debate competition	Cardio Respiratory Department	18/11/2022	Cardio Respiratory OPD	1 Day	Students	On the occasion of World COPD day, The department of Cardiovascular and Respiratory physiotherapy organized a debate competition on the topic "Recent advances in the Respiratory physiotherapy."
56	International Disability Day with Jai Vakeel School for Children in Need of Special Care	Visit to Parle G Factory Talegaon Dabhade	Department of Neurophysiotherapy and Jai Vakeel School for Children in Need of Special Care	5/12/2022 11.00 am To 1.00 pm	Parle G Factory Talegaon Dabhade	1	Students	On occasion of "International day of Disability", MAEER's Physiotherapy College, keeping in mind the theme of Inclusion of children with special needs in society arranged a vocational and informative visit in Parle G factory, Talegaon Dahade. Staff and students participated with enthusiasm for the same
57	Awareness regarding women grievance	Health Talk	Community Physiotherapy Department	7/12/2022	Rural Health Training Centre, Talegaon Dabhade	1	10	On occasion of Women grievance week 2022 department of community physiotherapy of MAEER's physiotherapy college and MIMER Medical college organized program to create awareness regarding women grievance. By PG student of community medicine Dr. Sadhana speech were delivered on dowry and women empowerment.
58	Importance of Exercises for Dysmenorrhea	Health Talk	Community Physiotherapy Department	13 th December 2022 11am to 1pm	Indrayani Institute of Pharmacy, Talegaon Dabhade	1	28	Department of Community Physiotherapy of MAEER's Physiotherapy College Conducted a health talk on importance of exercises for dysmenorrhea and PCOD at Indrayani Institute of Pharmacy by PG student of Community Physiotherapy Priyanka Jangid presentation was conducted which included what is dysmenorrhea types and how it affects quality of life and later on importance of exercises.

59	CME	OFFLINE LECTURE	Musculoskeletal Physiotherapy Department	13 TH DEC 2022 2PM TO 4 PM	SUSHRUT HALL	1	80 participants	MAEER's physiotherapy college Talegaon dabhadde had conducted CME on the topic "Current concepts in sports Injury Rehabilitation" on 13th December 2022 by Dr Anand Gangwal, who is MPT in Orthopaedic, Sports and Manual Therapy (Australia). Target audience was Physiotherapy PG students, Interns and Final year students. Dr Anand Gangwal gave insight into various current trends in on field and off-field sports Injury assessment and training.
60	CME	OFFLINE LECTURE	NEURO PHYSIO THERAPY DEPT	14 TH DEC 2022 2PM TO 4 PM	SUSHRUT HALL	1	25 PG STUDENTS	Neurophysiotherapy dept of MAEERS MIT PUNE's physiotherapy college conducted a CME ON Neuroimaging CT & MRI on 14th dec 2022. The speaker for cme was DR S.S. Thind sir Prof & HOD Radiology. THERE WERE 25 PG students and 8 FACULTY attended the lecture. It was a good educational investigative insight towards diseases.
61	Alumni Activity 2022	Guest Lecture By Alumna Dr Bhavika Parekh	Alumni Committee of MAEER's Physiotherapy College	15 th Dec 2022 2:00-4:00pm	SUSHRUT HALL	1	90 participants	Dr Bhavika Parekh Alumna of MAEER's Physiotherapy College Talegaon Dabhadde contributed to college by spreading knowledge about advanced physiotherapeutic techniques used these days to give exposure to students about different techniques and instrumentation used which are not of their curriculum. She also shared her experiences as a chief physiotherapist for the cricket academy for blind Maharashtra state. She talked about their various injuries and what are the techniques she uses on field to treat the players
62	Camp samparc heritage walk	Health Promotion	Community Physiotherapy Department	18 th December 2022	Bhaje Village, Maval, Lonawala	1	More than 6000	On 18th dec Samparc heritage walk was organized between bhaje cares, lohagad fort on behalf of Samparc Balgram Sanstha to promote rich culture and Heritage of Maharashtra. Participants were citizen and school children. Physiotherapist provided facility for participated individual who suffered from dyspnea, muscle cramps and other conditions.
63	Maha arogya shibir	Health Promotion	Community Physiotherapy Department	24th and 25th December 22	PWD Ground, Sanghvi, Pune	1	Around 400	Physiotherapy interns of MAEER's physiotherapy college and doctors from MIMER medical college attended "mega camp". we provided facility to participants of orthopedic conditions by giving physiotherapy for required patients. Most of patients were of knee pain, low backache and shoulder pain. Few patients required follow up for physiotherapy were referred to MAEER's physiotherapy college.



