

MAEER's Physiotherapy College

mpc/mok-08/51/2020

Talegaon Dabhade

Department: Musculoskeletal Physiotherapy

Year: 2025

Sr No	Name	Date	Venue	Conference	Paper presentation Yes/No	Title of paper	Award Yes/No
	1) Dr. Snehal Ghodey 2) Dr. Neetu Mahapatra 3) Dr. Bindu Sarfare 4) Dr. Parita Kothari 5) Dr. Snehalata Tembhone 6) Dr. Bhagyashree Salekar	19 th & 20 th September, 2025	MAEER's Physiotherapy college, Talegaon	KINESIOCON 2025	-	-	-
	1) Dr. Neetu Mahapatra 2) Dr. Bindu Sarfare 3) Dr. Snehalata Tembhone 4) Dr. Divyangana Rawane	18 th December 2025	Virtual	3rd International conference -Arthritis 2025 DVVPPF's college of physiotherapy. Ahmednagar	Delegate Delegate Delegate Delegate	-	-
	1) Dr. Bhagyashree Salekar	11 th & 12 th October, 2025	Virtual	2 nd International Electrotherapy Conference- ELECTROCON-25 Organised by Maharashtra Institute of Physiotherapy, Latur	Delegate	"Velocity based training as the future of strength training, transforming physical rehabilitation and athletic performance: A narrative review"	
	Dr. Neetu Mahapatra	21 st & 22 nd Nov 2025	Sheraton Grand, Pune	16th Scientifica, National physiotherapy conference. Pune.	Delegate / JUDGE / PANELIST		

1)Dr. Snehalata Tembhurne 2)Dr. Bhagyashree Salekar	4 th February, 2025	Virtual	International Onco Scientifica Virtual Conference 2025 organised by Krishna College of Physiotherapy	Delegate	- The Synergistic impact of Manual Lymphatic Drainage and TENS on Postpartum Breast engorgement: A Pilot study	-
1) Dr. Divyangana Rawane 2) Dr Bhagyashree Salekar	25th September 2025	Virtual	Multidisciplinary 2 national conference of Disability and Rehabilitation 2025, DVVPPF's college of physiotherapy.Ahmednagar	-	-	-
1) Dr Bhagyashree Salekar	15th and 16th Feb 2025	Nashik	62nd IAP National Conference	-	"Physiotherapeutic approach to alleviate pain and severity of post natal breast engorgement: A quasi experimental study"	-

Dr. Parita Kothari
Research Coordinator



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MAEER's Physiotherapy Colleg

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Department: Musculoskeletal Physiotherapy

Year: 2025

Sr No	Name of Authors	Title	Name of journal	Year of Publication	Volume/issue	Page no	Indexed	Faculty/Student
1	Dr. Ravinder kaur marwaha Dr. Yagna Shukla	Systematic review of the quality of the cross cultural adaptations and validation of Michigan Hand outcome questionnaire and meta analysis	Journal of Hand Therapy.	2025			Scopus Web of Science Pubmed	Faculty
2	Dr. Ravinder kaur marwaha Dr. Yagna Shukla	Linguistic and cultural Landscape of MHQ Adaptation: A systematic- Narrative Review of Challenges and strategies	International Journal of Health Sciences and Research.	2025	15(5)		UGC care	Faculty
3	Prajesh Kandalkar Dr.SnehalataTembhurne Dr. Snehal ghodey	Prevalence of riding related musculoskeletal disorders and disability among motorcyclists in Pune Region - a cross-sectional study.	Galore International Journal of Applied Sciences & Humanities	2025	9(2)	59-68	Google scholar	Student/ Faculty
4	Riya Patkar Dr.SnehalataTembhurne Dr. Snehal ghodey	Prevalence of Swimming Overuse Injuries in Elite Competitive High School Swimmers in Pune Region- A Cross-Sectional Study	Galore International Journal of Applied Sciences & Humanities	2025	9(4):	19-27	Google Scholar	Faculty/ Student
5	Shruti Aruja Dr. Divyangana Rawane	Comparing musculoskeletal pain and postural risk assessment in bharatnatyam and kathak dancers,	International journal of physical education, sports and health	2025	12(3)	549-551	Google Scholar	Student/ Faculty

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Department: Musculoskeletal Physiotherapy

Research Paper presentations-2025

Sr No	Name of the Presenter	Title	UG /PG / Faculty	Name of the Conference	Venue	Date	Award
1	Dr. Bhagyashree Salekar	"Velocity based training as the future of strength training, transforming physical rehabilitation and athletic performance: A narrative review"	Faculty	2 nd International Electrotherapy Conference- ELECTROCON-25 Organised by Maharashtra Institute of Physiotherapy, Latur	Virtual	11 th & 12 th October, 2025	No
2	Dr. Bhagyashree Salekar	"Physiotherapeutic approach to alleviate pain and severity of post natal breast engorgement: A quasi experimental study"	Faculty	62 nd IAP National Conference	Nashik	15 th and 16 th Feb 2025	No
3	Dr. Bhagyashree Salekar	The Synergistic impact of Manual Lymphatic Drainage and TENS on Postpartum Breast engorgement: A Pilot study	Faculty	International Onco Scientifica Virtual Conference 2025 organised by Krishna College of Physiotherapy	Virtual	4 th February 2025	No
4	Shreya Waghmare	Prevalence Of Sacroiliac Joint Dysfunction among Bus Drivers With Non Specific Low Back Pain	UG	Kinesiocon 25	MAEER's Physiotherapy college, Talegaon	19 th & 20 th September, 2025	No

5	Sanchita Shahaji Bhosale	Correlation of forward head posture and Thoracic kyphosis in professional Photographers	UG	Kinesiocon 25	MAEER's Physiotherapy college, Talegaon	19 th & 20 th September, 2025	No
6	Sakshi Khot	Multidimensional assessment of interoceptive awareness in college students	UG	Kinesiocon 25	MAEER's Physiotherapy college, Talegaon	19 th & 20 th September, 2025	No
7	Devanshi Rajesh Dedhia	-Correlation of Kinesiophobia and lower limb function in patients with lower limb fracture post surgery.	UG	Kinesiocon 25	MAEER's Physiotherapy college, Talegaon	19 th & 20 th September, 2025	No
8	Priyanshi Nayak	Immediate effects of Short Foot Exercise and posterior leg muscle stretching on pain and flexibility in runners with Medial Tibial Stress Syndrome	UG	Kinesiocon 25	MAEER's Physiotherapy college, Talegaon	19 th & 20 th September, 2025	2 nd
9	Palak Yogesh Bafna	Comparison of Cervical Proprioception and Neck Muscle Endurance in Forward Head Posture With and Without Neck Pain.	UG	Kinesiocon 25	MAEER's Physiotherapy college, Talegaon	19 th & 20 th September, 2025	No
10	Nancy Ravish Deriya	Prevalence of overuse upper limb injuries in Elite adolescent basketball players.	UG	Kinesiocon 25	MAEER's Physiotherapy college, Talegaon	19 th & 20 th September, 2025	No
11	Kruttika Pandit Patil	Association Of Core Muscle Endurance And Quality Of Life In Hindu Priest With Non Specific Chronic Low Back Pain	UG	Kinesiocon 25	MAEER's Physiotherapy college, Talegaon	19 th & 20 th September, 2025	No

12	Ananya Biju Panicker	Short term effects of Fascial Manipulation Kinesio taping along with Proprioceptive Neuromuscular Facilitation Stretching on Hamstring muscle length in college students	UG	Kinesiocon 25	MAEER's Physiotherapy college, Talegaon	19 th & 20 th September, 2025	No
13	Devang Nitin Patil	Assessment of hand grip strength, reaction time, speed and upper limb function in dominant versus non-dominant hands of Intercollegiate cricketers.	UG	Kinesiocon 25	MAEER's Physiotherapy college, Talegaon	19 th & 20 th September, 2025	No
14	Varun Chirag Narshana	Correlation between Lumbopelvic control and dynamic stability in collegiate volleyball players	UG	Kinesiocon 25	MAEER's Physiotherapy college, Talegaon	19 th & 20 th September, 2025	No
15	Avantika Avinash Madane	Postural assessment of computer operators in government offices using physiocode app	UG	Kinesiocon 25	MAEER's Physiotherapy college, Talegaon	19 th & 20 th September, 2025	No

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Completed Research Projects-2025

Sr. No	Name of the Researcher	Title	UG/PG/ Staff	Guide	Ethical Approval Yes/No
1	Dr. Neetu Mahapatra	Translation, Cross Culture Adaptation , Validity and Reliability of Hindi Version of Michigan Hand Outcome Questionnaire for patients with Rheumatoid Arthritis	Staff Phd	Dr. Yagna Shukla	Yes
2	Sakshi Deshmukh	Effect of Handgrip strengthening exercises and conventional physiotherapy vs eccentric training for external rotators of shoulder and conventional physiotherapy on pain, rotator cuff muscle strength and function of shoulder in patients with sub acromial pain syndrome - A comparative study	PG	Dr. Snehal Ghodey	Yes
3	Rasika Sawarkar	Effect of valgus control instruction exercises versus conventional treatment on pain, strength and function in patients with patella femoral pain syndrome : An experimental study	PG	Dr. Snehal Ghodey	Yes
4	Kunal Bhujbal	Added short term effect of lateral trunk lean gait on pain of knee joint and physical function in patients with osteoarthritis of knee	PG	Dr. Snehal Ghodey	Yes
5	Ashima Dhiman	The effect of Plyometric training and conventional physiotherapy on dynamic balance and joint position sense in bharatanatyam dancers with flat feet: A randomised controlled trial	PG	Dr. Neetu Mahapatra	Yes

6	Priya Khichkar	Correlation between lumbar core muscle strength and dynamic balance in mountain trekkers	PG	Dr. Neetu Mahapatra	Yes
7	Swarangi Kotwal	Correlation of gastrocnemius muscle flexibility with static and dynamic balance in recreational marathon runners with plantar faciitis	PG	Dr. Neetu Mahapatra	Yes
8	Avantika Avinash Madane	Postural assessment of computer operators in government offices using physiocode app	UG	Dr. Snehal Ghodey	Yes
9	Shreya Waghmare	Prevalence Of Sacroiliac Joint Dysfuntion among Bus Drivers With Non Specific Low Back Pain	UG	Dr. Snehal Ghodey	Yes
10	Kruttika Pandit Patil	Association Of Core Muscle Endurance And Quality Of Life In Hindu Priest With Non Specific Chronic Low Back Pain	UG	Dr. Neetu Mahapatra	Yes
11	Sanchita Shahaji Bhosale	Correlation of forward head posture and Thoracic kyphosis in professional Photographers	UG	Dr. Neetu Mahapatra	Yes
12	Priyanshi Nayak	Immediate effects of Short Foot Exercise and posterior leg muscle stretching on pain and flexibility in runners with Medial Tibial Stress Syndrome	UG	Dr. Bindu Sarfare	Yes
13	Palak Yogesh Bafna	Comparison of Cervical Proprioception and Neck Muscle Endurance in Forward Head Posture With and Without Neck Pain.	UG	Dr. Bindu Sarfare	Yes
14	Ananya Biju Panicker	Short term effects of Fascial Manipulation Kinesio taping along with Proprioceptive Neuromuscular Facilitation Stretching on Hamstring muscle length in college students	UG	Dr. Parita Kothari	Yes
15	Sakshi Khot	Multidimensional assessment of interoceptive awareness in college students	UG	Dr. Parita Kothari	Yes

