# KinesioCon Schedule (19th January 2019)

Registration and Breakfast 8:30 - 9:30 AM Scientific Session 9:30 - 11:45 AM 11:45 - 12:00 PM Tea Break

12:00 - 1:00 PM Inauguration & Prize Distribution

Dr. Sudeep H Kale (P.T)

President, Maharashtra OTPT

Council

1:00 - 1:45 PM Lunch

1:45 - 2:30 PM Lt. Col. (Dr.) Tanaji Wankhede

Exercise Physiologist, Army

Sports Institute, Pune

Creating world class athletes: understanding exercise physiology

Dr. Geeta Dharmatti, 2.30 - 3:15 PM

Director and Founder at Geeta

Nutriheal Consultancy

Nutrition: It's role in aiding recovery and maximising

performence

3:15 - 3:30 PM Tea Break

3:30 - 4:15 PM Dr. Vahbiz Bharucha, (P.T)

Certified World Rugby Medical

Conditioning strategies, on field scenarios and

recovery in contact sports

4:15 - 5:00 PM

Dr. Aalaap Javadekar (P.T)

Senior Physiotherapist at

Olympic Gold Quest

Injury prevention and performance enhancement in non - contact sporting scenarios

5:00 PM Vote of Thanks

#### **Conference Registration**

For registration visit Website

Website: www.mitmimer.com/mpc/ E-mail: kinesiocon@mitmimer.com

#### Contact

Dr. Sanjivani Kamble (P.T): +91 9860117191 Dr. Pooja Gulunjkar (P.T): +91 7507928868

	UG students	PG students	Professional & Faculty	* Note
Upto 15 Dec 18	*1000 INR	*1100 INR	*1200 INR	*Including GST
15 Dec 18 onward	*1300 INR	*1400 INR	*1500 INR	

# Call for research paper presentations

Kindly email your abstract to kinesiocon@mitmimer.com

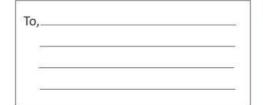
Dr. Ravinder Kaur (P.T): +91 9823236752

Please note: Conference registration is mandatory for submission of abstract to the scientific committee.

## **Guidelines For Abstract Submission**

(Last date of submission 31" December 2018)

- · Title page should contain author's name, institution name & email address
- Abstract (200 words-) Title, Background & Objectives, Method, Result, Conclusion
- Word format
- Times New Roman 12pt
- Line spacing 1.5"





**Organises** 

1" ANNUAL PHYSIOTHERAPY CONFERENCE

# KINESIOCON – 2019

"MOVING TOWARDS TOMORROW" 19th January, 2019.



Theme

"Updates in Sports Science and Physiotherapy"

• Venue •

1st Floor, New Lecture Hall, OPD Complex,

### MAEER'S PHYSIOTHERAPY COLLEGE

MIMER Medical College Complex, Dr. B.S.T.R. Hospital Talegaon Dabhade Near Talegaon Station, T.D. Pune - 410 507, Ph. + 91 - 2114 - 308391.

### **PATRON**

### Organizing chairman's message

I am immensely pleased to welcome you all to "KINESIOCON 2019" organized by M.A.E.E.R's Physiotherapy College, Talegaon Dabhade with the theme 'Updates in Sports Science and Physiotherapy'. Sports Physiotherapy is one of the most challenging areas in the field of Physiotherapy. KINESIOCON 2019 will focus on many important aspects of sports science like sports medicine, nutrition, and conditioning. The Organizing Committee of KINESIOCON has invited all the experts to deliberate on these issues under one roof. I am sure that it will be an academic feast for all the physiotherapists working in the field of sports science. I welcome all the esteemed guest speakers, dignitaries and delegates to the campus of M.A.E.E.R's Physiotherapy College and M.I.M.E.R Medical College and extend my sincere gratitude to the Organizing Committee for all their hard work and dedication.

#### HIGHLIGHTS:

- KinesioCon aims at setting a National level platform for
  - UG students
  - PG students
  - · Practicing Physiotherapists
  - Academicians to present their research work and share their views.
- Eminent speakers who are involved in training of Olympic level athletes.

#### Prof. Dr. Vishwanath Karad

Founder, Executive President & Managing Trustee MAEER'S MIT Group of Institutions, Pune, INDIA.

> Dr. Suresh G. Ghaisas Medical Director & Trustee

Dr. Virendra Ghaisas

Dr. Suchitra Nagare

**Executive Director** 

**Executive Director** 

Dr. Arun Jamkar

Director, PG Programme, R&D

#### ORGANIZING COMMITTEE

### **Organizing Chairman**

Dr. Snehal Ghodey (P.T)

Principal. (Musculoskeletal Physiotherapy) M.A.E.E.R.'s Physiotherapy College.

