

Maharashtra University of Health Sciences, Nashik
Inspection Committee Report for Academic Year 2022- 2023
Attendance Details/ Research Details/ Welfare Scheme Details

Faculty: Physiotherapy

Name of College/Institute : MAER's Physiotherapy College , Talegaon Dabhade

1	Attendance	} Month-wise Biometric attendance to be uploaded by the college on College Website (No hard copies of attendance to be submitted to the University)
	Teaching Staff	
	Non teaching staff	
	Hospital Staff	
	UG & PG Students	
2	Project	Attached
	Research Articles/Publications	Attached
	Research Award (Student/Teacher)	Attached
3	Utilization of Student Welfare Schemes :-	
	Earn and Learn Scheme	NIL
	Dhanwantri Vidyadhan Scheme	NIL
	Sanjivani Student Safety Scheme	NIL
	Student Safety Scheme	NIL
	Book Bank Scheme	YES
	Savitribai Phule Vidyadhan Scheme	NIL
	Bahishal Shikshan Mandal Scheme	NIL
4	Sport participants/Other Activities:	
	i) Information of Student(s) who participated University level & State level Avishkar Competition.	NIL
	ii) Information of Student(s) who participated in Regional Sport Competition & State level Sports Competition.	NIL
	iii) Information of Student(s) who participated in Cultural Activities.	Attached
	iv) Does the college have NSS Unit?	Applied for NSS unit in 2021 , Started the unit in Jan 2022
5	Whether "Swaccha Bharat Abhiyan" implemented In college	Attached



Achodey
DR. PUNEILAL P. SIODEY
 M.Ph.T. (Musculoskeletal)
 Principal
 MAER'S PHYSIOTHERAPY COLLEGE

MAEERS PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE
 DEPARTMENT OF MUSCULOSKELETAL PHYSIOTHERAPY
 COMPLETED MUSCULOSKELETAL PROJECT FOR THE YEAR 2021

SR NO.	NAME	PROJECT TITLE	GUIDE NAME	ETHICAL APPROVAL	YEAR	STATUS
1	Dr. Neetu Mahapatra	Parental perception of physical activity and temprature of preschoolers- Cross sectional survey	NA	YES	FACULTY	Completed
2	Dr. Savni Pargi	Efficacy of Electromyographic biofeedback in scapular muscles strengthening on scapular dyskinesia and pain in patients with frozen shoulder - An Experimental study	Dr. Snehal Ghodey	YES	MPT 2	Completed
3	Dr. Amrita More	Combined effect of Iliotibial band myofascial release and McConell taping on pain and patellar alignment in patients with knee osteoarthritis - An Experimental study	Dr. Snehal Ghodey	YES	MPT 2	Completed
4	Saumya Kine	A comparative study of added effect of joint mobilization to conventional treatment v/s only conventionl treatment for plantar fasciitis	Dr. Snehal Ghodey	YES	INTERNS	Completed
5	Shreyas Khokale	Corelation between scapulohumeral rhythm and bowling accuracy in asymptomatic fast bowlers	Dr. Neetu Mahapatra	YES	INTERNS	Completed
6	Tejashree Saparia	Prevalence of Dequerveins tenosynovitis in gardner	Dr. Neetu Mahapatra	YES	INTERNS	Completed
7	Dipika Kolhe	To study the postural deviations in online store dispatchers with pain	Dr. Bindu Sarfare	YES	INTERNS	Completed
8	Ananya Sahu	Correlation between Foot posture Index and Hip rotation range in Tennis players	Dr. Bindu Sarfare	YES	INTERNS	Completed
9	Sheetal Kokane	Prevalence of rounded shoulders in physiotherapy students	Dr. Aishwarya	YES	INTERNS	Completed
10	Mansi Pimple	Translation, Reliability and Validation of musculoskeletal health questionnaire in Hindi/Marathi	Dr. Archana Bodhale	YES	INTERNS	Completed
11	Kuja Gandhi	Immediate effects of pelvic PNF on lumbar flexibility	Dr. Pooja Gulunjkar	YES	INTERNS	Completed
12	Pratikha Kawade	Prevalence of musculoskeletal injuries in mallakhamb players	Dr. Snehalata Tembhone	YES	INTERNS	Completed

F. Borjani
 Dr. Neetu Mahapatra
 HOD

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S. Ghodey
 Dr. Snehal Ghodey

Principal
 DR. SNEHAL GHODEY
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 PRINCIPAL
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 TALEGAON DABHADE

MAEERS PHYSIOTHERAPY COLLEGE, TALEGAON DABHADE

NEUROPHYSIOTHERAPY DEPARTMENT-RESEARCH (2021-2022)