16	Nancy Ravish Deriya	Prevalence of overuse upper limb injuries in Elite adolescent basketball players.	UG	Dr. Parita Kothari	Yes
17	Devanshi Rajesh Dedhia	-Correlation of Kinesiophobia and lower limb function in patients with lower limb fracture post surgery.	UG	Dr. Divyangana Rawane	Yes
13	Devang Nitin Patil	Assessment of hand grip strength, reaction time, speed and upper limb function in dominant versus non-dominant hands of Intercollegiate cricketers.	UG	Dr. Bhagyashree Salekar	Yes
14	Varun Chirag Narshana	Correlation between Lumbopelvic control and dynamic stability in collegiate volleyball players	UG	Dr. Bhagyashree Salekar	Yes

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List of ongoing Research Projects-2025

Sr. No	Name of the Researcher	Title	UG/PG/ Staff	Guide	Ethical Approval Yes/No	Published
1.	Dr. Bindu Sarfare	Design and Development of BHIMS a medical non-invasive device to measure translatory and rotatory movement of scapula - A Multiphasic Study	Staff	Dr. Amit Sharma	Yes	No
2	Dr. Parita Kothari	Development and effectiveness of the Skater Fit Program as compared to Standard Physical Education training on Performance parameters in Elite Roller Skaters	Staff	Dr. Seema Saini	Yes	No
3	Dr. Bhagyashree Salekar	Efficiency of velocity and percentage based resistance training on physical fitness and functional performance in young adults: a Randomised Controlled Trial	Staff	Dr. Zafar Azeem	Yes	No
4	Srushti Avinash Gaikwad	Correlation between Dynamic Balance, Flexibility and Agility in Kabaddi Players –A Cross Sectional study	PG	Dr. Snehal Ghodey	Yes	No
5	Shivani Abhijit Marathe	Correlation of hand eye coordination and reaction time with climbing performance in adolescent sports lead climbers at beginner (level 1) and intermediate (level 2) levels – an observational study	PG	Dr. Snehal Ghodey	Yes	No

6	Swarangi Prasad Jadhav	Correlation of scapular motion and strength of shoulder rotators with throwing distance in Javelin throwers	PG	Dr. Neetu Mahapatra	Yes	No
7	Shraddha V. Shinde	Correlation of scapular motion, shoulder pain and proprioceptive accuracy with upper limb disability in modified radical mastectomy patients – A Cross-Sectional Study	PG	Dr. Neetu Mahapatra	Yes	No
8	Aditi Kishor Joshi	Correlation between lower limb alignment and lower extremity performance in adolescent football players – A Cross-Sectional Study	PG	Dr. Bindu Sarfare	Yes	No
9	Navnit Gurwinder Sehra	Correlation of Power, Agility and Dynamic Balance with Skating Performance in Recreational and Competitive Inline Skaters – A Cross-Sectional Study”	PG	Dr. Bindu Sarfare	Yes	No
10	Pooja Dnyaneshwar Patil	Immediate Effect Of Strain Counter strain Technique Versus Active Release Technique On Reducing Pain And Improving Cervical Range Of Motion In College Students With Unilateral Upper Trapezius Trigger Points	UG	Dr. Snehalata Tembhumne	Yes	No
11	Bhargavi Ratnakar Surangalikar	Knowledge And Attitude Of Physiotherapy Professionals Towards Velocity Based Resistance Training	UG	Dr. Bhagyashree Salekar	Yes	No

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Conference/Workshop/CME/FDP-2025

SrNo	Name	Date	Venue	Workshop/CME	Coordinator/Delegate
1	1) Dr. Snehal Ghodey 2) Dr. Neetu Mahapatra 3) Dr. Bindu Sarfare 4) Dr. Parita Kothari 5) Dr. Snehalata Tembhone 6)) Dr. Bhagyashree Salekar	19 th & 20 th September, 2025	MAEER's Physiotherapy College, Talegaon	KINESIOCON 2025	Organizing Chair Person Organizing Member Treasurer Organizing Member Organizing Member Organizing Member
2	1) Dr. Snehal Ghodey 2) Dr. Neetu Mahapatra 3) Dr. Bindu Sarfare 4) Dr. Parita Kothari 5) Dr. Snehalata Tembhone 6) Dr. Divyangana Rawane 7) Dr. Bhagyashree Salekar	19th and 20th June 2025	MAEER's Physiotherapy college, Talegaon	TOT Workshop	Organizer Delegate Delegate Delegate Delegate Delegate Delegate
3	1) Dr. Snehal Ghodey 2) Dr. Neetu Mahapatra 3)) Dr. Bindu Sarfare 4) Dr. Parita Kothari 5) Dr. Snehalata Tembhone 6) Dr. Divyangana Rawane 7) Dr. Bhagyashree Salekar	17 th April, 2025	MAEER's Physiotherapy college, Talegaon	CME on Empowering Movement: Physiotherapy's Vital role in Haemophilia Management	Resource Person Organizer Coordinator Coordinator Coordinator Coordinator Coordinator

4	1) Dr. Snehal Ghodey 2) Dr. Parita Kothari 3) Dr. Snehalata Tembhurne	6th April 2025	Nigdi, Pune	CME on OSPE as means of competency based Physiotherapy education held organised by LSFPEF's College of Physiotherapy, Nigdi Pune	Delegate Delegate Delegate
5	1) Dr. Parita Kothari 2) Dr. Bhagyashree Salekar	15th June 2025.	Nigdi Pune	workshop on systematic review: a practical approach organised by The Indian Association of Physiotherapist's Women Cell, Maharashtra State	Delegate Delegate
6	1) Dr. Parita Kothari 2) Dr. Bhagyashree Salekar	28 th July to 2 nd August	Dr. D Y Patil Medical College, Pimpri, Pune	Workshop on Pre PhD Course	Delegate Delegate
7	Dr. Bhagyashree Salekar	February 13, 2025.	Virtual	One day workshop on All India Survey on Higher Education (AISHE) program 2023-2024 organized by Maharashtra University of Health Sciences, Nashik.	Delegate

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MAEER's Physiotherapy College
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Department: Musculoskeletal Physiotherapy
Awards & Achievements- 2025

Sr. No	Name	Details of an award	Date	UG/PG/Faculty
1	Dr. Snehal Ghodey	Invited as a Judge at 3rd International conference - Arthritis 2025 DVVPF's college of physiotherapy, Ahmednagar	18 th December 2025	Faculty
2		Invited as a Judge at 2 nd International Electrotherapy Conference- ELECTROCON-25 Organized by Maharashtra Institute of Physiotherapy, Latur	11 th & 12 th October, 2025	Faculty
3		Invited as a Chair Person at the "International Sports Unite 2.0-Conference"	8 th February 2025	Faculty
4	Dr. Neetu Mahapatra	Awarded Degree of Doctor of Philosophy (PhD) in Physiotherapy from Gujarat University	20 th December 2025	Faculty
5		Received Arthritis contribution Award in 3rd International conference -Arthritis 2025 DVVPF's college of physiotherapy. Ahmednagar	18 th December 2025	
6		Invited as a judge and panelist at 16th Scientifica, National physiotherapy conference,Pune.	21 st & 22 nd November 2025	Faculty
7	Navneet Sehra	Secured 2 nd prize in scientific paper presentation- PG category at NCDR conference 2025	26 th September 2025	PG
8	Priyanshi Naik	Secured 2 nd prize in scientific paper presentation- UG category MSK at Kinesiocon 2025	20 th September 2025	UG

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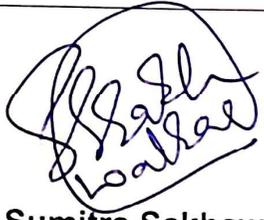
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MAEER's Physiotherapy College Talegaon Dabhade
Department: Neurophysiotherapy
Conference / Awards Year: 2024

Sr.no	Name of The Staff	Date	Venue	Conference	Paper Presentation Yes/No	Title Of Paper	Award Yes/No
1	Dr Sayli Paldhikar Dr Priya Chitre Dr Sumitra Sakhawalkar Dr Tanpreet Kaur Mehta Dr Nilofer Patel	14th And 15th April 2024	Maeer's Physiotherapy College Talegaon Dabhade	Kinesiocon 2024	No	---	No
2.	Dr Sayli Paldhikar Dr Sumitra Sakhawalkar Dr Tanpreet Kaur Mehta Dr Nilofer Patel	25 th & 26 th Septembe r 2024	Dr. Vithalrao Vikhe Patil Foundation's College Of Physiotherapy	Multidisciplinary " National Conference On Disability & Rehabilitation " 2024 (Virtual Mode)	Delegate	---	No
3	Dr Sayli Paldhikar Dr Sumitra Sakhawalkar Dr Tanpreet Kaur Mehta Dr Nilofer Patel	1 st December 2024	Dr. Vithalrao Vikhe Patil Foundation's College Of Physiotherapy	National E- Conference # Nspc24 On Stroke Physiotherapy (Virtual Mode)	Delegates	---	No
4	Dr Sayli Paldhikar Dr Sumitra Sakhawalkar Dr Tanpreet Kaur Mehta Dr Nilofer Patel	21 st & 22 nd December 2024	Maeer Pune's Maharashtra Institute Of Physiotherapy Latur	"Electrocon-24", 1 st National Electrotherapy Conference 2024 (Virtual Mode)	Delegates	---	No
5	Dr Sayli Paldhikar	7 th March 2024	Dr. Vithalrao Vikhe Patil Foundation's College Of Physiotherapy	Resource Person Synopsis Writing	Workshop For Pg		Felicited
6.	Dr Sayli Paldhikar	26 th And 27 Th April 2024	Procon Tech 2024 National Conference Physiotherapy Modern College	Chairpeson	Scientific Session Of Speakers		Felicited

	Dr Tanpreet Kaur Mehta	January 2024	College Of Physiotherapy Chiplun	"Role Of Evidence Based Practice In The Field Of Physiotherapy"	Guest Speaker (Interns And Final Year)		
8	Dr Sumitra Sakhawalkar Dr Tanpreet Kaur Mehta	16 th June 2024	Kinetic Minds Academic Club MAEER's Physiotherapy College Td	Debate Competition For B.P.Th Students	Jude For Preliminary And Final Rounds Debate	-----	Felicitated With Saplings
9	Dr Tanpreet Kaur Mehta	16 th October 2024	Dhaneshwari College Of Physiotherapy Aurangabad	Dcpcon 2024 Muhs	Chairperson For Speaker Scientific Session One & Judge For Cultural Activities	-----	Felicitated
10	Dr Tanpreet Kaur Mehta	2 nd August 2024	Nanak Sai Seva Trust	Guest Lecture Career Guidance For 12 th Students	Speaker And Chief Guest	-----	Felicitated
11	Dr Tanpreet Kaur Mehta	22 nd July 2024	Student Welfare Committee Mgm Institute Of Physiotherapy Muhs	Guest Lecture Communication Skills With Emphasis On English Language	Speaker	-----	Felicitated
12	Dr Tanpreet Kaur Mehata	28 th December 2024	Shree Guru Ganesh Bal Mandir Primary School Chinchwad	Chief Guest	Motivation And Spiritual Guidance For Students	-----	Felicitated
13	Dr Tanpreet Kaur Mehta	25 th January 2024	National Voters Day	Election Nodal Officer	Lecture On Awareness , Importance And Knowledge Of Voting For 1 st Year Students & Reel About Awareness Program For Voting	-----	Voters Day Celebration

