

Maharashtra University of Health Sciences, Nashik
Inspection Committee Report for Academic Year 2024 - 2025
Attendance Details/ Research Details/ Welfare Scheme Details

Faculty Physiotherapy

Name of College/Institute...MAEER's Physiotherapy College, Talegaon Dabhade

1	Attendance	} Month-wise - Biometric attendance to be uploaded by the college on College Website (No hard copies of attendance to be submitted to the University)
	Teaching Staff	
	Non teaching staff	
	Hospital Staff	
	UG & PG Students	
2	Project	Attached
	Research Articles/Publications	Attached
	Research Award (Student/Teacher)	Attached
3	Utilization of Student Welfare Schemes :-	
	Earn and Learn Scheme	NIL
	Dhanwantri Vidyadhan Scheme	NIL
	Sanjivani Student Safety Scheme	NIL
	Student Safety Scheme	NIL
	Book Bank Scheme	YES
	Savitribai Phule Vidyadhan Scheme	NIL
	Bahishal Shikshan Mandal Scheme	NIL
4	Sport participants/Other Activities:	
	i) Information of Student(s) who participated University level & State level Avishkar Competition.	Attached
	ii) Information of Student(s) who participated in Regional Sport Competition & State level Sports Competition.	Attached
	iii) Information of Student(s) who participated in Cultural Activities.	Attached
	iv) Does the college have NSS Unit?	YES
5	Whether "Swaccha Bharat Abhiyan" implemented in college	YES



A. Ghodey
DR. SNEHAL GHODEY
 Dean/Principal Stamp & Signature
 M.Ph.T. (Musculoskeletal)
 Principal
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE

MAEER's Physiotherapy College

Talegaon Dabhade

Department: Musculoskeletal Physiotherapy

Completed Research Projects-2023

Sr. No	Name of the Researcher	Title	UG/ PG/ Staff	Guide	Ethical Approval Yes/No	Published
1	Shankesh Chaturvedi	Added effects of FIFA 11+ injury prevention program on functional performance in adult Futsal Players	PG	Dr. Snehal Ghodey	Yes	No
2	Dipali Dasharathe	Added effect of Primal reflex release technique and Conventional treatment for pain and foot functions in Nurses with planter-fasciitis	PG	Dr. Snehal Ghodey	Yes	No
3	Aarya Mehta	Effect of National academy of sports medicine corrective exercises versus Sahrman corrective exercises on pain, craniovertebral angle, round shoulder posture angle, thoracic kyphosis angle in college students with upper cross syndrome.	PG	Dr. Snehal Ghodey	Yes	No
4	Manasi Mane	Correlation of dynamic postural balance with arch of foot and plantar pressures in gymnasts with chronic ankle sprains in pune region: analytical study	PG	Dr. Neetu Mahapatra	Yes	No
5	Sakshi thakare	Comparison between the effect of Mulligan's SMWLM and two leg rotation technique on pain , SLR range, disability in patients with lumbar radiculopathy - An Experimental Study	PG	Dr. Neetu Mahapatra	Yes	No
6	Priyanka kumbhar	correlation of dance functional outcome survey with lower limb flexibility, power, dynamic balance in ballet dancers	PG	Dr. Neetu Mahapatra	Yes	No

7	Riddhi Raul	Prevalence Of Overuse Injuries In Rugby Players In Pune Region	UG	Dr. Neetu Mahapatra	Yes	No
8	Yash Wadate	Efficacy of shoulder injuries and quality of life in youth badminton players	UG	Dr Archana Bondhale	Yes	No
9	Riya Patkar	Prevalence of swimming overuse injuries in elite competitive high school swimmers- a cross sectional study	UG	Dr Snehalata Kulkarni	Yes	No
10	Dhruvi Parekh	Prevalence Of Lower Cross Syndrome In Patients With Flat Foot	UG	Dr Divyagana Rawane	Yes	No
11	Saloni Jain	Prevalence Of Low Back Pain In Recreational Gym Going Population.	UG	Dr Parita Kothari	Yes	No
12	Swarangi Kotwal	Prevalence Of Lateral Epicondylitis In Harmonium Players	UG	Dr Archana Bondhale	Yes	No
13	Vilia Rodrigues	Prevalence Of Work Related Musculoskeletal Problems Among Merchant Navy Cadets In Maval Region: A Cross Sectional Study	UG	Dr Snehalata Kulkarni	Yes	Yes
14	Megha Thigale	Comparison of deep neck flexor muscle endurance and neck disability among school teachers having forward head posture with or without neck pain	UG	Dr Snehal Ghodey	Yes	No
15	Shreya Bhise	An epidemiological analysis of musculoskeletal injuries in professional cyclists in Pune area	UG	Dr Bindu Sarfare	Yes	No
16	Ria D cunha	Association of Q angle and risk of fall in elderly knee osteoarthritic patients	UG	Dr Archana Bondhale	Yes	No
17	Palak Shah	Comparison of dynamic balance and foot and ankle ability measure in classical dancers with and without joint hypermobility	UG	Dr Bindu Sarfare	Yes	No

P. N. Kothari
Dr. Parita Kothari

Research coordinator

LECTURER

MAEER'S Physiotherapy College
Talegaon Dabhadre, Dist. Pune-410507



Raw
Dr. Neetu Mahapatra

HOD

PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE-410 507

Snehal Ghodey
Dr. Snehal Ghodey

Principal

DR. SNEHAL GHODEY

M.Ph.T. (Musculoskeletal)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

MAEER's Physiotherapy College Talegaon Dabhade
Department: NEUROPHYSIOTHERAPY DEPARTMENT
Completed Research Projects-2023

S r. N o	Name Of The Researcher	Title	UG/ PG/ Staff	Guide	Ethical Approval Yes/No	Published
1,	Dr Gandhali Situt	Effect Of Multimodal Balance Exercises Versus Conventional Balance Exercises On Dynamic Balance In Children With Down's Syndrome.	PG	Dr Priya Chitre	Yes	No
2	Dr Raghu Raj Jaju	Effect Of 4 Weeks Square Stepping Exercise Program Versus Conventional Exercise Program On Dynamic Balance In Post Stroke Hemiplegics	PG	Dr Sayli Paldhikar	Yes	No
3	Dr Uzma Shaikh	Association Of Maximum Step Length Test Scores And Clinical Balance Measures (Viz. Timed Up And Go Test And Functional Reach Test) In Community Dwelling Older Adults.	PG	Dr Priya Chitre	Yes	No
4	Dr Priti Chavan	Comparison Of Efficacy Between In-Person, Tele-And Blended Vestibular Rehabilitation On Subjective Dizziness And Activity Specific Balance Confidence In Patients With Chronic Vestibular Disorders	PG	Dr Priya Chitre	Yes	No
5	Dr Samruddhi Kandharkar	Comparison Of Balance During Dual Task In-Between Cognitively Impaired And Non-Impaired Individuals With Parkinson's Disease	PG	Dr Sayli Paldhikar	Yes	No
6	Dr Kashmira Dongardive:	Association Of Trunk Control And Lower Extremity Selective Voluntary Motor Control With Balance In Children	PG	Dr Sayli Paldhikar	Yes	No

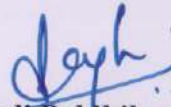
		With Spastic Cerebral Palsy				
7	Hiral Gujarathi	Added Effect Of Rhythmic Auditory Stimulation On Gait Speed And Cadence Along With Conventional Training In Young Adults With Down Syndrome - A Comparative Study	UG	Dr Sumitra Sakhawalkar	Yes	No
8	Hiral Gujarathi	Effect Of Physiological Genu Recurvatum On Static And Dynamic Balance In Asymptomatic College Going Females.	UG	Dr Sumitra Sakhawalkar	Yes	No
9	Prachi Bhanushali	Knowledge, Attitude And Awareness Of Role Of Physiotherapist In Vestibular Rehabilitation Among Medical Practitioners	UG	Dr Priya Chitre	Yes	No
10	Tanvi Bapat	Assessment Of Dual Task (Motor-Motor V/S Motor-Cognitive) Performance In Patients With Type 2 Diabetes Mellitus When Compared To Normal	UG	Dr Sayli Paldhikar	Yes	No
11	Hitesh Sable	Correlation Between Selective Voluntary Motor Control Of Lower Extremity And Functional Mobility In Children With Spastic Diplegic Cerebral Palsy	UG	Dr Priya Chitre	Yes	No



Dr. Sumitra Sakhawalkar

**Research Coordinator
ASSO PROFESSOR**

MAEER'S Physiotherapy College
Talegaon Dabhade, Dist. Pune-410507



Dr. Sayli Paldhikar

HOD

**PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
T. PUNE-410 507**




Dr. Snehal Ghodey

Principal

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M.Ph.T. (Musculoskeletal)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

MAEER's Physiotherapy College Talegaon Dabhade

Department: Department of Cardiovascular & Respiratory Physiotherapy

Completed Research Projects-2023

Sr. No	Name of the Researcher	Title	UG/ PG/ Staff	Guide	Ethical Approval Yes/No	Published
1	Dr. Varoon Jaiswal	Board game as a teaching learning tool for evidence-based practice concept	Staff	-	Yes	No
2.	Dr. Ramya Shetty	Case dramaturgy for respiratory cases: dramatize to learn	Staff	-	Yes	No
3	Chenessa Misquitta	Association of kinesiphobia on cardiorespiratory endurance, mobility and function at hospital discharge after abdominal surgery	PG	Dr. Varoon Jaiswal	Yes	No
4	Arpita Bhondave	Translation, Cross Cultural Adaptation And Reliability Of Chronic Venous Insufficiency Quality Of Life Questionnaire[CIVIQ-14] In Marathi Language"	PG	Dr. Varoon Jaiswal	Yes	No
5	Minakshi Balpande	Impact of smartphone based exercise prescription versus home based exercise prescription on adherence, cardiopulmonary endurance and blood pressure in primary hypertensive patients. - an experimental study	PG	Dr. Varoon Jaiswal	Yes	No
6	Anushree Datar	Prevalence of Peak Flow Meter usage as a monitoring device in adult individuals with Bronchial Asthma	UG	Dr. Deepika Burman	Yes	No