COMPLETED RESEARCH PROJECTS 2021

SR. NO	NAME OF THE RESEARCHER	TITLE OF RESEARCH	ETHICAL APPROVAL	UG/PG/STAFF	STATUS OF RESEARCH
1	Dr. Abraar Siddiqui (MPTH 2nd YEAR)	The Effect of Vestibular Adaptation Exercises on Balance in deaf children with Vestibular Dysfunction - A Quasi-Experimental study	APPROVED	PG	COMPLETED
2	Dr. Simran Kala (MPTH 2nd YEAR)	Effect of static and dynamic balance training on balance of visually impaired children using BESTest : A quasi experimental study.	APPROVED	PG	COMPLETED
3	Shranmayee Jadhav	Effects of progressive muscle relaxation techniques in physiotherapy students with frequent tension type headache	APPROVED	UG	COMPLETED
4	Pragati Nehate	Awareness about developmental co-ordination disorder among primary school teachers	APPROVED	UG	COMPLETED
5	Vaishnavi Sakhare	A study of perceived factors affecting patients participations in outpatient stroke physiotherapy rehabilitation in Maval taluka	APPROVED	UG	COMPLETED
6	SNEHA HIWALE	Prevalence of depression in first year undergraduate physiotherapy students	APPROVED	UG	COMPLETED
7	MANALI	Awareness of adequate foot care in Type 2 DM patients in rural area	APPROVED	UG	COMPLETED
8	Revati pathak	Comparing Gluteus medius activation in healthy subjects in resisted squat versus single leg squat exercise on an unstable surface	APPROVED	UG	COMPLETED
9	DR SAYLI PALDHIKAR	Perception of Neuro Physiotherapy treatment in parents of cerebral palsy children during COVID 19 pandemic in India	APPROVED	STAFF	COMPLETED
10	DR PRIYA CHITRE	Prevalence of neurological involvement in patients with COVID 19 PUNE REGION	APPROVED	STAFF	COMPLETED
11	DR TANPREET KAUR MEHTA	To Study The Perception And Effectiveness Of Combination Of Game Based Learning And Game Mechanics Of Gamification On Learning Abilities Of First Year Physiotherapy Students	APPROVED	STAFF	COMPLETED
12	DR TANPREET KAUR MEHTA	Perception Of Undergraduate Physiotherapy Students And Teachers On Assessment By Open Book Internal Examination 2020 During Covid-19 Pandemic .A Cross Sectional Study	APPROVED	STAFF	COMPLETED
13	DR SUMITRA SAKHAWALKAR	Prevalence Of Subjective Cognitive Decline (Scd) In Middle Aged Women In Maval Taluka - A Cross-Sectional Survey	APPROVED	STAFF	COMPLETED

Dr. Sayli Paldhikar
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Dr. Snehal Ghodey
DR. SNEHAL GHODE
M.Ph.T. Principal (Medical)
Principal
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TALEGAON DABHADE

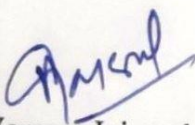
MAEER'S PHYSIOTHERAPY COLLEGE, TALEGAON (D)

Department of Cardiovascular and Respiratory Physiotherapy


Research Projects completed in the year 2021

Sr No.	Name of Researcher	Title	Ethical Approval	Status
1	Dr Varoon Jaiswal	Cross-Cultural adaptation of CADE-Q SV Marathi Version	Approved	Completed and presented in Conference
2	Dr Deepika Burman	Effectiveness of Prescribed home based exercise program for post COVID -19 individuals using Six Minute Walk Distance : A Retrospective case series	Approved	Completed and Presented in Conference
3	Dr Ramya Shetty	Convalescent covid,oxygen dependant patient's experience on physiotherapy sessions : A Qualitative Case Series	Approved	Completed and Presented in Conference
4	IsmaaRumani	An outcome of Unusual Combination of Stable Rheumatic Heart Disease and Post COVID-19 after Outpatient Exercise Based Rehabilitation	Approved	Completed and Presented in Conference
5	Urmila Jat	Awareness of face mask and its usage in the community during COVID-19 Pandemic - A Cross Sectional Survey	Approved	Completed and presented in Conference
6	PranitaManjrekar	Awareness of Hypertension	Approved	Completed

		associated CVS risk factor in non-medical college students		
7	ShriyaBorkar	Preferred speciality choices of Physiotherapy interns in colleges of Maharashtra	Approved	Completed
8	Prerna Gandhi	Prevalence of type II Diabetes in frequent traveler's for work in India : A Cross Sectional Study	Approved	Completed
9	RakhiJaju	Physical Activity levels and energy Expenditure in type II DM patients using GPAQ	Approved	Completed
10	MitaPandit	Haemodynamic& RPE responses of hypertensive patients using Modified Incremental Shuttle walk test	Approved	Completed
11	Riya Patel	Prevalence of Post Operative Pulmonary Complications following Post Abdominal surgeries using Melbourne group scale version 2	Approved	Completed
12	PranishaPadmanabhan	Quality of life Post - Exploratory laparotomy using Abdominal Surgery Impact Scale (ASIS)	Approved	Completed
13	Aayushi Shah	Analysis of CAT score & its correlation with the length of hospital stay among patients with COPD attending a Tertiary care hospital in Talegaon	Approved	Completed