14	Dr. Ranpreet Kaur Mehta	27 th November 2024	Nanak Seva Trust A Bsnl Chinchwad Pune	Outstanding Physiotherapy Rehabilitation Work In Free Campos For The Needy	Arogya Shibeer	-----	Felicitated
15	DR RITUJA MALKHEDE		WFNR IFNR BRAIN HEALTH AND PREVENTION	WORLD BRAIN DAY POSTER COMPETITION 27 TH JULY 2024	E-- POSTER	----	VIEWER CHOICE BEST POSTER PRIZE



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MAEER's Physiotherapy College Talegaon Dabhade
Department: Neurophysiotherapy
Publications Year: 2024

Sr No	Name Of Authors	Title	Name Of Journal	Year Of Publication	Volume/ Issue	Page No	Indexed	Faculty/ Student
1.	Dr Samrudhi Dr Sayli Paldhikar	Comparison Of Balance During Dual Task In Between Cognitively Impaired And Non-Impaired Individuals With Parkinson's Disease	Acta Medica International, Wolters Kluwer-Medknow,	May –August 2024	Vol 11, Issue 2	No	Yes	Yes
2	Dr Tanpreet Kaur Mehta	Posture Correction Amongst It Workers	Article Lokmat Newspaper Pimpri Chinchwad	15 th Jan 2024	----	----		Faculty
3	Dr Tanpreet Kaur Mehta	Effective Home Based Physiotherapy Program For Children , Adults And The Elderly	Article Lokmat Newspaper Pimpri Chinchwad	22 nd Jan 2024	----	----		Faculty
4	Dr Tanpreet Kaur Mehta	Importance Of Physiotherapy And Early Intervention In Patients	Article Lokmat Newspaper Pimpri Chinchwad	2 nd October 2024	----	7		Faculty
5.	Dr Tanpreet Kaur Mehta	World Diabetes Day Awareness Of Early Detection And Intervention Of Diabetes	Article Lokmat Newspaper Pimpri Chinchwad	14 th November 2024	----	4		Faculty

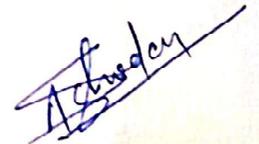


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MAEER's Physiotherapy College Talegaon Dabhade
Department: Neurophysiotherapy
Research Paper Presentations-2024

Sr No	Name Of The Presenter	Title	UG/PG / Faculty	Name Of The Conference	Venue	Date	Award
1.	Dr Sayli Paldhikar	Research Paper	PhD Scholar	Online Research Competition For Allied Faculty	Smt. Sunanda Pravin Gambhirchand College Of Nursing, Mumbai	5 th March 2024	-----
2	Tanvi Kushe	Added Effect Of Chest Proprioceptive Neuromuscular Facilitation On Trunk Control In Childern With Spastic Cerebral Palsy	UG	Kinesiocon 2024	MAEER's Physiotherapy College Talegaon D	21 st And 22 nd March 2024	-----
3	Moksha Jain	Added Effect Of Graded Motor Imagery On Pain And Kinesiophobia In Post Stroke Hemiplegic Patients With Shoulder Pain	UG	Kinesiocon 2024	MAEER's Physiotherapy College Talegaon D	21 st And 22 nd March 2024	2 nd Prize
4	Kruti Moradia	Added Effect Of Trunk And Pelvic Pnf On Dynamic Balance In Post Stroke Hemiplegics	UG	Kinesiocon 2024	MAEER's Physiotherapy College Talegaon D	21 st And 22 nd March 2024	-----
5	Dhwani Kothari	Knowledge, Attitude And Practice About The Role Of Physiotherapy In Primipara Women In And Around Maval Region	UG	Kinesiocon 2024	MAEER's Mit Pune's Physiotherapy College Talegaon D	21 st And 22 nd March 2024	-----

Shruti Waghmare	- Correlation Of Foot Posture With Balance And Gait Ability In Children With Cerebral Palsy Across Different Age Groups.(A Cross Sectional Pilot Survey)	UG	Kinesiocon 2024	Maeer Mit Pune's Physiotherapy College Talegaon Dhabade	21 st And 22 nd March 2024	-----
Prapti Jha	- Assessment Of Cardiopulmonary Endurance In Bharatnatyam And Kathak Dancers: A Comparativ	UG	Kinesiocon 2024	Maeer Mit Pune's Physiotherapy College Talegaon Dhabade	21 st And 22 nd March 2024	2 nd Prize



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Dr. Sayri Paldhikar

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Dr. Snehal Ghodey

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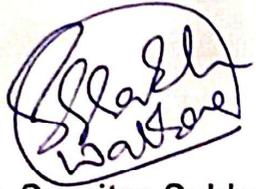
DR. SNEHAL GHODEY
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MAEER's Physiotherapy College Talegaon Dabhade
Department: Neurophysiotherapy
Ongoing Research Projects-2024

Sr.No	Name Of The Researcher	Title	Ug/Pg/ Faculty	Guide	Ethical Approval
1	Dr Sayli Paldhikar	Effect Of 6 Weeks Computerized Cognitive Training Programme And Conventional Balance Training Programme Versus Conventional Balance Training Programme Alone On Balance And Quality Of Life In Geriatrics With Mild Cognitive Impairment--A Randomised Control Trial	Staff	Dr Y . Praveen	Yes
2	Dr Priya Chitre	Addressing Unmet Family Needs Of Children With Cerebral Palsy For Family Centered Care	Staff		Yes
3	Dr Neelima Reddy-	Added Effect Of P.E.D.A.L.S (Pediatric Endurance And Limb Strengthening) Protocol Along With Conventional Physiotherapy On Balance And Gait Speed In Children With Spastic Diplegic Cerebral Palsy	PG	Dr Sayli Paldhikar	Yes
4.	Dr Palak Maloo	Short Term Effect Of Rib Cage Mobilisation Vs Kinesio Taping In Patients With Thoracic Spine Alignment In Patients With Parkinson's Disease	PG	Dr Sayli Paldhikar	Yes

	Dr Rituja Malkhede	Added Effect Of Virtual Reality Therapy Along With Conventional Physiotherapy On Static And Dynamic Balance In Children With Spastic Cerebral Palsy	PG	Dr Sayli Paldhikar	Yes
6	Dr Nisha Maskar	Added Effect Of Neurobic Exercises Program With Conventional Exercises On Risk Of Fall In Community Dwelling Older Adults With Mild Cognition Impairment.	PG	Dr Sumitra Sakhawalkar	Yes
7	Dr Aanchal Agrawal	Added Effect Of Spider Cage Therapy Along With Conventional Physiotherapy On Trunk Control And Balance In Children With Spastic Diplegic Cerebral Palsy.	PG	Dr Sumitra Sakhawalkar	Yes
8	Dr Sakshi Kajale	Assessment Of Cognitive - Motor Interference In Post Stroke Individuals Under Different Cognitive Load -Cross Sectional Study.	PG	Dr Sumitra Sakhawalkar	Yes

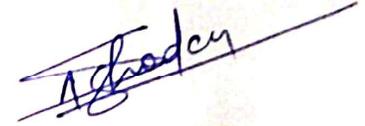


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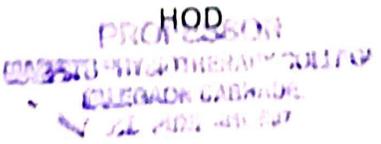
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MAEER's Physiotherapy College Talegaon Dalgaode
Department: Neurophysiotherapy
Completed Research Projects-2024

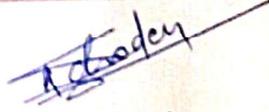
UG	Name Of The Researcher	Title	Ug/ Pg/ Staff	Guide	Ethical Approval Yes/No	Publication
1	Dr Mukta Rakhe	Effect Of Inclined Backward Treadmill Walking On Dynamic Balance & Gait In Children With Spastic Cerebral Palsy- An Experimental Study.	PG	Dr Sayli Paldhikar	Yes	No
2	Dr Neha Kasale	Comparison Of Facilitatory Vs Inhibitory Kinesiotaping Techniques For Lower Limb On Functional Mobility And Gait Parameters In Children With Spastic Cerebral Palsy	PG	Dr Sumitra Sakhawalkar	Yes	
3	Dr Nelson Lobo	Added Effect Of Bilateral Scapular Stabilization Exercise Along With Conventional Exercise On Postural Stability And Dynamic Balance In Post Stroke Hemiplegic Patients	PG	Dr Sayli Paldhikar	Yes	
4	Dr Sakshi Subhagchandani	Effectiveness Of Virtual Reality Exergaming Vs Physical Games For Improving Motor Control And Upper Limb Function In Post Stroke Hemiplegics	PG	Dr Sayli Paldhikar	Yes	
5	Dr Sneha Phulpagar	Comparison Of The Effect Of Otago Exercise Versus A Circuit Training Programme On Balance In Stroke Patients	PG	Dr Sumitra Sakhawalkar	Yes	
6	Dr Madhuri Rajbhar	Added Effect Of Whole Body Vibration V/S Focal Vibration Along With Conventional Exercise On Balance In Older Adults	PG	Dr Sumitra Sakhawalkar	Yes	
7	Tanvi Kushe	Added Effect Of Chest Proprioceptive Neuromuscular Facilitation On Trunk Control In Childern With Spastic Cerebral Palsy	UG	Dr Sumitra Sakhawalkar	Yes	

	Prerna Jain	Added Effect Of Graded Motor Imagery On Pain And Kinesiophobia In Post Stroke Hemiplegic Patients With Shoulder Pain	UG	Dr Priya Chitre	Yes	Presented In Kinesiocon 24 2 nd Prize
	Kruti Moradia	Added Effect Of Trunk And Pelvic Pnf On Dynamic Balance In Post Stroke Hemiplegics	UG	Dr Tanpreet Kaur Mehta	Yes	
10	Dhwani Kothari	Knowledge, Attitude And Practice About The Role Of Physiotherapy In Primipara Women In And Around Maval Region	UG	Dr Nilofer Patel	Yes	
11	Shruti Waghmare	- Correlation Of Foot Posture With Balance And Gait Ability In Children With Cerebral Palsy Across Different Age Groups.(A Cross Sectional Pilot Survey)	UG	Dr Sayli Paldhikar	Yes	
12	Prapti Jha	- Assessment Of Cardiopulmonary Endurance In Bharatnatyam And Kathak Dancers: A Comparativ	UG	Dr Nilofer Patel	Yes	Presented In Kinesiocon24 2 nd Prize
13	Poorva Hirade	Awareness, Knowledge and Attitude of Kangaroo Mother Care in expecting parents in tertiary health care center in Maval Taluka.- Survey.	UG	Dr Sumitra Sakhawalkar	-----	
14	Anudnya Mahajan	Assessment of burden amongst caregivers of people with Parkinson's disease	UG	Dr Nilofer Patel	-----	
15	Harshda Chopade	Effects of psycho-social impairments on quality of life in the patients with Bell's palsy.	UG	Dr Sayli Paldhikar	-----	
16	Samiksha Patil	Effects of psycho-social impairments on quality of life in the patients with Bell's palsy.	UG	Dr Tanpreet Kaur Mehta	-----	


