



# "CARE FOR HER" KINESIOCON - 2021

E-Conference



*Dr. Gajanan Kanitkar*



*Dr. Anuradha Daptardar P.T*



*Dr. Ajeeta Kulkarni P.T*



*Dr. Ankita Chitre P.T*



*Mrs. Purabi Mahajan*

**16 th & 17 th APRIL 2021**

**THEME:  
ONCOLOGY REHABILITATION  
"METASTASIZE PHYSIOTHERAPY"**

**COME JOIN US!!**

ZOOM LINK WILL BE AVAILABLE AFTER REGISTRATION

**Organized by:  
MAEER'S PHYSIOTHERAPY COLLEGE,  
TALEGAON DABHADE  
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## Registration

### Bank Details:

Bank Name : BANK OF INDIA ,  
Branch : TALEGAON DABHADE  
Name of Account : MAEER'S PHYSIOTHERAPY  
COLLEGE SCIENTIFIC SOCIETY.  
Account No: 062110210000021  
Payable at : MAEER'S PHYSIOTHERAPY  
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IFSC Code : BKID0000621  
GSTN No. - 27AAAAM1206F1Z6

Delegates	Amount
Under Graduates	Rs. 100/-+ Gst
Post Graduates/ Academicians/ clinicians	Rs. 200/-+ Gst

Click Here for Registration:

<https://forms.gle/AYacBe9dU6UhPBWz5>

**FOR REGISTRATION CONTACT:**

**FOR ABSTRACT CONTACT:**

Dr. Sumitra Sakhawalkar(P.T.) : 9049998861 Dr. Neetu Mahapatra (P.T.) : 9823236752  
Dr. Tanpreet Kaur Mehta (P.T.) : 9960900260 Dr. Bindu Sarfare (P.T.) : 9850038842  
Dr. Snehalata Tembhurne(P.T.) : 9834882031 Dr. Nilofer Patel (P.T.) : 8600045726

**COME JOIN US!!**

## Call For Abstracts

### Manuscript Guidelines:

(Last date of submission-7th April 2021)

At [kinesiocon@mitmimer.com](mailto:kinesiocon@mitmimer.com)

### Guidelines for Scientific paper presentation

1. Title page should contain author's name, college name & E-Mail Id
2. Abstract 200 words- Title, Background & Objectives, Method, Result, Conclusion
3. Word format, Times new ,12 fonts, Line spacing 1.5"
4. Paper category: UG,PG ,Faculty/Clinician
5. The abstract submitted should not be published previously.
6. Link for the paper presentation & timing for the same will be communicated to the participants.
7. Presentation timing:8min & 2min for Question-Answer session.





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## Eureka 2021

A virtual innovation Idea/prototype presentation event.

### Idea Theme

1. Cost effective pain management modalities in home based care .
2. Airway clearance techniques and cost effective instruments to better airway clearance.
3. Cost effective mobility aids .

Top ideas will be mentored for incubation @ MAEER'S Physiotherapy College Incubation Centre,

## " Inventia"

### Guidelines

1. Students as an individual or as team of max 3 can participate.
2. Participants should send abstract of their innovative idea/prototype under headings :
  - a. Introduction & name of the of the idea/innovation.
  - b. Existing problem in the current solution
  - c. Proposed solution to the problem through innovation.
3. Max 2 mins video on briefing your innovative idea/prototype.
4. Video should have clear description of the idea with the help of diagrams, models or prototype.
5. Participants should explain the above mentioned points briefly in the video.

Last date of Submission: 7th April 2021 At [eureka@mitmimer.com](mailto:eureka@mitmimer.com)

**FOR DETAILS CONTACT: Dr. Varoon Jaiswal (P.T): 8999926162**

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# KINESIOCON - 2021 "METASTASIZE PHYSIOTHERAPY"

E-Conference

THEME:

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"METASTASIZE PHYSIOTHERAPY"



**16th April 2021**

10.30 am onwards: Scientific Paper Presentations

**17th April 2021**

TIME	SCHEDULE
10.00 AM- 11.00 AM	EUREKA- Innovation presentations
11.00 AM- 11.30 AM	Inauguration Chief Guest-Dr. Rajashree Naik(P.T.), Dean, Faculty of Allied health Sciences, MUHS, Nashik. Guest of Honour-Dr. Sudeep Kale(P.T.), President, Maharashtra OT & PT Council, Mumbai.
11:30AM - 12.30 PM	Introduction to Oncology - Dr.Gajanan Kanitkar, Surgical Oncologist, Sushrut Cancer Clinic, Pune.
12:30PM – 01.30 PM	Postoperative Breast Cancer Rehabilitation - - Dr. Anuradha Daptardar, Head of Physiotherapy Dept., TATA Memorial Hospital
01:30 PM – 02.30 PM	Pelvic Floor Physical Therapy in Oncology - Dr. Ankita Chitre, Onco-Physiotherapist, TATA Memorial Hospital
02.30 PM- 03.30 PM	Role of Physiotherapist in Palliative Care -Dr. Ajeeta Kulkarni, Onco-Physiotherapist, TATA Memorial Hospital
03.30 PM – 04:00 PM	Dietary Modifications in Oncology -Mrs. Purabi Mahajan, Clinical Dietician, TATA Memorial Hospital
04.00PM - 4.30 PM	Valedictory





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## ORGANIZING COMMITTEE

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Founder, Chief Patron & President  
MAEER's MIT, Pune.