Dr Varoon Jaiswal
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Dr Snehal Ghodey
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TALEGAON DABHADE

MAEER's Physiotherapy College, Talegaon Dabhade

Ref No:

Date: 25/04/2022

DEPARTMENT OF COMMUNITY PHYSIOTHERAPY

List of Completed Research Projects

Jan 2021- Dec 2021

	Name of the Students	Title of Research	Name of the Guide
1.	Dr. Nayana Agrawal (PG Student)	Effect of yogasana on forward head and rounded shoulder posture in college going smartphone users: randomized control trial	Dr. Anuradha Sutar
2.	Dr. Damini Kidile (PG Student)	A cross sectional study of physical fitness index using modified Harvard step test in relation with body composition indices in sedentary office workers	Dr. Anuradha Sutar
3.	Chirag Suresh Chaudhari. (Intern)	Emerging challenges faced by private clinic physiotherapist in new normal times during Covid-19 pandemic.	Dr. Ankita Talreja
4.	Sakshi Rameshwar Chilwant (Intern)	Effectiveness of High intensity circuit training using body weight to reduce body fat in overweight and obese individuals.	Dr. Nitin Nikhade
5.	Kshitija Chopade (Intern)	Awareness of Polycystic ovarian syndrome among Anganwadi workers in Maval region.	Dr. Anuradha Sutar
6.	Gayatri Rama-subramanian(Intern)	Depression among Postnatal Women having Low Back Ache.	Dr. Anuradha Sutar
7.	Yashashree Ankush Ghadi (Intern)	Impact of obesity on quality of life using whoqol-bref questionnaire among obese college students.	
8.	Tanvi Gupte (Intern)	Prevalence of respiratory disorder in auto rickshaw drivers using coal worker health surveillance program (cwhsp questionnaire) and peak flow meter.	Dr. Nitin Nikhade
9.	Veebha Jadhao (Intern)	A Study on Work-Related Quality of Life in Luxury Hotel Waiters in Pune	Dr. Nitin Nikhade
10.	Akshada Manjarekar (Intern)	Knowledge, Attitude and Awareness of Antenatal Physiotherapy in Pregnant women in Maval region	Dr. Anuradha Sutar
11.	Sanjana Ravindra Tannir (Intern)	Measuring Functional Disability among Elderly in Old Age Homes using WHODAS 2.0	



(Dr. Nitin Nikhade)

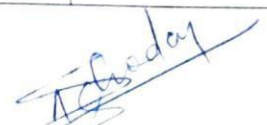
HOD Community PT

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE

TALEGAON DABHADE,

TALEGAON DABHADE,



(Dr. Snehal Ghodey)

Principal

DR. SNEHAL GHODEY

M.P.N.T. (M.A. 1987)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

MAEERS PHYSIOTHERAPY COLLEGE

MPC/MSK-106/554/2022

TALEGAON DABHADE

DEPARTMENT OF MUSCULOSKELETAL PHYSIOTHERAPY
ONGOING MUSCULOSKELETAL PROJECT FOR THE YEAR 2021

SR NO.	NAME	PROJECT TITLE	GUIDE NAME	ETHICAL APPROVAL	YEAR	STATUS
1	Dr. Snehal Ghodey	Linking Home safety assessment checklist specific to environmental measures of ICF Framework	NA	YES	Faculty	Ongoing
2	Dr. Neetu Mahapatra	Translation, cross culture adaptation, validity and reliability of Hindi version of Michigan Hand Outcome questionnaire for patients with Rheumatoid arthritis	NA	YES	FACULTY	Ongoing
3	Dr. Bindu Sarfare	Perception of Webinars as a mode of Continuing Medical Education (CME), among Health Care Professionals during Covid - 19 Pandemic	NA	YES	FACULTY	Ongoing
4	Dr. Kshipra Shinde	Comparison of short term effects of Kinesiotaping and positional release therapy on pain, cervical range of motion and disability in patients with mechanical neck pain having myofascial trigger points	Dr. Snehal Ghodey	YES	MPT 1	Ongoing
5	Dr. Mukta Moharil	Association of upper extremity functional index with kinesiophobia and pain catastrophizing scale in patients with periarthritis shoulder.	Dr. Snehal Ghodey	YES	MPT 1	Ongoing
6	Sushmita Rastogi	Comparison between immediate effect of MET and Neurodynamic sliders on flexibility in individuals with tendoachilles tightness	Dr. Snehal Ghodey	YES	FINAL YEAR	Ongoing
7	Simran Khanuja	To study and assess differences in levels of physical activity in high school students due to change in learning pattern	Dr. Neetu Mahapatra	YES	FINAL YEAR	Ongoing
8	Urja Chhaya	Correlation between severity of Restless Leg Syndrome and Level of Lower Extremity Function in patients undergoing hemodialysis	Dr. Bindu Sarfare	YES	FINAL YEAR	Ongoing
9	Namrata Topiwala	Assesment of neck core strength and endurance in text neck syndrome	Dr. Bindu Sarfare	YES	FINAL YEAR	Ongoing
10	Ajita Mirajkar	Prevalance of hand dysfunction and quality of life in type 2 diabetes mellitus patients	Dr. Archana Bodhale	YES	FINAL YEAR	Ongoing
11	Tejaswini Singh	Assessment of work related quality of life in nurses	Dr. Pooja Gulunjkar	YES	FINAL YEAR	Ongoing

