

Maharashtra University of Health Sciences, Nashik Inspection Committee Report for Academic Year 2021-2022

Webinar/Workshop/CME/Activities/Perform in Last One Year.

Faculty : Physiotherapy

Name of the College/Institute:-MAEER's Physiotherapy College , Talegaon Dabhade

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on collegewebsite)

MAEER's Physiotherapy College, Talegaon Dabhade

Activities/Camps by different departments of Physiotherapy-2021

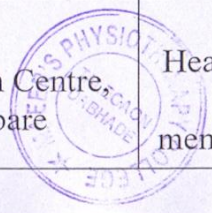
Sr · N o	Date	Activity /Camps (Organized by)	Venue	Programme details	Audience	No of Patients/ Part icipants
1	16/01/2021	A family health survey (CBR DEPT)	Community Activity	A family health survey	2nd Year Students, Teaching Staff MAEER's Physiotherapy College	2 Students allotted per family



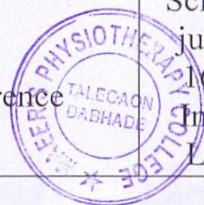
2	03/02/2021 - 28/02/2021	Free Camp (NEURO DEPT)	Neuro physiotherapy OPD, MAEERS Physiotherapy college, OPD bldg, 2 nd floor, Talegaon, Dabhade	Physiotherapy assessment and management for variety of neurological conditions including Adults and Paediatrics was offered. Patients with Stroke, Parkinson's, Cerebral Palsy and its variants, GBS, Delayed milestones etc received supervised rehabilitation programme. There was also a focus on education of disease, precautions and maintenance of functional capacity. Patients needing assistive devices were also addressed to orthotics and prosthetic unit.	Patients of all age groups diagnosed with neurological conditions requiring Physiotherapy interventions were enrolled for the camp	20 Patients (10 Adults and 10 paediatrics)
3	03/02/2021 - 28/02/2021	Free Camp (Cardio Dept)	Cardiovascular and respiratory physiotherapy OPD, MAEERS Physiotherapy college, OPD bldg, 2 nd floor, Talegaon, Dabhade	Physiotherapy management of various medical and surgical conditions like Post-surgical (MRM, Abdominal surgeries) conditions, Acute and Chronic Respiratory conditions, Hypertension, Type 2 Diabetes mellitus with and without other complications, IHD, Cardio myopathy, Heart failure etc. using various exercise prescription modalities. There was also a focus on education for disease prevention and maintenance of good health.	Patients of all age groups diagnosed with medical or surgical conditions requiring physiotherapy interventions were enrolled for the camp	9 Patients



4	03/02/2021 - 28/02/2021	Free Camp (MUSCULO DEPT)	Musculoskeletal Physiotherapy OPD, MAEERS Physiotherapy college, OPD bldg, 2nd floor, Talegaon, Dabhade	Physiotherapy assessment and management for variety musculoskeletal conditions including Neck pain, Back pain, Knee pain, Sciatica, Fractures of upper and lower extremity, Joint related pain and Joint replacement surgery patients.	Patients of all age groups diagnosed with musculoskeletal conditions requiring Physiotherapy interventions were enrolled for the camp	1282
5	08/03/2021 - 09/03/2021	International Women's Day Celebration (CBR DEPT)	Musculoskeletal Physiotherapy OPD, MAEERS Physiotherapy college, OPD bldg	On the occasion of International Women's Day, Department of Orthopaedics & Biochemistry in association with MAEER's Physiotherapy College conducted a 'Bone Health Program for Women' above 35 years. A comprehensive osteoporosis detection camp was conducted wherein investigations like Serum Vit. D, various bone minerals, BMD, Physiotherapy exercises for bone health etc. was done for free of charge.	Female age above 35 years patients or Employees of MIMER medical college and MAEERS Physiotherapy College	67
6	08/03/2021	Women's Day Celebration (CBR DEPT)	Rural Health Centre, Sudumbare	Health talk was given on issues faced by women during menopause and postmenopausal	24 patients, 2 staff member from RHC, 1 staff member from	24