DR. SNEHAL GHODEY
Principal
MPT (Musculoskeletal)
13/12/22

GCP Good Clinical Practice guidelines workshop



FREE PHYSIOTHERAPY CAMP



WORLD OBESITY DAY



WORLD OBESITY DAY AT 25 KARAT RUBY



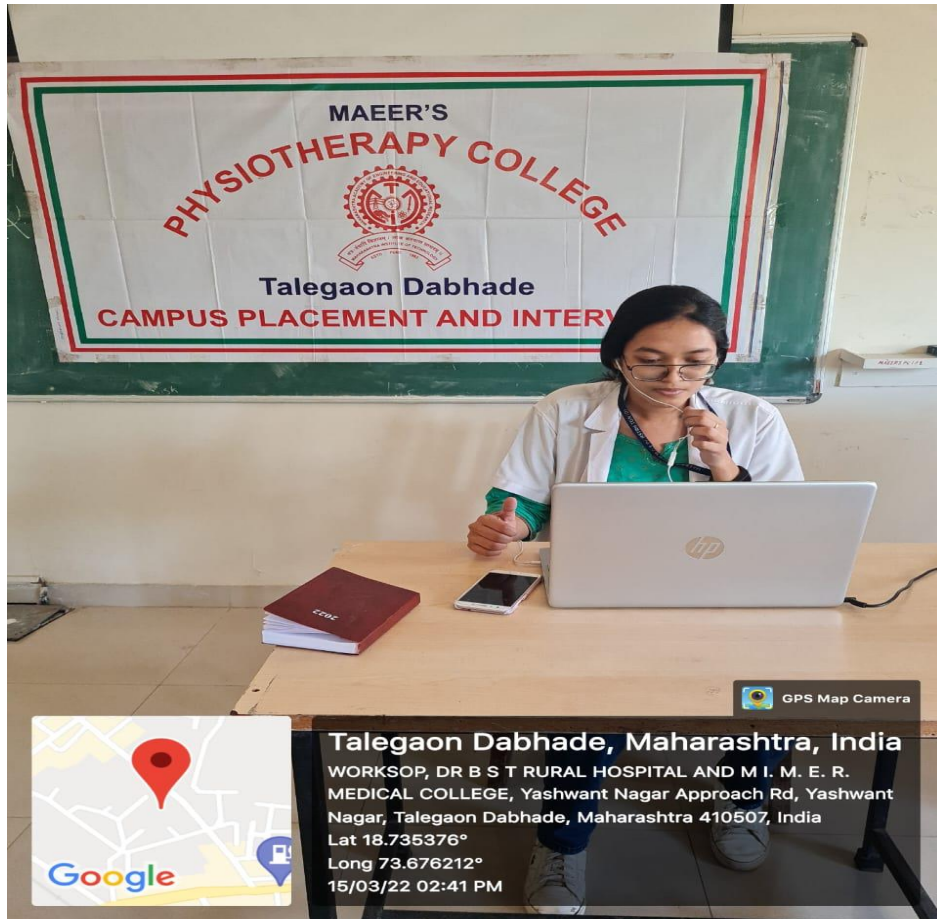
INTERNATIONAL WOMEN'S DAY AT SUSHRUT HALL