7	Ekata Makwana	Knowledge & awareness about breast self examination (BSE) among young female adults	UG	Dr. Ramya Shetty	Yes	No
8	Jina Jain	Marathi translation of peripheral artery disease quality of life questionnaire (PADQOL)	UG	Dr. Pournima Pawar	Yes	No
9	Rutuja Mane	To derive normative values of dimensions of internal loading in male professional football players- A cross sectional survey	UG	Dr. Varoon Jaiswal	Yes	No
10	Snehal Patil	Prevalence of dyspnea during activities of daily living in hypothyroid patient	UG	Dr. Pournima Pawar	Yes	No
11	Shruti Borkar	Estimation of NEAT in type 2 diabetics- cross sectional study	UG	Dr. Ramya Shetty	Yes	No
12	Swaral Deshmukh	Correlation of quadriceps strength with number of hospital days in hospitalised COPD patient	UG	Dr. Deepika Burman	Yes	No
13	Manasi Sarangale	Translation of Quality of Life measure for limb lymphoedema.	UG	Dr. Varoon Jaiswal	Yes	No
14	Pooja Tonde	Knowledge & perception of hypertension amongst rural elderly population	UG	Dr. Ramya Shetty	Yes	No
15	Akshada Gugale	Comparison of effect of chair suryanamskar with traditional suryanamskar on pulse rate, respiratory rate and blood pressure in young healthy adults	UG	Dr. Varoon Jaiswal	Yes	No
16	Mohini Kolpe	Cardiovascular disease knowledge and risk perception among low socioeconomic status people.	UG	Dr. Ramya Shetty	Yes	No
17	Arpita Bhondave	Seizing the Second Chance: Delayed Referral to Cardiac Rehabilitation Following CABG in a Middle-Aged Male with Uncontrolled Hypertension and obesity - A case report	PG	Dr. Varoon Jaiswal	Yes	No



18	Chenessa Misquitta	Exploring the Severity of Kinesiophobia in patients undergone Abdominal Surgery: A Tampa Scale Analysis at hospital discharge	PG	Dr. Varoon Jaiswal	Yes	No
19	Minakshi Balpande	Effect of Open-Source Smartphone Application To Prescribe Exercise And Its Effects On Blood Pressure, Cardiopulmonary Endurance And Adherence, In Primary Hypertensive Patients – A Case Series	PG	Dr. Varoon Jaiswal	Yes	No

Pawar

Dr. Pournima Pawar

Research Coordinator
ASSO PROFESSOR
 MAEER'S Physiotherapy College
 Talegaon Dabhade, Dist.Pune-410507

Varoon Jaiswal

Dr. Varoon Jaiswal

Head of the Department
PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE - 410 507



Snehal Ghodey
 11/11/2024

Dr. Snehal Ghodey

Principal
DR. SNEHAL GHODEY
 M.Ph.T. (Musculoskeletal)
 Principal
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE

MAEER's Physiotherapy College Talegaon Dabhade
Department: Community Physiotherapy
Completed Research Projects-2023

Sr. No	Name of the Researcher	Title	UG/ PG/ Staff	Guide	Ethical Approval Yes/No	Published
1.	Priyanka Jangid	Effectiveness of Core Stability Exercise On pain and sleep quality in primary dysmenorrhea: An Experimental Study	PG	Dr. Nitin Nikhade	Yes	No
2.	Urusa Shaikh	Effect of Jacobson Relaxation Technique on Fatigue and Sleep disturbances in Breast Cancer Patients undergoing Adjuvant chemotherapy: An Experimental Study	PG	Dr. Anuradha Sutar	Yes	No
3.	Priyanka Chavan	Correlation of physical fitness index with body mass index using modified harvard step test in postmenopausal women	Intern	Dr. Anuradha Sutar	Yes	No
4.	Manasi Fegade	Association of physical frailty and functional disability among older adults	Intern	Dr. Nitin Nikhade	Yes	No
5.	Riddhi Khatu	Association of Piriformis tightness and prolonged sitting duration among desk job workers	Intern	Dr. Nitin Nikhade	Yes	No
6.	Aparna Menon	Association of perceived stress with chronic low back pain in Bankers	Intern	Dr. Nitin Nikhade	Yes	No
7.	Ranjana Naik	Effect of obesity on the foot health related quality of life in people with flatfeet	Intern	Dr. Anuradha Sutar	Yes	No
8.	Dimple Panchal	Knowledge and awareness of symptoms and risk factors of breast cancer among postmenopausal women	Intern	Dr. Anuradha Sutar	Yes	No
9.	Disha Soni	Knowledge, perception and attitude of pregnant women towards caesarean section	Intern	Dr. Anuradha Sutar	Yes	No
10.	Harshada Teredesai	Comparison of balance between fast and slow walkers in geriatric population	Intern	Dr. Nitin Nikhade	Yes	No
11.	Pratima Thakur	Prevalence of work related musculoskeletal problems in bakery workers	Intern	Dr. Nitin Nikhade	Yes	No
12.	Mohini Bayaskar	Effect of urinary incontinence on quality of life among older adults in Maval taluka	Intern	Dr. Anuradha Sutar	Yes	No

Nikhade

Dr. Nitin Nikhade
PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
T. DUNE - 410 507



Snehal Ghodey

Dr. Snehal Ghodey

DR. SNEHAL GHODEY

M.Ph.T. (Musculoskeletal)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE

MAEER's Physiotherapy College

Talegaon Dabhade

Department: Musculoskeletal Physiotherapy

On-going Research Projects-2023

Sr. No	Name of the Researcher	Title	UG/ PG/ Staff	Guide	Ethical Approval Yes/No
1	Shruti Brahme	Myopic Influence on Cervical Spine Mobility and Cervicogenic Headache.	UG	Dr.Bindu Sarfare	Yes
2	Nivedita Supekar	Prevalence of de-quervain's tenosynovitis in computer/laptop	UG	Dr.Parita Kothari	Yes
3	Eknath Saundane	Risk assessment of upper limb musculoskeletal disorder in pakhwaj players	UG	Dr.Bindu Sarfare	Yes
4	Vedanti Mundada	Prevalence of de-quervain's tenosynovitis in rifle shooting athletes	UG	Dr.Neetu Mahapatra	Yes
5	Bhagyashree Mahunta	Comparing the assessment of upper extremity functional performance in violinist and non-violinist	UG	Dr.Divyangana	Yes
6	Shruti Aruja	Comparing musculoskeletal pain and postural risk assessment in bharatanatyam and kathak dancers.	UG	Dr.Divyangana	Yes
7	Vedanti Mundada	Prevalence of de- quervain's tenosynovitis in rifle shooting athletes.	UG	Dr.Neetu Mahapatra	Yes
8	Kanad Dandgavhal	Added effect of gong's mobilisation along with conventional physiotherapy on shoulder rom, pain & functional disability in patients with frozen shoulder	UG	Dr.Parita Kothari	Yes
9	Aneri Shah	-translation of Quebec Back Pain Disability Scale (QBPDs) to Gujarati version.	UG	Dr.Parita Kothari	Yes

10	Vaishnavee Sawant	- comparison between the immediate effects of autogenic and reciprocal inhibition techniques on relief of pain in participants with nonspecific low	UG	Dr.Snehal Ghodey	Yes
11	Smeet Shah	Knowledge, attitude and practices regarding cardiorespiratory overexertion in gym users in talegaon- a pilot study	UG	Dr.Snehal Ghodey	Yes
12	Prajesh Kandalkar	-prevalence of riding related musculoskeletal disorders and disability among motorcyclists- a cross sectional study	UG	Dr.Snehlata Tembhumne	Yes
13	Aditi Pathak	Added Effect of Pain Neuroscience Education combined with conventional physiotherapy treatment versus conventional physiotherapy treatment alone on pain & disability in patients with cervical spondylosis: Assessor blinded Quasi Experimental Study.	PG	Dr.Snehal Ghodey	Yes
14	Vedeeka Goje	Correlation of Dynamic Balance, Flexibility, Agility & Power with Musculoskeletal Overuse injuries in Taekwondo Players.	PG	Dr.Neetu Mahapatra	Yes
15	Harshita Gupta	Effect of Myofascial Release using Myofascial Gun on Thoracolumbar fascia for Pain and Flexibility in People with Sedentary Standing Jobs having Low Back Pain.	PG	Dr.Snehal Ghodey	Yes
16	Shruti Khandelwal	Effect of Instrument Assisted Soft Tissue Mobilization versus Foam Rolling along with Conventional therapy on Gastro-Soleus Flexibility, Strength and Dynamic Balance amongst Taekwondo Players- A Quasi Experimental study	PG	Dr.Neetu Mahapatra	Yes
17	Janhavi Kale	Added Effect of Retro Waling Along with Conventional Therapy on Pain, Dynamic Balance and Knee Function in Patients with Patellofemoral Pain Syndrome- A Quasi Experimental Study.	PG	Dr.Neetu Mahapatra	Yes
18	Siddhi Jadhav	Effect of Dry Land versus In- Water Core Strength Training Exercises on Swimming Parameters of Young Swimmers- A Comparative Study	PG	Dr.Snehal Ghodey	Yes

P. H. Kothari

Dr. Parita Kothari

Research coordinator

LECTURER

MAEER'S Physiotherapy College
Talegaon Dabhade, Dist.Pune-410507



Rawl

Dr. Neetu Mahapatra

HOD

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE - 410 507

Snehal Ghodey

Dr.Snehal Ghodey

Principal

DR. SNEHAL GHODEY

M.Ph.T. (Musculoskeletal)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

MAEER's Physiotherapy College Talegaon Dabhade

Department: Neuro Physiotherapy

Ongoing Research Projects-2023

Sr. No	Name Of The Researcher	Title	UG/ PG/ Staff	Guide	Ethical Approval Yes/No
1	Dr Sayli Paldhikar	Effect Of 6 Weeks Computerized Cognitive Training Programme And Conventional Balance Training Programme Versus Conventional Balance Training Programme Alone On Balance And Quality Of Life In Geriatrics With Mild Cognitive Impairment--A Randomised Control Trial	Staff	Dr Y . Praveen	Yes
2	Dr Priya Chitre	Addressing Unmet Family Needs Of Children With Cerebral Palsy For Family Centered Care	Staff		Yes
3	Dr Mukta Rakhe	Effect Of Inclined Backward Treadmill Walking On Dynamic Balance & Gait In Children With Spastic Cerebral Palsy- An Experimental Study.	PG	Dr Sayli Paldhikar	Yes
4	Dr Neha Kasale	Comparison Of Facilitatory Vs Inhibitory Kinesiotaping Techniques For Lower Limb On Functional Mobility And Gait Parameters In Children With Spastic Cerebral Palsy	PG	Dr Priya Chitre	Yes
5	Dr Nelson Lobo	Added Effect Of Bilateral Scapular Stabilization Exercise Along With Conventional Exercise On Postural Stability And Dynamic Balance In Post Stroke Hemiplegic Patients	PG	Dr Sayli Paldhikar	Yes
6	Dr Sakshi Subhagchandani	Effectiveness Of Virtual Reality Exergaming Vs Physical Games For Improving Motor Control And Upper Limb Function In Post Stroke Hemiplegics	PG	Dr Sayli Paldhikar	Yes

