

# MAEER'S

## PHYSIOTHERAPY COLLEGE

Talegaon Dabhade- 410507

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### **“OIL YOUR LAMP: A DYNAMIC VIEW”**

“Oil your lamp: A Dynamic View” a faculty enrichment workshop was taken by Dr Derek Dsouza for the faculty of MAEERs Physiotherapy college. Guides participants to experience core values;

**Date:** 10<sup>th</sup> January 2020

**Number of Participants:** 19

**Resource Person:** Dr. Derek Dsouza

MAEER'S Physiotherapy College, in association with Department of Bioethics organized a 1 day workshop on “*Oil your lamp: A Dynamic View*” by Dr. Derek Dsouza on 10<sup>th</sup> January 2020

This workshop was aimed to promote:

- An internal experience which can be identified and expressed.
- Create a voyage of self-discovery, unique to each one and reveal a common understanding;
- Enhanced value-based work force.

❖ **Strategic Development Stage 1:** Learning Self-care – Emphasis on self-care and personal development to raise morale and restore a sense of purpose.

❖ **Strategic Development Stage 2:** Learning from Experience – Understanding values through introspection, experiential learning,

❖ Time for calm, reflection and sharing in a soothing environment.

An opportunity to experience a Direct ‘Inner’ Experience

❖ **Strategic Development Stage 3:** Relevance to Work – Understanding the learning experiences relevant to work, including team development and one’s personal life.

Emphasis on reflection, action planning, review, evaluation and commitment to on-going learning.



Talegaon Dabhade, Maharashtra, India



Longitude Latitude

73°40'28"E 18°44'3"N

Friday, 10, Jan, 2020

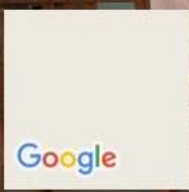


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Talegaon Dabhade, Maharashtra, India



Longitude Latitude

73°40'28"E 18°44'4"N

Friday, 10, Jan, 2020



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Talegaon Dabhade, Maharashtra, India



Longitude Latitude

73°40'28"E 18°44'3"N

Friday, 10, Jan, 2020



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