PROFESSOR
Dr. Neetu Mahapatra
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MAEERS PHYSIOTHERAPY COLLEGE, TALEGAON DABHADE

NEUROPHYSIOTHERAPY DEPARTMENT-RESEARCH (2021-2022)

ONGOING RESEARCH PROJECTS 2021

SR. NO	NAME OF THE RESEARCHER	TITLE OF RESEARCH	ETHICAL APPROVAL	UG/PG/STAFF	STATUS OF RESEARCH
1	DRASHTI BHALANI	Effect Of Virtual Reality Using X-Box On Improving Dynamic Balance In Geriatric Population	APPROVED	UG	ONGOING
2	DRASHTI BHALANI	Assessment Of Cognitive Impairment In Hypertensive Patients And It's Correlation With Age Of Onset And Duration Of Hypertension	APPROVED	UG	ONGOING
3	Sneha Dutta	Correlation of LIMOS and SSQOL scale in chronic stroke patients	APPROVED	UG	ONGOING
4	Rutuja Ghag	Domainwise and Agewise Comparison of Cognition using Trail Making Test, Clock Drawing Test & Memory Impairment Screen in Geriatric Population.	APPROVED	UG	ONGOING
5	Rutuja Ghag	Correlation of mild cognitive impairment with static balance and dynamic balance in geriatric population.	APPROVED	UG	ONGOING
6	Chinmay Karekar	Prevalence of hindfoot deformities in different age groups in children with cerebral palsy	APPROVED	UG	ONGOING
7	GAYATRI PANCHAL	Correlation of trunk muscle strength and endurance with trunk control in individuals with cerebral palsy.	APPROVED	UG	ONGOING
8	GAYATRI PANCHAL	Problems faced by the parents / caregivers of the children with neuromotor problems during lockdown period.	APPROVED	UG	ONGOING
9	Chandni Sanghavi	Correlation between level of cognition and three different types of reaction time (simple, choice, recognition) in patients with Parkinson's Disease .	APPROVED	UG	ONGOING
10	Chandni Sanghavi	Impact of 5 week relaxation technique on quality of life and level of anxiety in patients with Parkinson's Disease: A Pilot Study.	APPROVED	UG	ONGOING
11	KALINDI THAKRAL	Comparing the Immediate effect of facilitatory vs Inhibitory taping techniques on object release in children with cerebral palsy.	APPROVED	UG	ONGOING
12	KALINDI THAKRAL	Perception and satisfaction of telerehabilitation in patients /care givers of patients undergoing neuro rehabilitation.	APPROVED	UG	ONGOING
13	Dr. Anjali Kumawat (MPTh 1st year)	Comparison of Mobility Dual-Task Cost and Cognitive Dual-Cost in Young-Old, Middle-Old, and Old-Old Elderly: A Cross Sectional Study	APPROVED	PG	ONGOING
14	Dr. Tejas Wagh (MPTh 1st year)	Correlation Between Physical Performance and Fatigue in Community Dwelling Elderly	APPROVED	PG	ONGOING

Dr. Sachin Paldhikar
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Dr. Snehal Chodey
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TALEGAON DABHADE

MAEER'S PHYSIOTHERAPY COLLEGE, TALEGAON (D)