7	Dr Sneha Phulpagar	Comparison Of The Effect Of Otago Exercise Versus A Circuit Training Programme On Balance In Stroke Patients	PG	Dr Priya Chitre	Yes
8	Dr Madhuri Rajbhar	Added Effect Of Whole Body Vibration V/S Focal Vibration Along With Conventional Exercise On Balance In Older Adults	PG	Dr Priya Chitre	Yes
9	Tanvi Kushe	Added Effect Of Chest Proprioceptive Neuromuscular Facilitation On Trunk Control In Childern With Spastic Cerebral Palsy	UG	Dr Sumitra Sakhawalkar	Yes
10	Moksha Jain	Added Effect Of Graded Motor Imagery On Pain And Kinesiophobia In Post Stroke Hemiplegic Patients With Shoulder Pain	UG	Dr Priya Chitre	Yes
11	Kruti Moradia	Added Effect Of Trunk And Pelvic Pnf On Dynamic Balance In Post Stroke Hemiplegics	UG	Dr Tanpreet Kaur Mehta	Yes
12	Dhwani Kothari	Knowledge, Attitude And Practice About The Role Of Physiotherapy In Primipara Women In And Around Maval Region	UG	Dr Nilofer Patel	Yes
13	Shruti Waghmare	- Correlation Of Foot Posture With Balance And Gait Ability In Children With Cerebral Palsy Across Different Age Groups.(A Cross Sectional Pilot Survey)	UG	Dr Sayli Paldhikar	Yes
14	Prapti Jha	- Assessment Of Cardiopulmonary Endurance In Bharatnatyam And Kathak Dancers: A Comparativ	UG	Dr Nilofer Patel	Yes



Dr. Sumitra Sakhawalkar

Research Coordinator
ASSO PROFESSOR
 MAEER'S Physiotherapy College
 Talegaon Dabhade, Dist.Pune-410507



Dr. Sayli Paldhikar

HOD
PROFESSOR
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE,
 T. PUNE-410 507




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 M.Ph.T. (Musculoskeletal)
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 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE

MAEER's Physiotherapy College Talegaon Dabhade

Department: Department of Cardiovascular & Respiratory Physiotherapy

Ongoing Research Projects-2023

Sr. No	Name of the Researcher	Title	UG/ PG/ Staff	Guide	Ethical Approval Yes/No
1	Sharvari Kulkarni	Translation and psychometric validation of diabetes education questionnaire(date q) into marathi language	PG	Dr. Varoon Jaiswal	Yes
2	Mithali Kangude	Development of a questionnaire and find it's reliability and validity for systemic hypertension: hypertension awareness, exercise and motivation questionnaire(haemq) project	PG	Dr. Varoon Jaiswal	Yes
3	Deepali Kharatmal	Examining the added effects of virtual reality based relaxation interventions on blood pressure control and quality of life in primary hypertensive individual.	PG	Dr. Varoon Jaiswal	Yes
4	Vishakha Landge	Added effect of slow instrumental music with physiological muscle relaxation technique on anxiety and blood pressure in patients with hypertension.	UG	Dr. Pournima Pawar	Yes
5	Aditi Phapagire	Development of brief exercise knowledge questionnaire for primary hypertension	UG	Dr. Varoon Jaiswal	Yes
6	Rajeshree Mahunta	Knowledge, attitude and practice related to diabetic foot complications among diabetic patients having low socioeconomic status	UG	Dr. Varoon Jaiswal	Yes
7	Hetsvi Trivedi	Physical activity levels and energy expenditure in hypertensive patients using international physical activity questionnaire (ipaq)	UG	Dr. Varoon Jaiswal	Yes



8	Aishwarya Gondhali	Prevalence of kinesiophobia in post abdominal surgery patients	UG	Dr.Deepika Burman	Yes
9	Jyoti Kanade	Correlation of visual reaction time and functional balance in individuals with asthma- a pilot study	UG	Dr.Ramya Shetty	Yes
10	Akshata Sanas	Knowledge of respiratory symptoms in traffic police constables.	UG	Dr.Ramya Shetty	Yes
11	Geetika Gajinkar	Development of a questionnaire for systemic hypertension: hypertension awareness, exercise & motivation questionnaire [haem-q]	UG	Dr.Deepika Burman	Yes

Pawar

Dr. Pournima Pawar

Research Coordinator

ASSO PROFESSOR

MAEER'S Physiotherapy College
Talegaon Dabhade, Dist. Pune-410507

Varoon Jaiswal

Dr. Varoon Jaiswal

Head of the Department

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE -410 507



Snehal Ghodey
11/1/2024

Dr. Snehal Ghodey

Principal

DR. SNEHAL GHODEY

M.Ph.T. (Musculoskeletal)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

MAEER's Physiotherapy College Talegaon Dabhade
Department: Community Physiotherapy
Ongoing Research Projects-2023

Sr. No	Name of the Researcher	Title	UG/ PG/ Staff	Guide	Ethical Approval Yes/No
1.	Dr. Nitin Nikhade	Effect of Chair Suryanamaskar with Strength Training on Functional Fitness in Community Dwelling Older Adults: A Randomized Controlled Trial	Staff	Dr. Vaishali Phalke	Yes
2.	Dr. Sonal Biyani	The Impact of Standing Leg Loading added as an Adjunct to Conventional Exercises on Diastasis Recti Abdominis in Postpartum Women - An Experimental Study.	PG	Dr. Anuradha Sutar	Yes
3.	Dr. Sunaina Rao Mandavilli	Effect of Stay Active for Independent Living(SAIL) Exercise Programme on Actual and Perceived Balance in Institutional Older Adults	PG	Dr. Nitin Nikhade	No
4.	Dhiraj Dalavi	Awareness & knowledge of office ergonomics in information technology freshers- A cross section study	Intern	Dr. Anuradha Sutar	Yes
5.	Shweta Latkar	Knowledge about pelvic organ prolapse and urinary incontinence among Anganwadi Workers in Maval region.	Intern	Dr. Anuradha Sutar	Yes
6.	Uma deshmukh	Association of ergonomic risk factors with functional disability in tailors with chronic low back pain	Intern	Dr. Nitin Nikhade	Yes
7.	Janvi Siknia	Knowledge and awareness of menopausal symptoms and Hormone replacement therapy among Anganwadi workers	Intern	Dr. Nitin Nikhade	Yes
8.	Anushka Dhule	Added effect of ankle positioning of pelvic floor muscle strengthening in females with stress urinary incontinence - Pilot Study	Intern	Dr. Anuradha Sutar	Yes
9.	Rasika Deo	Prevalence of respiratory disorders among construction workers in maval taluka.	Intern	Dr. Nitin Nikhade	Yes
10.	Rutuja Kailuke	Marathi Translation of Geriatric Depression Scale- Short Form (GDS-SF)	Intern	Dr. Nitin Nikhade	Yes

Nikhade

Dr. Nitin Nikhade

PROFESSOR

HOD

MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE,
 PUNE - 411 007



Ghodey

DR. SNEHAL GHODEY
 Dr. Snehal Ghodey
 M.Ph.T. (Musculoskeletal)
 Principal
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE

MAEER's Physiotherapy College

Talegaon Dabhade

Department: Musculoskeletal Physiotherapy

Year: 2023

Sr No	Name of Authors	Title	Name of journal	Year of Publication	Volume/issue	Page no	Indexed	Faculty/Student
1	Dr. Vilia Rodrigues ¹ , Dr. Snehalata Tembhumne ² , Dr.Snehal Ghodey ³	Prevalence of Musculoskeletal Disorders in Naval Cadets: A Cross Sectional Study.	Journal of Interdisciplinary Cycle Research	2023	15/7	308-27	Google Scholar	Student, faculty

P. H. Kothari

Dr. Parita Kothari

Research coordinator

LECTURER

MAEER'S Physiotherapy College
Talegaon Dabhade, Dist.Pune-410507



R. Mahapatra

Dr. Neetu Mahapatra

HOD

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
T. PUNE-410 507

S. Ghodey

Dr.Snehal Ghodey

Principal

DR. SNEHAL GHODEY

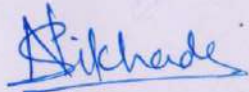
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TALEGAON DABHADE

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Department: Community Physiotherapy
Year: 2023

Sr No	Name of Authors	Title	Name of journal	Year of Publication	Volume/issue	Page no	Indexed	Faculty/Student
1.	Dr. Nitin Nikhade	Effect of Chair Suryanamaskar with Strength Training on Functional Fitness in Community Dwelling Older Adults: A Research Protocol for a Randomized Controlled Trial	Journal of Clinical and Diagnostic Research	August 2023	Vol-17(8)	YK01-YK06	Yes Web of Science	Faculty
2.	Dr. Shyamli Kulkarni, Dr. Nitin Nikhade	Effectiveness of Wobble Board Training Versus Bosu Ball Training With Mirror Feedback on Limits of Stability in Older Adults: A Pilot Study	Journal of Interdisciplinary Cycle Research	January 2023	Volume XV, Issue I	81-92	Yes UGC Care list II	Faculty



Dr. Nitin Nikhade

HOD
PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
T. PUNE-416 907



Dr. Snehal Ghodey

Principal
DR. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

MAEER's Physiotherapy College

Talegaon Dabhade

Department: Musculoskeletal Physiotherapy

Research Paper presentations-2023

Sr No	Name of the Presenter	Title	UG /PG / Faculty	Name of the Conference	Venue	Date	Award
1	Dr. Neetu Mahapatra	Content validity of Hindi Michigan Hand Outcome Questionnaire	Faculty	Scientifica 2023	Sancheti College of Physiotherapy, Pune	12 th & 13 th march, 2023	Yes 1 st prize
2	Dr. Neetu Mahapatra	content & Face validity of Hindi Michigan Hand Outcome Questionnaire	Faculty	Society of Indian Physiotherapists(SIP)	Bhubaneshwar	23 rd -25 th March 2023	No
3	Dr. Neetu Mahapatra	Psychometric Properties of Michigan Hand Outcome Questionnaire (MHQ): A Systematic Review	Faculty	Bioleagues International Conference	Virtual	21 st & 22 nd Sept 2023	No
4	Dr. Neetu Mahapatra	Quality of The Cross-Cultural Adaptations and Psychometric Properties of Michigan Hand Outcome Questionnaire (MHQ): A Systematic Review	Faculty	International Conference on Arthritis 2023	Virtual	12 th oct 2023	No