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MAEER's Physiotherapy College Talegaon Dabhade
Department : Neurophysiotherapy Department
Conference /Workshop/Cme -2024

	Name of Staff	Date	Venue	Conference/Workshop/CME	Organizer / Participants
1	Dr Sayli Paldhikar Dr Priya Chitre Dr Sumitra Sakhawalkar Dr Tanpreet Kaur Mehta Dr Nilofer Patel	21 st And 22 nd March 2024	Maeer's Physiotherapy College Talegaon Dabhade	Kinesiocon 2024	Organising Committee Registration Committee Scientific Committee
2	Dr Sayli Paldhikar Dr Sumitra Sakhawalkar Dr Tanpreet Kaur Mehta Dr Nilofer Patel	20 th To 22 nd October 2023	Maeer's Physiotherapy College Talegaon Dabhade	Basic Pnf Hands On 3days Workshop By Dr Harpreet Sachdeva	Organizer And Coordinator
3	Dr Sayli Paldhikar Dr Sumitra Sakhawalkar Dr Tanpreet Kaur Mehta Dr Nilofer Patel	2 nd December 2024	Maeer's Physiotherapy College Talegaon Dabhade	Cme "Comprehensive Insights In Aquatic Therapy – A Practical Approach " By Dr Dipti Patil	Organizer And Coordinator
4	Dr Sayli Paldhikar Dr Sumitra Sakhawalkar Dr Tanpreet Kaur Mehta Dr Nilofer Patel	2 nd December 2024	Maeer's Physiotherapy College Talegaon Dabhade	"Atharva Abilities " A Lupin Innitiative Bkc Mumbai	Neurophysiotherapy Department Educational Vis
5	Dr Sayli Paldhikar	8 th June 2024	Sancheti College Of Physiotherapy	"Competency Based Education In Physiotherapy" Faculty Development Program Muhs	Participant
6	Dr Sayli Paldhikar Dr Priya Chitre Dr Sumitra Sakhawalkar Dr Tanpreet Kaur Mehta Dr Nilofer Patel	22 nd January 2024	Iqac Cell Somaiya College Of Physiotherapy	Good Clinical Pracrice Workshop	Participant

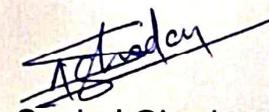
	Dr Sumitra Sakhawalkar	20 And 21 st January & Feb 2024	Dr Prakash V Facial Paralysis Rehabilitation Online Course	Facial Paralysis Rehabilitation E Workshop	Participant
8	Dr Sumitra Sakhawalkar Dr Nilofer Patel	6 th To 8 th March 2024	Maeer's Physiotherapy College Talegaon Dabhade	Basic Research Methodology Workshop MUHS	Participant
9	Dr Sumitra Sakhawalkar	13 th October 20-24	Commcad Accademy Online Workshops	"Questionnaire Designing" E Workshop	Participant
10	Dr Sumitra Sakhawalkar	30 th November & 1 st December 2024	Commcad Accademy Online Workshops	"Qualitative Analysis With Nvivo" E Workshops	Participants
11	Dr Sumitra Sakhawalkar Dr Tanpreet Kaur Mehta	14 th And 15 th December 2024	Commcad Accademy Online Workshops	"Systemic Review Of Literature" E Workshops	Participants
12	Dr Sumitra Sakhawalkar Dr Tanpreet Kaur Mehta	Nov Dec 2024	Mscit Course	Mscit Course Completed	Participants
13	Dr Palak Maloo (PG) Dr Nisha Maskar (PG)	19 th To 22 nd September 2024	Msculoskeletal Dept Maeer's Physiotherapy College Talegaon Dabhade	Neurodynamic Solutions	Participants
14	Dr Palak Maloo (PG) Dr Sakshi Kajale (PG)	13 th August 2024	Online Certification	MOCA Scale Online Certification	Participants



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MAEER's Physiotherapy College Talegaon Dabhade
Department: Neurophysiotherapy
Copyright/Patent

Sr. No	Name Of The Researcher	Title	Ug/ Pg/ Staff	Patent/Copyright
1.	Dr Sayli Paldhikar	Mentorship Programme B.P.Th	Staff	In Process
1.	Dr Sumitra Sakhawalkar	Mentorship Programme B.P.Th	Staff	In Process



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MAEER's Physiotherapy College Talegaon Dabhade

MPC/CVS-04/21/2026

Department: Department of Cardiovascular & Respiratory Physiotherapy

Year: 2025

Sr No	Name	Date	Venue	Conference	Paper presentation Yes/No	Title of paper	Award Yes/No
1	Dr. Varoon Jaiswal Dr. Pournima Pawar Dr. Deepika Burman Dr. Ramya Shetty	19 & 20 Sept 2025	MAEER's Physiotherapy College Talegaon Dabhade	Kinesiocon	Organizing Committee	No	
2	Dr. Varoon Jaiswal Dr. Pournima Pawar Dr. Deepika Burman	13 & 14 Sept 2025	Shrimati Kashibai Navale Medical College & General Hospital Auditorium, Pune	2 nd national conference SOCVPR	Organizing Committee	No	No
3	Dr. Ramya Shetty	13 & 14 Sept 2025	Shrimati Kashibai Navale Medical College & General Hospital Auditorium, Pune	2 nd national conference SOCVPR	Yes	Awareness and perception of cardiotoxicity- Risk and the role of physiotherapy in HER-2 positive breast cancer patients among physiotherapy professionals: A cross sectional study	Yes
4	Dr. Pournima Pawar Dr. Deepika Burman	11 & 12 Oct 2025	Online	Electrocon 25	No	No	No
5	Dr. Pournima Pawar Dr. Deepika Burman	26 Sept 2025	Online	2 nd NCDR 25	No	No	No

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MAEER's Physiotherapy College Talegaon Dabhade
Department: Department of Cardiovascular & Respiratory Physiotherapy
Year: 2025

Sr No	Name of Authors	Title	Name of journal	Year of Publication	Volume/ issue	Page no	Indexed	Faculty/ Student
1	Dr. Arpita Bhondave Dr. Varoon Jaiswal Dr. Pournima Pawar Dr. Ramya Shetty	Translation, cross-cultural adaptation, and test-retest reliability of chronic venous insufficiency quality of life questionnaire (CIVIQ-14) in the Marathi language	Medical Journal of Dr. D.Y.Patil Vidyapeeth	2025	18(3)	458-462	Scopus	Faculty/ Student
2	Dr. Sharvari Kulkarni G Lima de Melo Ghisi Dr. Varoon Jaiswal Dr. Pournima Pawar Deepali R Kharatmal, Mithali M Kangude	Translation and psychometric evaluation of diabetes education questionnaire (DATE-Q) from English to Marathi- assessing reliability, validity and cross cultural equivalence	European Journal of Clinical and Experimental Medicine	2025	23 (2)	386-392	Scopus	Faculty/ Student

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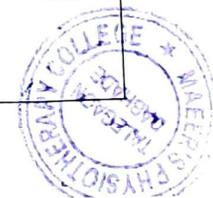
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MAEER's Physiotherapy College Talegaon Dabhade
Department: Department of Cardiovascular & Respiratory Physiotherapy
Research Paper presentations-2025

Sr No	Name of the presenter	Title	UG /PG/ Faculty	Name of the conference	Venue	Date	Award
1	Dr. Ramya Shetty	Awareness and perception of cardiotoxicity- Risk and the role of physiotherapy in HER-2 positive breast cancer patients among physiotherapy professionals: A cross sectional study	Faculty	2 nd national conference SOCVPR	Shrimati Kashibai Navale Medical College & General Hospital Auditorium, Pune	13 & 14 September 2025	Yes
2	Dr. Samrudhi Bele	Assessment of disease specific knowledge in Type 2 Diabetes mellitus and its correlation with six minute walk distance and HbA1c- An observational study	PG	2 nd national conference SOCVPR	Shrimati Kashibai Navale Medical College & General Hospital Auditorium, Pune	13 & 14 September 2025	No
3	Dr. Shreya Bhise	Impact of the INCR tool on engagement in outpatient cardiac rehabilitation among individuals with coronary artery disease: An experimental study	PG	2 nd national conference SOCVPR	Shrimati Kashibai Navale Medical College & General Hospital Auditorium, Pune	13 & 14 September 2025	Yes
3	Dr. Sneha Dubey	The effect of breathing at 5 breaths per minute on heart rate variability and blood pressure in hypertensive patients	PG	2 nd national conference SOCVPR	Shrimati Kashibai Navale Medical College & General Hospital Auditorium, Pune	13 & 14 September 2025	No
4	Dr. Shanatanu Ghisas	Exploring the correlation between smartphone addiction and sleep quality, BMI and WHR among young college students: A literature review	PG	2 nd national conference SOCVPR	Shrimati Kashibai Navale Medical College & General Hospital Auditorium, Pune	13 & 14 September 2025	Yes



5	Dr. Ankita Sawla	A comprehensive review of the effects of EMS on lower limb strength and exercise tolerance in hospitalized patients with post pulmonary TB bronchiectasis.	PG	2 nd national conference SOCVPR	Shrimati Kashibai Navale Medical College & General Hospital Auditorium, Pune	13 & 14 September 2025	Yes
6	Dr. Arya Nair	Exploring the effects of screentime on heart rate variability and physical activity levels in young adults- A literature review	PG	2 nd national conference SOCVPR	Shrimati Kashibai Navale Medical College & General Hospital Auditorium, Pune	13 & 14 September 2025	No
7	Arya Deo	Effectiveness of INCR tools in reducing anxiety and depression amongst patients undergoing coronary angioplasty	UG	2 nd national conference SOCVPR	Shrimati Kashibai Navale Medical College & General Hospital Auditorium, Pune	13 & 14 September 2025	Yes



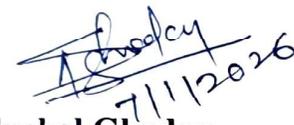
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Department: Department of Cardiovascular & Respiratory Physiotherapy

Ongoing Research Projects-2025

Sr. No	Name of the Researcher	Title	UG/ PG/ Staff	Guide	Ethical Approval Yes/No
1	Ankita Sawla	Impact of Electrical muscle stimulation (EMS) on muscle strength of lower extremity muscles (Quadriceps, Hamstring, Gastrocnemius) and Exercise tolerance in post pulmonary TB Bronchiectasis patients during hospital stay	PG	Dr. Varoon Jaiswal	Yes
2	Shantanu Ghaisas	Smart phone addiction and its correlation with sleep quality , Body Mass Index and Waist-Hip Ratio in young college going students	PG	Dr. Varoon Jaiswal	Yes
3	Arya Nair	Impact of Screen Time on Heart Rate Variability (HRV) and Physical activity levels in Young Adults.	PG	Dr. Pournima Pawar	Yes
4	Vaishnavi Pardeshi	Prevalence of icu related anxiety among physiotherapy students	UG	Dr. Pournima Pawar	In process
5	Ajay Kande	Prevalence of dysfunctional breathing patterns in patient with hypertension	UG	Dr. Deepika Burman	In process


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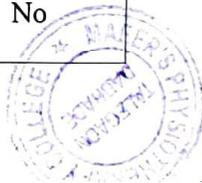

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Department: Cardiovascular & Respiratory Physiotherapy

Completed Research Projects-2025

Sr. No	Name of the Researcher	Title	UG/ PG/ Staff	Guide	Ethical Approval Yes/No	Published
1	Shreya Bhise	Enhancing Outpatient Cardiac Rehab Engagement: A study on the impact of INCR tool based patients education among Coronary Artery Disease individuals.	PG	Dr. Varoon Jaiswal	Yes	No
2	Sneha Dubey	Effects of coherent breathing technique on heart rate variability and blood pressure in patients with hypertension.	PG	Dr. Varoon Jaiswal	Yes	No
3	Samrudhi Bele	Correlation of 6 Minute Walk Test and Fasting Blood Glucose with Date-Q Questionnaire in Patients with Type 2 Diabetes	PG	Dr. Varoon Jaiswal	Yes	No
4	Trixie Patel	Effect of glossopharyngeal breathing on snoring in affected individuals.	UG	Dr. Ramya Shetty	Yes	No
5	Akanksha Chavan	Prevalence of varicose veins in grape farmers	UG	Dr. Deepika Burman	Yes	No
6	Arya Deo	Effectiveness of INCR tools in reducing anxiety and depression amongst patients undergoing coronary angioplasty	UG	Dr. Varoon Jaiswal	Yes	No
7	Aastha Sharma	Hypertension risk factor analysis among young adults	UG	Dr. Varoon Jaiswal	Yes	No
8	Mrunal Nande	Knowledge and awareness of basic life support in rural population	UG	Dr. Deepika Burman	Yes	No
9	Yashshree Joshi	Assessment of Chest Expansion and Respiratory Dysfunction in Professional Tabla Players	UG	Dr. Pournima Pawar	Yes	No



	Bhagyashree Kunghadkar	The effect of inspiratory muscle training on blood pressure and quality of life in hypertensive individual	UG	Dr. Pournima Pawar	Yes	No
11	Vaishnavi Shimpi	Awareness and accessibility to technology assisted tools in cardiorespiratory physiotherapist	UG	Dr. Pournima Pawar	Yes	No
12	Shriya Kalbere	Screening of Early Vascular Symptoms Associated with Prolonged Standing among Healthcare Students : Cross-sectional Study	UG	Dr. Ramya Shetty	Yes	No



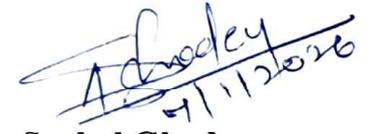
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MAEER's Physiotherapy College Talegaon Dabhade
Department: Department of Cardiovascular & Respiratory Physiotherapy
Workshop/CME/ Workshop -2025

Sr No	Name	Date	Venue	CME/ Workshop	Coordinator/Delegate/ Attended
1	Dr. Varoon Jaiswal Dr. Pournima Pawar Dr. Deepika Burman Dr. Ramya Shetty	19 th July 2025	SushrutHall, OPD Building	CME (Communication: A cornerstone of success)	Coordinator


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MAEER's Physiotherapy College Talegaon Dabhade

Department: Cardiovascular & Respiratory Physiotherapy

Copyright/Patent

Sr. No	Name of the Researcher	Title	UG/ PG/ Staff	Patent/Copyright
1	Dr. Samrudhi Bele Dr. Varoon Jaiswal Dr. Pournima Pawar Dr. Deepika Burman Dr. Ramya Shetty Dr. Shreya Bhise Dr. Sneha Dubey	Comprehensive cardiac rehabilitation protocol across all the phases for post CABG patients with dextrocardia	Staff & PG	Copyright



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MAEER's Physiotherapy College Talegaon Dabhade

Department: Community Physiotherapy

Year: 2025

Sr No	Name	Date	Venue	Conference	Paper presentation Yes/No	Title of paper	Award Yes/No
1.	Dr. Nitin Nikhade	19 th & 20 th September 2025	MAEER MIT Pune's Physiotherapy College Talegaon D.	6 th Annual National Conference KINESIOCON 2025 From Workplace o well being: Ergonomics meets Physiotherapy	NO	-	-
		26 th September 2025	Dr. Vithalrao Vikhe Patil Foundation's College of Physiotherapy, Ahmednagar (Virtual mode)	2 nd NCDR 2025 Transforming lives through rehabilitation: A Multidisciplinary Perspective	Judge for UG Category	-	-
		11 th & 12 th October 2025	MAEER Pune's Maharashtra Institute of Physiotherapy, Latur (Virtual mode)	2 nd International Electrotherapy Conference Electrocon-25	Judge for PG Category	-	-
2.	Dr. Anuradha Sutar	12 th July 2025	Sancheti Healthcare Academy, Pune	CLINOQUIUM 2025	Judge for Case Presentation		
		19 th & 20 th September 2025	MAEER MIT Pune's Physiotherapy College Talegaon D.	6 th Annual National Conference KINESIOCON 2025 From Workplace o well being: Ergonomics meets Physiotherapy	No	-	-

		26 th September 2025	Dr. Vithalrao Vikhe Patil Foundation's College of Physiotherapy, Ahmednagar (Virtual mode)	2 nd NCDR 2025 Transforming lives through rehabilitation: A Multidisciplinary Perspective	Yes		No
		11 th & 12 th October 2025	MAEER Pune's Maharashtra Institute of Physiotherapy, Latur (Virtual mode)	2 nd International Electrotherapy Conference Electrocon-25	No	-	-
Dr. Kulkarni	Shyamli	19 th & 20 th September 2025	MAEER MIT Pune's Physiotherapy College Talegaon D.	6 th Annual National Conference KINESIOCON 2025 From Workplace to well being: Ergonomics meets Physiotherapy	Coordinator for Scientific Committee	-	-
		26 th September 2025	Dr. Vithalrao Vikhe Patil Foundation's College of Physiotherapy, Ahmednagar (Virtual mode)	2 nd NCDR 2025 Transforming lives through rehabilitation: A Multidisciplinary Perspective	Yes	Association of Occupational Siting and piriformis Muscle Tightness in desk job professionals	No
		11 th & 12 th October 2025	MAEER Pune's Maharashtra Institute of Physiotherapy, Latur (Virtual mode)	2 nd International Electrotherapy Conference Electrocon-25	Yes	Effectiveness of BOSU Ball Training versus Wobble board training with mirror feedback on Balance and risk of fall in Geriatric Population	Yes 1 st Prize in Junior Faculty Category
		18 th December 2025	Dr. Vithalrao Vikhe Patil Foundation's College of Physiotherapy, Ahmednagar (Virtual mode)	3 rd International Conference on ARTHRITIS 2025 (Virtual Mode)	No		
4.	Dr. Anuja Khadilkar	19 th & 20 th September 2025	MAEER MIT Pune's Physiotherapy College Talegaon D.	6 th Annual National Conference KINESIOCON 2025	Coordinator for Registration Committee	-	-

			From Workplace o well being: Ergonomics meets Physiotherapy				
	26 th September 2025	Dr. Vithalrao Vikhe Patil Foundation's College of Physiotherapy, Ahmednagar (Virtual mode)	2 nd NCDR 2025 Transforming lives through rehabilitation: A Multidisciplinary Perspective	No	-	-	
	11 th & 12 th October 2025	MAEER Pune's Maharashtra Institute of Physiotherapy, Latur (Virtual mode)	2 nd International Electrotherapy Conference Electrocon-25	No			
	18 th December 2025	Dr. Vithalrao Vikhe Patil Foundation's College of Physiotherapy, Ahmednagar (Virtual mode)	3 rd International Conference on ARTHRITIS 2025 (Virtual Mode)	No			
	25 th & 26 th September 2024	Dr. Vithalrao Vikhe Patil Foundation's College of Physiotherapy, Ahmednagar (Virtual mode)	Multidisciplinary "National Conference on Disability & Rehabilitation 2024"	No	-	-	
6.	Dr. Sayali Kashid	19 th & 20 th September 2025	MAEER MIT Pune's Physiotherapy College Talegaon D.	6 th Annual National Conference KINESIOCON 2025 From Workplace o well being: Ergonomics meets Physiotherapy	No	-	
7.	Dr. Snehal Sharma	19 th & 20 th September 2025	MAEER MIT Pune's Physiotherapy College Talegaon D.	6 th Annual National Conference KINESIOCON 2025	Yes	Physiotherapy Mngement of fecal Incontinence in Post Operative Rehabilitation of Hirschprung's Disease : A case Report	Yes 1 st Prize in PG Category

Dr. Shruti Brahma	19 th & 20 th September 2025	MAEER MIT Pune's Physiotherapy College Talegaon D.	6 th Annual National Conference KINESIOCON 2025	Yes		
	26 th September 2025	Dr. Vithalrao Vikhe Patil Foundation's College of Physiotherapy, Ahmednagar (Virtual mode)	2 nd NCDR 2025 Transforming lives through rehabilitation: A Multidisciplinary Perspective			
Dr. Shruti Soni	19 th & 20 th September 2025	MAEER MIT Pune's Physiotherapy College Talegaon D.	6 th Annual National Conference KINESIOCON 2025 From Workplace to well being: Ergonomics meets Physiotherapy	Yes		
	26 th September 2025	Dr. Vithalrao Vikhe Patil Foundation's College of Physiotherapy, Ahmednagar (Virtual mode)	2 nd NCDR 2025 Transforming lives through rehabilitation: A Multidisciplinary Perspective	Yes		
	18 th December 2025	Dr. Vithalrao Vikhe Patil Foundation's College of Physiotherapy, Ahmednagar (Virtual mode)	3 rd International Conference on ARTHRITIS 2025 (Virtual Mode)	Yes		

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9/11/2025

Dr. Snehal Ghodey

DR. SNEHAL GHODEY

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Principal

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TALEGAON DABHADE

MAEER's Physiotherapy College Talegaon Dabhade

Department: Community Physiotherapy

Year: 2025

Sr No	Name of Authors	Title	Name of journal	Year of Publication	Volume/issue	Page no	Indexed	Faculty/Student
1.	Dr. Nitin Nikhade	Effect Of Chair Suryanamskar With Strength Training On Cardiovascular Endurance In Frail Older Adults : A Randomised Trial	South Eastern European journal of public health	2025	XXVI S2 2025	-	Scopus	Faculty



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MAEER's Physiotherapy College Talegaon Dabhade

Department: Community Physiotherapy

Ongoing Research Projects-2025

Sr. No	Name of the Researcher	Title	UG/ PG/ Staff	Guide	Ethical Approval Yes/No
1.	Dr. Shruti Brahma	Association between mental workload and ergonomic risk in heavy machinery production workers	PG	Dr. Nitin Nikhade	Yes
2.	Dr. Shruti Soni	Association between pelvic floor dysfunction and diastasis recti in middle aged women.	PG	Dr. Anuradha Sutar	Yes



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MAHEK'S Physiotherapy College Talegaon Dabnade**Department: Community Physiotherapy****Completed Research Projects-2025**

Sr. No	Name of the Researcher	Title	UG/ PG/ Staff	Guide	Ethical Approval Yes/No	Published
1.	Dr. Nitin Nikhade	Effect of Chair Suryanamskar with strength training on functional fitness in community dwelling frail older adults: Randomized Controlled Study	Staff	Dr. Vaishali Phalke	Yes	
2.	Dr. Sayli Kashid	Association Of Frailty & Health Related Quality Of Life Among Older Adults Living In Old Age Home- A Cross-Sectional Study	PG	Dr. Nitin Nikhade	Yes	No
3.	Dr. Snehal Sharma	The Impact Of Nordic Walking On Gait Speed & Balance In Institutionalized Geriatric Population- An Experimental Study	PG	Dr. Anuradha Sutar	Yes	No
4.	Bharat Teji	Awareness And Practice Of Sleep Hygiene In Medical College Going Students	UG	Dr. Anuradha Sutar	Yes	No
5.	Krishna Sanghvi	Association Between Perceived Stress And Sleep Quality Across Menopausal Transition.	UG	Dr. Shyamli Kulkarni	Yes	No
6.	Manasi Kakade	Awareness, Knowledge, And Practice Of Ergonomics Among School Teachers.	UG	Dr. Anuja Khadilkar	Yes	No
7.	Sakshi Divekar	Effectiveness Of Jacobsons Relaxation Technique On Sleep Quality In Nomophobic Young Adults	UG	Dr. Anuja Khadilkar	Yes	No
8.	Supriya Patil	Effectiveness Of Stabilization Exercises With Mirror Feedback Versus Home Based Exercise Programme On Pain, Disability And Muscle Endurance In Beauticians On Chronic Neck Pain.	UG	Dr. Shyamli Kulkarni	Yes	No

	Falgami Ingle	Prevalence Of Overweight And Obesity In Rural School Going Children In 9-14 Years In Maval Region	UG	Dr. Nitin Nikhade	Yes	No
10	Gouri Vivek Chougule	Assessment Of Musculoskeletal And Cardiovascular Fitness Parameters Among Junior College Students In Talegaon Dabhade	UG	Dr. Nitin Nikhade	Yes	No
11	Sakshi Jain	Prevalence Of Musculoskeletal Symptoms, Psychological Distress And Sleep Quality Among Firefighters: A Cross-Sectional Study.	UG	Dr. Anuradha Sutar	Yes	No

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	Falguni Ingle	Prevalence Of Overweight And Obesity In Rural School Going Children In 9-14 Years In Maval Region	UG	Dr. Nitin Nikhade	Yes	No
10	Gouri Vivek Chougule	Assessment Of Musculoskeletal And Cardiovascular Fitness Parameters Among Junior College Students In Talegaon Dabhade	UG	Dr. Nitin Nikhade	Yes	No
11	Sakshi Jain	Prevalence Of Musculoskeletal Symptoms, Psychological Distress And Sleep Quality Among Firefighters: A Cross-Sectional Study.	UG	Dr. Anuradha Sutar	Yes	No

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MAEER's Physiotherapy College Talegaon Dabhade

Department: Community Physiotherapy

Research Paper presentations-2025

Sr No	Name of the presenter	Title	UG /PG / Faculty	Name of the conference	Venue	Date	Award
1.	Dr.Shyamli Kulkarni	Effeciveness of BOSU Ball Training versus Wobble board training with mirror feedback on Balance and risk of fall in Geriatric Population	Faculty	2 nd International Electrotherapy Conference Electrocon-25	Virtual	11 th & 12 th October 2025	Yes
		Association of Occupational Siting and piriformis Muscle Tightness in desk job professionals	Faculty	2 nd NCDR 2025 Transforming lives through rehabilitation: A Multidisciplinary Perspective	Virtual	26 th September 2025	
2.	Bharat Teji	Awareness And Practice Of Sleep Hygiene In th Medical College Going Students	UG	Kinesiocon 2025	Maeer Mit Pune's Physiotherapy College Talegaon D.	19 th & 20 th September 2025	No
3.	Krishna Sanghvi	Association Between Perceived Stress And Sleep Quality Across Menopausal Transition.	UG	Kinesiocon 2025	Maeer Mit Pune's Physiotherapy College Talegaon D.	19 th & 20 th September 2025	No
4.	Manasi Kakade	Awareness, Knowledge, And Practice Of Ergonomics Among School Teachers.	UG	Kinciocon 2025	Maeer Mit Pune's Physiotherapy College Talegaon D.	19 th & 20 th September 2025	No

5	Sakshi Divekar	Effectiveness Of Jacobsons Relaxation Technique On Sleep Quality In Nomophobic Young Adults	UG	Kinesiocon 2025	Maer Mit Pune's Physiotherapy College Talegaon D.	19 th & 20 th September 2025	No
6	Supriya Patil	Effectiveness Of Stabilization Exercises With Mirror Feedback Versus Home Based Exercise Programme On Pain, Disability And Muscle Endurance In Beauticians On Chronic Neck Pain.	UG	Kinesiocon 2025	Maer Mit Pune's Physiotherapy College Talegaon D.	19 th & 20 th September 2025	No
7	Dr. Falguni Ingle	Prevalence Of Overweight And Obesity In Rural School Going Children In 9-14 Years In Maval Region	UG	Kinesiocon 2025	Maer Mit Pune's Physiotherapy College Talegaon D.	19 th & 20 th September 2025	No
8	Gouri Vivek Chougule	Assessment Of Musculoskeletal And Cardiovascular Fitness Parameters Among Junior College Students In Talegaon Dabhadre	UG	Kinesiocon 2025	Maer Mit Pune's Physiotherapy College Talegaon D.	19 th & 20 th September 2025	Yes
9	Sakshi Jain	Prevalence Of Musculoskeletal Symptoms, Psychological Distress And Sleep Quality Among Firefighters: A Cross-Sectional Study.	UG	Kinesiocon 2025	Maer Mit Pune's Physiotherapy College Talegaon D.	19 th & 20 th September 2025	No

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Department: Community Physiotherapy

Conference/ Workshop/CME -2025

Sr. No.	Name	Date	Venue	Workshop/CME	Coordinator/Delegate
1.	Dr. Nitin Nikhade	18 th & 19 th June 2025	MIMER Medical college , Talegaon Dabhade	ToT WORKSHOP	Delegate
		4 th & 5 th July 2025	MAEER MIT Pune's Physiotherapy College Talegaon D.	Hands on workshop on "Certified Antenatal Postnatal Exercise Specialist"	Organizer
		19 th & 20 th September 2025	MAEER MIT Pune's Physiotherapy College Talegaon D.	KINESIOCON 2025	Awards and Recognition coordinator
2.	Dr. Anuradha Sutar	6 th April 2025	LSFPEF's College of Physiotherapy	Assessing clinical competence: a workshop on OSCE & OSPE for physiotherapy teachers	Delegate
		18 th & 19 th June 2025	MIMER Medical college , Talegaon Dabhade	ToT WORKSHOP	Delegate
		4 th & 5 th July 2024	MAEER MIT Pune's Physiotherapy College Talegaon D.	Hands on workshop on "Certified Antenatal Postnatal Exercise Specialist"	Organizer

3.	Dr. Shyamli Kulkarni	19 th & 20 th September 2025	MAEER MIT Pune's Physiotherapy College Talegaon D.	KINESIOCON 2025	Organising Secretary
		6 th April 2025	LSFPEF's College of Physiotherapy	Assessing clinical competence: a workshop on OSCE & OSPE for physiotherapy teachers	Delegate
		18 th & 19 th Junc 2025	MIMER Medical college , Talegaon Dabhade	ToT WORKSHOP	Delegate
		4 th & 5 th July 2024	MAEER MIT Pune's Physiotherapy College Talegaon D.	Hands on workshop on "Certified Antenatal Postnatal Exercise Specialist"	coordinator
		19 th & 20 th September 2025	MAEER MIT Pune's Physiotherapy College Talegaon D.	KINESIOCON 2025	Scientific Committee
		10 th October 2025	Virtual at 2 nd international conference of electrotherapy- ELECTROCON 2025- MIT Latur	Ultrasound therapy in action: a hands on workshop in high power pain threshold and clinical application	Delegate
4.	Dr. Anuja Khadilkar	6 th April 2025	LSFPEF's College of Physiotherapy	Assessing clinical competence: a workshop on OSCE & OSPE for physiotherapy teachers	Delegate
		18 th & 19 th June 2025	MIMER Medical college , Talegaon Dabhade	ToT WORKSHOP	Delegate

	4 th & 5 th July 2024	MAEER MIT Pune's Physiotherapy College Talegaon D.	Hands on workshop on "Certified Antenatal Postnatal Exercise Specialist"	coordinator
	19 th & 20 th September 2025	MAEER MIT Pune's Physiotherapy College Talegaon D.	KINESIOCON 2025	Registration Committee

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Date 05/02/2026

शैक्षणिक वर्ष : २०२५-२६

विद्यार्थी कल्याण समन्वय व लिपीक यांनी वार्षिक अहवाल सादर करण्याचा नमुना :-

अ.क्र	शैक्षणिक वर्ष	विविध कल्याणकारी योजना	अविष्कार	सांस्कृतिक कार्यक्रम	क्रिडा स्पर्धा	रॅगिंग
		विद्यार्थी कल्याण विभागामार्फत राबविल्या जाणाऱ्या विविध पात्र योजनांचा किती विद्यार्थ्यांनी लाभ घेतला व त्यांना कशा प्रकारे फायदा झाला.	विद्यापीठस्तरीय अविष्कार स्पर्धेमध्ये झालेल्या विद्यार्थ्यांची संख्या व किती विद्यार्थ्यांची निवड झाली.	स्पर्दनमध्ये सहभागी झालेल्या विद्यार्थ्यांची संख्या	Zonal, Interzonal, AIU Selection साठी आपल्या महाविद्यालयातील सहभागी झालेल्या विद्यार्थ्यांची संख्या	आपल्या महाविद्यालयात रॅगिंग प्रकरणी तक्रार प्राप्त झालेल्या आहे का व किती ?
०१	२०२५-२६	०६ (पुस्तक पेढी)	विद्यापीठस्तरीय अविष्कार स्पर्धेमध्ये झालेल्या विद्यार्थ्यांची संख्या - ०१ विद्यार्थ्यांची निवड झाली - ०१	निरंक	निरंक	निरंक




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MPC / student council - 04/84/2026

MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

LIST OF STUDENTS PARTICIPATING IN VARIOUS CULTURAL INTER-COLLEGIATE EVENTS FOR 2025

SR NO	Full Name of the Student	Name of Event/ Day	Date	Venue	Type of an activity	Winner or participants
1	Archita Shetty	Avyanna'25	06-03-2025	Symboisis Medical College	Duet Dance	Participant
2	Vaishnavi Shrivastav	Avyanna'26	06-03-2025	Symboisis Medical College	Duet Dance	Participant
3	Dhwani Godey	AFMC Sillouette 25	08-05-2025	AFMC	Mono Acting	Winner (3rd Prize)
4	Dhwani Godey	AFMC Sillouette 23	09-05-2025	AFMC	Rapid Rendition	Winner (3rd Prize)
5	Grishma Nair	AFMC Sillouette 25	08-05-2025	AFMC	Duet Dance	Participant
6	Ananya Panicker	AFMC Sillouette 25	08-05-2025	AFMC	Duet Dance	Participant
7	Group Dance	AFMC Sillouette 25	11-05-2025	AFMC	Thematic group dance	Participant

AK
Dr. Anuja Khadilkar
Staff Coordinator (Student Council)

Assistant Profess
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Physiotherapy College, Talegaon

Sayli
Dr Sayli Paldhikar
Cultural Incharge

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**MAEER MIT PUNE's PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE**

LIST OF FACULTY/STUDENTS PARTICIPATING IN VARIOUS SPORTS EVENTS FOR 2025

Sr. No	Name	Name of an Activity	Organizer	Sports	Winner/ Participant	Rank
1	Vaishnavi Shimpi	SPORTIPHY 2025	Brijlal Jindal College of Physiotherapy (DESBJOP's), Pune	Badminton Women's singles	Winner	3 rd
2	Vaishnavi Shimpi	SPORTIPHY 2025	Brijlal Jindal College of Physiotherapy (DESBJOP's), Pune	Badminton Mixed Doubles	Winner	2 nd
	Piyush Dupade					
3	Navya Shah	SPORTIPHY 2025	Brijlal Jindal College of Physiotherapy (DESBJOP's), Pune	Mixed Basketball		-
	Isha Ranawat					
	Priynashi Nayak					
	Suyash Nhavkar					
	Yashwani Modi					
	Jahnvi Kathar					
	Sakshi Shelke					
4	Piyush Girhe	SPORTIPHY 2025	Brijlal Jindal College of Physiotherapy (DESBJOP's), Pune	Mixed Volleyball	Winner	1 st
	Piyush Dupade					
	Vaishnavi Shimpi					
	Sharvari Herekar					
	Piyush Mahajan					
	Aditi Bhandgey					
	Yashwani Modi					
	Dhruv Raskar					
	Om Upadhyay					

**MAEER MIT PUNE's PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE**

LIST OF FACULTY/STUDENTS PARTICIPATING IN VARIOUS SPORTS EVENTS FOR 2025

5	Vaishnavi Shimpi	Renaissance 2025	Modern College of Physiotherapy, Pune	Badminton Mixed Doubles	Participants	-
	Piyush Dupade					
6	Navya Shah	Renaissance 2025	Modern College of Physiotherapy, Pune	Badminton Mixed Doubles	Participants	-
	Isha Ranawat					
	Piyush Dupade					
	Suyash Nhavkar					
	Yashwani Modi					
	Jahnvi Kathar					
	Sakshi Shelke					
Om Upadhyay						
7	Rohit Bhosale	PHYSIOGAMES season 6	HC Rehab Centre	Box Cricket mixed	Participants	-
	Sarang Pawar					
	Jahnvi Kathar					
	Tanushri Thakare					
	Aditi Bhangе					
	Mrunmayi Tilekar					
	Dhananjay Andhale					

P. N. Kothari

Dr. Parita Kothari

Sports Incharge

Sports In Charge
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ACTIVITY / CAMP TEMPLATE FOR WEBSITE**MAEER's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT**

1.	Name of the activity	The Republic Day Celebration
2.	Nature of the activity	Flag Unfurling Ceremony
3.	Organizing department/s	NSS Unit Maeers Physiotherapy College
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade (Programme Officer)
5.	Date & Time	26 th January 2025 9:00am to 10:30 am
6.	Venue / Place	Amphitheatre, College Lawns MIMER Medical College, Talegaon Dabhade
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
8.	Pamphlet (if any)	-
9.	Total number of participants/beneficiaries	40 NSS Volunteer, UG & PG Students
10.	Attendance (if applicable)	Attached
11.	Faculty involved	Dr. Nitin Nikhade Dr. Shyamli Kulkarni Dr. Bhagyashree Salekar
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	NSS Unit of MAEER's Physiotherapy College participated in Republic day celebration on 26 th January 2025. Programme Held at Amphitheatre, College Lawn. Total 40 NSS Volunteers participated in this program. The flag was unfurled by Executive Director Dr. Suchitra Ngare

ACTIVITY / CAMP TEMPLATE FOR WEBSITE

		<p>Maam. Salute to National flag "Tiranga" was given and National anthem was sung. Dr. Snehal Ghodey (Principal) & Dr. Nitin Nikhade from Physiotherapy college given speech on Republic day. At the end of the program NSS Volunteers gathered to take group photograph. Sweets were distributed at the venue and all the participants dispersed at around 11:00 am.</p>
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Dr. Nitin Nikhade

NSS Programme Officer

PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE.



Dr. Snehal Ghodey

Principal

DR. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

ACTIVITY / CAMP TEMPLATE FOR WEBSITE



MAEER's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT

Ref No - MPC/NSS - 03/84/2025

1.	Name of the activity	National Voters Day celebration
2.	Nature of the activity	Elocution Programme
3.	Organizing department/s	NSS Unit of MAEER's Physiotherapy College
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade (Programme Officer)
5.	Date & Time	29 th January 2025, 11am to 1pm.
6.	Venue / Place	1 st year classroom.
7.	Total number of participants/beneficiaries	57 Student & Staff
8.	Attendance (if applicable)	Class attendance muster
9.	Faculty involved	Dr. Snehal Ghodey, Dr. Nitin Nikhade, Dr. Anuradha Sutar, Dr. Sumitra Sakhawalkar, Tanpreet Kaur Mehta.
10.	Coloured geo-tagged photos (2 to 4)	Attached
11.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	It was an a activity for the youth to create awareness of importance of voting. Dr. Tanpreet kaur Mehta Associate Professor dept of Neurophysiotherapy started the program with introductory speech & Dr. Nitin Nikhade talked regarding the norms of voting candidates and abiding by the rules. A elocution competition was conducted for the 1st year <u>B.P.Th</u> students on the topic The Role of Media in Shaping Voter Awareness and Decision-Making . 9 students participated in this event . The judges for the competition were Dr Snehal Ghodey ma'am Principal MAEER MIT Pune's Physiotherapy College and Dr Anuradha Sutar professor . Prizes were given : 1st Prize : Nidhi Kamble 2nd Prize: Vireshwar Gaikwad and Ankita Raul 3rd Prize: Swarashree Chaya Hule. The program was concluded with vote of thanks by Dr Tanpreet kaur Mehta Associate Professor .

Nikhade

Dr. Nitin Nikhade

HOD & Professor

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE - 410 507



Snehal Ghodey
29/1/2025

Dr. Snehal Ghodey

JR. SNEHAL
Principal

M.Ph.T. (Musculoskeletal)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE



ACTIVITY / CAMP TEMPLATE FOR WEBSITE

**MAEER's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT**

1.	Name of the activity	Chhatrapati Shivaji Maharaj Jayanti Celebration
2.	Nature of the activity	Speech & Cultural programme
3.	Organizing department/s	NSS Unit MAEER MIT Pune's Physiotherapy College
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade (Programme Officer)
5.	Date & Time	19 th February 2025 10:00am to 11:00 am
6.	Venue / Place	College Porch MIMER Medical College, Talegaon Dabhade
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
8.	Pamphlet (if any)	-
9.	Total number of participants/beneficiaries	40 NSS Volunteer, UG & PG Students
10.	Attendance (if applicable)	-
11.	Faculty involved	Dr. Nitin Nikhade Dr. Varoon Jaiswal Dr. Shyamli Kulkarni Dr. Bhagyashree Salekar
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	NSS Unit of MAEER MIT Pune's Physiotherapy College participated in Chhatrapati Shivaji Maharaj Jayanti celebration on 19 th February 2025 at College Porch. The celebration commenced at 10 am with a traditional inauguration ceremony.

ACTIVITY / CAMP TEMPLATE FOR WEBSITE

Dr. Sandhya Kulkarni, Principal, MIMER Medical College, Dr. Snehal Ghodey, Principal, MAEER MIT Pune's Physiotherapy College along with esteemed faculty members, lit the ceremonial lamp, invoking blessings for a successful event. This was followed by a tribute to Shivaji Maharaj, where students garlanded his statue and recited his achievements in speech. Students enthusiastically sung songs and presented skits enacting scenes from Shivaji Maharaj's life, showcasing his valour and wisdom. Dr. Shantanu Ghaisas, MPT I student delivered enlightening speech about Shivaji Maharaj's life. The celebration concluded with Shiv Garjana and vote of thanks. Total 40 NSS Volunteers and staffs participated in this program. At the end of the program all NSS Volunteers gathered to take group photograph. Sweets were distributed at the venue and all the participants dispersed at around 11:00 am.



DR. NITIN NIKHADE
NSS PROGRAMME OFFICER

PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
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PUNE-411 507



DR. SNEHAL GHODEY
PRINCIPAL

DR. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal
MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

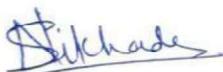


ACTIVITY / CAMP TEMPLATE FOR WEBSITE**MAEER's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT**

1.	Name of the activity	World Health Day 2025
2.	Nature of the activity	Health talk on ANC & PNC
3.	Organizing department/s	NSS Unit
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade
5.	Date & Time	9 th April 2024, 11:00 am to 12:00 pm
6.	Venue / Place	Rural Health Care Center
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	NA
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	15
10.	Attendance (if applicable)	Documented in the register CBR 09-B
11.	Faculty involved	Dr. Anuja Khadilkar
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	The NSS UNIT of MAEER MIT Pune's Physiotherapy College organized a Health talk on the occasion of World Health Day on 9 th April 2025. The theme for this year was "Healthy beginnings, hopeful futures". Based on this theme Health talk was delivered by Dr. Anuja khadilkar (Staff), Dr.

ACTIVITY / CAMP TEMPLATE FOR WEBSITE

		<p>Sayali (MPT2), and Dr. Vidhi (Community medicine resident doctor) explaining about the importance of breastfeeding and the different positions for breastfeeding such as side lying, cradle, cross cradle and football positions. Also, the proper latching method was explained and demonstrated. Later, how to express the breast milk and how to store it in correct way was explained. The ergonomics of breastfeeding was explained. Also, the importance and benefits of the exercises in antenatal and postnatal women was explained. The activity was concluded with the vote of thanks.</p>
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Dr. Nitin Nikhade

NSS Programme Officer

PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE.