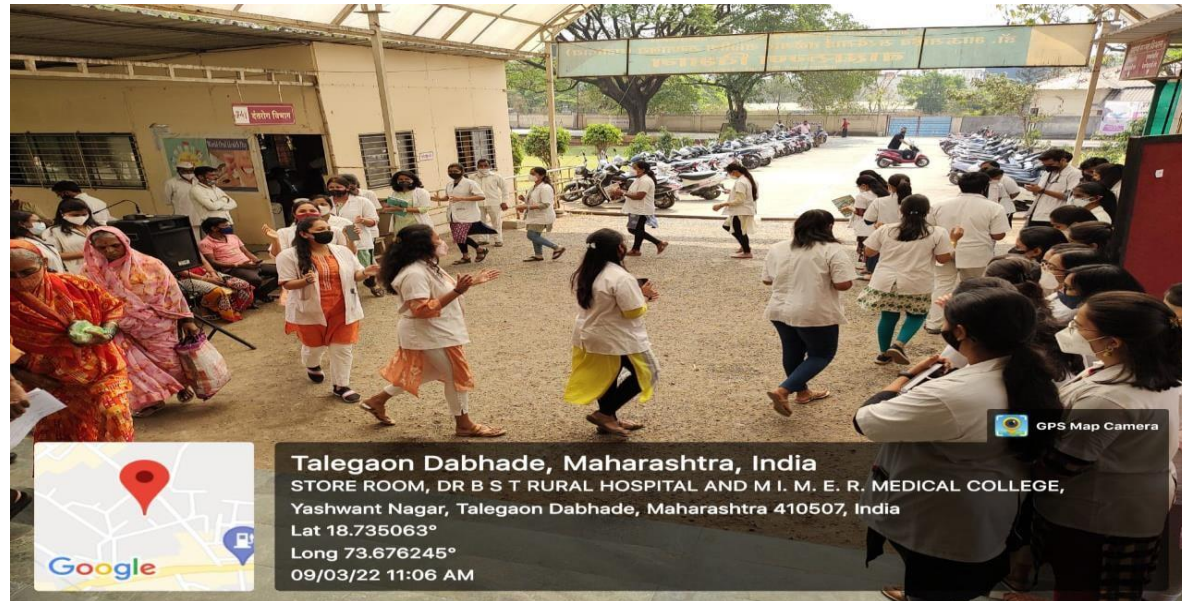
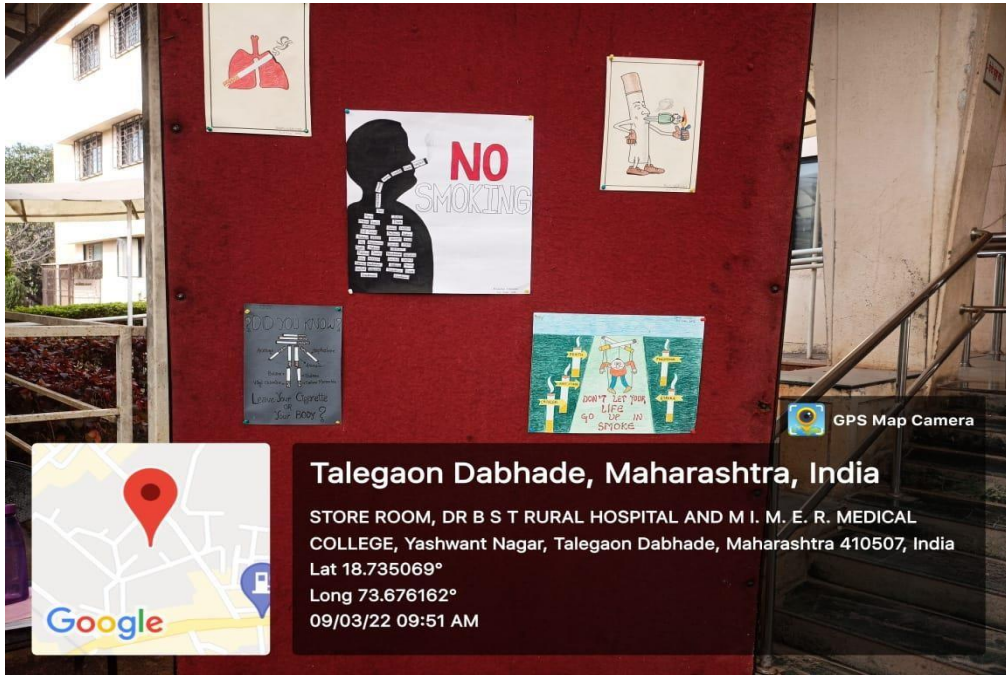
INTERNATIONAL WOMEN'S DAY AT UHC



ONLINE CAMPUS INTERVIEW



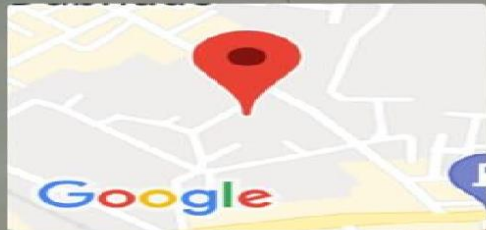
NO SMOKING DAY



WORLD HEAD INJURY AWARENESS



GPS Map Camera



Talegaon Dabhade, Maharashtra, India
DR B S T RURAL HOSPITAL AND M. I. M. E. R. MEDICAL COLLEGE, 8, Yashwant Nagar Approach Rd, Yashwant Nagar, Talegaon Dabhade, Maharashtra 410507, India
Lat 18.735464°
Long 73.67597°
21/03/22 10:42 AM