5	Dr. Neetu Mahapatra	Quality Of The Cross-Cultural Adaptations And Psychometric Properties Of Michigan Hand Outcome Questionnaire (MHQ): A Systematic Review”	Faculty	Brainymeet Virtual Conference	Virtual	28 th Oct 2023	yes
6	Dr. Neetu Mahapatra	Development & Validation of INDIAN HAND FUNCTION ASSESSMENT TOOL-PhD Category	Faculty	Avishkar	MUHS, Nashik	5 th dec 2023	No
7	Dr. Snehalata Tembhone	The Efficacy of Mulligan’s Spinal Mobilization With Leg Movement’s Versus Nerve Flossing Technique In Subjects With Lumbar Radiculopathy.	Faculty	Transformation in Health Science	E-conference	3 rd March, 2023	Yes
8	Kanad Dandgavhal	Innovative Mechanical Shoulder Stabilizer Devide to reduce Shoulder Elevation during Overhead pulley Abduction	UG	PHYZION 2023	PRAWARA Institute of Medical Science, Loni	26 th Feb,2023	No
9	Kanad Dandgavhal	Videographic Analysis of Innovative Mechanical Shoulder Stabilizer device to reduce Shoulder Elevation during Overhead Pulley Abduction	UG	ICPT	Ramsheth Thakur International Sports Complex, Navi Mumbai	28 th Jan,2023	No
10	Eknath Saundane	Musculoskeletal injury Risk Assessment in Pakhwaj Players.	UG	Avishkar	MUHS, Nashik	5 th dec 2023	No
11	Shruti Brahme	Myopic Influence on Cervical Spine Mobility and Cervicogenic Headache.	UG	Avishkar	MUHS, Nashik	5 th dec 2023	No

12	Riddhi Raul	Prevalence Of Overuse Injuries In Rugby Players In Pune Region	UG	KINESIOCON 2023	MAEER's Physiotherapy college, talegaon	14 th April,2023	No
13	Dhruvi Parekh	Prevalence Of Lower Cross Syndrome In Patients With Flat Foot	UG	KINESIOCON 2023	MAEER's Physiotherapy college, talegaon	14 th April,2023	No
14	Saloni Jain	Prevalence Of Low Back Pain In Recreational Gym Going Population.	UG	KINESIOCON 2023	MAEER's Physiotherapy college, talegaon	14 th April,2023	No
15	Swarangi Kotwal	Prevalence Of Lateral Epicondylitis In Harmonium Players	UG	KINESIOCON 2023	MAEER's Physiotherapy college, talegaon	14 th April,2023	No
16	Vilia Rodrigues	Prevalance Of Work Related Musculoskeletal Problems Among Merchant Navy Cadets In Maval Region: A Cross Sectional Study	UG	KINESIOCON 2023	MAEER's Physiotherapy college, talegaon	14 th April,2023	No
17	Megha Thigale	Comparison of deep neck flexor muscle endurance and neck disability among school teachers having forward head posture with or without neck pain	UG	KINESIOCON 2023	MAEER's Physiotherapy college, talegaon	14 th April,2023	No
18	Shreya Bhise	An epidemiological analysis of musculoskeletal injuries in professional cyclists in Pune area	UG	KINESIOCON 2023	MAEER's Physiotherapy college, talegaon	14 th April,2023	Yes 1 st Prize

19	Ria D cunha	Association of Q angle and risk of fall in elderly knee osteoarthritic patients	UG	KINESIOCON 2023	MAEER's Physiotherapy college, talegaon	14 th April,2023	No
20	Palak Shah	Comparison of dynamic balance and foot and ankle ability measure in classical dancers with and without joint hypermobility	UG	KINESIOCON 2023	MAEER's Physiotherapy college, talegaon	14 th April,2023	Yes 2 nd Prize

P. M. Kothari

Dr. Parita Kothari

Research coordinator

LECTURER

MAEER'S Physiotherapy College
Talegaon Dabhadre, Dist. Pune-410507



Raut

Dr. Neetu Mahapatra

HOD

PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
T. PUNE-410 507

S. Ghodey

Dr. Snehal Ghodey

Principal

DR. SNEHAL GHODEY

M.Ph.T. (Musculoskeletal)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

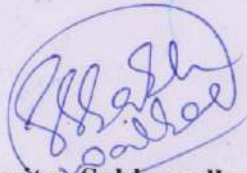
MAEER's Physiotherapy College Talegaon Dabhade

Department: NEUROPHYSIOTHERAPY DEPARTMENT

Research Paper Presentations-2023

Sr No	Name Of The Presenter	Title	UG /PG / Faculty	Name Of The Conference	Venue	Date	Award
1,	Dr Sumitra Sakhawalkar	Added Effect Of Virtual Reality Using X-Box Kinect On Improving Dynamic Balance In Geriatric Population	Faculty	IFNRCON 2023	VIRTUAL	15TH AND 16TH April 2023	NO
2.	Dr Nilofer Patel	Impact Of Trunk Restraint On Kinematic Analysis Of Reaching Movements In Subacute Stroke Patients ,	Faculty	National E-CONFERENCE # NSC23 "Precious Time" (World Stroke Day Theme As Per WSO)	Department Of Neurophysiotherapy, Dr. Vithalrao Vikhe Patil Foundation's	29th October 2023	NO
3.	Dr Priti Chavan	PG Quiz	PG	SCIENTIFICA 2023	SANCHETI COP	11 TH March 2023	1 st Prize
4	Hiral Gujarati	Added Effect Of Rhythmic Auditory Stimulation On Gait Speed And Cadence Along With Conventional Training In Young Adults With Down Syndrome - A Comparative Study	UG	KINESIOCON 2023		14 th And 15 th April 2023	2 ND PRIZE IN POSTER PRESENTATION
5	Hitesh Sable	Correlation Between Selective Voluntary Motor Control Of Lower Extremity And Functional Mobility In Children With Spastic Diplegic Cerebral Palsy	UG	KINESIOCON 2023		14 th And 15 th April 2023	NO
6	Tanvi Bapat	Assessment Of Dual Task(Motor-Motor V/S Motor-Cognitive)Performance In Patients With Type 2 Diabetes Mellitus	UG	KINESIOCON 2023		14 th And 15 th April	NO

		When Compared To Normal				2023	
7	Prachi Bhanushali	Knowledge, Attitude And Awareness Of Role Of Physiotherapist In Vestibular Rehabilitation Among Medical Practitioners	UG	KINESIOCON 2023		14 th And 15 th April 2023	NO
8	Hiral Gujarati	Effect Of Physiological Genu Recurvatum On Static And Dynamic Balance In Asymptomatic College Going Females.	UG	IFNRCON 2023		15 th And 16 th April 2023	NO
9	Shruti Waghmare	- Correlation Of Foot Posture With Balance And Gait Ability In Children With Cerebral Palsy Across Different Age Groups.(A Cross Sectional Pilot Survey)	UG	AVISHKAR 2023		5 th Dec 2023	NO

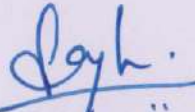


Dr. Sumitra Sakhawalkar

Research Coordinator

ASSO PROFESSOR

MAEER'S Physiotherapy College
Talegaon Dabhade, Dist.Pune-410507



Dr. Sayli Paldhikar

HOD

PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
T. PUNE -410 507



Dr. Snehal Ghodey

Principal

DR. SNEHAL GHODEY

M.Ph.T. (Musculoskeletal)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE



MAEER's Physiotherapy College Talegaon Dabhade

Department: Department of Cardiovascular & Respiratory Physiotherapy

Research Paper presentations-2023

Sr No	Name of the presenter	Title	UG /PG / Faculty	Name of the conference	Venue	Date	Award
1	Dr. Varoon Jaiswal	Optimizing Cardiopulmonary Care: One-Day Consultation Followed by Home Program with Remote Monitoring - A Patient-centred Approach	Faculty	SOCVPR	Mumbai	9 & 10 December 2023	First
2	Dr. Ramya Shetty	Case dramaturgy for respiratory cases: dramatize to learn	Faculty	ICPT	Mumbai	28 & 29 January 2023	No
3	Dr. Ramya Shetty	Eureka innovations presentation: Physioeasy home visit app	Faculty	Kinesiocon	Talegaon	14 & 15 April 2023	Non-competitive
4	Dr. Minakshi Balpande	Attitude Of Undergraduate Physiotherapy Students Of Nagpur City Towards Obesity: An Observational Study	Student	Kinesiocon	Talegaon	14 & 15 April 2023	No
5	Anushree Datar	Prevalence of Peak Flow Meter usage as a monitoring device in adult individuals with Bronchial Asthma	Student	Kinesiocon	Talegaon	14 & 15 April 2023	First
6	Ekata Makwana	Knowledge & awareness about breast self examination (BSE) among young female adults	Student	Kinesiocon	Talegaon	14 & 15 April 2023	No