Department of Cardiovascular and Respiratory Physiotherapy

Research Projects ongoing in the year 2021

Sr No.	Name of Researcher	Title	Ethical Approval	Status
1	Dr Varoon Jaiswal	Impact of structured patient's education and outpatient cardiac Rehabilitation program on disability profile of conservatively treated medically stable post Myocardial Infarction individuals	Approved (Ph.D Research)	Ongoing
2	IsmaaRumani	Guided Imagery for Relaxation as an adjunct to exercise prescription in Management of Hypertensive Individuals - An Experimental Study	Approved	Ongoing
3	Urmila Jat	Effectiveness of rate of perceived Exertion based high intensity interval training in Clinically stable Coronary Artery Disease patients on Incremental Shuttle walk test - An Experimental study	Approved	Ongoing
4	Akanksha Chauhan	Impact of Chelsea Critical Care physical assessment (CPAx) guided physiotherapy management on physical function of critically ill patients with lower range APACHE II Score :An	Approved	Ongoing

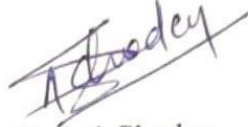
		Experimental Study		
5	AmrutaAcharekar	Impact of Self-care on Quality of life in Heart Failure Patients : An Experimental study	Approved	Ongoing
6	VishakhaNalage	Reliability and validity of patient Asthma Knowledge Questionnaire in Marathi language	Approved	Ongoing


Dr Varoon Jaiswal

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Dr Snehal Ghodey

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TALEGAON DABHADE

MAEER's Physiotherapy College, Talegaon Dabhade

Ref No: MPC/CBR-86/536/2022

Date: 25/04/2022

DEPARTMENT OF COMMUNITY PHYSIOTHERAPY

List of On-Going Research Projects

Jan 2021- Dec 2021

	Name of the Students	Title of Research	Name of the Guide
1.	Dr. Nitin Nikhade (Professor)	Effect of Chair Suryanamaskar with Strength Training on Functional Fitness in Community Dwelling Older Adults: A RCT	
2.	Dr. Anuradha Sutar (Professor)	Prevalence of Musculoskeletal disorders working home in COVID-19 Pandemic	
3.	Dr. Abhilasha Jain (PG Student)	Comparison of functional fitness and quality of life in post covid 19 and non- covid 19 community dwelling older adults: a cross sectional study	Dr. Nitin Nikhade
4.	Dr. Anuja Khadilkar (PG Student)	Comparison of frailty and sleep quality in institutionalised and community dwelling elderly: a cross sectional study	Dr. Anuradha Sutar
5.	Pallavi Makkapalle (IV Year)	Knowledge about breast feeding positions in third trimester of primigravida	Dr. Anuradha Sutar
6.	Sampada Pawar (IV Year)	Assessment of Quality of Life among peri-menopausal women in Talegaon Dabhade Region	Dr. Anuradha Sutar
7.	Manali Bankar (IV Year)	Assessment of Dynamic Balance and its association with duration of type-2 diabetes mellitus in middle aged adults	Dr. Nitin Nikhade
8.	Pooja Soni (IV Year)	Knowledge and Awareness about Cervical Cancer among Physiotherapists	Dr. Anuradha Sutar
9.	Pooja Chandekar (IV Year)	Knowledge, Attitude and Practice of Antenatal Physiotherapy in Pregnant Women of Maval Taluka	Dr. Nitin Nikhade
10.	Rucha Vidwans (IV Year)	Knowledge of Pelvic Floor Dysfunction and Pelvic Floor Muscle Exercises in Postmenopausal Women	Dr. Nitin Nikhade
11.	Janhavi Patil (IV Year)	Knowledge, Attitude and Practice towards Pelvic Floor Dysfunction among Physical Fitness Trainers	Dr. Anuradha Sutar
12.	Monali Taori (IV Year)	Association between physical frailty and cognitive function among geriatric people in old age home	Dr. Nitin Nikhade

Nikhade

(Dr. Nitin Nikhade)

HOD Community PT

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Snehal Ghodey

(Dr. Snehal Ghodey)
Principal

MAEER'S PHYSIOTHERAPY COLLEGE
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TALEGAON DABHADE

RESEARCH PAPER PRESENTATIONS - 2021

Sr. No	Author Name	Category	Title	Conference
1.	Dr Varoon C Jaiswal	Professor	Cross-Cultural adaptation of CADE-Q SV Marathi Version	Scientifica 2021 (International)
2.	Dr Priya Chitre	Associate Professor	Prevalence of Neurological involvement in patients with COVID19 PUNE REGION	IFNR 2021
3.	Dr Sumitra Sakhawalkar	Associate Professor	Prevalence of subjective Cognitive Decline (SCD) in Middle aged women in Maval Taluka –A cross sectional survey	Rehab e con 2021
4.	Dr Archana Bodhale	Associate Professor	Comparison of effects of Interferential therapy (IFT) and combination therapy (IFT+US) on pain,Range of motion and function in patients with osteoarthritis of knee	National Conference on Arthritis 2021
5.	Dr Tanpreet Kaur Mehta	Associate Professor	Perception of Undergraduate physiotherapy students and teachers on assessment by open book internal examination 2020 during Covid 19 pandemic – A cross sectional study	Scientifica 2021
6.	Dr Tanpreet Kaur Mehta	Associate Professor	Added effect of short foot exercises on risk of fall ,mobility and functional balance in older adults with pronated foot	Rehab e Con 2021 (National)
7.	Dr Snehalata Tembhumne	Asst. Professor	Yes " Knowledge, Attitude and Practice among Physiotherapy teachers on Online Flipped Classroom Model - across sectional study	Rehab-E-Con 2021