WORLD TUBERCULOSIS DAY



ARTIFICIAL LIMB CENTER VISIT



WORLD HEALTH DAY



INDUSTRIAL VISIT



MULTIPLE SCLEROSIS DAY



MUHS FOUNDATION DAY



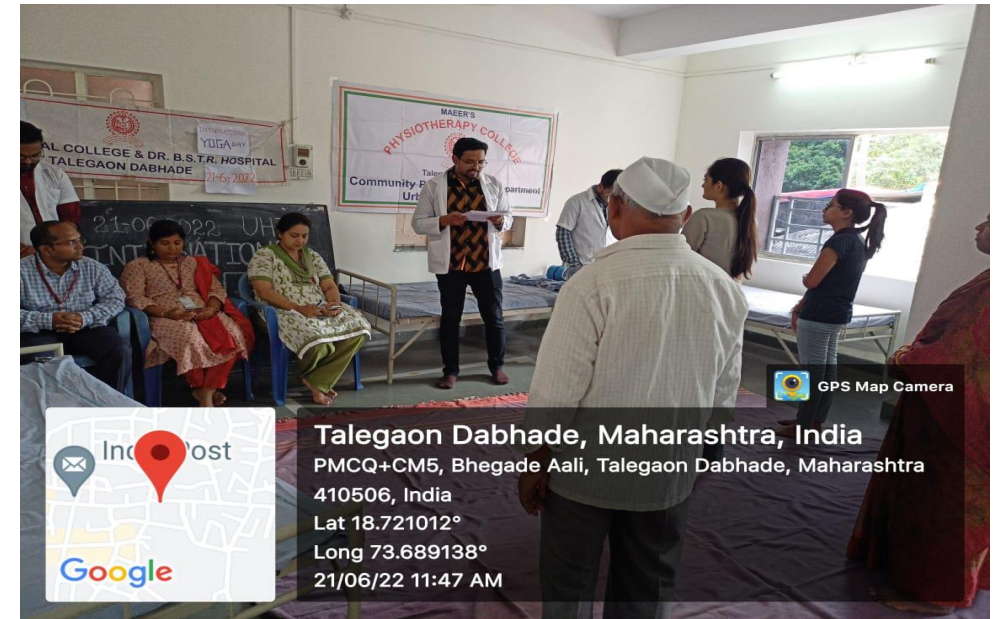
PHOTOS OF TREE PLANTATION



OATH TAKING CEREMONY



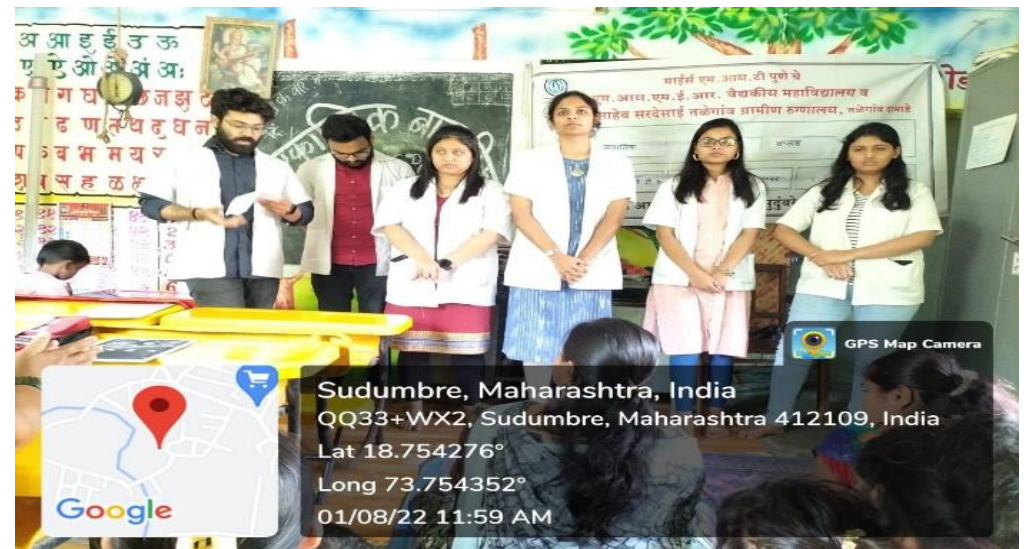
PHOTOS OF INTERNATIONAL YOGA DAY AT UHC



1st AUGUST 2022 – BUDDHAVASTI, UHC, TALEGAON DABHADE



1ST AUGUST 2022- SUDUMBARE, RHC, TALEGAON DABHADE



2nd AUGUST- DHORWADA, UHC, TALEGAON DABHADE



3rd AUGUST – PNC WARD, BSTRH, TALEGAON DABHADE





BONE AND JOINT DAY



4TH AUGUST- BHEGADI ALI, UHC, TALEGAON DABHADE



5th AUGUST – DAL ALI, UHC, TALEGAON DABHADE



3RD AUGUST - PHC, TALEGAON DABHADE



4TH AUGUST- BHEGADE ALI



5TH AUGUST – DAL ALI, UHC, TALEGAON DABHADE



6TH AUGUST – MALI ALI, VITTHAL MANDIR, UHC



SOCIAL AWARENESS CLUB ("OSTEOARTHRITIS AND THE ROLE OF PHYSIOTHERAPISTS IN ITS PREVENTION AND IN THE MANAGEMENT")



GPS Map Camera

Talegaon Dabhade, Maharashtra, India
 STORE ROOM, DR B S T RURAL HOSPITAL AND M I. M. E. R. MEDICAL COLLEGE, Yashwant Nagar, Talegaon Dabhade, Maharashtra 410507, India
 Lat 18.735082°
 Long 73.676289°
 07/09/22 12:07 PM

GPS Map Camera

Talegaon Dabhade, Maharashtra, India
 Maruti Mandir, Talegaon Dabhade, Maharashtra 410506, India
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 Long 73.682971°
 09/09/22 11:06 AM

FREE PHYSIOTHERAPY MULTIDIAGNOSTIC CAMP (SEPT 2022)



GPS Map Camera

Talegaon Dabhade, Maharashtra, India