7	Jina Jain	Marathi translation of peripheral artery disease quality of life questionnaire (PADQOL)	Student	Kinesiocon	Talegaon	14 & 15 April 2023	No
8	Rutuja Mane	To derive normative values of dimensions of internal loading in male professional football players- A cross sectional survey	Student	Kinesiocon	Talegaon	14 & 15 April 2023	No
9	Snehal Patil	Prevalence of dyspnea during activities of daily living in hypothyroid patient	Student	Kinesiocon	Talegaon	14 & 15 April 2023	No
10	Shruti Borkar	Estimation of NEAT in type 2 diabetics- cross sectional study	Student	Kinesiocon	Talegaon	14 & 15 April 2023	No
11	Swaral Deshmukh	Correlation of quadriceps strength with number of hospital days in hospitalised COPD patient	Student	Kinesiocon	Talegaon	14 & 15 April 2023	No
12	Manasi Sarangale	Translation of Quality of Life measure for limb lymphoedema.	Student	Kinesiocon	Talegaon	14 & 15 April 2023	No
13	Deepali Kharatmal	Beyond Surgery: A Seven-Year Journey of Coping with Lymphedema After Right Mastectomy Reconstruction in a Diabetic Patient – A Case Study	Student	SOCVPR	Mumbai	9 & 10 December 2023	No
14	Sharvari Kulkarni	Translation and cultural adaptation of Diabetes Education Questionnaire(Date q) into Marathi Language.	Student	SOCVPR	Mumbai	9 & 10 December 2023	No
15	Mithali Kangude	Development Of A Hypertension Questionnaire : Hypertension Awareness, Exercise And Motivation Questionnaire (HAEMQ) Project	Student	SOCVPR	Mumbai	9 & 10 December 2023	No
16	Shreya Bhise	customised supervised exercise protocol in multiple comorbidities of HTN DM and hypothyroidism: a comprehensive case study	Student	SOCVPR	Mumbai	9 & 10 December 2023	No
17	Sneha Dubey	Role of supervised exercise protocol in delayed referral of patient post PTCA	Student	SOCVPR	Mumbai	9 & 10 December	No



		with blood pressure instability- A Case Report				2023	
18	Arpita Bhondave	Participated in PG Quiz Competition	Student	Scientifica	Pune	11 March 2023	First

Pawar

Dr. Pournima Pawar

Research Coordinator
ASSO PROFESSOR
 MAEER'S Physiotherapy College
 Talegaon Dabhade, Dist.Pune-410507

Varoon Jaiswal

Dr. Varoon Jaiswal

Head of the Department
PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE-410507

Snehal Ghodey
 11/11/2024

Dr. Snehal Ghodey

Principal
DR. SNEHAL GHODEY
 M.Ph.T. (Musculoskeletal)
 Principal
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE



MAEER's Physiotherapy College Talegaon Dabhade
Department: Community Physiotherapy
Research Paper presentations-2023

Sr No	Name of the presenter	Title	UG /PG / Faculty	Name of the conference	Venue	Date	Award
1.	Dr. Nitin Nikhade	Effect of Chair Suryanamaskar with Strength Training on Functional Fitness in Community Dwelling Older Adults: A Study Protocol for Randomized Controlled Trial	Faculty	International Conference of Physical Therapy (ICPT)	Navi Mumbai	28 th & 29 th January 2023	No
2.	Priyanka Chavan	Correlation of physical fitness index with body mass index using modified Harvard step test in postmenopausal women	Intern	KINESIOCON-2023	Talegaon Dabhade	14 th & 15 th April 2023	No
3.	Manasi Fegade	Association of physical frailty and functional disability among older adults	Intern	KINESIOCON-2023	Talegaon Dabhade	14 th & 15 th April 2023	No
4.	Riddhi Khatu	Association of Piriformis tightness and prolonged sitting duration among desk job workers	Intern	KINESIOCON-2023	Talegaon Dabhade	14 th & 15 th April 2023	No
5.	Aparna Menon	Association of perceived stress with chronic low back pain in Bankers	Intern	KINESIOCON-2023	Talegaon Dabhade	14 th & 15 th April 2023	No
6.	Ranjana Naik	Effect of obesity on the foot health related quality of life in people with flatfeet	Intern	KINESIOCON-2023	Talegaon Dabhade	14 th & 15 th April 2023	No
7.	Dimple Panchal	Knowledge and awareness of symptoms and risk factors of breast cancer among postmenopausal women	Intern	KINESIOCON-2023	Talegaon Dabhade	14 th & 15 th April 2023	No
8.	Disha Soni	Knowledge, perception and attitude of pregnant women towards caesarean section	Intern	KINESIOCON-2023	Talegaon Dabhade	14 th & 15 th April 2023	No
9.	Harshada Teredesai	Comparison of balance between fast and slow walkers in geriatric population	Intern	KINESIOCON-2023	Talegaon Dabhade	14 th & 15 th April 2023	No
10.	Pratima Thakur	Prevalence of work related musculoskeletal problems in bakery workers	Intern	KINESIOCON-2023	Talegaon Dabhade	14 th & 15 th April 2023	No
11.	Mohini Bayaskar	Effect of urinary incontinence on quality of life among older adults in Maval taluka	Intern	KINESIOCON-2023	Talegaon Dabhade	14 th & 15 th April 2023	No

Nikhade
Dr. Nitin Nikhade

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE - 410 507



Ghodey
Dr. Snehal Ghodey

DR. SNEHAL GHODEY

M.Ph. (Musculoskeletal)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE

MAEER MIT PUNE's PHYSIOTHERAPY COLLEGE**TALEGAON DABHADE****LIST OF FACULTY/STUDENTS PARTICIPATING IN VARIOUS SPORTS EVENTS
FOR 2023**

Sr. No	Name	Name of an Activity	Organizer	Sports	Winner/ Participant	Rank
1	Shivani Shende	Renaissance'2023	Modern College Of Physiotherapy	Badminton Singles	Participant	-
2	Tanvi Shah				Participant	-
3	Greeshma Nair	Silhouettes 2023	AFMC	Football	Winner	1 st
4	Vaishnavi Shimpi Avantika Vidhate			Volleyball	Participant	-
5	Janhavi Kathar	Excelsior 2023	KEM	Basket Ball	Participant	-
6	Kanad Dandagavhal	Phyzion 2023	Dr. A P J Abdul Kalam College of Physiotherapy	Table Tennis	Winner	1 st
7	Priyanshi Nayak	Sportiphy	Brijlal Jindal college of physiotherapy	Badminton Singles & women doubles	Participant	-
8	Archita Shetty				Participant	-
9	Dr. Varoon Jaiswal Ajay Kande Devang Patil Rutvik Dange Navya Shah Sarang Pawar Suyah Nhavkar Piyush Girhe Ashish Jadhav Rohit Bhosale	Physiotherapy Football League (PTFL)	Health connect's D.N.E	Football	Participant	-

10	Devang Patil Navya Shah Sarang Pawar Suyah Nhavkar Piyush Mahajan Rohit Bhosale Kanad Dandagavhal Sankesh Chaturvedi Hitesh Sable Sahil Mali	Sportiphy	Brijlal Jindal college of physiotherapy	Football	Participant	-
11	Priyanshi Nayak	PINKATHON	TGH Cancer Hospital	Marathon	Participant	-
12	Dr. Bindu Sarfare				Participant	-
13	Dr. Anuradha Sutar				Participant	-
14	Dr. Neetu Mahapatra				Participant	-
15	Bharat Teji	Physiotherapy Badminton League (PTBL)	Health connect's D.N.E	Badminton Singles	Participant	-
16	Sahil Mali	AIU selection Trial	Association of Indian Universities	Football	Selection in MUHS Football team	-
17	Avantika Vidhate Vaishnavi Shimpi	AVYANNA '23	Symbiosis Medical College for a Women	Volleyball	winner	1 st
18	Anudnya Mahajan	Silhouettes 2023	AFMC	Aquatic	winner	3 rd

P. M. Kothari

Dr. Parita Kothari

Sports In charge



Snehal Ghodey
DR. SNEHAL GHODEY

M.Ph.T. (Musculoskeletal)
Principal

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

MAEER MIT PUNE's PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

LIST OF FAULTY/ STUDENTS PARTICIPATING IN VARIOUS CULTURAL EVENTS FOR 2023

SR NO	Full Name of the Staff	Name of Event/ Day	Date	Venue	Type of an activity	Winner or participants
1	Dr. Ramya Shetty	Renaissance 23	28th March 2023	Modern College of Physiotherapy	Solo Dance	Winner (2nd Prize)
2	Dr. Ramya Shetty	Renaissance 23	28th March 2023	Modern College of Physiotherapy	Singing	Winner (1st Prize)

SR NO	Full Name of the Student	Name of Event/ Day	Date	Venue	Type of an activity	Winner or participants
1	Greeshma Nair	Avyanna'23	20 to 22 April 2023	Symbiosis Medical College	Solo Dance	Winner (3rd Prize)
2	Greeshma Nair	Syncytium	01st May 2023	SKN Medical College	Solo Dance	Winner (3rd Prize)
3	Greeshma Nair	AFMC Sillouette 23	06th May 2023	AFMC	Solo Dance	Winner (1st Prize)
4	Archita Shetty	AFMC Sillouette 23	06th May 2023	AFMC	Solo Dance	Participant
5	Archita Shetty	Avyanna'23	20 to 22 April 2023	Symbiosis Medical College	Solo Dance	Winner (2nd Prize)
6	Archita Shetty	Renaissance 23	28th March 2023	Modern College of Physiotherapy	Solo Dance	Participant
7	Archita Shetty	Renaissance 23	28th March 2023	Modern College of Physiotherapy	Singing	Participant
8	Dhwani Godey	Spandan 23 "Variety"	02nd Sept 2023	JIPMER Pondecherry	Mono Acting	Winner (3rd Prize)
9	Dhwani Godey	"Sangam" Pulse got talent	06th Sept 2023	AIIMS New Delhi	Mono Acting	Winner (3rd Prize)

Dr. Sayli Paldhikar
PROFESSOR
Cultural Incharge
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
T. PUNE - 410 507



Dr. Snehal Ghodey
Principal
M.Ph.T. (Musculoskeletal)
Principal
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE



MAEER MIT PUNE's PHYSIOTHERAPY COLLEGE

DR. BHAUSAHEB SARDESAI TALEGAON RURAL HOSPITAL,
TALEGAON DABHADE

Tal. Maval, Dist. Pune - 410507,

Tel. No. (02114) 308390 / 391, Fax. No. (02114) 223916,

E-mail. principal_th@mitmimer.com

Website : <https://www.mpc.edu.in/>

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Ref. No. / MAEER's PC /

Date

शैक्षणिक वर्ष : २०२३-२४

विद्यार्थी कल्याण समन्वय व लिपिक यांनी वार्षिक अहवाल सादर करण्याचा नमुना :-

अ.क्र	शैक्षणिक वर्ष	विविध कल्याणकारी योजना	अविष्कार	सांस्कृतिक कार्यक्रम	क्रिडा स्पर्धा	रॅगिंग
		विद्यार्थी कल्याण विभागामार्फत राबविल्या जाणाऱ्या विविध पाच योजनांचा किती विद्यार्थ्यांनी लाभ घेतला व त्यांना कशा प्रकारे फायदा झाला.	विद्यापीठस्तरीय अविष्कार स्पर्धेमध्ये झालेल्या विद्यार्थ्यांची संख्या व किती विद्यार्थ्यांची निवड झाली.	स्पर्दनमध्ये सहभागी झालेल्या विद्यार्थ्यांची संख्या	Zonal, Interzonal, AIU Selection साठी आपल्या महाविद्यालयातील सहभागी झालेल्या विद्यार्थ्यांची संख्या	आपल्या महाविद्यालयात रॅगिंग प्रकरणी तक्रार प्राप्त झालेल्या आहे का व किती ?
०१	२०२३-२४	निरंक	निरंक	निरंक	निरंक	निरंक