8.	Dr Snehalata Tembhone	Asst. Professor	Yes To compare the effects of Mulligan Spinal Mobilisation with Leg Movements and Nerve Flossing technique in subjects with Lumbar Radiculopathy.	Scientifica 2021
9.	Dr Snehalata Tembhone	Asst. Professor	Yes The Association of heavy Smartphone use on Craniovertebral angle, neck pain and sleep quality in college students - cross sectional study.	Kinesio-E-con 2021
10.	Dr Deepika Burman	Asst. Professor	Effectiveness of Prescribed home based exercise program for post COVID -19 individuals using Six Minute Walk Distance : A Retrospective case series	Scientifica 2021 (International) & Rehab e Con 2021 (National)
11.	Dr Ramya Shetty	Asst. Professor	Study of effects of Rhythmic Auditory Stimulation on upper extremity functions in subacute and chronic stroke patients	Rehab e Con 2021 (National)
12.	Dr Ramya Shetty	Asst. Professor	Comparison of effects of IC stretch VS IC deep friction massage on chest expansion and pulmonary functions in healthy elderly people	Kinesiocon 2021 (National) Non competitive
13.	Dr Ramya Shetty	Asst. Professor	Convalescent covid, oxygendependant patient's experience on physiotherapy sessions : A Qualitative Case Series	Scientifica 2021 (International)
14.	Dr Urmila Jat	PG 2 nd Yr	Awareness of facemask and its usage in the community during COVID-19 pandemic- A cross sectional study.	Scientifica 2021 (International)
15.	Dr Ismaa Rumani	PG 2 nd Yr	Impact of outpatient based exercise prescription on stable Rheumatic Heart Disease and Post-Covid-19 individual- A single case report.	Scientifica 2021 (International)

16.	Dr Ismaa Rumani	PG 2 nd Yr	To assess the correlation between low back pain and core strength in college going students in Pune.	Kinesiocon 2021 (National)
17.	Dr Akanksha Chauhan	PG 1 st Yr	Effectiveness of Proprioceptive exercises along with Conventional Physiotherapy on pain and functioning.	Scientifica 2021 (International)& Kinesiocon 2021 (National)
18.	Dr Amruta Acharekar	PG 1 st Yr	Correlation of Shoulder strength and flexibility with smash stroke performance in amateur badminton players.	Scientifica 2021 (International)& Kinesiocon 2021 (National)
19.	Dr Vishakha Nalage	PG 1 st Yr	Effect of static stretching of ankle plantar flexors in closed kinetic chain position and in supine position on ankle range of motion in Hemiparetic patients- A comparative case study.	Scientifica 2021 (International) & Kinesiocon 2021
20.	Anaya Anurapa	UG	Awareness of overuse injuries in parents of children playing Racquet Sports	Kinesiocon 2021
21.	Purna Gandhi	UG	Prevalence of Type-2 Diabetes in frequent travellers for work in India	Kinesiocon 2021



Snehal Ghodey

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MAEER's
PHYSIOTHERAPY COLLEGE

Talegaon Dabhade- 410507

Research Publication Staff and Students in the year 2021

Sr.no	Name of Staff	Name of journal	Title of Article	Vol no,Iss. No,Month -year, Pg. No.	Published/ Accepted
1	Dr.Ismaa Rumani, Dr.Varoon C Jaiswal, Dr Deepika Burman, Dr. Ramya Shetty	Journal of Clinical Diagnostic and Research	Impact of Structured Patient Education and Outpatient Cardiac Rehabilitation Program on the Disability Profile of Conservatively Treated Medically Stable Postmyocardial ...	15 (9), YK01-YK04 2021	Published
2	Dr.Urmila Jat, Dr. Varoon C Jaiswal, Dr.Ismaa Ruman, Dr.Snehal Ghodey, Dr.Savni Pargi	Journal of Clinical Diagnostic and Research	Awareness of Facemask and its Usage in the Rural Community of Western Maharashtra during COVID-19 Pandemic: A Cross-sectional Survey	15 (11), LC25-LC28 2021	Published
3	Dr.Varoon C Jaiswal, Dr. Sneha Ghuman, Dr.Snehal Ghodey	MIMER Medical Journal	Patients' Perspective of Barriers to Participating in Supervised Exercise-based Cardiac Rehabilitation Program: A Qualitative Study	2021 Vol 5 Issue 1 5 (1), 18-21	Published
4	Dr.Ismaa Rumani, Dr.Varoon Jaiswal, Dr. Deepika Burman, Dr Ramya Shetty	Bioscience Biotechnology Research Communications	Impact of outpatient based exercise prescription on stable rheumatic heart disease and post coronavirus infection individual:Acase report	BIOSC.BIOTECH. RES.COMM.2021; 14(4)	Published