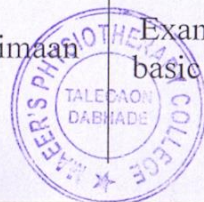
				age, self assessment, treatment and coping strategies were explained	MAEER's physiotherapy college, 1 pg student, 2 interns	
7	08/03/2021	Women's Day Celebration (CBR DEPT)	Urban Health Centre	Health talk was given on issues faced by women during menopause and postmenopausal age, self assessment, treatment and coping strategies were explained	23 patients, 2 UHC staff member, 1 staff member from MAEER's Physiotherapy college, 1 PG student, 2 interns	23
8	20/03/2021	Nanoli Village Project Camp (CARDIO DEPT)	Nanoli Tarf Chakan Village Maval Taluka	20 first B.P.Th Students attend the camp and adopted the families. 14 patients reported to Physiotherapy OPD at the camp	NA	14
9	03/04/2021	Nanoali Village Project Camp (CARDIO DEPT)	Nanoli Tarf Chakan Village Maval Taluka	23 first B.P.Th Students and 2 Interns attend the camp and adopted the families . 08 patients reported to Physiotherapy OPD at the camp	NA	8 patients
10	11/04/2021	World Parkinson's Day (NEURO DEPT)	awareness video	An awareness video was made which included many key points as in What is Parkinson's Disease Risk factors Signs and symptoms of Parkinson's Disease Role of Neuro Physiotherapy and rehabilitation	This video was circulated amongst the common public thru various social media platforms like Facebook, Instagram, whatsapp msg	NA
11	16/04/2021 &	Oncology rehabilitation – Metastasis Physiotherapy	E-Conference	Scientific paper presentation in junior and senior category on 16th April 2021 EUREKA – Innovation Presentations and Lecture series on 17th April	Physiotherapists	225 Participants



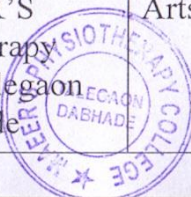
	17/04/2021			2021		
12	14/06/2021	Campus Interview – Healyos Pune	Online interview via zoom	Dr. Shagun Gala introduced their organization and one to one interview of interns batch 2016-17	Interns Batch 2016-17	29
13	21/06/2021	Yoga Day Celebration (CBR DEPT)	Rural Health Centre, Sudumbare	All patient were introduced to yoga therapy, its benefits and different yoga positions were explained and demonstrated	10 patients, 2 staff member from RHC, 1 staff member from MAEER's Physiotherapy college, 1 PG student, 1 intern	10
14	2/8/ 2021	Breast Feeding Week Celebration (CBR DEPT)	Urban health centre	Health talk was given on Ideal methods of Breast feeding with demonstration & Ergonomic advice for nappy changing positions, Different methods of expression of the milk.	17 patients, 2 staff member from UHC, 1 staff member from MAEER'S Physiotherapy College, 3 PG students	17
15	3/8/2021	Breast Feeding Week Celebration (CBR DEPT)	Rural health centre, Sudumbare	Health talk was given on Ideal methods of Breast feeding with demonstration & Ergonomic advice for nappy changing positions, Different methods of expression of the milk.	20 patients, 2 RHC staff member, 1 staff member from MAEER'S Physiotherapy College, 4 PG	20
16	4/8/2021	Breast Feeding Week Celebration (CBR DEPT)	Sushrut Hall	Guest Lecture on “Protect Breastfeeding : A Shared Responsibility” by Dr. Mangala Wani	All HOD and staff members of MIMER Medical College and MAEER'S Physiotherapy	