Snehal Ghodey
Dr. Snehal Ghodey
M.P. (Principal (skeletal))
Principal
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

**MAEER's Physiotherapy College
Talegaon Dabhade
SWACHH BHARAT ABHIYAN-2023 REPORT**

Ref No:MPC/NSS-10/520/2023


Date: 12/10/2023

1.	Name of the activity	Swachh Bharat Abhiyan-2023
2.	Nature of the activity	Cleaning & collection of waste from MIMER Medical College Gate to Talegaon Railway station area
3.	Organizing department/s	NSS Unit MAEER's Physiotherapy College, Talegaon Dabhade
4.	Name of the Head of department/ Event in-charge	Program Officer: Dr. Nitin Nikhade Dr. Nilofer Patel
5.	Date & Time	10 th October 2023 10:00 am to 11:00 am
6.	Venue / Place	Talegaon Railway Station Area
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	40 NSS Volunteers
10.	Attendance (if applicable)	Attached
11.	Faculty involved	Dr. Nitin Nikhade Dr. Nilofer Patel
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	NSS Unit of MAEER's Physiotherapy College conducted Swachh Bharat Abhiyan-2023 activity on 10 th October 2023 to celebrate Gandhi Jayanti Swachhata Pandharwada. Total 40 NSS Volunteers participated in this activity. All the NSS volunteers collected plastic and other waste and cleaned MIMER Medical College main gate to Talegaon Railway Station area. The plastic & other waste is collected in six large size dustbin bags and they were properly disposed in the Municipality waste collection container. After the activity refreshment juice were provided to NSS Volunteers.

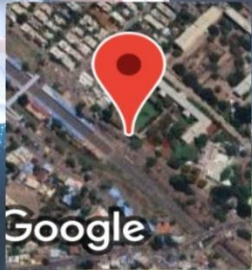
Geo-tagged photos of the activity:






 **GPS Map Camera**

Talegaon Dabhade, Maharashtra, India
 PMMF+W83, Yashwant Nagar Rd, Yashwant Nagar, Talegaon
 Dabhade, Maharashtra 410507, India
 Lat 18.734625°
 Long 73.67362°
 10/10/23 10:40 AM GMT +05:30



 **GPS Map Camera**

Talegaon Dabhade, Maharashtra, India
 Talegaon, Talegaon Dhabhade Road, Rajgurav Colony,
 Talegaon Dabhade, Maharashtra 410507, India
 Lat 18.735115°
 Long 73.672705°
 10/10/23 10:54 AM GMT +05:30



Nikhade

(Dr. Nitin Nikhade)

NSS Program Officer

PROFESSOR

MAJER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE-410 507



Ghodey

(Dr. Snehal Ghodey)

DR. SNEHAL GHODEY
 M.Ph (Physiotherapy)
Principal

MAJER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

**MAEER's Physiotherapy College
Talegaon Dabhade
NSS ACTIVITY REPORT**

Ref No: MPC/NSS-8/329/2023

Date: 31/07/2023

1.	Name of the activity	"Meri Mati Mera Desh" Program - 2023
2.	Nature of the activity	Tree Plantation at Nanoli Village
3.	Organizing department/s	NSS Unit MAEER's Physiotherapy College, Talegaon Dabhade
4.	Name of the Head of dept/ Event In-charge	Dr. Nitin Nikhade (Program Officer) Dr. Nilofer Patel
5.	Date & Time	29 th July 2023 10:00 am to 1:00 pm
6.	Venue / Place	Bailgada Shariyat Maidan and Nanoli Village Road
7.	E mail / Circular / Notification about event	Attached
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	15 NSS Volunteers & 6 PG Students
10.	Attendance (if applicable)	Attached (15 NSS Volunteers and 6 PG students)
11.	Faculty involved	Dr. Nitin Nikhade Dr. Nilofer Patel
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	NSS Unit of MAEER's Physiotherapy College conducted tree plantation at Nanoli village under "Meri Mati Mera Desh" program on 29 th July 2023. Total 75 saplings of different varieties such as Mohgani, Karanj, Hirda, Behda etc. are planted at Bailgada Shariyat Maidan and Nanoli Village Road, Grampanchayat Nanoli. 15 NSS Volunteers and 6 PG students participated in this program. The Sarpanch of Nanoli Village Mrs. Monika Swapnil Shinde and other members of Grampanchayat were present during the program. The villagers helped the students to dig the soil and NSS Volunteers and PG students planted the saplings.

Nikhade

(Dr. Nitin Nikhade)

NSS Program Officer

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE-410 507



Ghodey

(Dr. Snehal Ghodey)

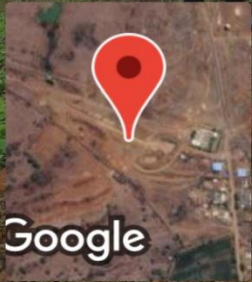
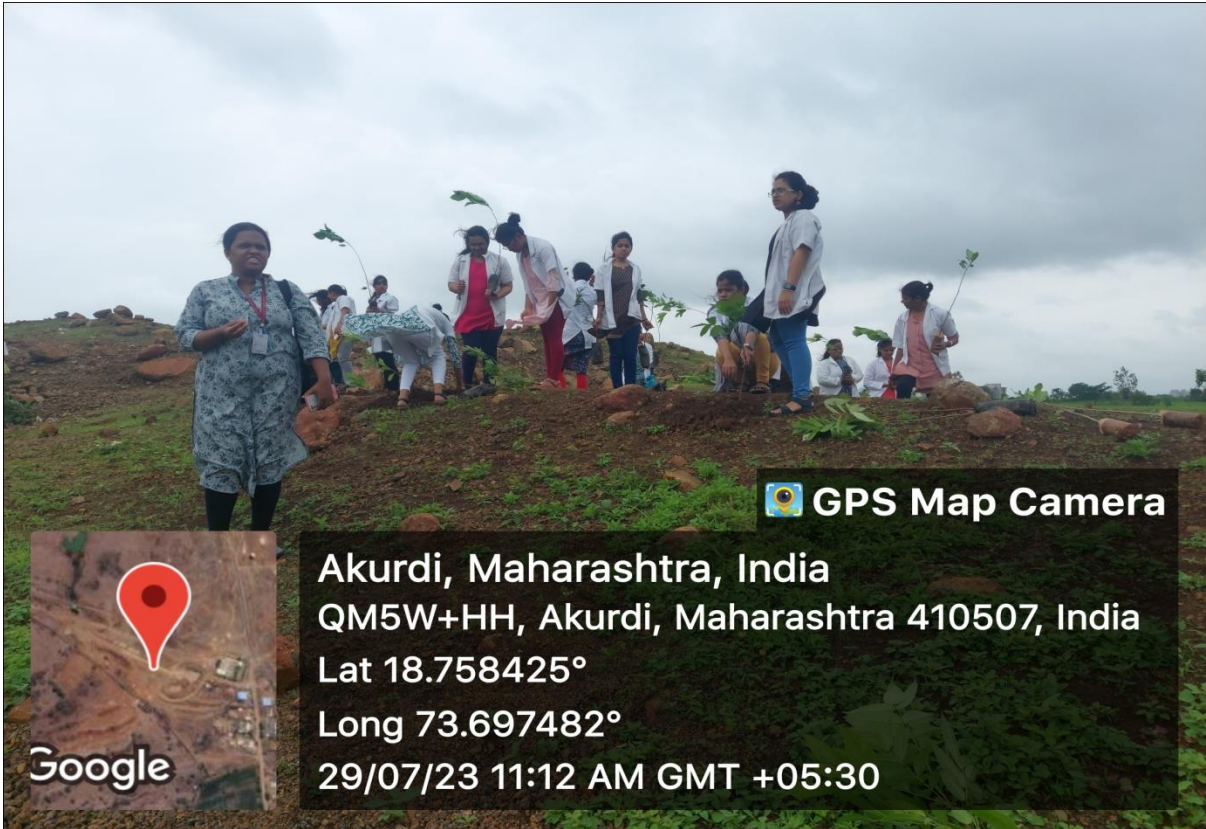
DR. SNEHAL GHODEY

M.Ph. (Electel)
Principal


MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

Geo-tagged photos of the activity:






Google

 **GPS Map Camera**

Akurdi, Maharashtra, India
QM5W+HH, Akurdi, Maharashtra 410507, India
Lat 18.758425°
Long 73.697482°
29/07/23 11:12 AM GMT +05:30



Google

 **GPS Map Camera**

Akurdi, Maharashtra, India
Chinchwad - Akurdi Link Rd, Akurdi, Maharashtra
410507, India
Lat 18.759204°
Long 73.698824°
29/07/23 11:48 AM GMT +05:30



GPS Map Camera
Akurdi, Maharashtra, India
QM5W+HH, Akurdi, Maharashtra 410507, India
Lat 18.758401°
Long 73.697558°
29/07/23 11:14 AM GMT +05:30

Nikhade

(Dr. Nitin Nikhade)

NSS Program Officer

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE-410 507



Snehal Ghodey

(Dr. Snehal Ghodey)

DR. SNEHAL GHODEY

M.Ph. Principal (elect)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

MAEER's Physiotherapy College
Talegaon Dabhade
NSS ACTIVITY REPORT

Ref No. MPC/NSS 07/313/2023

Date: 26/06/2023

1.	Name of the activity	International Yoga Day
2.	Nature of the activity	Health Promotion through Yoga
3.	Organizing department/s	NSS Unit MAEER's Physiotherapy College, Talegaon Dabhade
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade
5.	Date & Time	20 June, 10:30 am
6.	Venue / Place	Urban Health Centre
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached / Not attached
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	19
10.	Attendance (if applicable)	Attached / Not attached / Not applicable
11.	Faculty involved	Dr. Nitin Nikhade Dr. Varoon Jaiswal Dr. Nilofer Patel
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	NSS Unit MAEER's Physiotherapy College, Talegaon Dabhade along with MIMER Medical College organized an event on 21 st June International Yoga Day. The event begins with welcome speech by Dr Urusa Shaikh where importance of yoga was explained and Yogasana's were demonstrated by Sakshi and Grishma (Third year students). Different Yoga Poses were demonstrated and their importance was explained to the participants. The session was concluded by giving a vote of thanks.



