

2nd Annual Physiotherapy Conference



THEME:

WOMEN'S HEALTH

"CARE FOR HER: FIRST, FOREMOST, FOREVER"

DATE:
30th MARCH 2020

Organized by:

MIT GROUP OF INSTITUTIONS, PUNE, INDIA
MAEER'S PHYSIOTHERAPY COLLEGE,
TALEGAON DABHADE

www.mitmimer.com/mpc/

ANNOUNCEMENT AND INVITATION

Health reflects harmony between body, mind, soul and society

Women form an integral part of our society and the holistic health of the society can only be ensured when her health is given priority.

Keeping this as our aim, MAEER's Physiotherapy College brings to you its 2nd Annual Conference 'KinesioCon 2020' with the theme "Care For Her: First, Foremost, Forever". This conference focuses on various physiotherapy aspects in women's health.

REGISTRATION AND FEES

For Registration:

Click here

https://docs.google.com/forms/d/e/1FAIpQLScxpk2W0GbndiY SJ-Kb-IMJJKy87ax8Qi4INGgc7jq26WTrg/viewform

FOR DETAILS CONTACT:

1. Dr. Sumitra Sakhawalkar(P.T.): 9049998861

2. Dr. Abhijeet Toshniwal (P.T.): 8888217130

Delegates	Amount (Inc. GST)
Undergraduates	Rs 1121/-
Post graduates	Rs 1180/-
Academician/ clinician	Rs 1298/-
Spot registration	Rs 1500/-

HIGHLIGHTS

KinesioCon aims at setting platform for all budding undergraduate & postgraduate students, practicing physiotherapists and academicians to showcase their research.

KinesioCon aims to fountainhead knowledge with eminent and distinguished faculty from the field of Women's health.

CALL FOR RESEARCH PAPER PRESENTATIONS

KinesioCon invites abstract submissions for paper presentation from both students and professionals

Kindly email your abstract to: <u>kinesiocon@mitmimer.com</u>

Please note: Conference registration is mandatory for submission of abstract to the scientific committee

GUIDELINES FOR ABSTRACT SUBMISSION:

(Last date of submission: 7th March 2020)

- 1. Title page should contain author's name, institution name & email address
- 2. Abstract (200 words) Title, Background & Objectives, Method, Result, Conclusion
- 3. Word format
- 4. Times New Roman 12pt
- 5. Line spacing 1.5"

FOR DETAILS CONTACT:

Dr. Neetu Mahapatra (P.T.): 9823236752

PRE CONFERENCE WORKSHOP

ANC & PNC WORKSHOP

GYM BALL WORKSHOP

DATES:

27th,28th & 29th March 2020

COURSE INSTRUCTOR:

Dr. Mugdha Shaan -Wagh

COURSE INSTRUCTOR:

Child Birth Educator (USA)

Dr. Apurv Shimpi
Professor, Sancheti Institute

College of Physiotherapy,

Pune

DATES:

29th March 2020

WHO CAN ATTEND?

- Interns, MPT Students
- Academic / Clinical Physiotherapists

Time: 9.00 am onwards

Amount: Rs 6000/- *inc GST

WHO CAN ATTEND?

- All B.P.Th Students
- Interns, MPT Students
- Academic / Clinical Physiotherapists

Time:9.00 am onwards

Amount: Rs 750/- *inc GST

FOR DETAILS CONTACT:

Dr. Anuradha Sutar (P.T.): 9922414322

Dr Ankita Talreja (P.T.) : 9637840532

STUDENTS FORUM (30th MARCH 2020)



EVENT 2:

Creative Writing

Faster Fene: Timed Games

Crosswords

Rapid Fire

Charades

WHO CAN PARTICIPATE?

WHO CAN PARTICIPATE?

• Single participant event

4 students per team

Both UG, PG Students

• Both UG, PG Students

30th March 2020

30th March 2020

9.00am - 10.30am

2.45 pm to 4.00 pm

FOR DETAILS CONTACT:

Dr. Priya Chitre (P.T.): 7774030369

Dr. Bindu Sarfare (P.T.): 9850038842

Dr. Pooja Gulunjkar (P.T.): 7507928868

Please note: Conference registration is mandatory for participation in student's forum.