					College, All PG students of MIMER Medical College and MAEER'S Physiotherapy College	
17	4/8/2021	Bone and Joint Day (MUSCULO DEPT)	Sushrut hall, OPD complex, First floor, BSTRH Hospital.	Bone and Joint Day workshop for Class 3 and 4 officers A comprehensive talk was given by eminent speakers on anatomy of bone and joint, diet and food supplement, yoga in day to day life and ergonomic advice on lifting, carrying and handling patients, exercise prescription to improve bone health	300 participants, 5 speakers, 5 staff members from MAEER'S Physiotherapy College	300
18	6/8/2021	Breast Feeding Week Celebration (CBR DEPT)	PNC Ward - 106	Health talk was given on Ideal methods of Breast feeding with demonstration & Ergonomic advice for nappy changing positions, Different methods of expression of the milk.	23 patients, 1 staff member from MAEER'S Physiotherapy College, 3 PG students	23
19	7/8/2021	Breast Feeding Week Celebration (CBR DEPT)	Zhilla Parishad Primary School, Nanoli	Health talk was given on Ideal methods of Breast feeding with demonstration & Ergonomic advice for nappy changing positions, Different methods of expression of the milk.	29 patients, 4 staff member from PSM Department, 2 staff member from MAEER'S Physiotherapy College, 2 PG students	29
20	15/8/2021	Multi Diagnostic Camp (CBR DEPT)	Kohinoor Abhimaan Homes	Examination, consultation and basic exercise prescription with demonstration.	18 patients, 3 staff, 9 residents, 5 interns, 8 other paramedical members from	18



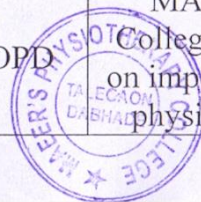
					MIMER Medical College, 2 Residents from MAEER'S Physiotherapy College.	
21	23rd August 2021	Fit India Freedom Run Campaign (CBR DEPT)	Urban Health Centre	Health talk on fitness, importance of regular exercising, exercise prescription for different age groups.	11 patients, 3 MBBS intern from MIMER Medical College, 2 paramedical worker from UHC, 1 PG student, 1 intern from MAEER'S Physiotherapy College	11 patients
22	24th August 2021	Fit India Freedom Run Campaign (CBR DEPT)	Rural Health Centre	Health talk on fitness, importance of regular exercising, exercise prescription for different age groups.	8 patients, 4 MBBS intern from MIMER Medical College, 3 paramedical worker from RHC, 1 PG student, 1 intern from MAEER'S Physiotherapy College	8 patients
23	4/9/2021	National Nutrition week (CARDIO DEPT)	Nanoli Village	Students of MAEERS Physiotherapy College conducted an awareness rally on importance of nutrition on healthy life	Villagers, ASHA workers, Sarpanch, Social workers, Students and Professors	-
24	8/09/2021	World Physiotherapy day (Arts Club)	MAEER'S Physiotherapy College, Talegaon Dabhade	Arts club organized E-poster and Manual Poster making competition.	All the students, teaching, non teaching staff of MAEER'S	



					Physiotherapy College	
25	8/09/2021	World Physiotherapy day (Sports club)	MAEER'S Physiotherapy College, Talegaon Dabhade	Sports club organized a Cycle Rally for creating awareness regarding 'Climate change and health'	All the students, teaching, non teaching staff of MAEER's Physiotherapy College	
26	8/09/2021	World Physiotherapy day (Social awareness club)	MAEER'S Physiotherapy College, Talegaon Dabhade	'Social awareness club organized a skit on "Vaccination and its negligence" for patients.	All the students, teaching, non teaching staff of MAEER's Physiotherapy College	
27	07/09/2021	Health Talk on "Long COVID and Rehabilitation" on account of world Physiotherapy Day (CARDIO DEPT)	Urban Health Center, Talegaon	1 Faculty, 3 Post graduate students and an Intern conducted the health talk. 14 patients reported to the Health - talk session	NA	14
28	18/9/2021	World Physiotherapy Week Camp 2021 (CBR DEPT)	Z. P. Primary School, Nanoli, Tal. Maval, Dist: Pune	Free Examination, consultation and treatment of post covid patients and other musculoskeletal conditions. Skit on importance of COVID vaccination.	12 patients, 2 staff, 3 residents, 1 intern, 1 final year and 1st year BPT students from MAEER'S Physiotherapy College.	12