**Dr. Virendra Ghaisas**

Vice President  
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**Dr. Suresh Ghaisas**

Founder Trustee., MAEER's MIT, PUNE

**Dr. Suchitra Nagare**

Joint Managing Trustee  
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### Organizing Secretary:

**Dr. Nitin Nikhade (P.T.)**

### Organizing Chairperson:

**Dr. Snehal Ghodey (P.T.)**

Professor & Principal,  
M.A.E.E.R's Physiotherapy College

### Joint Organizing Secretary:

**Dr. Anuradha Sutar (P.T.)**

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**Dr. Sayli Paldhikar (P.T.)**

**Dr. Archana Bodhale (P.T.)**

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**Dr. Bindu Sarfare (P.T.)**

**Dr. Nilofer Patel (P.T.)**

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**Dr. Priya Chitre (P.T.)**

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**Dr. Ankita Talreja (P.T.)**

**Dr. Deepika Burman (P.T.)**

**Dr. Ramya Shetty (P.T.)**

# **MAEER's Physiotherapy College, Talegaon Dabhade**

Ref No: MPC/CBR-09/64/2021

Date: 20/04/2021

## **Report of KINESIOCON-2021**

The KINESIOCON-2021 E-Conference "Moving Towards Tomorrow" was conducted on 16<sup>th</sup> and 17<sup>th</sup> April 2021. The theme of the E-conference was Oncology Rehabilitation-"Metastasis Physiotherapy". More than 225 participants have attended this e-conference including in house staff members, Judges, moderators and Principals of other Physiotherapy colleges.

On 16<sup>th</sup> April 2021 scientific paper presentations were conducted in the morning and afternoon session. Total 46 papers were selected for presentations, out of which 14 in junior category and 32 in senior category including all the specialties. Participants logged in at 9:50 am. Fillers of advertisement of Union bank of India (sponserer) were played till 10:00am. At 10:00 am welcome speech was given by Principal Dr. Snehal Ghodey followed by Dr. Nitin Nikhade organizing secretary speech. Participants were asked to join the zoom meeting break rooms as per their interest. In the morning from 10:00 am to 1:30 pm, musculoskeletal physiotherapy and Community physiotherapy concurrent session were conducted through zoom meeting break rooms (MSK-1 & Community-2).

Judges for musculoskeletal physiotherapy paper presentations were Dr. Ronika Agrawal Principal & Professor, M.A. Rangoonwala College of Physiotherapy, Pune and Dr. Anand Heggannavar K.L.E University, Institute of Physiotherapy, Belgaum. Both the Judges were introduced by Dr. Neetu Mahapatra.

Judges for community physiotherapy paper presentations were Dr. Manisha Rathi Professor, Dr. D.Y. Patil Physiotherapy College, Pune and Dr. Y. Pallavi Professor, V.S.P.M College of Physiotherapy, Nagpur. Both the Judges were introduced by Dr. Bindu Sarfare.

Similarly, in the afternoon from 1:30 pm to 3:30 pm Neuro physiotherapy and Cardiovascular & Respiratory physiotherapy concurrent session were conducted through zoom meeting break rooms (Neuro-1 & CVS-2).

Judges for Neuro physiotherapy paper presentations were Dr. Jui Dave Professor, T.P.C.T Terana Physiotherapy College, Navi Mumbai and Dr. Varsha Kulkarni Principal & Professor, LMF College of Physiotherapy, Pune. Both the Judges were introduced by Dr. Sayli Pardhikar.

Judges for Cardiovascular & Respiratory physiotherapy paper presentations were Dr. Neesha Shinde Principal & Professor, Smt. Kashibai Navale College of Physiotherapy, Pune and Dr. Jaimala Shetye Professor, Physiotherapy School and Centre, Seth G.S. Medical College, Mumbai. Both the Judges were introduced by Dr. Sumitra Sakhwalkar. All the judges were felicitated by virtual mementos after the session.



On 17<sup>th</sup> April all the participants were asked to join at 9:15 am. Fillers of advertisement of Union bank of India (sponserer) were played till 9:30am. EUREKA- A virtual innovation event was conducted from 9:30 am to 11:00 am. First of all welcome speech for the event was given by Principal Dr. Snehal Ghodey. After that Dr. Varoon Jaiswal addressed the participants. Dr. Ramya Shetty was comparer for the event. Introduction of the moderators were given one by one. Dr. Ankita Talreja introduced Dr. Tushar Palekar Principal and Professor, D.Y.Patil College of Physiotherapy, Pune. Dr. Deepika Barman introduced Dr. Apurv Shimpi Professor, Sancheti college of physiotherapy, Pune. Dr. Ramya Shetty introduced Dr. Govind Chate.