 STORE ROOM, DR B S T RURAL HOSPITAL AND M I. M. E. R. MEDICAL COLLEGE, Yashwant Nagar, Talegaon Dabhade, Maharashtra 410507, India
 Lat 18.735202°
 Long 73.676197°
 14/09/22 10:54 AM GMT +05:30

GPS Map Camera

Talegaon Dabhade, Maharashtra, India
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 Lat 18.735209°
 Long 73.676208°
 14/09/22 11:13 AM GMT +05:30

PHOTOES OF RASHTRIYA POSHAN MAAH SEPT 2022 – PHC, TALEGAON DABHADE



WORLD HEART DAY



WORLD LUNG DAY



MAEER MIT Pune's
Physiotherapy College

On the occasion of
WORLD LUNG DAY
Dept. of
Cardiovascular &
Respiratory physiotherapy

**"Creative writing
Competition"**

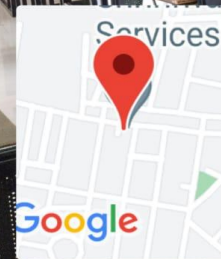


Topic

Active Cycle of
Breathing Technique

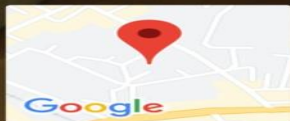
Venue

Dept. of
Cardiovascular &
Respiratory physiotherapy
Time:10 am -11am
Date : 30/09/2022

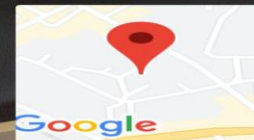


Talegaon Dabhade, Maharashtra, India
MAEER'S PHYSIOTHERAPY COLLEGE, Talegaon
Dabhade, Maharashtra 410507, India
Lat 18.740994°
Long 73.674171°
30/09/22 11:05 AM GMT +05:30

WORLD CARDIO PULMONARY WEEK



Talegaon Dabhade, Maharashtra, India
8, Yashwant Nagar Approach Rd, Yashwant Nagar,
Talegaon Dabhade, Maharashtra 410507, India
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Long 73.675866°
26/09/22 11:10 AM



Talegaon Dabhade, Maharashtra, India
8, Yashwant Nagar Approach Rd, Yashwant Nagar,
Talegaon Dabhade, Maharashtra 410507, India
Lat 18.735239°
Long 73.675775°
28/09/22 10:19 AM GMT +05:30

WORLD HEART DAY (SKIT/RALLY)