### **Organizing Secretary**

Dr. Sayli Paldhikar (P.T)

Professor (Neuro Physiotherapy)

# Joint Organizing Secretaries

Dr. Nitin Nikhade (P.T)

Professor

(Community Physiotherapy)

Dr. Priya Chitre (P.T) Associate Professor (Neuro Physiotherapy)

#### Scientific Committee

Dr. Ravinder Kaur (P.T) Dr. Nitin Nikhade (P.T) Associate Professor

Professor

(Musculoskeletal Physiotherapy)

(Community Physiotherapy)

#### **Sponsors & Advertisements**

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Assistant Professor (Community Physiotherapy)

#### Rewards & Recognition Committee

Dr. Bindu Sarfare (P.T)

Associate Professor (Musculoskeletal Physiotherapy)

#### Registration committee

Dr. Sanjivani Kamble (P.T)

Associate Professor (Neuro Physiotherapy)

Dr. Pooja Gulunjkar (P.T)

Assistant Professor

(Musculoskeletal Physiotherapy)

#### Treasurer

Dr. Varoon C Jaiswal (P.T)

Associate Professor

(CardioRespisratory Physiotherapy)

Dr. Anuradha Sutar (P.T)

Associate Professor (Community Physiotherapy)

#### **Food Committee**

Dr. Anuradha Sutar (P.T)

Associate Professor (Community Physiotherapy)

Dr. Sumitra Sakhwalkar (P.T)

Assistant Professor

(Neuro Physiotherapy)

Dr. Sneha Ghuman (P.T)

Assistant Professor

(CardioRespisratory Physiotherapy)

# **REGISTRATION COMMITTEE**

## MAEER'S PHYSIOTHERAPY COLLEGE, TALEGAON (D)

1" Annual Physiotherapy Conference

# KINESIOCON 2019- Moving towards tomorrow, 19th January 2019

Theme- Updates in Sports science and physiotherapy

The registration committee started the registration process in the month of October 2018.

Registration forms were made by the use of Google forms. The testing of effective working of online registration was done by the registration committee and finalization was done after approval from higher authorities.

There was provision of online registration for delegates as well as manual form filling option was also provided for the in-house delegates. The early bird and late bird fee for registration was established as well.

The total registration obtained were 189 including external and in-house delegates by month of January. The external delegates came from different colleges all over Maharashtra. However due to overwhelming response, the registration process had to be stopped.

On the day of conference, 19th January 2019, registration started from 8am. The kit (including notepad, pen, CD of Kinesiocon 2019, schedule of conference, flyer of sponsorers, ID cards along with breakfast and lunch coupons and feedback form) was provided to all the delegates.

After Valedictory function, at 6pm, feedback forms were collected and certificates were given to all the delegates.

PROFESSOR

MAEER'S PHYSIOTHERAPY COLLEGE

MALEGACH DASHADE,

T. PUNE-410 507

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DR. SNEHAL GHODEY

M.Ph.T.(Murculoskeletal)

Principal

MAEER'S PHYSICT, 'ERAPY COLLEGE

TALEGAON DABHADE

# KINESIOCON 2019 SCIENTIFIC COMMITTEE REPORT

Abstract submission guidelines were framed and Call for abstract was announced on website & and last date of abstract submission was 31st December which was published in the brochure.3 categories were decided for presentation: faculty, junior & senior. We have received total of 45 scientific papers. According to the title categorization was done and coding was done thereafter.

Reviewer's scoresheet was formed and papers were sent for reviewing to the respective speciality wise HOD's of the department. Last date for reviewers was 7th January .after microscopically reviewing; good papers were selected and were distributed in the following categories:

15 candidates in poster (junior paper) category were selected

12 candidates in platform presentation (junior paper) category were selected

7 candidates in platform presentation (Faculty paper) category were selected

9 candidates in platform presentation (senior paper) category were selected

Selected participants were informed individually by 10™ January via Email. Format of abstract submission & coding was sent to the participants. Participants were told to submit their presentation PowerPoint by 14<sup>th</sup> January to help us in uploading prior to conference for smooth functioning of scientific sessions. Presentations venue was decided and respective venue Chairperson's were decided. Submitted Abstracts were put on Conference CD and were distributed to the Delegates on the day of conference

We have conducted scientific sessions On 19th January, Timings: 9.15am - 11.40am. Score sheets were given to the respective Judges and instructions were given to the participants

NEW LECTURE HALL - Chairperson - Dr Ravinder Kaur (PT)

Judges – Dr Pratibha Gaikwad (PT) & Dr Derek D'souza

7 faculty and 5 senior category paper presentation were held

SURGERY HALL -Chairperson- Dr Nitin Nikhade

Judges- Dr Prajakta Patil (PT) & Dr Sandhya Kulkarni

12 junior paper and 4Senior paper category presentations were held

AUDITORIUM - Chairperson - Dr Bindu Sarfare (PT)

Judges - Dr Aalap Jawadekar (PT) & Dr Shilpa Pratinidhi

15 poster presentations were held

## **VALEDICTORY FUNCTION:**

### 1) Junior paper category:

Platform Winner - Diksha Joshi

Runner up- Mariya Momin

Poster Winner – Siddhesh Somne

Runner up – Jinal Kothari

Shubhankar Sule

# 2) Senior Paper Category:

Winner – Aishwarya Menon

Runner – Deepika Diwekar

## 3) Faculty Paper Cateory:

Winner - Dr Sumitra Sakhwalkar (PT)

Runner - Dr Pooja Gulunjkar (PT)

WINNERS" FULL TEXT ARTICLES WILL BE PUBLISHED IN THE JOURNAL OF ORTHOPAEDIC & REHABILITATION AFTER GETTING CONSENT FROM THESM.

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