KINESIOCON SCHEDULE (30th MARCH 2020)

TIME	SCHEDULE
08:00 AM – 08:30 AM	Registration & Breakfast
08.30 AM- 10.30 AM	Scientific Session & Creative writing
10:30 AM - 10:45 AM	Tea Break
10:45 AM – 11.15 AM	Yoga In Women's Health
	Dr. Nilima Bedekar (P.T.)
11:15 AM – 12.15 PM	Inauguration
12.15 PM- 01.00 PM	Prevention strategies in Urogenital Dysfunction: Physiotherapeutic perspective
	Dr. Bharti Bellare (P.T.)
01.00 PM – 02:00 PM	Lunch Break
02:00 PM -02:45 PM	Recent updates on Onco-Physiotherapy in Women's Health
	Dr. Ajeeta Kulkarni (P.T.)
02:45 PM – 04.00 PM	Student's Forum
04.00DN4 04.20 DN4	Valedictory and Vote of Thanks
04:00PM – 04:30 PM	

PATRONS



CHIEF PATRON
Dr. Vishwanath D. Karad
Founder, Executive President & Managing Trustee
MAEER's MIT Group of Institutions, Pune



Dr Suresh J. Ghaisas Medical Director & Trustee



Dr. Suchitra Nagare Executive Director



Dr. Virendra Ghaisas Executive Director



Dr Arun V Jamkar Director , PG Programme, R & D

ORGANIZING CHAIRPERSON MESSAGE



CHIAIRPERSON
Dr. Snehal Ghodey
Principal & Professor,
MAEER's Physiotherapy College , Pune

It is with great pleasure, that I invite you for 2nd Annual Conference "KinesioCon – 2020: Care for Her – First, Foremost, Forever" organized by MAEER's Physiotherapy College, Talegaon Dabhade, Pune with the theme of Women's health which is one of the most challenging areas in the field of Physiotherapy.

It offers attendees a platform to learn, to share and to discuss the current challenges in women's health.

The organizing committee has very thoughtfully put up a well versed scientific programme in which we are also sharing the platform with the physiotherapy students, clinicians and academicians to showcase their research talents.

ORGANIZING COMMITTEE

Organizing Chairperson:

Dr Snehal Ghodey (P.T.)

Professor & Principal,

M.A.E.E.R's Physiotherapy College

Organizing Secretary:

Dr. Nitin Nikhade (P.T.)

Treasurer:

Dr. Bindu Sarfare (P.T.)

Dr. Archana Bodhale (P.T.)

Scientific Committee:

Dr. Sayli Paldhikar (P.T.)

Dr. Neetu Mahapatra (P.T.)

Students Forum:

Dr. Priya Chitre (P.T.)

Dr. Pooja Gulunjkar (P.T.)

Food Committee:

Dr. Tanpreet Kaur (P.T.)

Dr. Deepika Burman (P.T.)

Joint Organizing Secretary:

Dr. Anuradha Sutar (P.T.)

Registration Committee:

Dr. Sumitra Sakhwalkar (P.T.)

Dr. Abhijeet Toshniwal (P.T.)

Sponsors & Advertisements:

Dr. Varoon C Jaiswal (P.T.)

Dr. Ankita A Talreja (P.T.)

Dr. Snehalata Tembhurne (P.T.)

Awards & Recognition Committee:

Dr. Aishwarya Kanhere (P.T.)

Dr. Adhishree Dakhole (P.T.)

EMINENT SPEAKERS

1. Dr. Bharti Bellare (PT), MPT, Ph.D.

She is a retired Professor & HOD Physiotherapy from Lokmanya Tilak Medical College, Sion. She has actively participated in establishing identity of Physiotherapy as an independent health profession. She was affiliated with WCPT from 1992 -2002 & was conferred the National Hitra Oration award. Prof. Bellare has to her credit more than 40 publications in National/International journals. Currently she is involved in establishing a new clinical domain: "Preventive Community Physiotherapy" and has published a book on the same.

2. Dr. Nilima Bedekar, Professor and HOD (MSK), Ph.D Guide, Sancheti Institute College of Physiotherapy, Pune.

She is an expert in Women's health with special interest in Yoga and Electrotherapy. She is MSc PT (University of East London, UK), PhD PT, Ex-Chairman UG Board Of Studies of Allied Health & Member of Academic Council (MUHS, Nashik). She has worked at various places like Artificial Limb Centre, Ministry Of Defence, Pune, Oman and UK. She has More than 25 Publications in National & International Journals under her name.

3. Dr. Ajeeta Kulkarni, Senior Physiotherapist, Tata Memorial hospital, Mumbai

She is an active researcher and Treasurer of Society of Onco-Physiotherapists working at Tata Memorial Hospital since 2002. She is a Certified Lymphedema Therapist (Ludec). Apart from being a physiotherapist she is also MSc in Psychology. She has published several papers reflecting her research work in the field of Onco-Physiotherapy.

MAEER's Physiotherapy college

Talegaon Dabhade

MAEER's Physiotherapy college 2nd Annual Physiotherapy Conference with THEME: WOMEN 'S HEALTH " CARE FOR HER : FIRST, FOREMOST, FOREVER" Dated :30th MARCH 2020

The conference could not be conducted due to COVID-19 pandemic guidelines where lockdown was imposed and physical gatherings were discarded