GPS Map Camera



Talegaon Dabhade, Maharashtra, India
 PMCQ+FQ3, Rajwada, Bhegade Aali, Talegaon Dabhade,
 Maharashtra 410506, India
 Lat 18.721108°
 Long 73.689567°
 20/06/23 10:47 AM GMT +05:30

Google



GPS Map Camera



Talegaon Dabhade, Maharashtra, India
 Ganpati Chowk, PMCQ+FG4, Bazar Peth Rd, Rajwada, Bhegade
 Aali, Talegaon Dabhade, Maharashtra 410506, India
 Lat 18.721203°
 Long 73.688829°
 20/06/23 11:00 AM GMT +05:30

Google

Nikhade

(Dr. Nitin Nikhade)

NSS Program Officer

PROFESSOR
MAJER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE - 410 507



Ghodey

(Dr. Snehal Ghodey)

DR. SNEHAL GHODEY

M.Ph. Principal (electal)

Principal
 MAJER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE

**MAEER's Physiotherapy College
Talegaon Dabhade
NSS ACTIVITY REPORT**

Ref No:MPC/NSS-05/156/2023

Date: 28/03/2023

1.	Name of the activity	Tuberculosis Awareness Rally on 24/03/2023
2.	Nature of the activity	Posters and slogans on Tuberculosis Awareness in rally
3.	Organizing department/s	NSS Unit of MAEER's Physiotherapy College, Talegaon Dabhade
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade Dr. Varoon Jaiswal
5.	Date & Time	World Tuberculosis Day 24 th March 2023 11:15 am to 12:30 pm
6.	Venue / Place	MIMER Medical College Main Gate, Talegaon Dabhade
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
8.	Pamphlet (if any)	NA
9.	Total number of participants/ beneficiaries	More than 300 Students including 40 NSS Volunteers from MAEER's Physiotherapy college and 100 Volunteers from MIMER Medical College, Talegaon Dabhade
10.	Attendance (if applicable)	NA
11.	Faculty involved	Dr. Snehal Ghodey, Dr. Nitin Nikhade Dr. Varoon Jaiswal, Dr. Pournima Pawar Dr. Deepika Barman, Dr. Ramya Shetty
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	NSS Unit of MAEER's Physiotherapy College in collaboration with NSS Unit of MIMER Medical College and Nursing College, Talegaon Dabhade organized Tuberculosis awareness rally on 24th March 2023 to observe World Tuberculosis Day. On this occasion Dr. Swati Belsare Principal, MIMER Medical college and Dr. Snehal Ghodey Principal, MAEER's Physiotherapy college were present who inaugurated the rally. Prior Police station permission was taken for the rally so Constable Mr. Sachin Munde

		<p>was present from the beginning for smooth conduct of the rally. The students and NSS volunteers were holding banners and posters and they were repeating slogans on Tuberculosis awareness. The rally began from main gate of MIMER Medical College to Railway Station road to Shivaji Chowk to Bhasaheb Sardesai Rural Hospital OPD Gate and the rally ended at MIMER Medical college porch. All the students and NSS Volunteers dispersed at around 12:30 pm.</p>
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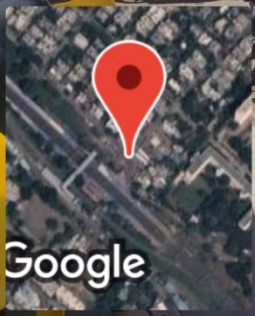
Nikhade
 (Dr. Nitin Nikhade)
 NSS Program Officer
PROFESSOR
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE,
 PUNE - 410 507



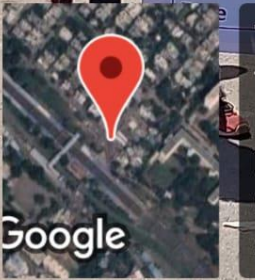
Ghodey
 (Dr. Snehal Ghodey)
DR. SNEHAL GHODEY
 M.Phil (Principal)
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE

Geo-tagged photos of the activity:





Talegaon Dabhade, Maharashtra, India
Talegaon Station General Hospital, Yashwant Nagar,
Talegaon Dabhade, Maharashtra 410507, India
Lat 18.735529°
Long 73.672716°
24/03/23 11:44 AM GMT +05:30



Talegaon Dabhade, Maharashtra, India
Talegaon Station General Hospital, Yashwant Nagar, Talegaon Dabhade,
Maharashtra 410507, India
Lat 18.735519°
Long 73.672753°
24/03/23 11:46 AM GMT +05:30



Nikhode
 (Dr. Nitin Nikhade)
 NSS Program Officer
PROFESSOR
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE,
 T PUNE - 410 507



Ghodey
 (Dr. Snehal Ghodey)
DR. SNEHAL GHODEY
 M.Phil (Principal)
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE

**MAEER's Physiotherapy College
Talegaon Dabhade
NSS ACTIVITY REPORT**

Ref No: MPC/NSS-03/061/2023

Date: 06/02/2023

1.	Name of the activity	World Cancer Awareness Day-2023
2.	Nature of the activity	Cancer awareness skit and rally
3.	Organizing department/s	NSS Unit MAEER's Physiotherapy College, Talegaon Dabhade
4.	Name of the Head of dept/ Event In-charge	Dr. Nitin Nikhade (Program Officer)
5.	Date & Time	4 th February 2023 10:30 am to 12:30 pm
6.	Venue / Place	MIMER Medical College Campus, Talegaon Dabhade
7.	E mail / Circular / Notification about event	Attached
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	40 NSS Volunteers
10.	Attendance (if applicable)	Attached (40 NSS Volunteers and 76 UG students & 24 PG students)
11.	Faculty involved	Dr. Nitin Nikhade Dr. Shyamli Kulkarni
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	NSS Unit of MAEER's Physiotherapy College organised skit and rally for cancer awareness on 4 th February 2023. Total 40 NSS Volunteers and 76 third & final B.P.Th students & 24 PG students participated in this program. A skit on awareness of cancer was presented in front of patients visiting BSTR hospital and their relatives at OPD Pouch, Near blood bank and in passage of OPD. After the skit rally was organised from OPD gate to Medical college campus. The students were holding slogans on awareness of cancer and they were repeating these slogans in the rally. At the end point of the rally, photos were taken and the students were asked to disperse for their clinical postings.

Nikhade

Dr. Nitin Nikhade
NSS Program Officer

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

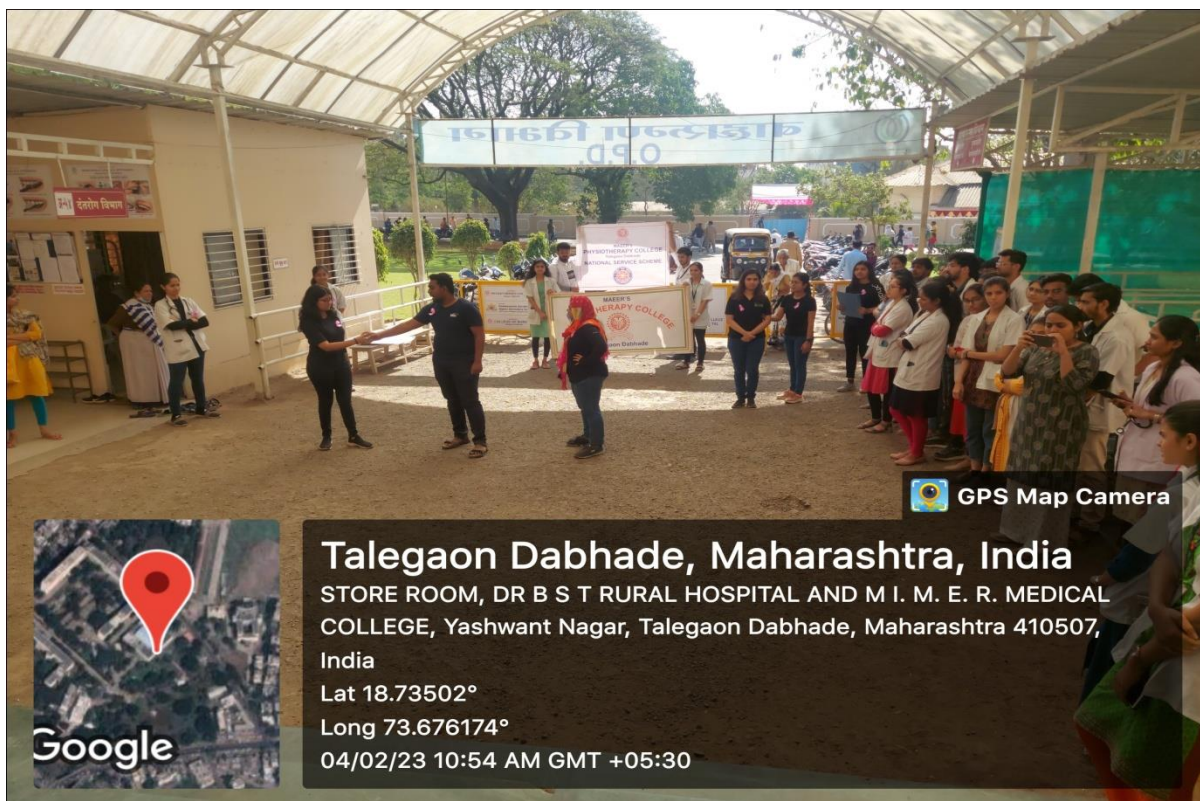


Snehal Ghodey
7/02/2023

DR. SNEHAL GHODEY
Principal

MIMER MEDICAL COLLEGE
TALEGAON DABHADE

Geo-tagged photos of the activity:

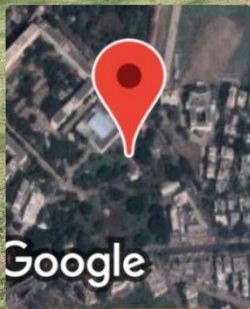




Talegaon Dabhade, Maharashtra, India
WORKSOP, DR B S T RURAL HOSPITAL AND M I. M. E. R. MEDICAL COLLEGE, Yashwant Nagar Approach Rd, Yashwant Nagar, Talegaon Dabhade, Maharashtra 410507, India
Lat 18.735348°
Long 73.676242°
04/02/23 11:38 AM GMT +05:30