29	2/10/2021	International Elder's Day (CBR DEPT)	C. K Prabhu Sabha Dadar Vrudhasharam, Talegaon Dabhade	Health talk on Importance of regular exercise was given and fun activities were arranged. Fitness assessment of each elder person was conducted.	12 Patients, 2 staff members, 3 pg students from MAEER's Physiotherapy College	12 Patients
30	4/10/2021	Swachh bhara abhiyan (Social awareness club)	OPD and IPD bldg of MIMER medical college	Social awareness club presented a wonderful skit on "Vaccine awareness & post vaccination Covid appropriate behavior and the concept of Long Covid , & Cleanliness" . performed by 2nd year BPTH students under the guidance of staff, in local language(Marathi). , to promote the importance of Swach bhara in the memory of our great Father of Nation Mahatma Gandhi ji .which was remarkable and commendable.	Students and faculty	-
31	29/10/2021	World Stroke Day celebration (NEURO DEPT)	Neuro physiotherapy Department of MAEER'S Physiotherapy College	Games were organised by staff and students focusing on Upper limb functioning and dexterity and lower limb functional training. Health Talk on Importance of Neuro rehabilitation was given by Dr Simran and Dr Tanpreet	Stroke Patients and their Families, MAEER'S Physiotherapy college student and teachers.	9 Stroke Survivors and family
32	28/9/2021	World Heart Day Extension Activity (Cardio Dept)	Cardiovascular and Respiratory Physiotherapy OPD	Department of Cardiovascular and Respiratory Physiotherapy, MAEER's Physiotherapy College made two short videos on importance of cardiovascular physiotherapy in accordance	Students and Staff of Cardiovascular and Respiratory Physiotherapy	-



				with theme "USE HEART TO BEAT CARDIOVASCULAR DISEASE"		
33	29/9/2021	World Heart Day 2021 (Cardio Dept)	Cardiovascular and Respiratory Physiotherapy OPD	Department of Cardiovascular and Respiratory Physiotherapy, MAEER's Physiotherapy College organized a paid Cardiac Health Checkup including lipid profile test, ECG testing, Exercise testing and prescription under the guidance	Students, Doctors and Patients	18
34	2/10/2021	International Elder's Day (CBR DEPT)	C. K Prabhu Sabha Dadar Vrudhasharam, Talegaon Dabhade	Health talk on Importance of regular exercise was given and fun activities were arranged. Fitness assessment of each elder person was conducted.	12 Patients, 2 staff members, 3 pg students from MAEER's Physiotherapy College	12 Patients
35	6/10/2021	World Cerebral Palsy day celebration (NEURO DEPT)	Neurophysiotherapy Department of MAEER'S Physiotherapy College	Dr. Sayli Paldhikar, HOD of Neurophysiotherapy Department gave radio interview on Big FM about the awareness of Cerebral Palsy and myths regarding the disorder in society. Fun activities were arranged for cerebral Palsy children and their mother's in which different cartoons were shown. Children with their mother's played games. Day celebration event and radio interview was published in Ambar newspaper.	Families of CP children, MAEER'S Physiotherapy college students and Teachers.	6 Cerebral Palsy children with their families.



36	18/10/2021	World Spine day (MUSCULO DEPT)	Musculoskeletal Physiotherapy Department of MAEER'S Physiotherapy College	Topic – Spine problems in Indian Youth ., speakers Dr Tushar Deore explained about the different conditions of spine affecting the Indian youth . Dr Bindu Sarfare explained about the do's and don't's , ergonomics and exercises helpful to vaoid spine problems , Dr Viranchi Musale talked about diet important to keep spine strong .	Students of MIT Jr college of Arts and Science	150
37	21/10/2021	Free diagnostic camp(CBR DEPT)	Zilla parishad School, Done	Multi diagnostic camp was arranged for villagers of Done village on the occasion of local MLA's birthday at Zilla Parishad school	Villagers of Done	31
38	30/10/2021	World Diabetes Day (Cardio Dept)	Nanoli Village, Talegaon	For the occasion of World Diabetes Day which, a street play was performed by the students of 1st year BPTH in Nanoli Village. This street play was performed with the view of spreading awareness among the villagers about the early signs and symptoms of Diabetes mellitus, importance of diet, exercise and lifestyle modifications for preventing and treating Diabetes mellitus under the guidance of Dr Varoon Jaiswal	Villagers of Nanoli	1st Bpth students, 1st MBBS students, Teaching staff members