PHOTOES OF RASHTRIYA POSHAN MAH SEPT 2022 – NANOLI VILLAGE



WORLD SPINE DAY



PHOTOES OF MIRAGHAR SENIOR CITIZEN HOME



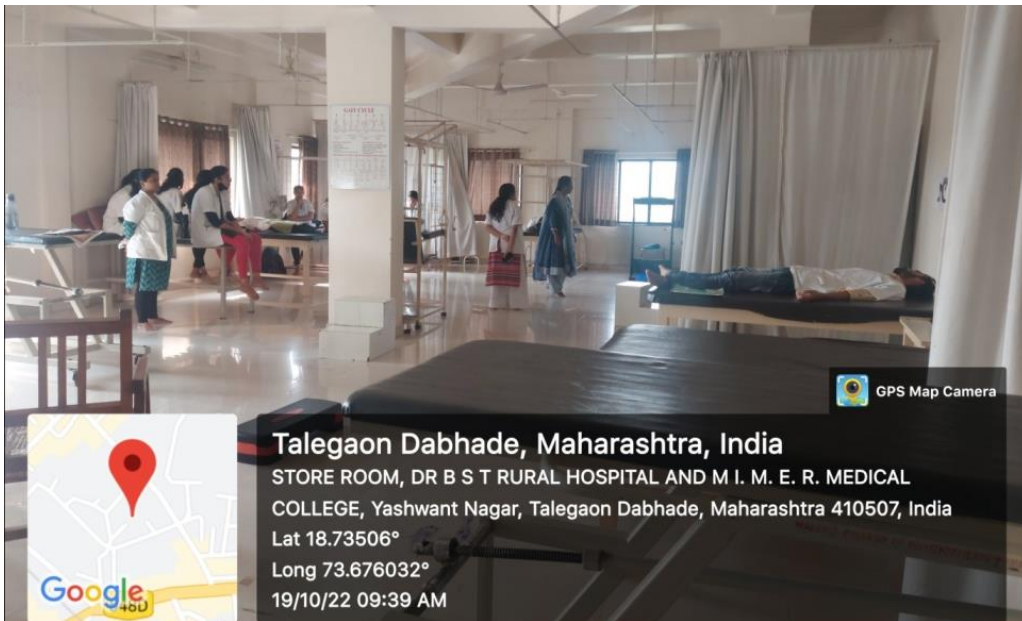
PHOTOES OF OBESITY CAMP IN SWAPNANAGARI SOCIETY



PHOTOES OF OBESITY CAMP IN YASHWANT PLUS SOCIETY



PHOTOES OF WORLD MENTAL HEALTH WEEK OCT 2022



WORLD BIOETHICS DAY 2022



PHOTOES OF WORLD DIABETES DAY 2022- UHC, TALEGAON DABHADE



PHOTOES OF WORLD DIABETES DAY 2022- RHC, SUDUMBARE



WORLD DIABETES DAY (CROSSWORD PUZZLE COMPETITION)





WORLD COPD DAY (DEBATE COMPETITION)



PHOTOES OF CERTIFIED ANTENATAL & POSTNATAL EXERCISE SPECIALIST 2022- OPD BUILDING, MAEER'S PHYSIOTHERAPY COLLEGE


@ihfafitness



**Two Days Hands On Workshop on
CERTIFIED ANTENATAL
POSTNATAL EXERCISE SPECIALIST™**

Organised by: Department of Community Physiotherapy,
MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE,
TALEGAON (D)

On
25th, 26th Nov 2022
2nd Floor, OPD Building MAEER's
Physiotherapy College, Talegaon (D), Pune
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cbrpt_th@mitmimer.com
02114-308391
PAYMENT LINK
<https://forms.gle/HhuphcyKpzi7aPhH8>

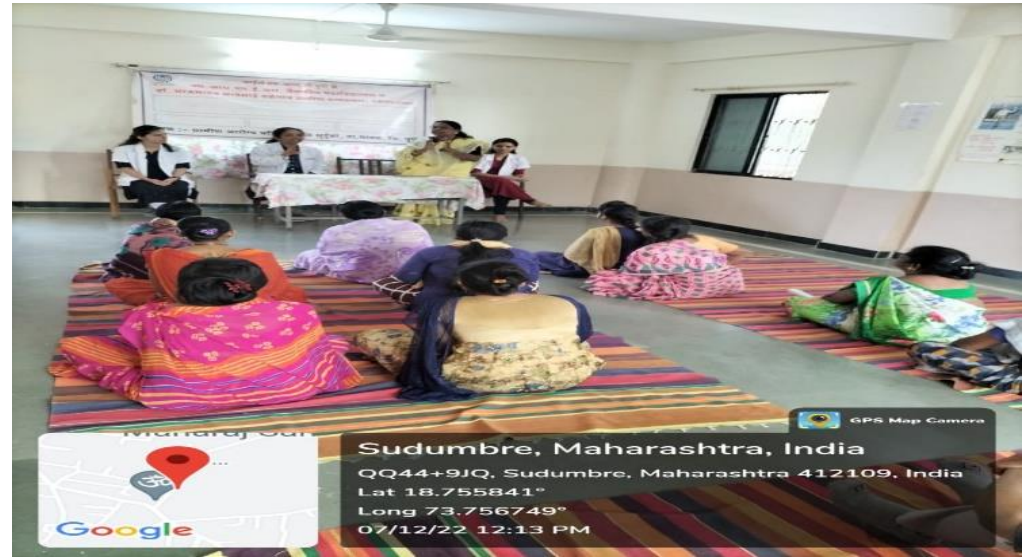




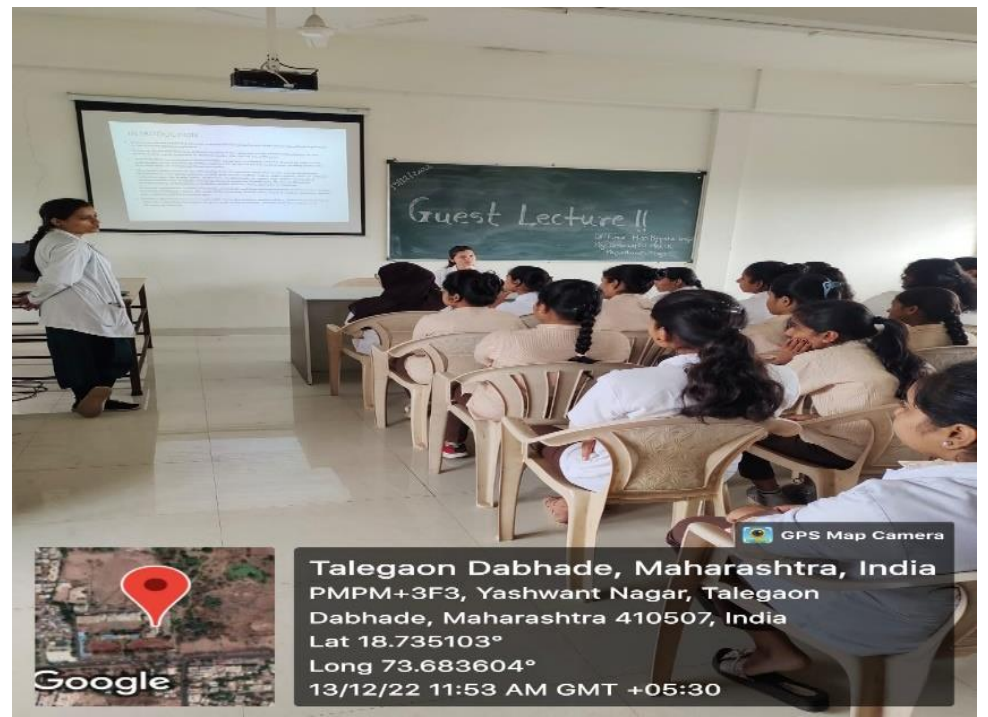
PARLE G FACTORY VISIT



AWARENESS REGARDING WOMEN GRIEVANCE:



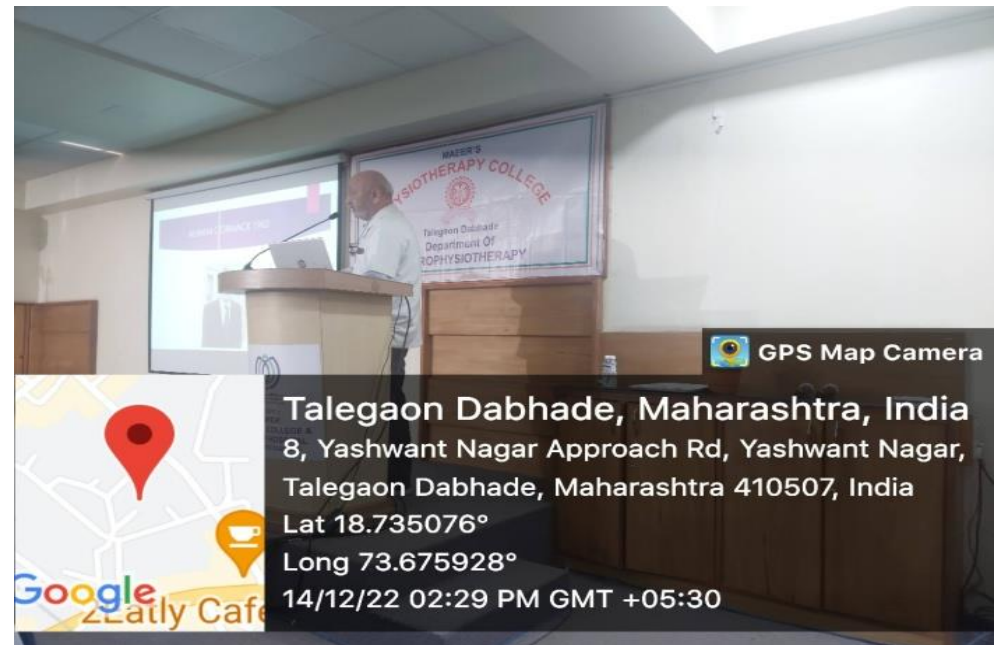
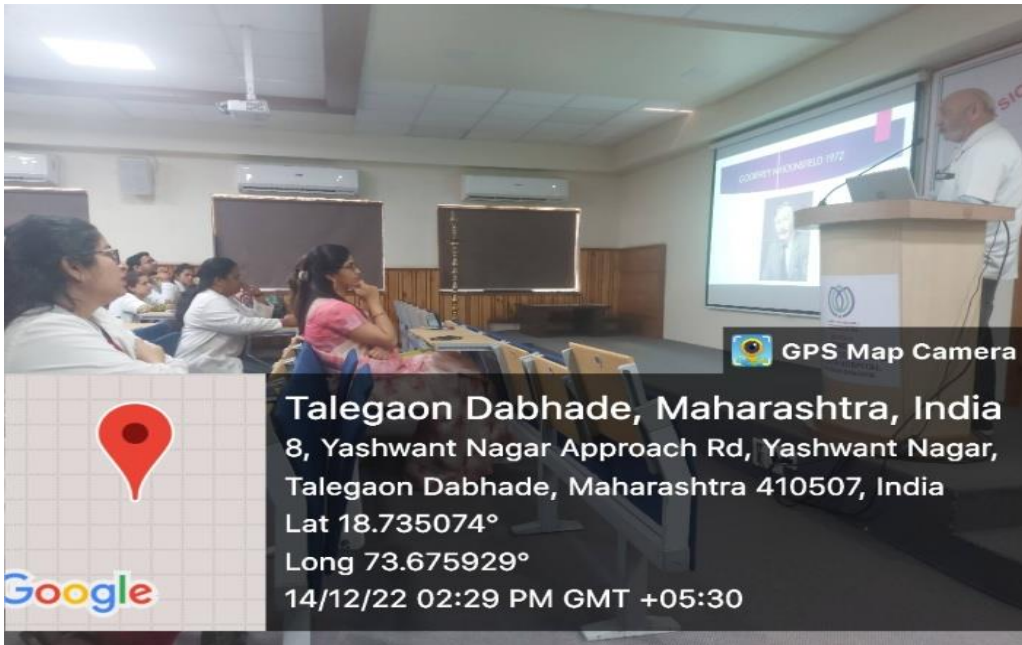
HEALTH TALK ON IMPORTANCE OF EXERCISE IN DYSMENORRHEA:



ORTHO CME



NEUROPHYSIOTHERAPY CME



ALUMNI ACTIVITY 2022



Talegaon Dabhade, Maharashtra, India
8, Yashwant Nagar Approach Rd, Yashwant Nagar,
Talegaon Dabhade, Maharashtra 410507, India
Lat 18.735098°
Long 73.675943°
15/12/22 02:34 PM GMT +05:30



Talegaon Dabhade, MH, India
Yashwant Nagar, Talegaon Dabhade,
410407, MH, India
Lat 18.735001, Long 73.675911
12/15/2022 03:09 PM GMT+05:30

CAMP SAMPARC HERITAGE WALK



Lonavala, MH, India
Mawal, Lonavala, 410405, MH, India
Lat 18.724089, Long 73.476332
12/18/2022 09:59 AM GMT+05:30
Note : Captured by GPS Map Camera



Lonavala, MH, India
Mawal, Lonavala, 410405, MH, India
Lat 18.730742, Long 73.478870
12/18/2022 09:33 AM GMT+05:30
Note : Captured by GPS Map Camera

MAHA AAROGYA SHIBIR