Dr. Snehal Ghodey

Principal

DR. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

ACTIVITY / CAMP TEMPLATE FOR WEBSITE



MAEER's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT

MPC / NSS - 04/237/2025

1.	Name of the activity	International Yoga Day
2.	Nature of the activity	Health Talk and Yoga demonstration
3.	Organizing department/s	NSS Unit
4.	Name of the Head of department/ Event in-charge	Dr.Nitin Nikhade
5.	Date & Time	21 st june 2025 , 11:00 am to 12:00 pm
6.	Venue / Place	Rural Health Care Centre, Sudumbre.
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	NA
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	120
10.	Attendance (if applicable)	NA
11.	Faculty involved	Dr. Nitin Nikhade Dr. Shyamli Kulkarni Dr. Bhagyashree Salekar
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	The NSS Unit of MAEER'S physiotherapy College has organized Health Talk according to theme of yoga day- YOGA FOR ONE EARTH, ONE HEALTH. Dr Shruti Brahme our 1st year Mpt mentioned our health is

intertwined with the health of our planet. She encouraged students to embody this unity through personal wellness, community action and environmental mindfulness. Total 120 school children of Rayat Shikshan Sanstha Bhag Shala, Sudumbre were Participated at the RHC centre. Yoga Day emphasizes on numerous benefits of yoga for personal wellness and mindfulness, using individuals to embrace calm amidst chaos. Further our interns Trixie Patel and Navya Shah demonstrated the yoga poses with instruction given by our Mpt student . Benefits of each pose was also described while performing the poses.



Dr. Nitin Nikhade

NSS Programme Officer

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Dr. Snehal Ghodey

Principal

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Principal
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE



**MAEER's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT**

1.	Name of the activity	World Environment Day
2.	Nature of the activity	Tree plantation
3.	Organizing department/s	NSS Unit MAEER MIT Pune's Physiotherapy College
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade (Programme Officer)
5.	Date & Time	14 th July 2025 10:00am to 1:00 pm
6.	Venue / Place	Kai. Shri. Nanasaheb Balkawde Madh Vidyalay, Sate Village
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	-
8.	Pamphlet (if any)	-
9.	Total number of participants/beneficiaries	19 NSS Volunteer, UG Students
10.	Attendance (if applicable)	Attached
11.	Faculty involved	Dr. Nitin Nikhade Dr. Bhagyashree Salekar
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	NSS Unit of MAEER MIT Pune's Physiotherapy College observed World Environment Day 2025 by conducting a tree plantation activity on 14 th July 2025 at Kai. Shree. Nanasaheb Balkawde Madh Vidyalay, Sate Village, Maval, Pune. This tree plantation drive was carried out to raise awareness about the importance of protecting our

ACTIVITY / CAMP TEMPLATE FOR WEBSITE

	<p>environment. 19 NSS volunteers, staff along with Principal and students of Kai. Shri. Nanasahab Balkawde Madh Vidyalay participated enthusiastically by planting total 25 different saplings such as Bahava, Suru, Kadamb, Gulmohar, etc in the surrounding of school campus. It served as our collective effort to increase green cover, improve air quality surrounding school premises. Mr. Shinde S. C., Principal, felicitated Dr. Nitin Nikhade and Dr. Bhagyashree Salekar and concluded the program with vote of thanks at 1 pm.</p>
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Nikhade

DR. NITIN NIKHADE
NSS PROGRAMME OFFICER

PROFESSOR
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TALEGAON DABHADE
PUNE-411 007



Snehal Ghodey
21/7/2025

DR. SNEHAL GHODEY
PRINCIPAL

DR. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal
MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE



**MAEER's Physiotherapy College
Talegaon Dabhade
NSS ACTIVITY REPORT**

Ref No: MPC/NSS-06/345/2025

1.	Name of the activity	Independence Day Celebration 2025
2.	Nature of the activity	Flag hoisting ceremony
3.	Organizing department/s	NSS Unit MAEER's Physiotherapy College
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade (Program Officer)
5.	Date & Time	15 th August 2025 10:30 am to 12:30 pm
6.	Venue / Place	MIMER Medical College Porch, Talegaon Dabhade
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	NA
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	30 NSS Volunteers, 255 UG Students 30 PG Students & All Faculty
10.	Attendance (if applicable)	Attached (30 NSS Volunteers)
11.	Faculty involved	Dr. Nitin Nikhade Dr. Varoon Jaiswal Dr. Shyamli Kulkarni Dr. Bhagyashree Salekar
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	NSS Unit of MAEER's Physiotherapy College participated in Independence day celebration on 15 th August 2025. Total 30 NSS Volunteers participated in this program along with the 255 UG students, 30 PG students & the entire faculty. The flag was hoisted by Miss. Aarya Deo Final year topper from Physiotherapy college. Salute to National flag "Tiranga" was given and National anthem was sung by the all students. Dignitaries delivered speeches highlighting the importance of the day. At the end of program NSS

Volunteers gathered to take group photograph. Sweets were distributed at the venue and all the participants dispersed at around 11:30 am.



Nikhade

NSS Program Officer
(Dr. Nitin Nikhade)
PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
SALEGAON DABHADE,
PUNE - 411 507



Ghodey

Principal
(Dr. Snehal Ghodey)
DR. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal
MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE
SALEGAON DABHADE

MAEER MIT PUNE's
Physiotherapy College, Talegaon Dabhade
ATTENDANCE OF NSS VOLUNTEERS

Sr. No	Name of Volunteers	Sign
1	ADITI ANAND BHANAGEY	Aditi
2	ADITI CHANDRAKANT MORE	Aditi
3	AAKANSHA ANAND GAORAS	Aakansha
4	ARPITA CHAFEKAR	Arpita
5	ARPITA TAYADE	Arpita
6	ARYA AMIT PARADKAR	Arya
7	ARYA PRAMOD PITRUBHAKTA	Arpita
8	MANALI PRABHAKAR MHATRE	M. Prabhakar
9	MUSKAAN ARIF MUKRI	Muskani
10	NEHA ANIL JADHAV	Neha
11	NEHA TRIPATHI	Neha
12	NITU UDDHAV DAWALE	NITU
13	SAKSHI GOPAL PATIL	Sakshi
14	SAMPADA KALURAM SHEVKARI	S. Shri
15	SAYALI GAIKWAD	Sayli
16	SAYLI SANAJY PAWAR	Sayli
17	STARRY PRASHANT RUMAO	Star
18	VAISHNAVI DURAPHE	V. V. Duraphe
19	VEDIKA PRADIP BHONDE	Vedika
20	VIDYARANI CHANDRAMUNI ZADTE	Vadte
21	MAHAJAN PIYUSH ANIL	Piyush
22	WALEKAR ATHARVA DIPAK	Walekar
23	DALE MRUNAL RAJU	Dale
24	GAIKWAD SHIVALI ANANTRAO	Shivali
25	GUPTA SHWETA RAMASRE	Shweta
26	KASARE KSHITIJ SHASHI	Kasare
27	PANDEY AASTHA KISHORE	Pandey
28	PURSWANI PALAK LALIT	Palak
29	SHIGWAN SRUSHTI NITIN	SNS
30	VANMALI GAUTAMI VINOD	Gautami

Nikhade
Dr. Nitin Nikhade
 NSS PROGRAM OFFICER
 PROFESSOR
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE,
 PUNE - 411 007



Ghodey
Dr. Snehal Ghodey
 Principal
JR. SNEHAL GHODEY
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 TALEGAON DABHADE

ACTIVITY / CAMP TEMPLATE FOR WEBSITE

MPC/NSS-07/1430/2025

MAEER's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT

1.	Name of the activity	Swachh Bharat Abhiyan- October 2025
2.	Nature of the activity	Railway Station Cleanliness Drive Under Swachh Bharat Abhiyan
3.	Organizing department/s	NSS Unit Maeers Physiotherapy College
4.	Name of the Head of department/ Event in-charge	Dr. Nitin Nikhade (Programme Officer)
5.	Date & Time	3 rd October 2025 10:00am to 11:30 am
6.	Venue / Place	Talegaon Station area, Talegaon Dabhade
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
8.	Pamphlet (if any)	NA
9.	Total number of participants/beneficiaries	20 NSS Volunteer
10.	Attendance (if applicable)	Attached
11.	Faculty involved	Dr. Nitin Nikhade Dr. Shyamli Kulkarni
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	<p>The NSS Unit of MAEER's Physiotherapy successfully organized a cleanliness drive on 3rd October 2025 as part of the Swachh Bharat Abhiyan, focusing on the Talegaon Railway Station area.</p> <p>A total of 20 enthusiastic NSS volunteers actively participated in the activity. The cleaning drive began from the main gate of MIMER</p>

ACTIVITY / CAMP TEMPLATE FOR WEBSITE

		<p>Medical College and extended up to the Talegaon Railway Station premises. During the activity, the volunteers diligently collected plastic waste, paper litter, and discarded bottles. Approximately 15 kilograms of waste was gathered and responsibly disposed of in designated dustbins, contributing to the improvement of hygiene and cleanliness in the public area.</p> <p>This initiative not only fostered a sense of civic responsibility among students but also aligned with the broader national mission of building a cleaner and greener India.</p>
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DR.NITIN NIKHADE
NSS PROGRAMME OFFICER



DR.SNEHAL GHODEY
PRINCIPAL

PROFESSOR
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PUNE-412 502

R. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal
MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

Attendance Sheet

Subject :- Swachh Bharat Abhiyan - 2025 (October)

Date: 3/10/2025

Roll no	Name of students	Signature
1	Aditi Bhanagey	Aditi
2	Vaishnavi Duiaphe	VP
3	Vidyalani Zade	Vidya
4	Muskaan Mukri	Muskaan
5	Neha Tripathi	Neha
6	Stacey Rumao	Stacey
7	Nidhi Sawant	Nidhi Sawant
8	Kshitija Pawar	Kshitija
9	Aspita Chaphkar	Aspita
10	Vedika Bhonde	VB
11	Sayali Gaikwad	Sayali
12	Aeya Pitubhakta	Aeya
13	Kokili Patil	Kokili
14	Neha Tadhar	Neha
15	Arpita Tayde	Arpita
16	Shruti Khebade	S.S.Khebade
17	Mrunmayi Tilekar	Mrunmayi
18	Saakshi Nagre	Saakshi
19	Dhvani Godday	Dhoni
20	Anya Karande	Anya
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Talegaon Dabhade, Maharashtra, India 🇮🇳
Talegaon, Talegaon Dhabhade Road, Rajgurav Colony, Talegaon Dabhade, Maharashtra 410507, India
Lat 18.735219° Long 73.672626°
03/10/2025 10:56 AM GMT +05:30

GPS Map Camera



Talegaon Dabhade, Maharashtra, India 🇮🇳
Shop No 3 Khau Gully, Opp. Medical Collage, Yashwant Nagar, Talegaon Dabhade, Maharashtra 410507, India
Lat 18.73504° Long 73.674219°
03/10/2025 10:29 AM GMT +05:30

GPS Map Camera