39	3/12/2021	International disability Day (NEURO DEPT)	Jai Vakeel School, Talegaon Dabhade	On International disability day, the department of neurophysiotherapy organised a camp in association with MIMER Medical college and Jai Vakeel school. The children were assessed for their disability and referred to Physiotherapy department for further treatment.	35 children with their parents	35 children with their parents 2 Final year students 1 teaching staff
40	3/12/2021	International Day of Persons with Disability (CBR DEPT)	Seminar hall, department of Orthopaedics (A-139)	The aim of the program was to create awareness, encouragement and to understand the problems faced by the employees of the institute with disabilities. A health talk on role of physiotherapy for disabled people and government schemes for their benefit were explained.	11 Patients, 10 staff members from MIMER medical college, 3 PG students from MAEER's Physiotherapy College	11 Patients
41	8/12/2021	World Aids Day(CBR DEPT)	Rural Health Centre, Sudumbre	Health talk was arranged to create awareness about acquired immune-deficiency syndrome. Explanation regarding disease transmission, testing and services available for patients at BSTRH were given.	20 patients, 1 staff, 4 interns, 1 nurse from MIMER Medical College, 1 Intern from MAEER'S Physiotherapy College.	20 patients
42	22/12/2021	CME on choosing the right journal and manuscript writing (Cardio Dept)	Sushrut hall, OPD complex, First floor, BSTRH Hospital	CME was conducted on Choosing the right journal and manuscript writing. Dr Digant Gupta being the resource person, the students benefitted a lot from the CME	Interns	Interns



Achodey
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 Principal
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NEURO PHYSIOTHERAPY DEPARTMENT CAMP



MUSCULOSKELETAL DEPARTMENT CAMP

INTERNATIONAL WOMENS DAY CAMP – MUSCULOSKELETAL DEPARTMENT



RHC WOMEN'S DAY CELEBRATION



WOMEN'S DAY CELEBRATION



NANOLI VILLAGE PROJECT CAMP



YOGA DAY CELEBRATION



BREAST FEEDING WEEK CELEBRATION AT URBAN HEALTH CENTRE



BREAST FEEDING WEEK CELEBRATION AT PNC WARD, BSTR HOSPITAL, TALEGAON DABHADE



BREAST FEEDING WEEK CELEBRATION AT RURAL HEALTH CENTRE



BREAST FEEDING WEEK CELEBRATION AT ZILLA PARISHAD PRIMARY SCHOOL, NANOLI



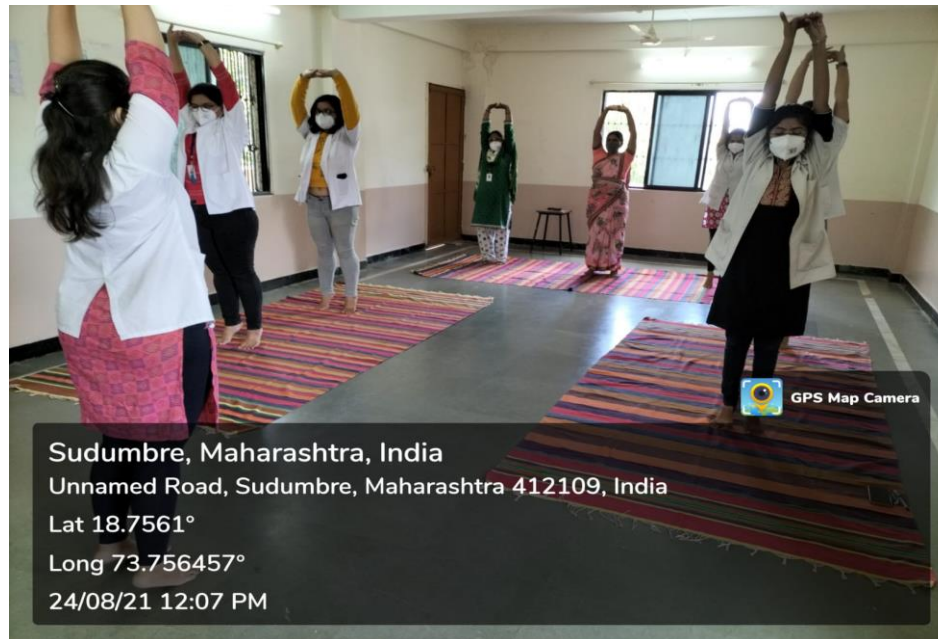
MULTI DIAGNOSTIC CAMP (CBR)