Total seven participants presented their innovations in the event. This event was non competitive. All the moderators shared their views about the event. Vote of thanks was given by Dr. Deepika Barman.

Inauguration program was begun at 11:05 am. Dr. Rajshree Naik was Chief guest and Dr. Sudeep Kale was Guest of Honor for the inauguration program. Dr. Priya Chitre was comparer for the program. She invited Principal Dr. Snehal Ghodey to deliver welcome speech. After that Dr. Nitin Nikhade organizing secretary briefed about the day program and theme of the conference. The Chief guest Dr. Rajshree Naik and Guest of Honor Dr. Sudeep Kale were felicitated by virtual mementos. Dr. Sayli Pardhikar introduced Chief guest Dr. Rajshree Naik. Recorded speech of Chief guest Dr. Rajshree Naik was played by the technical committee people. Dr. Ravinder Kaur introduced Guest of Honor Dr. Sudeep Kale. Recorded speech of Guest of Honor Dr. Sudeep Kale was played by the technical committee people. After that Executive Director Dr. Suchitra Nagare ma'am addressed the delegates. Vote of thanks was given by Dr. Anuradha Sutar.

This kick started the plenary sessions which had 5 lectures moderated by eminent academicians. 1<sup>st</sup> session was by renowned surgical oncologist Dr. Shailesh Naik gave a talk on overview of oncology, which was moderated by Dr. Medha Deo. Postoperative breast cancer rehabilitation was covered by Dr Anuradha Daptardar Head of Physiotherapy Dept. Tata memorial hospital and moderated by Dr. Bhavana Matre. Pelvic floor physical therapy in oncology was covered by Dr. Ankita Chitre Onco-physiotherapists, Tata memorial hospital and moderated by Dr. Shilpa Parab. Role of physiotherapy in palliative care was covered by Dr. Ajeeta Kulkarni and moderated by Dr. Shyam Ganvir. Clinical Dietician Mrs Purabi Mahajan shared their knowledge and session was moderated by Dr. Aparna Sadhale. In all the five sessions were extremely engaging and enlightening.

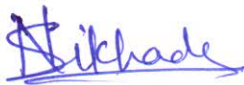
After the last session Principal Dr. Snehal Ghodey gave concluding speech on overview of whole conference on 16<sup>th</sup> and 17<sup>th</sup> April 2021. After this she invited Dr. Bindu Sarfare for the Valedictory function. Dr. Bindu Sarfare announced prizes for scientific paper presentations in senior and junior categories in all the specialties. The following participants got the 1st and 2nd prizes in senior and junior categories.

1 <sup>st</sup> prize	MSK senior category	Dr Shweta Pachpute
2 <sup>nd</sup> prize	MSK senior category	Dr. Manali Desai
1 <sup>st</sup> prize	MSK junior category	Miss. Dipika Y Kolhe
2 <sup>nd</sup> prize	MSK junior category	Miss. Manasi Pimple.
1 <sup>st</sup> prize	CBR senior category	Dr. Sherin Paulose
2 <sup>nd</sup> prize	CBR senior category	Dr. Shyamli Kulkarni
1 <sup>st</sup> prize	CBR junior category	Chirag Chaudhari
2 <sup>nd</sup> prize	CBR junior category	Miss. Gayatri Ramasubramanian
1 <sup>st</sup> prize	CVS senior category	Dr. Ketki Ponde
1 <sup>st</sup> prize	CVS junior category	Miss. Aayushi Shah.
1 <sup>st</sup> prize	Neuro senior category	Dr. Vishakha Nalage
1 <sup>st</sup> prize	Neuro junior category	Miss. Vaishnavi Sakhare

Names of the participants in EUREKA event were announced and certificates were displayed virtually for all the participants as it was not competitive event.

'Ayuskarana' mouth opening device	Dr Misbah Siddiqui
Elastic Band assisted Gait trainer	Dr Priya Visoi
Resistive Incentive Spirometry	Dr Amruta Achrekar
AULT Stick	Dr Varoon Jaiswal, Dr Ismaa Rumani, Dr Akanksha Chauhan
Shoulder wheel test.	Dr Urmila Jat
Developing electromagnetic footwear for cerebral palsy children with mild gait impairments.	Dr Abrar Siddiqui
Developing a cost-effective, eccentric fixation spectacle for patients with visual field defects and/or low vision.	Dr Abrar Siddiqui

After the prize distribution vote of thanks was given by Dr. Ankita Talreja. At the end Pasaydaan was recited by all and virtual conference was ended.



Organizing Secretary  
(Dr. Nitin Nikhade)



Joint Organizing Secretary  
(Dr. Anuradha Sutar)



Principal

(Dr. Snehal Ghodey)

**DR. SNEHAL GHODEY**

M.Ph.T. (Musculoskeletal)

Principal

MAEER'S PHYSIOTHERAPY COLLEGE  
TALEGAON DABHADE







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KINESIONCON 2021

