



**MAEER MIT PUNE's Physiotherapy College, Talegaon
Dabhade**

REPORT

**CERTIFIED PELVIC FLOOR REHAB SPECIALIST
(CPFRS)**

CONDUCTED BY

DEPARTMENT OF COMMUNITY PHYSIOTHERAPY

MAEER's PHYSIOTHERAPY COLLEGE,

TALEGAON (D), PUNE

PREPARED BY

Dr. Shyamli Kulkarni

Assistant Professor, MAEER's Physiotherapy College,

Talegaon (D), Pune

23rd & 24th MARCH 2023

Dr. Shyamli Kulkarni
23/3/2023

A. SUMMARY

1.	Name of the activity	CERTIFIED PELVIC FLOOR REHAB SPECIALIST
2.	Nature of the activity	Two days hands on Workshop
3.	Organizing department/s	Community Physiotherapy
4.	Supported by other organization	No
5.	Under aegis of professional bodies (if any)	No
6.	Organizing Chairperson/s	No
7.	Date/s Time	23 rd & 24 th March
8.	No of Days	2
9.	Venue / Place	2 nd Floor, OPD Building, Maer's Physiotherapy College, Talegaon Dabhade
10.	Online / in person	In person
11.	Fees	5700
12.	Local/State/ National/ International	International (IHFA)
13.	Total number of delegates	18

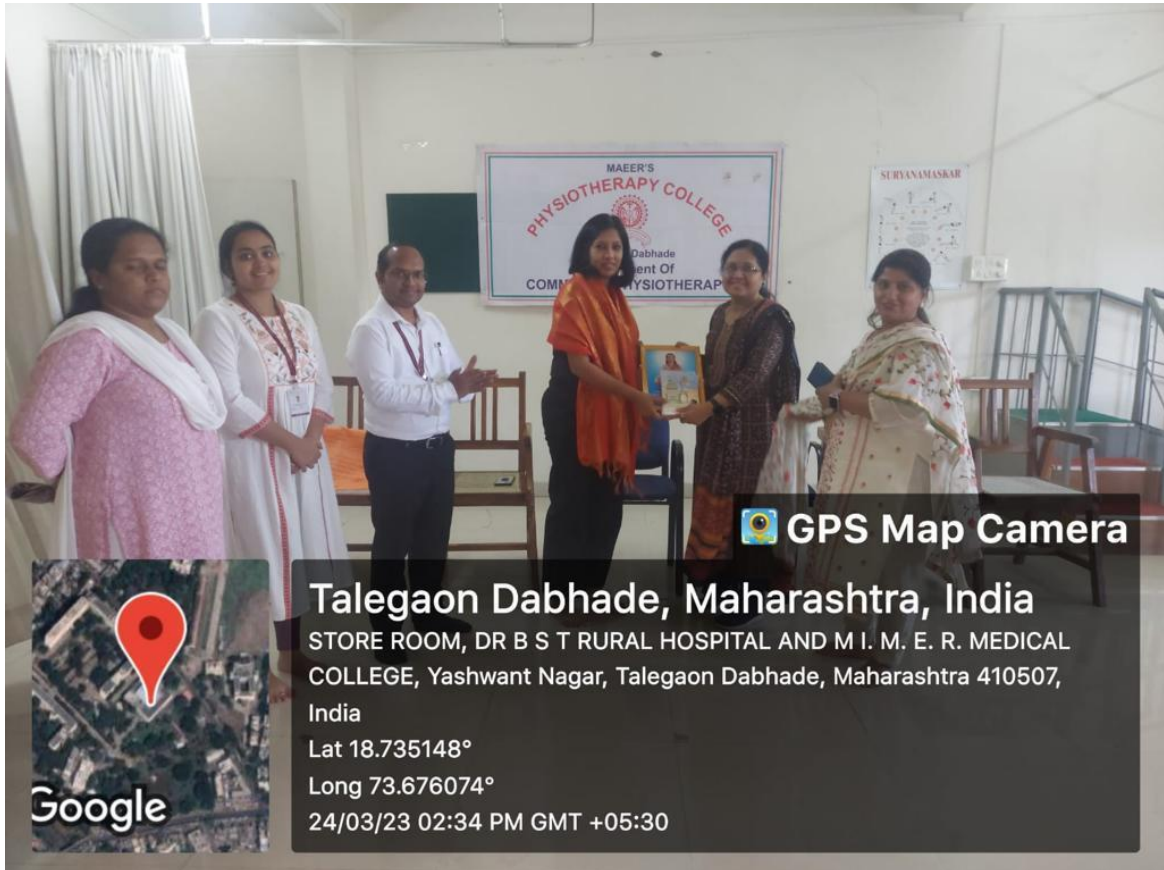
Complete Report sent on - narcept@gmail.com
annualvents-th@mitwimer.com
 Principal-th@mitwimer.com on 28/03/23.



2

DR. SNEHAL GHODEY
 M. Ph. T. (Musculoskeletal)
 Principal

MAER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE




Talegaon Dabhade, Maharashtra, India
STORE ROOM, DR B S T RURAL HOSPITAL AND M I. M. E. R. MEDICAL COLLEGE, Yashwant Nagar, Talegaon Dabhade, Maharashtra 410507, India
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Long 73.676074°
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Talegaon Dabhade, Maharashtra, India
DR B S T RURAL HOSPITAL AND M I. M. E. R. MEDICAL COLLEGE, 8, Yashwant Nagar Approach Rd, Yashwant Nagar, Talegaon Dabhade, Maharashtra 410507, India
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 **GPS Map Camera**



Talegaon Dabhade, Maharashtra, India

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MAEER's Physiotherapy College, Talegaon Dabhade

REPORT

Workshop on Basic Kinesiotaping

CONDUCTED BY

DEPARTMENT OF Musculoskeletal Physiotherapy

MAEER's PHYSIOTHERAPY COLLEGE,

TALEGAON (D), PUNE

(11th February to 12th February 2023)

A.SUMMARY

1.	Name of the activity	Workshop on Basic Kinesiotaping
2.	Nature of the activity	Hands – on Workshop
3.	Organizing department/s	Musculoskeletal physiotherapy
4.	Supported by other organization	NA
5.	Under aegis of professional bodies (if any)	NA
6.	Organizing Chairperson/s	Dr Neetu Mahapatra Dr Bindu Sarfare
7.	Date/s Time	11 th February – 12 th February 2023 9am to 5 pm
8.	No of Days	2 days
9.	Venue / Place	MAEER'S physiotherapy college Talegaon Dabhade
10.	Online / in person	In person
11.	Fees	Rs 4400
12.	Local/State/ National/ International	National
13.	Total number of delegates	32

Raul
PROFESSOR
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE,
 T. PUNE-410 507



2

Snehal Ghodey
DR.SNEHAL GHODEY
 M.Ph.T. (Musculoskeletal)
 Principal
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE

B. PROGRAM AGENDA

To provide Hands-on training to physiotherapy students (UG & PG) and Faculties for the assessment and practical demonstration of different Kinesiotaping techniques on patients with musculoskeletal disorders

C. LIST OF RESOURCE PERSONS

Resource Person – Dr Prakkash Sharoff M.Ortho, Sports & Manual PT (Australia), Pilates, Western Acupuncture & Dry Needling (Australia) Kinesio Taping & Muscle Activation (South Africa) Panel Doctor for Olympic Gold Quest

Coordinators –

- 1) Dr Nilofer Patel Assistant Professor Neurophysiotherapy I
Department MAEER'S Physiotherapy college Talegaon Dabhade



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MAEER MIT PUNE'S MAEER'S PHYSIOTHERAPY COLLEGE

P.O. Talegaon General Hospital, Talegaon Dabhade,
Tal. Maval, Dist. Pune - 410507,
Tel. No. (02114) 308390 / 391, Fax. No. (02114) 223916,
E-mail. principal_th@mitmimer.com
Website : www.mitmimer.com/mpc/

(Trust Regn No. F 2555)

Ref. No. / MAEER's PC / 162 / 2023

Date 16/06/2023

Report of Basic Research Methodology Workshop

College Name: MAEER's Physiotherapy College, Talegaon Dabhade

Workshop Name: Basic Research Methodology Workshop

Workshop Date: 7th, 8th & 9th June 2023

No. of participants trained: 35

Teachers: 07

Students: 28

List of Resource Persons: 08

Pre-test / Post –test Analysis (sample analysis given below)

❖ Results of the pre and post test are as under:

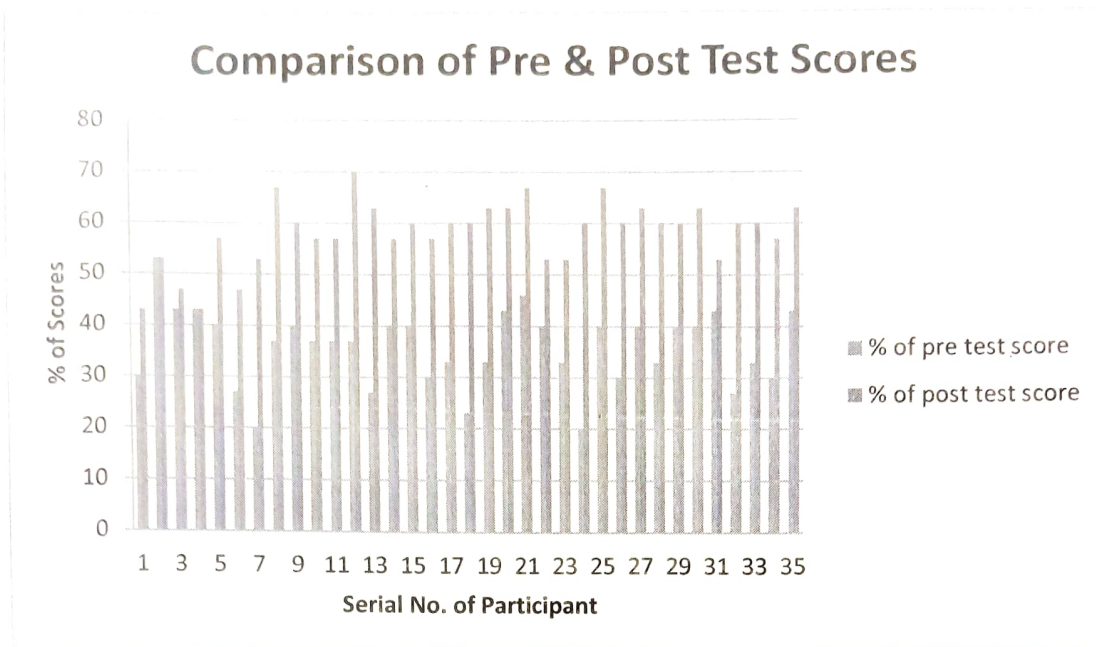
- The pre and post test contained 30 MCQ questions that covered the total curriculum of the workshop.
- Average percent score of the pre-test was 36 percent
- Average % score of the post-test was 58 percent resulting into 22 % positive change in the scores.

Sr. no.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Pre test (30Marks)	9	16	13	13	12	8	6	11	12	11	11	11	8	12	12	9	10	7
Post test (30Marks)	13	16	14	13	17	14	16	20	18	17	17	21	19	17	18	17	18	18

Sr. no.	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
Pre test (30Marks)	10	13	14	12	10	6	12	9	12	10	12	12	13	8	10	9	13
Post test (30Marks)	19	19	20	16	16	18	20	18	19	18	18	19	16	18	18	17	19



- The graph below shows the change in the individual scores of the participants:



Programme Evaluation:

Analysis of the Programme evaluation questionnaire to obtain feedback on the effectiveness of the workshop as follows:

Questions	Yes	No	Not sure	Total
Were the objectives of the workshop largely achieved?	(100%)	(%)	(%)	100%
Do you find workshop useful for your professional activities?	(100%)	(%)	(%)	100%
Were the faculty resourceful/helpful?	(100%)	(%)	(%)	100%
Do you think you will be able to implement what you have learnt during the workshop?	(100%)	(%)	(%)	100%
Did the workshop have a balance of theory and practical?	Too much of Theory (42%)	Too much of Practice (%)	Optimum theory & practice (58%)	100%
Was the time management satisfactory?	Program was too tight (26%)	Program was too relaxed (%)	Program was optimum (74%)	100%

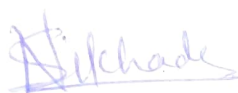


Comments from Participants /Resource Faculty:

- 1) Lectures and group activities on Study designs, Critical analysis of journal article and ethical issues in research was very informative
- 2) The Literature search and Reference management software was best part in this workshop
- 3) Group activities were interactive and nicely conducted

Suggestions from Participants / Resource Faculty:

- 1) Group Activities could have been given more time
- 2) Adequate breaks between two session should be given
- 3) Include more group activities and reduce lecture/Theory time



Dr. Nitin Nikhade(PT)
Workshop Coordinator

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE

TALEGAON DABHADE,

PUNE - 410 507



Dr. Snehal Ghodey(PT)

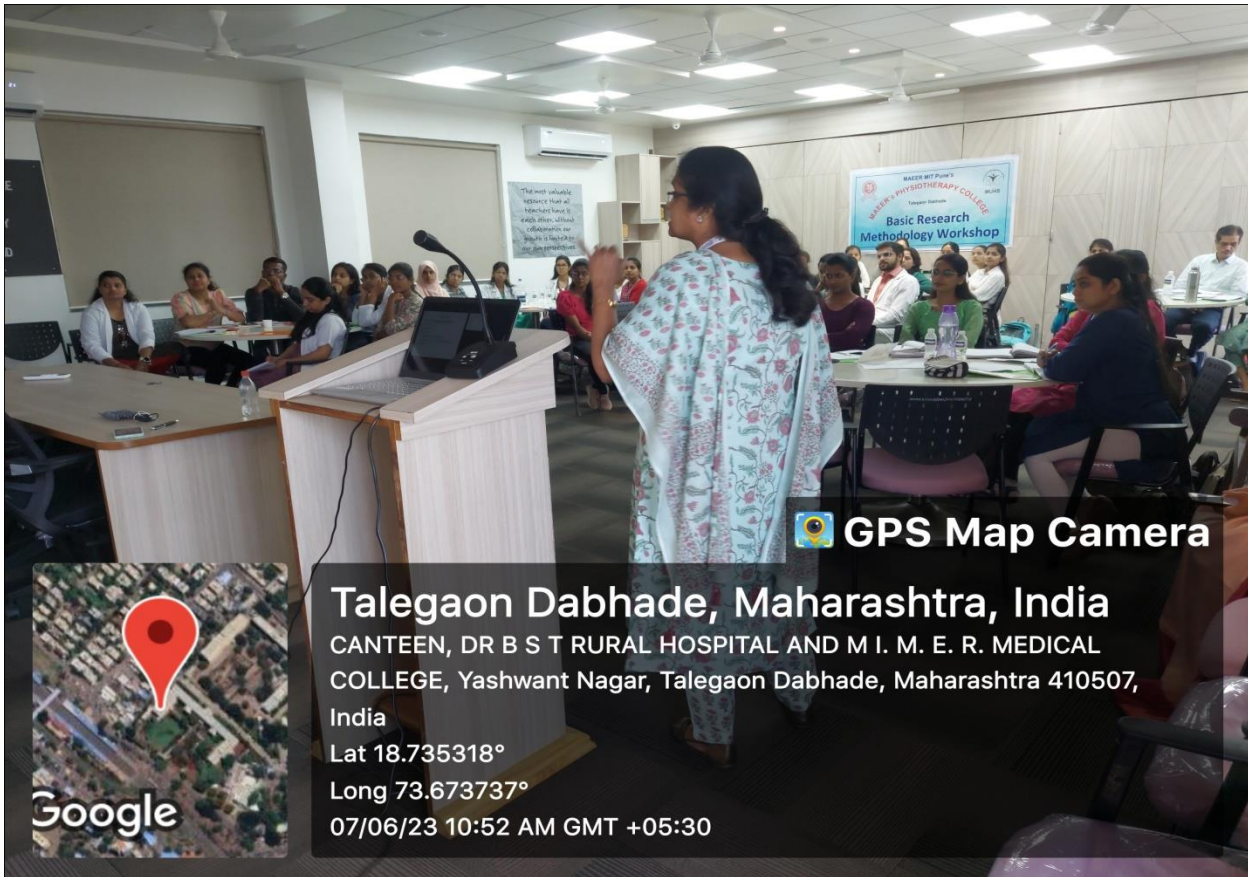
DR. SNEHAL GHODEY


M.Ph.T.(Musculoskeletal)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE

TALEGAON DABHADE



 **GPS Map Camera**



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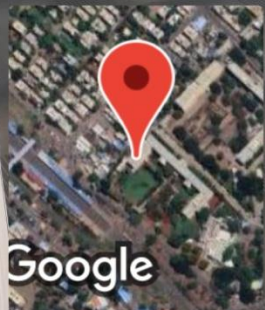
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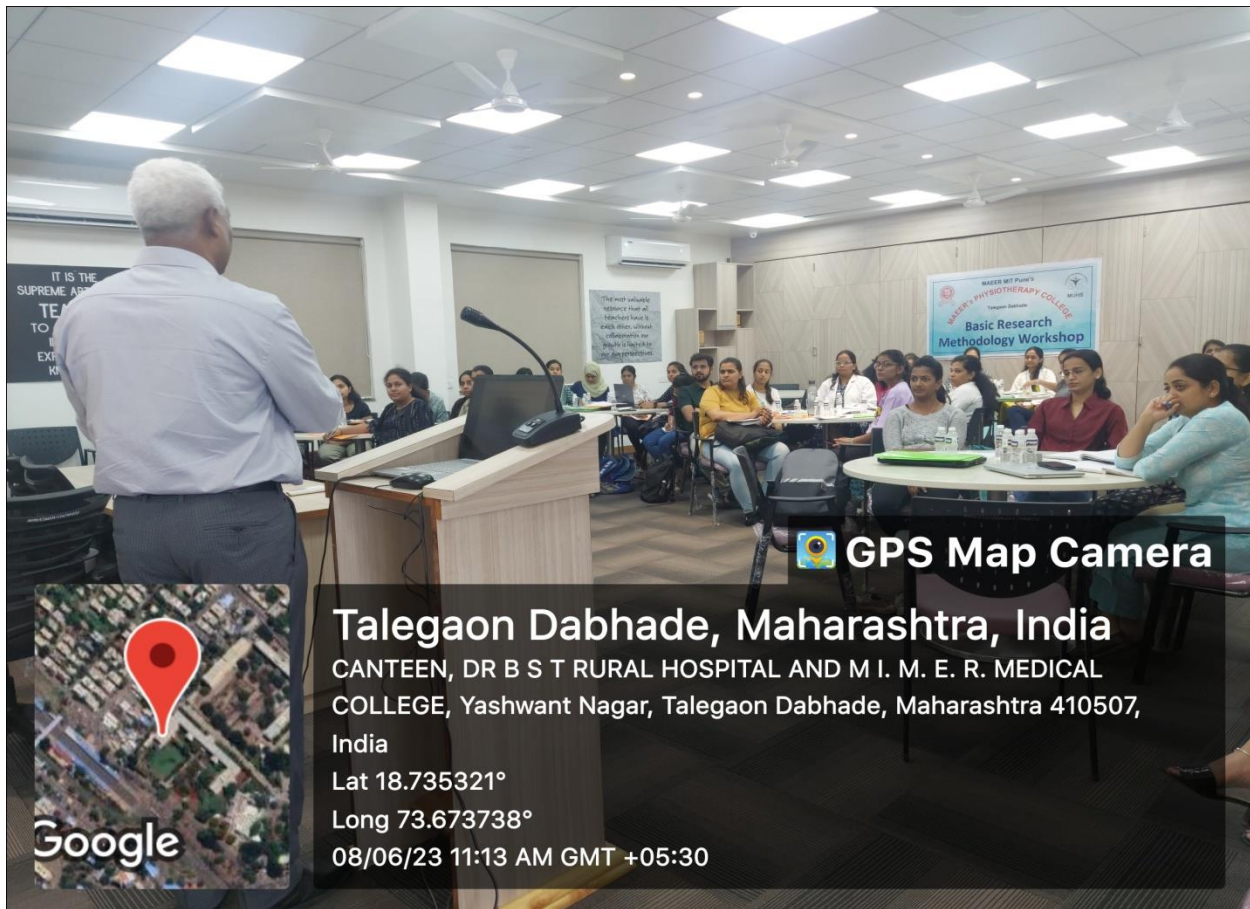
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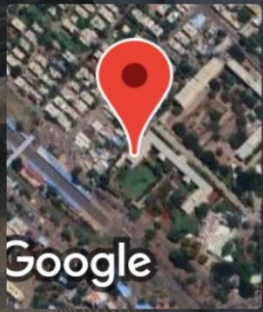
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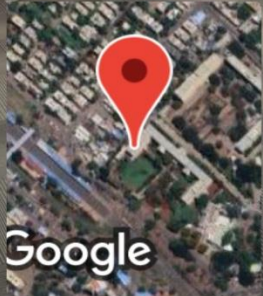
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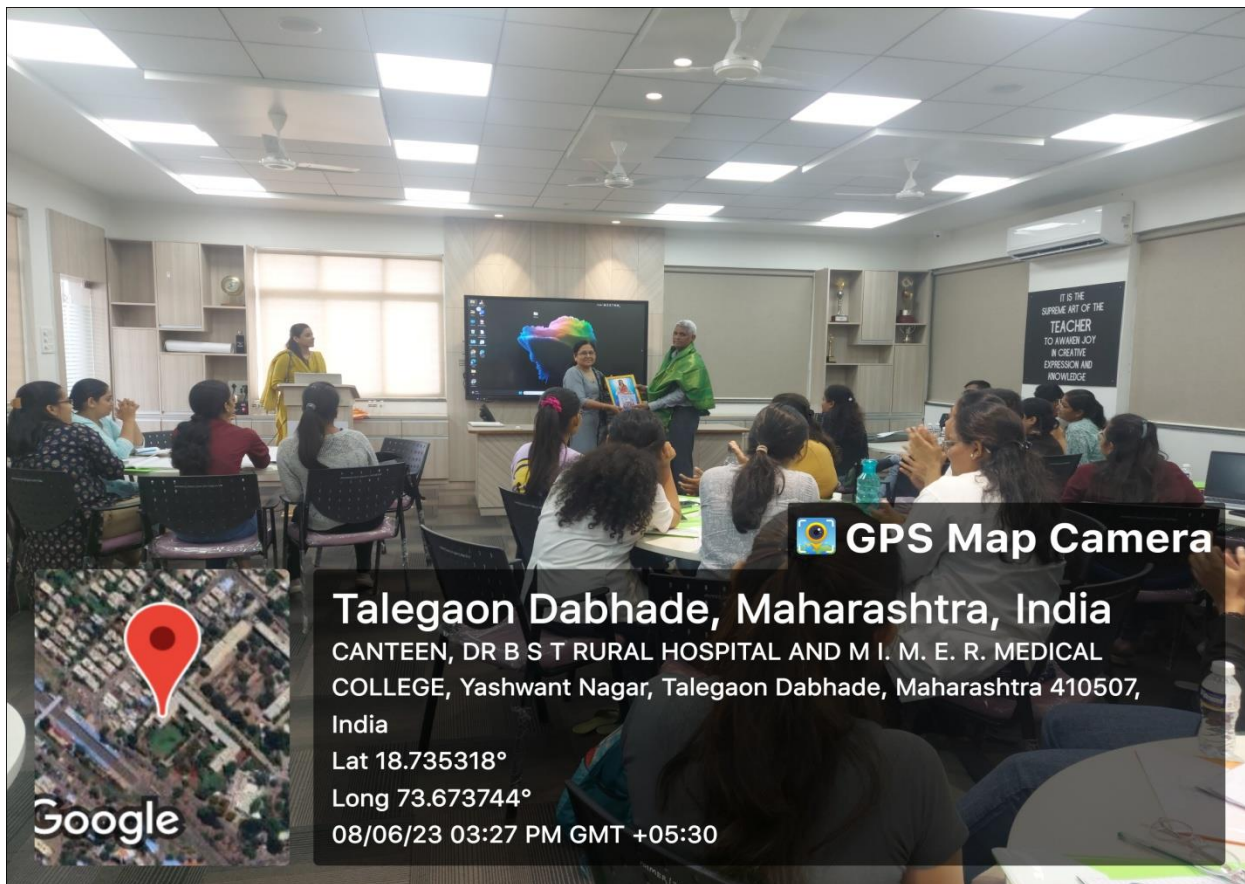
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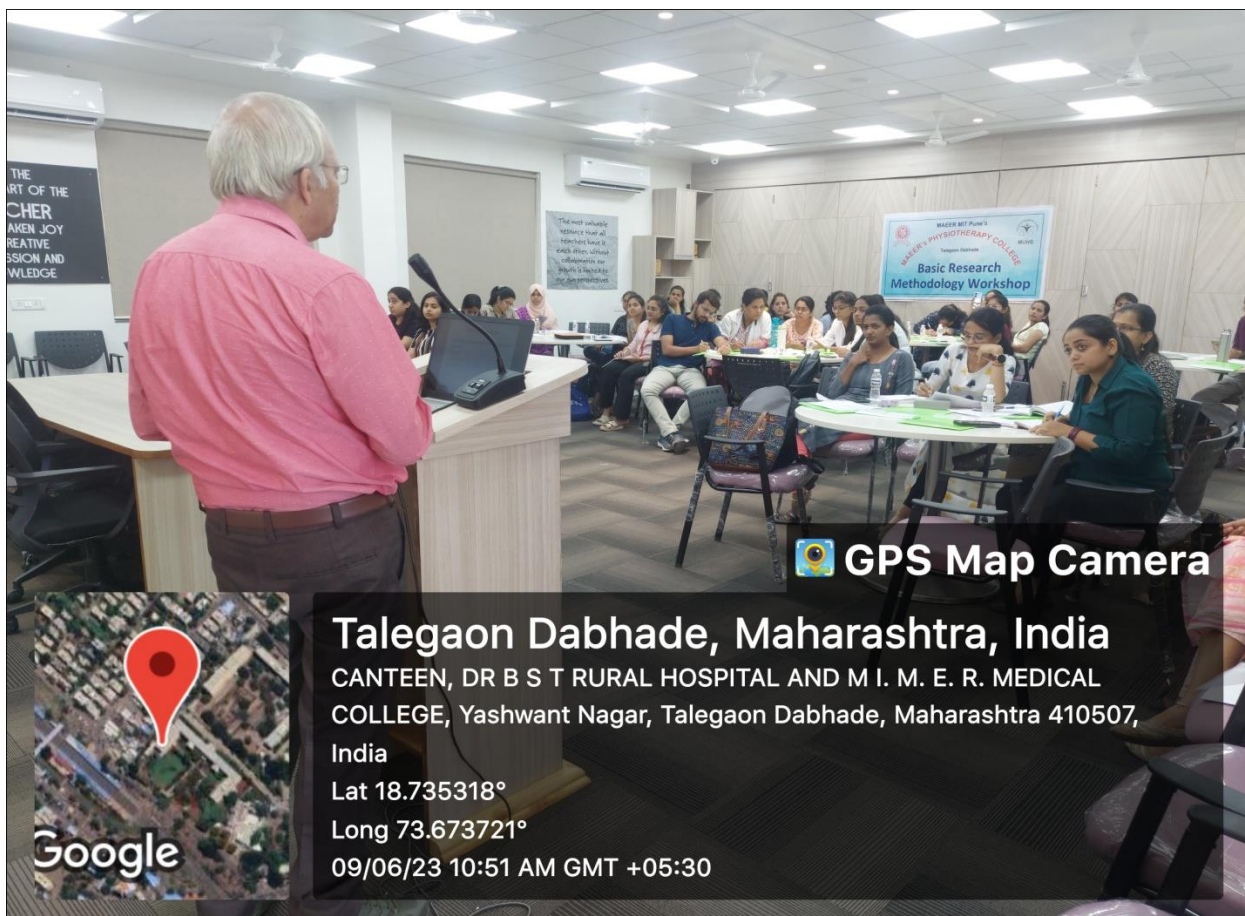
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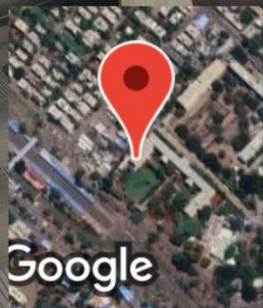
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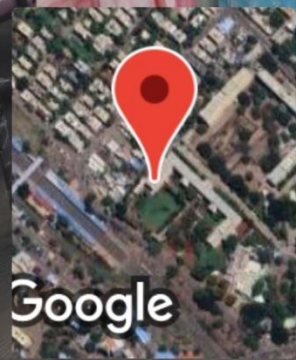
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Nikhade

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Workshop Coordinator
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Snehal Ghodey

Dr. Snehal Ghodey(PT)
DR.SNEHAL GHODEY
Principal
 M.Ph.T.(Musculoskeletal)
Principal
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE

MPC | Kinesiocon 23 | 24-07 | 2549 | 2023

①

MAEER MIT PUNE'S PHYSIOTHERAPY COLLEGE

TALEGAON DABHADE

Report on KINESIOCON 2023, 4th Annual National Conference

MAEER's Physiotherapy College, Talegaon Dabhade conducted its 4th Annual National Conference, KINESIOCON 2023; Moving Towards Tomorrow on 14th and 15th April 2023. The theme for the 2 day conference was 'Stepping Forward with Gait Rehabilitation'.

A total of 232 registrations were received for the national conference from various regions. 253 participants, including judges of various events, speakers, panelists and delegates were part of the 2 day extravaganza.

Events planned for the conference were: a) Eureka Innovation event- where students presented their innovative ideas or prototypes related to rehabilitation b) Scientific Paper and Poster Presentation event- where UG, PG students as well as faculty can present research papers and posters. Total 80 entries including 17 posters were received. c) Plenary session- Talk by 3 eminent speakers; Dr. Rajani Mullerpatan, Dr. Ganesh Bapat, Dr. R. Ravindran on Gait Analysis and Rehabilitation d) Panel Discussion- 4 Panelists; Dr. Sandeep Patwardhan, Dr. Aditi Malpani, Dr. Madhavi Kelapure, Dr. Neha Karandikar; were invited to talk about tackling gait changes across lifespan.

Day 1; 14th April 2023

Registration and Breakfast started at 8.00 a.m. This was followed by Concurrent sessions of Eureka Innovation event and Scientific Paper Presentations from 9 am to 11 am

Eureka had 13 participants. The non competitive presentation event was conducted in 2 separate halls with 2 judges in each hall. Dr. Swati Rajee, Dr. Ganesh Bapat, Dr. Gaurang Baxi and Dr. Surendra Wani were the esteemed moderators for the event.

Day 1 Scientific session saw 7 PG and 6 faculty presentations in 2 separate halls with 2 judges in each hall. Dr. Diptee Bhole, Dr. Varsha Kulkarni, Dr. Shrikant Darade, Dr. Shamla Pazare were the judges.

This was followed by the Inaugural Function compered by Dr. Snehalata Tembhurne. Welcome Address was given by Dr. Snehal Ghodey, Organising chairperson; Introduction of Chief Guest by Dr. Tanpreet Kaur Mehta followed by felicitation, Keynote Address by Chief Guest, Dr. Rajani Mullerpatan on Modern Methods of Gait Analysis, Address by Executive Director, Dr. Suchitra Nagare and Vote of Thanks by Organising Secretary, Dr. Priya Chitre.

Post Lunch session on day 1 saw invited talks by Dr. Ganesh Bapat on Advanced Technology of Gait Rehabilitation and Prosthetic Gait Deviations and Management by Dr. R. Ravindran.

Question and Answers session made the sessions interesting and engaging.

Day 2; 15th April 2023

Post Breakfast, concurrent Paper Presentations in 4 halls (28 UG, 22 PG & faculty) and Poster presentation (17 UG posters) in auditorium was held from 9 am to 1 pm with 2 judges for each session. Dr. Shilpa Parab, Dr. Abhijit Satralkar, Dr. Parag Ranade, Dr. Sushil Arora, Dr. Sucheta Golhar, Dr. Kiran Satpute, Dr. Gunasekaran, Dr. Albin Jerome, Dr. Surendra Wani, Dr. Shrikant Darade were the esteemed judges. Judges of scientific session gave feedback regarding the event.

Post Lunch, Panel discussion on 'Tackling Gait Changes across Lifespan' was held from 2 pm to 4 pm. After Introduction and felicitation of the Panelists; Pediatric Orthopedic Surgeon- Dr. Sandeep Patwardhan, Pediatric Physiotherapist- Dr. Madhavi Kelapure; Geriatric Medicine specialist- Dr. Aditi Malpani, Geriatric therapist-Dr. Neha Karandikar; the session began with Dr. Sayli Paldhikar as moderator. Dr. Suchitra Nagare also graced the panel discussion. Questions from the audience were welcomed.

This was followed by the valedictory function. Participants of Eureka were felicitated and Winners of the scientific session were announced. 4 winners in UG paper presentation (tie for second place), 3 winners of PG category, 2 winners for faculty and 2 winners for poster presentation received certificates. 1st place winners also received Book on research methodology sponsored by Patil Book Depot.

Feedback forms were circulated to receive feedback of day 1 and day 2. After concluding remarks by Organising Secretary, Vote of thanks was given by Joint Organising Secretary, Dr. Sumitra Sakhawalkar.



Dr. Sumitra Sakhawalkar

Joint Organising Secretary

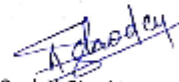
ASSO PROFESSOR
MAEER'S Physiotherapy College
Talegaon Dabhade, Dist.Pune-410507



Dr. Priya Chitre

Organising Secretary

PROFESSOR
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE,
PUNE-410 507



Dr. Snehal Ghodey

Organising Chairperson

DR. SNEHAL GHODEY
M.Ph.T. (Musculoskeletal)
Principal
MAEER'S PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE









MAEER MIT Pune's
PHYSIOTHERAPY COLLEGE
TALEGAON DABHADE, PUNE



4th Annual National Conference

KINESIOCON 2023

MOVING TOWARDS TOMORROW

14th & 15th
APRIL
2023

Theme
Stepping Forward With
Gait Rehabilitation

Venue
Sushrut Hall,
1st Floor, OPD Complex,
MAEER MIT Pune's
MIMER Medical College &
Dr. BSTR Hospital
Talegaon Dabhade, Pune

Our Speakers



Dr. Rajani Mullerpatan



Dr. Ganesh Kapat



Dr. Ravindran. B

Our Panelists



Dr. Sandeep Patwardhan



Dr. Madhavi Kelapure



Dr. Aditi Malpani



Dr. Neha Karandikar

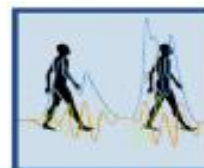
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MOVING TOWARDS TOMORROW

KINESIOCON 2023



4th ANNUAL NATIONAL CONFERENCE

THEME :- STEPPING FORWARD WITH GAIT REHABILITATION

Day - 01

Eureka -2023

Time : 9 am to 11 am

An Innovation Idea/Prototype Presentation Event

Submit Innovative Ideas/Prototype related to Physiotherapy & Rehabilitation

Guidelines :

1. Students and Professionals can participate individually or as a team of 3
2. Participants should send abstract of their innovative idea /prototype under headings:
 - a. Introduction of the idea.
 - b. Existing problem in the current solution.
 - c. Proposed solution to the problem through innovation.
3. Maximum 2 minutes video briefing your innovative idea/prototype

Send your entries on eureka@mitmimer.com

Top ideas will be mentored at MAEER MIT Pune's Physiotherapy College, Incubation Centre

FOR DETAILS CONTACT : Dr. Deepika Burman (P.T.) 9881799733

Inauguration

Time : 11.00 am



CHIEF GUEST

Dr. Rajani Mullerpatan

Professor- Director, MGM Institute of Health Sciences,
MGM School of Physiotherapy Kamothe, Navi Mumbai

Keynote Address : Modern Methods of Clinical Gait Analysis

Time : 12 pm to 1 pm



Dr. Ganesh Bapat

BE (Mechanical Engg.), MS (Mechanical Engg.), Ph.D. (Biomechanics and Design)
Post Doctorate (University of Nebraska, Omaha, USA)

Assistant Professor, Dept. of Mechanical Engineering, BITS Pilani, K K Birla Goa Campus

Topic : Advanced Technology for Gait Rehabilitation

Time : 2 pm to 3 pm



Dr. Ravindran. R (P.T.)

M.P.T (Neurology), PGDR, PGDHM, Ph.D. SCHOLAR

Lecturer, Physiotherapy, All India Institute of Physical Medicine & Rehabilitation, Haji Ali

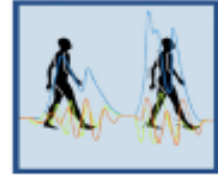
Topic: Prosthetic Gait: Deviations and Management

Time : 3 pm to 4 pm



MOVING TOWARDS TOMORROW

KINESIOCON 2023



4th ANNUAL NATIONAL CONFERENCE

THEME :- STEPPING FORWARD WITH GAIT REHABILITATION

Day - 02

Scientific Session

Time : 9 am to 1 pm

Manuscript Guidelines

Last date of submission - 2nd April 2023

Guidelines for Scientific Paper Presentation

1. Paper should include Author's name, College name & E-mail Id.
2. Abstract should include Title, Background, Objectives, Methodology, Results & Conclusion.
3. Word limit- 300 words.
4. Times New Roman, 12 Font, MS Word format.
5. Paper Category: UG, PG, Faculty / Clinician.
6. Presentation time: 8 Min & Question & Answer session: 2 Min.

Email :- kinesiocon@mitmimer.com

FOR ABSTRACT CONTACT: Dr. Pournima Pawar :- 8482850180
Dr. Nilofer Patel :- 8600045726

Panel Discussion

Time : 2 pm to 3.30 pm

Topic : Tackling Gait Changes Across The Life Span



Dr. Sandeep A Patwardhan

M.S. Orthopaedics, Professor, Orthopaedics,
Paediatric Orthopaedic Specialist
Sancheti Institute for Orthopaedics &
Rehabilitation



Dr. Aditi Malpani

MBBS, DNB MEDICINE,
PG DIPLOMA GERIATRIC MEDICINE
Consultant Physician, Sancheti Institute of
Orthopaedics & Joint Replacement Center
Consultant Physician & Geriatric Specialist
at Janakee Clinic, Pune.



Dr. Madhavi Kelapure (P.T.)

B.Ph.T. C/NDT (Ped),
Consultant, Pediatric Physiotherapy,
Deenanath Mangeshkar Hospital, Pune



Dr. Neha Karandikar (P.T.)

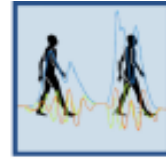
DPT (USA), MPT,
Senior Neurophysiotherapist,
Team Physiotherapy Services, Pune

Valedictory

Time : 3.30 pm



MOVING TOWARDS TOMORROW
KINESIOCON
2023



4th ANNUAL NATIONAL CONFERENCE

THEME :- STEPPING FORWARD WITH GAIT REHABILITATION

PATRON

Prof. Dr. Vishwanath Karad

Founder - President & Director General
World Peace Centre MAEER's MIT, Pune, INDIA.

Dr. Virendra Ghaisas

Trustee & Executive Director

Dr. Suchitra Nagare

Joint Managing Trustee & Executive Director

Organizing Chairperson

Dr. Snehal Ghodey (P.T.)

Professor & Principal,
MAEER MIT Pune's Physiotherapy College

Organizing Secretary

Dr. Priya Chitre (P.T.)

Scientific Committee

Dr. Neetu Mahapatra (P.T.)
Dr. Anuradha Sutar (P.T.)
Dr. Pournima Pawar (P.T.)
Dr. Parita Kothari (P.T.)

Eureka Committee

Dr. Varoon Jaiswal (P.T.)
Dr. Deepika Burman (P.T.)
Dr. Ramya Shetty (P.T.)

Treasurer

Dr. Bindu Sarfare (P.T.)
Dr. Shyamli Kulkarni (P.T.)

Joint Organizing Secretary

Dr. Sumitra Sakhawalkar (P.T.)

Registration Committee

Dr. Tanpreet Kaur Mehta (P.T.)
Dr. Snehalata Tembhurne (P.T.)
Dr. Divyangana Rawane (P.T.)

Awards & Recognition Committee

Dr. Sayli Paldhikar (P.T.)
Dr. Archana Bodhale (P.T.)

Food & Accommodation Committee

Dr. Nitin Nikhade (P.T.)
Dr. Nilofer Patel (P.T.)

Bank Details

Bank Name :	Bank of India
Branch :	Talegaon Dabhade
Name of Account :	MAEER's Physiotherapy College Scientific Society
Account No :	062110210000021
Payable at :	MAEER's Physiotherapy College Scientific Society
PUNE ISFC Code	BKID0000621
GSTIN No :	27AAAAM1206F1Z6

**REGISTRATION FEES
(Incl. of GST)**

Under Graduate :- Rs. 1200/-
Post Graduate :- Rs. 1400/-
Faculty/Clinicians :- Rs. 1500/-

FOR REGISTRATION CONTACT :

Dr. Tanpreet Kaur (P.T.) (9960900260)
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E-mail : kinesiocon@mitmimer.com



CLICK HERE FOR REGISTRATION

MPC/Neuro-32/248/2023

MAEER's Physiotherapy College
Talegaon Dabhade
ACTIVITY REPORT

1.	Name of the activity	Stress Management for medical students Lecture
2.	Nature of the activity	Stress managrmnt lecture by Namaste Psychology centre, Pune
3.	Organizing department/s	Neuro Physiotherapy
4.	Name of the Head of department/ Event in-charge	Dr Sayli Paldhikar
5.	Date & Time	6 th June 2023
6.	Venue / Place	Shushrut hall
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	attached
8.	Pamphlet (if any)	attached
9.	Total number of participants/beneficiaries	132
10.	Attendance (if applicable)	Attached
11.	Faculty involved	Dr Sayli Paldhikar Dr Archana Bodhale
12.	Coloured geo-tagged photos (2 to 4)	Attached

<p>13. Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)</p>	<p>On occasion of Silver Jubilee celebration of MUHS, Nashik MAEER MIT Pune's Physiotherapy college received a grant of 25,000/- to celebrate student centric activities. Stress management lecture was organized by Dr Savita Gaikwad and Ms. Ruchi Rana from Namste Psychology. They addressed the student audience and explained the importance of identification of stressors. They taught simple techniques to manage stress. It was appreciated by the students.</p>
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Sayli

Dr. Sayli Paldhikar
 PROFESSOR
 HOD, NeuroPhysiotherapy
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE,
 PUNE-410 507



Shruti

DR. SHRUTI GHODGE
 M.Phil. in Musculoskeletal
 Principal
 MAEER'S PHYSIOTHERAPY COLLEGE
 TALEGAON DABHADE

Raisin Mindfulness Activity- Reflection

1. How was this experience the same or different from how you normally eat and did anything surprise you about the experience?
2. Did you notice any sensory changes in terms of sight, touch, sound, smell, and taste?
3. Did any memories pop up while this experience?
4. What is one tip for yourself that you are going to take from this experience to apply to your eating habits in the future?

 **MAEER MIT PUNE's**
PHYSIOTHERAPY COLLEGE
Talegaon Dabhade
25th FOUNDATION DAY
OF MUHS
"MANAGEMENT WORKSHOP"
06th JUNE 2023


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