FIT INDIA FREEDOM RUN CAMPAIGN UHC PHOTOS



FIT INDIA FREEDOM RUN CAMPAIGN RHC PHOTOS



BONE AND JOINT DAY CELEBRATION



NATIONAL NUTRITION WEEK



WORLD PHYSIOTHERAPY DAY (ARTS CLUB ACTIVITY)



WORLD PHYSIOTHERAPY DAY (SPORTS CLUB ACTIVITY)



WORLD PHYSIOTHERAPY DAY (SOCIAL AWARENESS CLUB ACTIVITY)



WORLD PHYSIOTHERAPY DAY (HEALTH TALK ON LONG COVID)



WORLD PHYSIOTHERAPY WEEK (NANOLI VILLAGE)



WORLD HEART DAY



INTERNATIONAL ELDER'S DAY PHOTOS



SWACCH BHARAT ABHIYAN



WORLD STROKE DAY



WORLD CEREBRAL PALSY DAY



WORLD SPINE DAY



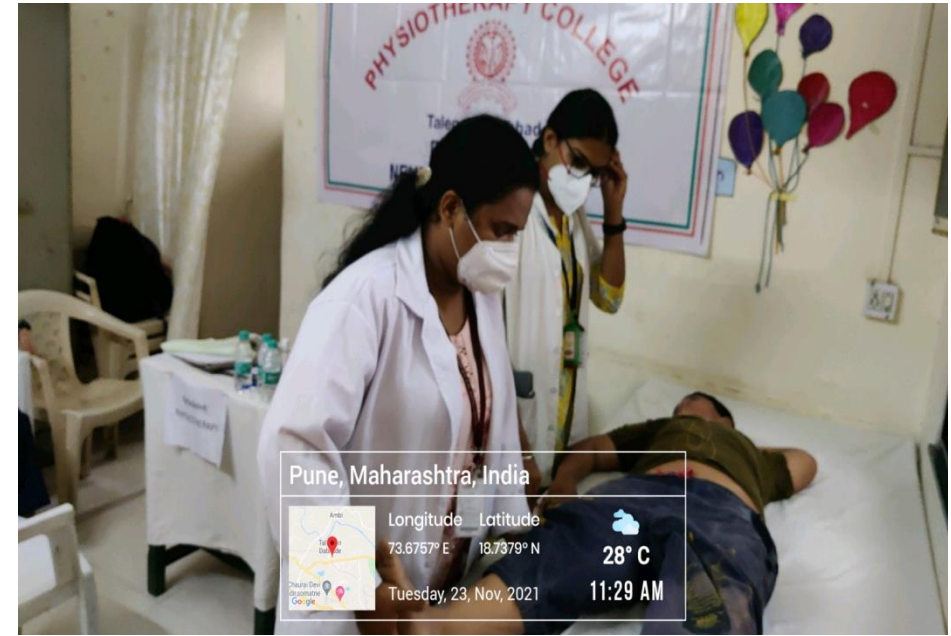
FREE MULTI DIAGNOSTIC CAMP, DONE VILLAGE



WORLD DIABETES DAY, NANOLI VILLAGE



INTERNATIONAL DISABILITY DAY



PHOTOS OF INTERNATIONAL DAY OF PERSONS WITH DISABILITY



PHOTOS OF WORLD AIDS DAY



CME ON “CHOOSING THE RIGHT JOURNAL AND MANUSCRIPT WRITING”