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MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

**MAEER'S PHYSIOTHERAPY COLLEGE
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RESEARCH AWARD WINNERS - 2021

Sr No	Author Name	Category	Title of the study	Conference	Award
1	Dr.Varoon c Jaiswal	Senior cardio category	Cross-Cultural adaptation of CADE-Q SV Marathi Version	Scientifica 2021 (International)	Won 1 st prize
2	Dr Ramya Shetty	Senior covid category	Convalescent covid, oxygen dependant patient's experience on physiotherapy sessions : A Qualitative Case Series	Scientifica 2021 (International)	Won 1 st prize
3	Dr Ramya Shetty	Senior covid category	Study of effects of Rhythmic Auditory Stimulation on upper extremity functions in subacute and chronic stroke patients	Rehab e Con 2021 (National)	Won 1 st prize
4	Dr Tanpreet Kaur Mehta	Senior	Added effect of short foot exercise on risk of fall, mobility and functional balance in older adults with pronated foot	Rehab e Con 2021 (National)	Won 2 nd prize
5	Dr.VishakhaNalage	PG	Effect of static stretching of ankle plantar flexors in closed kinetic chain position and in supine position on ankle range of motion in Hemiparetic patients- A comparative case study.	Scientifica 2021 International &Kinesiocon 2021	Won 1 st prize in Kinesiocon
6	DipikaKolhe	UG	Prevalence of Musculoskeletal orkload and musculoskeletal symptoms in E-commerce workes	Kinesiocon 2021	Won 1 st prize

Snehal Ghodey

Dr. Snehal Ghodey



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Date 1/10/2021

शैक्षणिक वर्ष : २०१९-२०२० आणि २०२०-२१

विद्यार्थी कल्याण समन्वय व लिपीक यांनी वार्षिक अहवाल सादर करण्याचा नमुना :-

अ.क्र.	शैक्षणिक वर्ष	विविध कल्याणकारी योजना	अविष्कार	सांस्कृतिक कार्यक्रम	क्रिडा स्पर्धा	रॅगिंग
		विद्यार्थी कल्याण विभागामार्फत राबविल्या जाणाऱ्या विविध पाच योजनांचा किती विद्यार्थ्यांनी लाभ घेतला व त्यांना कशा प्रकारे फायदा झाला.	विद्यापीठस्तरीय अविष्कार स्पर्धेमध्ये झालेल्या विद्यार्थ्यांची संख्या व किती विद्यार्थ्यांची निवड झाली.	स्पंदनमध्ये सहभागी झालेल्या विद्यार्थ्यांची संख्या	Zonal, Interzonal, AIU Selection साठी आपल्या महाविद्यालयातील सहभागी झालेल्या विद्यार्थ्यांची संख्या	आपल्या महाविद्यालयात रॅगिंग प्रकरणी तक्रार प्राप्त झालेल्या आहे का व किती ?
०१	२०१९-२०	निरंक	१४ विद्यार्थी सहभागी होते त्यातील ०१ विद्यार्थिनीचे मुंबई युनिवर्सिटीच्या अंतर विद्यापीठ अविष्कार मध्ये सहभाग.	निरंक	निरंक	निरंक
०२	२०२०-२१	निरंक	निरंक	निरंक	निरंक	निरंक



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MPC/Cultural - 01/553/2022

LIST OF FACULTY/STUDENTS PARTICIPATING IN VARIOUS CULTURAL EVENTS FOR 2021

Sr. no	Name of Faculty	Name of event/Day	Date and Venue	Type of activity (Sports, singing, drama, other)	Winning/ Participation Certificate	Level(Zonal, state or national)
1	Dr Sumitra Sakhawalkar	IAP Womens cell foundation day celebration	8th August 2021, Online	Singing Cmpetition	Participation	Zonal
2	Dr Ramya Shetty	IAP Womens cell foundation day celebration	9th August 2021, Online	Singing Cmpetition	Participation	State level
Sr. no	Name of Student	Name of event/Day	Date and Venue	Type of activity (Sports, singing, drama, other)	Winning/ Participation Certificate	Level(Zonal, state or national)
1	Moksha Jain	World Heart day celebration	30th Sept 2021, MGM Aurangabad	Video Making Contest	2nd Rank	State level
2	Kanad Dandgavhal	World Heart day celebration	29th Sept 2021, MGM Aurangabad	Video Making Contest	Participation	State level
3	Prapti Jha	World Heart day celebration	31st Sept 2021, MGM Aurangabad	Video Making Contest	Participation	State level
4	Aishwarya Gondhali	World Heart day celebration	32nd Sept 2021, MGM Aurangabad	Video Making Contest	Participation	State level
5	Rajeshree mahunta	World Heart day celebration	33rd Sept 2021, MGM Aurangabad	Video Making Contest	Participation	State level
6	Smeet Shah	World Heart day celebration	34th Sept 2021, MGM Aurangabad	Video Making Contest	Participation	State level
7	Tanvi Kushe	World Heart day celebration	35th Sept 2021, MGM Aurangabad	Video Making Contest	Participation	State level
8	Anudya Mahajan	Nadabramha - MIT Institute of Arts, Commerce and Science	2021, Alandi Pune	Essay Writing competition	Participation	National level
9	Vaishnavee Sawant	Nadabramha - MIT Institute of Arts, Commerce and Science	2021, Alandi Pune	Essay Writing competition	Participation	National level

Dr. Sayli Paldhikar
Dr. Sayli Paldhikar
Cultural Head

PROFESSOR
MAER'S PHYSIOTHERAPY COLLEGE
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PUNE-410 507



Dr. Shehal Ghodrey
DR. SHEHAL GHODEY
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TALEGAON DABHADE
Principal

MAEERS PHYSIOTHERAPY COLLEGE

TALEGAON DABHADE

Event:-Swachh Bharat Abhiyaan

Date: - 4-10-2021

Venue:-OPD, IPD bulding of BSTRH & Talegaon Station

Staff: - Dr Sayli Paldhikar, Dr Anuradha Sutar,

Dr. Sumitra Sakhawalkar, Dr. Tanpreet kaur Mehta,

Dr Archana Bodhale Dr Deepika Burman, Dr Snehalata Tembhurne

No. of Students participated:-30

Swachh Bharat Abhiyaan was organized on 4TH October 2021 by "Social Awareness Club" OF MAEERS Physiotherapy college. Swachh Bharat Abhiyan translates to Clean India Mission. This drive was formulated to cover all the cities and towns of India to make them clean. This campaign was administered by the Indian government and was introduced by the Prime Minister, Narendra Modi. It was launched on 2nd October in order to honor Mahatma Gandhi's vision of a Clean India. Our aim of celebrating swachh bharat was to generate awareness and bring about a behavior change regarding keeping surrounding clean, sanitation practices, personal hygiene and augmentation of capacity at the rural level. Following the guidelines laid down by our Prime Minister of 'Clean India, Green India'. This year considering covid protocol the celebration of swachh bharat started with gathering of students and teachers at OPD building at 9.30 am ensuring 6 ft distance between people and students. Social awareness club presented a wonderful skit on "Vaccine awareness & post vaccination Covid appropriate behavior and the concept of Long Covid, & Cleanliness"

The skit included and emphasized on the health hazards due to covid, benefit of cleanliness and a little insight on covid appropriate behavior. This skit was performed by 2nd year BPTH students under the guidance of staff, in local language (Marathi).

The skit was performed at the OPD building, IPD building corridor so that the patients and their relatives could avail the information regarding the negligence and behavior of people after vaccination towards cleanliness, sanitization and personnel hygiene. The students

chanted slogans depicting health benefits of cleanliness, to promote the importance of Swachh Bharat in the memory of our great Father of Nation Mahatma Gandhi ji .which was remarkable and commendable.

A good message was imparted with self participation and answering any queries and misconceptions the people had regarding cleanliness and vaccination.

The event was well appreciated by all local public and senior citizens. The skit was coordinated & supervised by Dr Sayli Paldhikar, Dr Anuradha Sutar, Dr Sumitra Sakhawalkar, Dr Tanpreet kaur Mehta, Dr Deepika Burman and members of Social awareness club.

SWACCH BHARAT ABHIYAAN was a great success under the privileged & Valuable guidance of our Executive Director **Dr. Suchitra Nagare Ma'am** and our Principal In-charge Dr Sayli Paldhikar.

Staff:-

- 1) Dr Anuradha Sutar
- 2) Dr. Tanpreet kaur Mehta
- 3) Dr Archana Bodhale
- 4) Dr Deepika Burman
- 5) Dr Snehalata Tembhurne



Dr Sumitra Sakhawalkar

Social Awareness Club Coordinator



Dr Sayli Paldhikar

Principal In-Charge

DR.SNEHAL GHODEY

M.Ph.T.(Musculoskeletal)

Principal

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FEW GLIMPSES OF THE EVENT