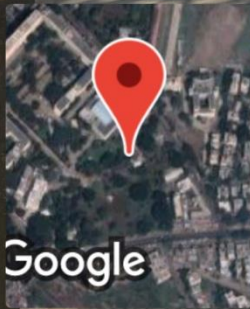


Talegaon Dabhade, Maharashtra, India
PMMG+RHH, Yashwant Nagar Approach Rd, Yashwant Nagar, Talegaon Dabhade, Maharashtra 410507, India
Lat 18.73485°
Long 73.67646°
04/02/23 11:06 AM GMT +05:30



Talegaon Dabhade, Maharashtra, India
PMMG+RHH, Yashwant Nagar Approach Rd, Yashwant
Nagar, Talegaon Dabhade, Maharashtra 410507, India
Lat 18.73485°
Long 73.67646°
04/02/23 11:06 AM GMT +05:30

GPS Map Camera

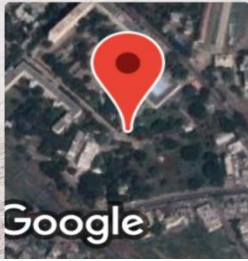


Talegaon Dabhade, Maharashtra, India
PMMG+RHH, Yashwant Nagar Approach Rd, Yashwant
Nagar, Talegaon Dabhade, Maharashtra 410507, India
Lat 18.73466°
Long 73.676412°
04/02/23 11:07 AM GMT +05:30

GPS Map Camera



GPS Map Camera



Google

Talegaon Dabhade, Maharashtra, India

SECURITY ROOM, DR B S T RURAL HOSPITAL AND M I. M. E. R. MEDICAL COLLEGE, Yashwant Nagar, Talegaon Dabhade, Maharashtra 410507, India

Lat 18.734489°

Long 73.675602°

04/02/23 11:08 AM GMT +05:30



GPS Map Camera



Google

Talegaon Dabhade, Maharashtra, India

STORE ROOM, DR B S T RURAL HOSPITAL AND M I. M. E. R. MEDICAL COLLEGE, Yashwant Nagar, Talegaon Dabhade, Maharashtra 410507, India

Lat 18.735069°

Long 73.676325°

04/02/23 11:02 AM GMT +05:30

Nikhade

(Dr. Nitin Nikhade)

NSS Program Officer

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
ST PUNE-410 507



Ghodey

(Dr. Snehal Ghodey)

DR.SNEHAL GHODEY

M.Ph. Principal (electal)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

**MAEER's Physiotherapy College
Talegaon Dabhade
NSS ACTIVITY REPORT**

Ref No: MPC/NSS-02/60/2023

Date: 30/01/2023

1.	Name of the activity	Republic day celebration-2023
2.	Nature of the activity	Flag hoisting ceremony
3.	Organizing department/s	NSS Unit MAEER's Physiotherapy College
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade (Program Officer)
5.	Date & Time	26 th January 2023 10:30 am to 12:30 pm
6.	Venue / Place	MIMER Medical College, Flag hoisting ground, Talegaon Dabhade
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	40 NSS Volunteers
10.	Attendance (if applicable)	Attached (40 NSS Volunteers)
11.	Faculty involved	Dr. Nitin Nikhade
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	NSS Unit of MAEER's Physiotherapy College participated in Republic day celebration on 26 th January 2023. Total 40 NSS Volunteers participated in this program. The flag was unfurled by Miss. Harshada Theredesai Final year topper from Physiotherapy college. Salute to National flag "Tiranga" was given and National anthem was sung by the NSS Volunteers. Speeches were given by the dignitaries on the dais. At the end of program NSS Volunteers gathered to take group photograph. Sweets were distributed at the venue and all the participants dispersed at around 10:30 am.

Geo-tagged photos of the activity:





Talegaon Dabhade, Maharashtra, India
shop No 3 khau Gully, opp. Medical Collage, Yashwant
Nagar, Talegaon Dabhade, Maharashtra 410507, India
Lat 18.734446°
Long 73.674102°
26/01/23 10:12 AM GMT +05:30

Nikhade

(Dr. Nitin Nikhade)

NSS Program Officer

PROFESSOR

MAIER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE-410 507



Ghodey

(Dr. Snehal Ghodey)

DR. SNEHAL GHODEY

M.Ph. **Principal** (Skeletal)

Principal
MAIER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

**MAEER's Physiotherapy College
Talegaon Dabhade
NSS ACTIVITY REPORT**

Ref No: MPC/NSS-8/329/2023

Date: 31/07/2023

1.	Name of the activity	"Meri Mati Mera Desh" Program - 2023
2.	Nature of the activity	Tree Plantation at Nanoli Village
3.	Organizing department/s	NSS Unit MAEER's Physiotherapy College, Talegaon Dabhade
4.	Name of the Head of dept/ Event In-charge	Dr. Nitin Nikhade (Program Officer) Dr. Nilofer Patel
5.	Date & Time	29 th July 2023 10:00 am to 1:00 pm
6.	Venue / Place	Bailgada Shariyat Maidan and Nanoli Village Road
7.	E mail / Circular / Notification about event	Attached
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	15 NSS Volunteers & 6 PG Students
10.	Attendance (if applicable)	Attached (15 NSS Volunteers and 6 PG students)
11.	Faculty involved	Dr. Nitin Nikhade Dr. Nilofer Patel
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	NSS Unit of MAEER's Physiotherapy College conducted tree plantation at Nanoli village under "Meri Mati Mera Desh" program on 29 th July 2023. Total 75 saplings of different varieties such as Mohgani, Karanj, Hirda, Behda etc. are planted at Bailgada Shariyat Maidan and Nanoli Village Road, Grampanchayat Nanoli. 15 NSS Volunteers and 6 PG students participated in this program. The Sarpanch of Nanoli Village Mrs. Monika Swapnil Shinde and other members of Grampanchayat were present during the program. The villagers helped the students to dig the soil and NSS Volunteers and PG students planted the saplings.

Nikhade

(Dr. Nitin Nikhade)

NSS Program Officer

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE-410 507



Ghodey

(Dr. Snehal Ghodey)

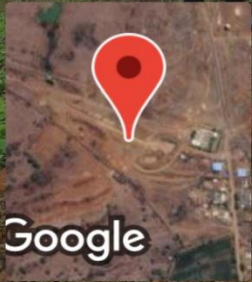
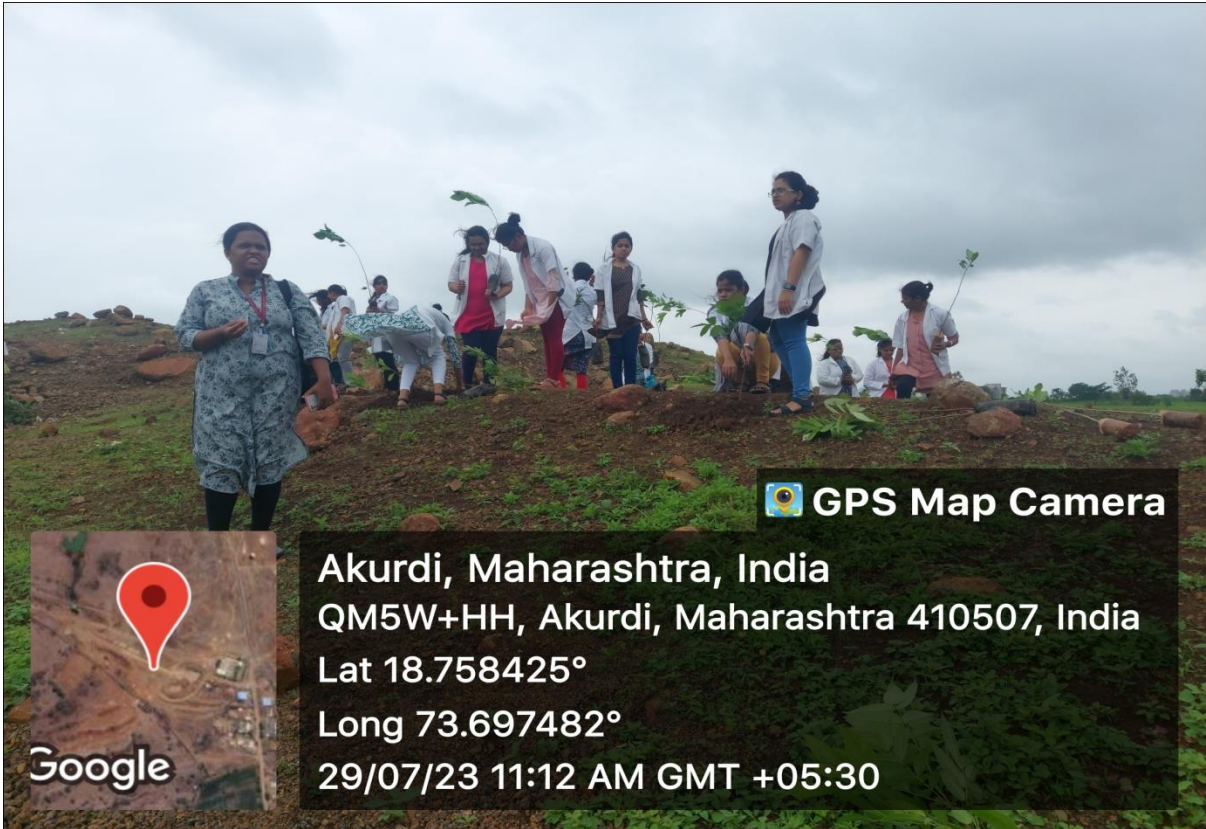
DR. SNEHAL GHODEY

M.Ph. (Electel)
Principal

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

Geo-tagged photos of the activity:







GPS Map Camera
Akurdi, Maharashtra, India
QM5W+HH, Akurdi, Maharashtra 410507, India
Lat 18.758401°
Long 73.697558°
29/07/23 11:14 AM GMT +05:30

Nikhade
(Dr. Nitin Nikhade)
NSS Program Officer
PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE-410 507



Ghodey
(Dr. Snehal Ghodey)
DR. SNEHAL GHODEY
M.Ph. Principal (electel)
Principal
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE